

ST. ANDREW WEEKLY NEWS

September 11, 2026

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629



A New Program Year Begins Sunday!

Join us **Sunday, September 13, following worship** for St. Andrew’s Program Year

Kickoff in the Fellowship Hall! We’ll gather for a congregational potluck and celebrate the beginning of another year of learning, growing, and connecting.

Come discover what’s ahead at St. Andrew this year. **Our new 2026-2027 Adult Education schedule** includes opportunities to explore Lutheran worship, scripture, spirituality, community listening, gender and faith, and more. Pick up the new Adult Education guide on Sunday and find something that sparks your curiosity.

There’s plenty ahead for our younger members, too! **High School Youth Group resumes Sunday at 11 a.m.** Middle and high school youth will begin together by nominating a youth representative to Council before the high schoolers begin planning their year with Pastor Allison.

Coming up for High School Youth:
Sept. 20, 11 a.m. — Youth Group Brainstorming
Help shape the year ahead and share what you hope to see in a new youth director.

Sept. 27, 11 a.m. — West Side Youth Collective Info Session
Parents and students can meet Pastor Jess Putland and learn about this ecumenical youth community, including gatherings, service and justice projects, retreats, and social events with youth from area churches.

There’s a lot to look forward to this year. **Come Sunday, enjoy lunch together, and see what’s next at St. Andrew!**

LWR School Kits Supply Collection Update
A sign-up sheet is available on the welcome table if you would like to help pin and sew the remaining bags needed. Signing up gives us an idea of the days and times people are available to help with this project. Below you will find what supplies are still needed to accomplish St. Andrew’s goal of filling 300 bags.

SCHOOL KIT SUPPLY LIST	Have	Need
Pencil sharpener	240	60
Ruler, 30 centimeters long, or a ruler with inches on one side <u>and</u> centimeters on the other	255	45

Spirituality Book Group News

The Spirituality Book Group meets **Sunday, September 20, at 2:30 p.m. in the Upstairs Library** to discuss *Human Nature: Nine Ways to Feel About Our Changing Planet* by Kate Marvel. The book combines an accessible look at climate science with a personal exploration of the emotions brought about by our changing planet.

Discussion Leader: Mary Smith

Coming Up:
October 25 — *The Lion Women of Tehran* by Marjan Kamali
November 22 — *Born Survivors* by Wendy Holden



**MINDFUL NATURE WALKS**

**SATURDAY, SEPTEMBER 12**
10 AM • Led by Michelle Sinn

**THURSDAY, SEPTEMBER 17**
11 AM • Led by Susanne Wells

**SATURDAY, SEPTEMBER 19**
10 AM • Led by Liz Hardy

**ADVENTURE WALK**

**SATURDAY, OCTOBER 3**
10 AM - NOON • Led by Don Nearwood

MAY BE STRENUOUS AND WET

Look for more information about these events on the Earth Care bulletin board, across from the coffee bar.

Sock Drive Success!

THANK YOU, THANK YOU, THANK YOU!
Our thanks to all who contributed to the sock drive for the Outside In. Final count; Men: 229. Women: 223. Total: 452 new pairs of socks.
The socks were delivered on Tuesday, September 1 — just in time as we are expecting. Good job, St Andrew! A wonderful way to demonstrate God’s love and Community Care to the young people of our City.

Service Committee

Make Your Refrigerator More Energy Efficient

Adapted from an article by Erin Huffstetler, 1/20/2020



Whether your refrigerator is new or old, there are simple ways to improve its efficiency and reduce the amount of energy it uses.

Check your temperature settings.

Your refrigerator may be set colder than it needs to be. A temperature of about 37°F in the refrigerator and 0°

F in the freezer will keep food safely stored without wasting energy. You can check the temperature with a refrigerator/freezer thermometer, allowing several hours for an accurate reading.

Consider turning off the ice maker. Automatic ice makers can add to a refrigerator's energy use. If you don't use much ice, consider turning it off and using ice cube trays instead.

Use the energy-saving setting. Some refrigerators have an anti-sweat heater that prevents condensation from forming on the exterior. If yours has an energy-saving mode, use it when possible to reduce unnecessary energy use.

Keep the top clear. Storing items on top of the refrigerator can interfere with heat escaping, causing the compressor to work harder and potentially shortening its life.

Check the door seal. Close the refrigerator door on a dollar bill or piece of paper. If it pulls out easily, the gasket may need to be replaced. A good seal keeps cold air in and helps prevent frost buildup.

Clean the condenser coils. Dust and pet hair on the coils make the compressor work harder. Vacuum them several times a year, or more frequently if you have furry pets.

Keep it away from heat. Whenever possible, avoid placing your refrigerator next to an oven, dishwasher, heat vent, sunny window, or other heat source. Extra heat makes the refrigerator run more frequently.

Keep things organized and covered. An organized refrigerator makes it easier to find what you need without leaving the door open. Cover food and drinks before storing them, too. Open containers add moisture, which makes the refrigerator work harder.

Keep it comfortably full. A refrigerator uses less energy maintaining the temperature when it has plenty inside, but don't pack it too tightly. About three-quarters full allows cold air to circulate.

Give it room to breathe. Leave about two inches between the back of the refrigerator and the wall so heat from the condenser can escape.

A little routine maintenance and a few simple changes can help your refrigerator use less electricity and may even help it last longer.

Liz Hardy, Earth Care Team

Bell & Vocal CHOIRS RETURN!

SEPTEMBER 16



Whether you're an experienced musician or simply love making music, you're welcome to join!

**NO AUDITIONS.
NO EXPERIENCE NEEDED.**

— ♡ —
Come make a joyful noise!



Evening Prayer

IS BACK
NEW DAY & TIME

TUESDAYS
5:00 - 5:45 P.M.
IN THE CHAPEL

Join us for a quiet time of prayer and reflection in community. Our time together may include **guided prayer**, **Lectio Divina**, the **Examen**, and simply spending time with God in community.

Evening Prayer is open to everyone - members, visitors, and friends. This is a drop-in prayer time, so come whenever you can. No preparation or previous experience is needed.



For more information, contact
Kim Taylor-Blakemore at 503-545-6133

In Need of Prayers...

NAME	PRAYERS FOR...	CONTACT
Tracy Powell and siblings	Strength and Guidance	Pr. Allison Bengfort
Mary Lou (Tracy Powell's mother)	Healing, strength, and comfort	Pr. Allison Bengfort
Cory (Cousin)	Healing and recovery	Carol Hogan
The Family and Friends of Pr. Lenny Duncan	Peace and God’s comfort following their passing	Pr. Allison Bengfort
Eric & Maria (Beaverton Community Members)	Safe travels and an easy transition	Pr. Allison Bengfort
Bethany (Daughter-in-law)	Thanksgiving	Mary Smith
The Family of Joyce Bianucci (Sister)	Comfort and peace following Joyce’s passing	Judy Scholz
The Family and Friends of Dan Fako (Daughter)	Comfort as we approach the anniversary of his passing	Rebecca Uecker
Shelley Jelineo and Scotty Dickson	Prayers of joy and blessing for their new marriage	Staff
The Hanchett Family (Friends)	Healing and strength	Lee Anne Knapp
St. Andrew Council and Staff	Wisdom and discernment	Staff
St. Andrew Foundation Board		
Portland Taiwan Lutheran Church	Blessings on their ministry	Staff
All who are caregivers for a loved one	Strength and support	Staff
Seminarians and theology students, especially Kim Taylor-Blakemore	Encouragement and support	Staff
Churches serving with us in the Oregon Synod, especially Faith (Junction City)	Blessings on their ministry	Staff
If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email office@standrewlutheran.com , or fill out the prayer request form on the church website. Requests will remain on the prayer list for two weeks unless otherwise specified.		

Western Farm Workers

The service committee is collecting clothing and food for the Western Farm Workers Association during the month of September. Last year we collected over 250 food and clothing items. This year they have requested we collect coats, sweat-shirts, sweaters, work pants, rain jackets, and work boots. All clothing must be new or gently used, in good repair, and not soiled. In addition to clothing, they need the following food items for their food pantry: tuna, beans, rice, peanut butter, jam, pasta, spaghetti sauce, and cooking oil. Please place the clothing items in the barrel in the Narthex and the food items in bags or boxes nearby.

If you have any questions, please contact Susan Reiser.

How to Stay Safe Online Coming to St. Andrew

Many of us know someone who has had an account hacked, or maybe it has happened to us. Fixing the damage can be expensive and time-consuming. How can we better protect ourselves? Elaine May is here to help! She has presented this and other tech talks to organizations including Viva Village and has offered to bring it to St. Andrew.

HOW TO

Stay Safe Online

TECH TALK WITH ELAINE MAY

Join Elaine May for a friendly, no-jargon conversation about how to protect yourself online and feel more confident with your digital accounts

Scams • Passwords • Software Updates • Your Questions

SUNDAY OCTOBER 11, 2026
3:30 P.M.

FELLOWSHIP HALL

All St. Andrew members and their friends are welcome

Questions? Contact Mary Smith at dbits1@gmail.com

Safer Together



A Fresh Look Is Coming!

You may notice a few changes to the look and feel of our newsletter in the coming weeks. We’re working behind the scenes to give it a fresh, updated format while keeping you connected to the news, events, and stories of St. Andrew.

St. Andrew Contacts	Council President Allison Katsuftrakis.....	president@standrewlutheran.com
	Lead Pr. Allison Bengfort	pastorallison@standrewlutheran.com , 563-210-6304
	Assoc. Pr. Colleen Nelson.....	pastorcolleen@standrewlutheran.com , 269-274-1365
	Minister of Music John Gladen	jgladen@standrewlutheran.com
	Parish Musician Karl Gustafson	kgustafson@standrewlutheran.com
	Church Admin. Kacey Woodbridge	administrator@standrewlutheran.com
	Administrative Assistant Martin Mills	office@standrewlutheran.com
	Parish Nurses Diane Reiner	503-201-4222
	Tira Nasset	503-866-5099

Meal Train®

For short-term moments of need create a free personal MealTrain®, or sign up to provide meals, at mealtrain.com/groups/standrewlutheranbeaverton.

For more information, or to notify when creating a new one, email mealtrain@standrewlutheran.com.

Preparing for Worship

Sunday, September 13, 2026

Ezekiel 47:1-12

John 7:37-38

Highlights for the Week at St. Andrew

Friday, September 11		
10:00 am	Ta’i Chi	Fellowship Hall
Saturday, September 12 — Sunday Worship Announcements deadline is 11:59 pm; submit announcements to pastorallison@standrewlutheran.com		
10:00 am	Mindful Nature Walk with Michelle Sinn	St. Andrew Woods and Wetlands
Sunday, September 13		
9:30 am	Worship with Children's Church.....	Sanctuary, livestream, and via Zoom
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Church Fellowship Gathering	Chapel
11:00 am	Fall Kick-off.....	Fellowship Hall
6:00 pm	Light Opera of Portland Rehearsal	Fellowship Hall
Monday, September 14		
2:00 pm	Men’s Book Club	Offsite
Tuesday, September 15		
7:00 am	Men’s Gathering and Bible Study	Elmer’s Restaurant on 158 th (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women.....	Elmer’s Restaurant on 158 th (1250 NW Waterhouse Ave)
9:00 am	Facility Management Team Mtg	St. Andrew Room
10:00 am	T’ai Chi	Fellowship Hall
10:00 am	Worship Planners Meeting	Main Library
12:00 pm	Bridge Group.....	Fellowship Hall
4:00 pm	HR Team Meeting	Zoom
5:00 pm	Evening Prayer	Chapel
7:00 pm	Brass Quintet Rehearsal.....	Sanctuary
7:00 pm	Light Opera of Portland Rehearsal	Fellowship Hall
Wednesday, September 16 — Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com		
6:00 pm	Bells of Grace Rehearsal	Sanctuary
7:00 pm	Light Opera of Portland Rehearsal	Fellowship Hall
7:00 pm	Sanctuary Choir Rehearsal	Sanctuary
Thursday, September 17		
10:00 am	Strength + Stability with Susanne	Fellowship Hall/Chapel
11:00 am	Mindful Nature Walk with Susanne Wells	St. Andrew Woods and Wetlands
11:00 am	Soul Shop Planning Group	St. Andrew Room
1:00 pm	Staff Meeting	Main Library
7:00 pm	Wing Chun Class.....	Children’s Commons
7:00 pm	Council Meeting.....	St. Andrew Room, Chapel, and Zoom
Friday, September 18		
10:00 am	T’ai Chi	Fellowship Hall
Saturday, September 19 — Sunday Worship Announcements deadline is 11:59 pm; submit announcements to pastorallison@standrewlutheran.com		
9:00 am	Nifty Notters	Fellowship Hall
10:00 am	Mindful Nature Walk with Liz Hardy.....	St. Andrew Woods and Wetlands
Sunday, September 20		
9:30 am	Worship with Children's Church.....	Sanctuary, livestream, and via Zoom
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Church Fellowship Gathering	Chapel
11:00 am	Confirmation for Middle School Youth	Main Library
11:00 am	High School Youth Group	Youth Room
2:30 pm	Spirituality Book Group.....	Main Library
4:00 pm	West Side Youth Collective Kick-off Gathering	First Congregational UCC, Hillsboro
6:00 pm	Light Opera of Portland Rehearsal	Fellowship Hall