

ST. ANDREW WEEKLY NEWS

July 17, 2026

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

Bring a Dish and Share in the Celebration! Farewell Party for Kyler Vogt Is This Sunday

After eight years of service at St. Andrew, Director of Next Generational Ministry Kyler Vogt is concluding his time with us. You're invited to help us celebrate his ministry and wish him the best on the next chapter of his life's journey by attending his farewell party following worship this weekend. A basket will be available at the party for you to leave cards for Kyler.



We would appreciate if you are able to bring a dish to share! Contributing food is not required to attend, however. So join us in Fellowship Hall **this Sunday, July 19**, at 11:00 am to bid a fond farewell to Kyler! His last day of work will be **July 26**. Thank you, Kyler, for your time of ministry leading the next generation of St. Andrew members!

Why Is It So Difficult to Find a Primary Care Provider in Oregon?

Have you or a loved one tried to find a primary care provider, only to have to wait for months? Do you find it increasingly difficult to book an appointment with your primary care provider? Have prior authorization headaches impacted your ability to address health issues?

St. Andrew is a member of the Metropolitan Alliance for Common Good. MACG's Healthcare Access research team has spent the last year researching these questions. The team has learned a lot about how complex the problem is. It has also identified a possible avenue to address one of the barriers providers and patients experience as they try to access the best healthcare possible.

MACG is ready to share what has been learned, and propose a possible way forward.

Please join MACG for this Civic Academy where you will learn what has been shared with the team about this complex issue. You will learn about some of the challenges of addressing this issue (spoiler alert: it is *very* complicated) and explore what ways are possible to move forward.

This Civic Academy will be held **this Sunday, July 19**, 3:00 pm – 5:00 pm, at Havurah Shalom (825 NW 18th Ave) in Northwest Portland. For more information about this opportunity, and to RSVP, please visit macg.org/pcp_shortage_ca.

Pat Christiansen and Amy Peahl are members of the Healthcare Access team. You're welcome to speak with them regarding any questions you have. Please plan now to join us as we take this next step to make access to primary healthcare available to all.



LWR School Kits Supply Collection Returns

It's that time of year again: back-to-school! Each year, St. Andrew collects donations and assembles school kits that equip children with the supplies they need to keep learning even in a crisis. Once assembled, these kits are boxed up and shipped by Lutheran World Relief (LWR) to those all around the world coping with poverty, disaster, conflict, and more.



St. Andrew's goal this year is to fill 300 school kits. Each kit uses a drawstring backpack-style cloth bag to carry the supplies listed below. 85 bags have already been completed for this purpose, while more than 130 are in the closet by the chapel doors in Fellowship Hall ready to be serged.

If you would like to help with sewing the bags, just take however many you are able to work on from the closet and return serged bags to the labeled bin in the same closet.

A sign-up sheet is available on the coffee bar if you want to help pin and sew the remaining bags needed. Signing up gives us an idea of the days and times people are available to help with this project. In the grid that follows you will find what is currently needed to fill the bags. These numbers get updated each week.

SCHOOL KIT SUPPLY LIST	Have	Need
Notebooks, 70-sheet of wide- or college-ruled paper; no loose-leaf paper	168	1032
Crayons, box of 16 or 24	2	298
Pencil sharpener	19	281
Ruler, 30 centimeters long, or a ruler with inches on one side <u>and</u> centimeters on the other	93	207
Blunt scissors (safety scissors with embedded steel blades work well)	164	136
#2 pencils with erasers (preferably not sharpened)	655	845
Black or blue ballpoint pens (no gel ink)	820	680
Eraser, 2 ½ inches	145	155

Updates on Staff Members' Summer Travels

Pr. Colleen Nelson returns **this Monday, July 20**, to resume her service as Associate Bridge Pastor of Caring Ministries.

Pr. Allison Bengfort will be out of the office beginning **Monday, August 3**, through **Monday, August 17**. Pr. Colleen Nelson will be available for pastoral care during this time.

Martin Mills will be travelling **August 18 – September 2**. Kacey Woodbridge will manage the office while Martin is away.



Plastic-Free July: Painless Ways to Participate



We are in the middle of Plastic-Free July, a month during which millions and millions of people worldwide renounce single-use plastic. If you'd like to attempt Plastic-Free July, Anne-Marie Bonneau, author of *The Zero-Waste Chef*, has put together a list of steps to help us eliminate plastic from our lives. And I've also added in a few tips!

Remember, the main reason to move away from as much plastic as possible is the damage done to the climate and environment during the manufacturing process. Recycling plastic is only slightly better than sending it to the landfill.

The fossil fuel industry has promoted recycling as the ideal solution to plastic pollution. This push to recycle shifts the responsibility and cost of clean-up onto consumers and municipalities that played no role in producing the waste and diverts attention away from the true source of the problem: production. Reducing production is the best solution to plastic pollution.

- Drink more water (but not bottled water!). If you drink more water, you'll drink fewer bottled drinks, almost all of which are packaged in plastic; not only is that bad for the planet, but also bad for you. Plastic bottles leach toxins and microplastics into your drinks. You'll also save money. If you need water that is filtered, consider a water filter pitcher. Most Americans pay for bottled water not out of necessity but due to marketing ploys. Don't get sucked in! Take your own reusable water bottle wherever you go.
- Look for a farmers' market near you or sign up for a CSA (community-supported agriculture). And take your own cloth produce bags to the market to avoid using the plastic produce bags provided by the vendors. In addition to reducing the amount of plastic you use, more of your money goes to the farmer (90 cents on the dollar versus about 15 cents at an American supermarket). Unless you grow the food yourself, you can't beat the flavor of farmers' market produce!
- Many grocery stores have nice bulk food sections and paper bags to fill. Or bring your own bags and containers to fill with bulk dry goods. You can weigh your container ahead of time and ask the checker to deduct that amount from the weight of the food. If buying in bulk is not possible, buy the largest container—as long as you will eat it all. One giant package requires much less overall packaging than multiple small packages. For example: get the great big container of grated parmesan from a warehouse club store rather than the smaller containers at the grocery store.
- Do you really need to buy all that stuff in the first place? You can forego lots of *thneeds*, some made of plastic and some packaged in it. *Thneed* is a word coined in 1972 by Dr. Seuss in the children's book *The Lorax*. A *thneed* is a useless product which is advertised as being needed by everybody, but which, in fact, no one needs. You may feel pressured to throw out all of your plastic stuff and replace it with shiny new plastic-free versions, but that type of consumerism helped create this mess. Try to make do with the stuff already cluttering your home. We can't shop our way out of global warming. Save all your jars and lids, and get used to storing and freezing food in washable glass jars. Ask your neighbors to give you their jars that are destined for the glass recycle bin if they don't want them; those are free containers that are clear so you can see what food is being stored inside!

- Make or buy some cloth mesh produce bags—and use them! Let's say you use six produce bags per week: six bags times 52 weeks equals 312 plastic bags per year, which you can avoid wasting by using cloth! Just toss them in the wash when soiled.



- Shampoo and conditioner bars that don't come in plastic bottles. Look for these bars at Mama & Hapa's, health food stores, co-ops, New Seasons, Fred Meyer, or online stores. Two online stores that are tried and true by several of us on the Earth Care Team are Grove Collaborative and Zero Waste Store.
- Laundry sheets or powder. Look for these also at Mama & Hapa's, health food stores, co-ops, or the above-mentioned online stores. You can also find laundry pods that are made of polyvinyl alcohol (PVA) instead of plastic as some pods are. PVA breaks down into carbon dioxide and water, and is even used in some eye drops, so it must be pretty safe stuff!

Not sure where to begin with your plastics reduction? Start by cutting out the top four most commonly used single-use plastics: bags, water bottles, disposable coffee cups, and straws. You can buy reusable straws from the same types of stores mentioned above, switch to paper straws, or forego a straw altogether. Treat yourself. Enjoy coffee or tea in a real cup at your favorite café that serves drinks in ceramic cups, get an ice cream cone (as opposed to ice cream in a cup with a plastic spoon), or order take-out at restaurants and bring your own container.

And remember, reducing plastic pollution should be fun. Happy Plastic-Free July!

Liz Hardy
Earth Care Team

June 2026 by the Numbers

Average Weekly Worship Attendance

In-person:	112
Online:	91
Total:	203

Weekly Revenue

Average Weekly Revenue, including offerings, building use, etc.:	\$10,650
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Average Weekly Revenue needed to fully cover all budgeted expenses and end the year without a deficit:	\$15,115
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Fiscal Year to Date Revenue

Actual:	\$851,412
Budgeted:	\$704,827

Fiscal Year to Date Expenses

Actual:	\$736,054
Budgeted:	\$785,968

Fiscal Year to Date Surplus/(Deficit)

Actual:	\$115,357
Budgeted:	(\$81,141)

YOUNG ADULT WILDWOOD HIKE

SUNDAY JULY 26, 5:30PM

**CARPOOL FROM CHUCC
11695 SW PARK WAY**

HIKE & FOOD/ICE CREAM AFTER!

RSVP SAM 336-485-5618

PLEASE INDICATE IF DRIVER OR RIDER

ALL HIKING ABILITIES WELCOME!



In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Katie Kelly (aunt)	Peace and God's comfort at her death	Lynn Santlemann
Dori (cousin), and other family & friends of Craig	Peace and God's comfort at his death	Carol Hogan
Brian & Lori Tubbs (brother & sister-in-law)	Continued healing and recovery after being struck by a vehicle	Francine Cach
Joyce Bianucci (sister)	Healing and comfort	Judy Scholz
Connie Losk	Healing and recovery	Pr. Allison Bengfort
Martha (aunt)	Healing and recovery	Carol Hogan
Amy Fiegenbaum	Healing and recovery following kidney stone removal	Pr. Allison Bengfort
Rhonda Powell (St. Andrew's fmr. admin. assist.)	Pain relief and peace	Carol Harker
Stacy Erickson (cousin)	Peace and healing of broken arm	Dana Taylor-Blakemore
Lee Anne Knapp	Rest, support, and recovery	Lee Anne Knapp
Becky LeRoy (wife)	Successful infusion treatments	Rick LeRoy
Mike Tomaka (friend)	Support and peace	Lee Anne Knapp
Those receiving ongoing pastoral care, including	Assurance of God's presence	Staff
Bob Brown, Dave Bumgardner, Bettye Eldridge,		
Margaret Herder, Vera Hutchinson, Glenath Moyle,		
Sharon Roth, Erin Tarum, Ida Trullinger		
All who are imprisoned	Peace and strength	Staff
Churches serving with us in the Oregon Synod,	Blessings on their ministry	Staff
especially Hope (Klamath Falls)1		
and Klamath (Klamath Falls)		

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email office@standrewlutheran.com, or fill out the prayer request form on the church website. Requests will remain on the prayer list for two weeks unless otherwise specified.

Spirituality Book Group News—Next Meeting: July 26

The Spirituality Book Group will meet on **Sunday, July 26**, at 2:30 pm to discuss the book *Vera Wong's Unsolicited Advice for Murderers: A Novel* by Jesse Q. Sutanto. This humorous novel is a delightful read that explores the themes of loneliness, family (both biological and "found"), and the surprising capabilities of older women.

All are welcome to join the discussion, which will be held in the upstairs library. Elaine May will lead this month's book group. Below are the titles selected for future reading:

August 23

54 Miles: A Novel by Leonard Pitts, Jr.
Discussion leader: LuAnn Staul

September 20

Human Nature: Nine Ways to Feel about Our Changing Planet by Kate Marvel
Discussion leader: Mary Smith

October 25

The Lion Women of Tehran by Marjan Kamali
Discussion leader: Fran Miller

November 22

Born Survivors: Three Young Mothers and Their Extraordinary Story of Courage, Defiance, and Hope by Wendy Holden



Mary Magdalene, Apostle

This prayer commemorates Mary Magdalene, whose lesser festival (feast day) is July 22:

Almighty God, your Son first entrusted the apostle Mary Magdalene with the joyful news of his resurrection. Following the example of her witness, may we proclaim Christ as our living Lord and one day see him in glory, for he lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.



Worship in Sanctuary of the Firs on Sunday, July 26



St. Andrew continues its annual summer series of worship services out in Sanctuary of the Firs on **Sunday, July 26**, at 9:30 am. Due to technical limitations outdoors, we are unable to offer livestreaming or playback via YouTube for this service. As such, online worshippers are encouraged to attend live via Zoom instead. For those joining us in-person who may find it difficult to navigate through our outdoor space, a concurrent service will be held indoors.

Upcoming dates for outdoor worship are **August 30** and **October 4**.



For short-term moments of need create a free personal MealTrain®, or sign up to provide meals, at mealtrain.com/groups/standrewlutheranbeaverton.

For more information, or to notify when creating a new one, email mealtrain@standrewlutheran.com.

Preparing for Worship Sunday, July 26, 2026

Romans 8:26-39
Psalm 119:129-136
Matthew 13:31-33, 44-52

St. Andrew Contacts

Council President	president@standrewlutheran.com
Lead Pr. Allison Bengfort	pastorallison@standrewlutheran.com, 563-210-6304
Assoc. Pr. Colleen Nelson	pastorcolleen@standrewlutheran.com, 269-274-1365
Minister of Music John Gladen	jgladen@standrewlutheran.com
Parish Musician Karl Gustafson	kgustafson@standrewlutheran.com
Dir. of Next Generational Ministry Kyler Vogt	kvogt@standrewlutheran.com
Church Admin. Kacey Woodbridge	administrator@standrewlutheran.com
Administrative Assistant Martin Mills	office@standrewlutheran.com
Parish Nurses Diane Reiner	503-201-4222
Tira Nasset	503-866-5099

Highlights for the Week at St. Andrew

Friday, July 17

10:00 am Tai Chi Fellowship Hall
7:00 pm Executive Committee Meeting.....via Zoom

Saturday, July 18—Sunday Worship Announcements deadline is 11:59 pm; submit announcements to pastorallison@standrewlutheran.com

Sunday, July 19

9:30 am **Worship** **Sanctuary, livestream, and via Zoom**
9:30 am Portland Taiwan Worship Service Chapel
10:45 am Taiwanese Church Fellowship Gathering..... Chapel
11:00 am Farewell Party for Kyler Vogt Fellowship Hall

Monday, July 20

Tuesday, July 21

7:00 am Men's Gathering and Bible Study Elmer's Restaurant on 158th (1250 NW Waterhouse Ave)
7:00 am Sunrise Women..... Elmer's Restaurant on 158th (1250 NW Waterhouse Ave)
10:00 am Tai Chi Fellowship Hall
10:00 am Worship Planners Meeting Library (Main Level)
12:00 pm Bridge Group..... Fellowship Hall
5:30 pm Narcotics Anonymous Meeting..... Chapel
7:00 pm Brass Quintet Rehearsal..... Sanctuary
7:00 pm HR Team Meetingvia Zoom

Wednesday, July 22—Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com & administrator@standrewlutheran.com

11:00 am Alzheimer's Support Group..... St. Andrew Room
7:00 pm Al-Anon Family Group Meeting Chapel

Thursday, July 23

10:00 am Strength + Stability with Susanne Fellowship Hall
11:00 am Earth Care Team Meeting..... St. Andrew Room
1:00 pm Staff Meeting Library (Main Level)
7:00 pm IT Meeting.....Offsite
7:00 pm Wing Chun Class..... Children's Commons

Friday, July 24

10:00 am Tai Chi Fellowship Hall

Saturday, July 25—Sunday Worship Announcements deadline is 11:59 pm; submit announcements to pastorallison@standrewlutheran.com

9:00 am Council Retreat Fellowship Hall

Sunday, July 26

9:30 am **Outdoor Worship** **Sanctuary of the Firs and via Zoom**
9:30 am **Indoor Worship** **Sanctuary**
9:30 am Portland Taiwan Worship Service Chapel
10:45 am Taiwanese Church Fellowship Gathering..... Chapel
2:30 pm Light Opera of Portland Rehearsal..... Fellowship Hall
2:30 pm Spirituality Book Group..... Library (Main Level)

Baby Birds Begin Their Lives in the Reformation Earth Garden



As noted in last week's publication, members of the Earth Care Team recently discovered a spotted towhee nest in the Reformation Earth Garden while weeding. Five years ago, the Team planned and planted the Reformation Earth Garden, a meadow near the western red cedar behind the church. Planted with native flowers and shrubs, the area creates a native habitat which provides essential food, water, shelter, and nesting space for local wildlife. Enjoy these pictures of spotted towhee hatchlings! And consider joining the Earth Care Team and help it create habitat for birds and pollinators.



Earth Care Team

Worship at St. Andrew or Connect to Virtual Worship



YouTube

9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. *Links for remote worship will be sent to you via email and the church app.*



zoom

People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.