

ST. ANDREW WEEKLY NEWS

May 1, 2026

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

Did You Recently Give Towels for LWR Kits?

We're looking for whomever donated a package of four towels to be used in the Personal Care Kits for Lutheran World Relief (LWR). Regrettably, the towels given are 30" by 60", which exceeds LWR's size limits. If you would like to return them so you can be refunded, they have been left next to the LWR donation box in the narthex.



Following Up on Multigen. Listening Session

What's up with the recent conversations we had about being an intentionally multigenerational church? At the end of February, many members of the congregation met to hear the results of the listening sessions held the previous fall. We identified themes that our older and younger members had in common and identified a number of low-cost activities that can help St. Andrew meet this goal. Congregation members also indicated activities that they are interested in and those which they are willing to help organize. From that list, the Community Organizing Team identified five activities to start with which had the highest number of people willing to pitch in:

- * **Fan clubs:** Organize groups of congregational members to attend sporting, arts, and other events that St. Andrew members are part of, focusing first on supporting our youth.
- * **Babysitting:** Offer space and time for the parents of our younger families to leave their children in a trusted place (at St. Andrew) during various events. The Under-40 Supper Club was the first to take advantage of this.
- * **Generation-specific supper clubs:** These clubs are already forming, as we now have an Under-40 Supper Club as well as an ages 40-55 Supper Club!
- * **Pew swapping:** Sit in a different place on Sunday – stay tuned for more details!
- * **Progressive worship:** Pr. Allison Bengfort and the Worship Planning Team have spoken with our youth on this subject, and more conversations will be forthcoming.

The Community Organizing Team will continue to work with congregation members to identify leaders and launch these activities. The goal of the Community Organizing Team is not to take these on ourselves; rather, to help equip congregation members to lead those activities that are meaningful to them.

Connecting with the Woodlands & Wetlands of St. Andrew's Property

St. Andrew is blessed to not only have a beautiful place to worship and enjoy fellowship, but to also have more than seven acres of riparian forest and wetland. The Earth Care Team invites you to engage more fully with this beautiful space through upcoming events planned to allow you to "Come Home to Earth."

Nature Walks:

Experience the St. Andrew woods into and beyond the Sanctuary of the Firs. We will offer mindful walks to connect mind, body, and spirit to nature. Mindful walks in nature have been known to reduce stress, improve mental clarity, and boost emotional balance. Earth Care Team members will guide participants in this experience as we focus on breath, body, and environment.

Mindful Walks

- Connect with mind, body, and spirit in St. Andrew's woods
- **Thursday, May 14**, 11:00 am – 11:30 am

For those who wonder what is beyond the well-worn path to the Sanctuary of the Firs we will offer an Adventure Walk. You will see how beavers have shaped the wetland, and appreciate the ongoing work volunteers at St. Andrew and our community partners are doing to restore the property to its native state.

Adventure Walk

- Visit the rugged areas of the St. Andrew woods
- May be strenuous
- Wear boots
- **Saturday, May 9**, 10:00 am – 11:00 am

All-Generation Earth Camp:

You are never too young, or too old, to come home to Earth. The Earth Care Team is offering an opportunity for everyone to experience the fun and learning that occurs at our annual children's Earth Camp. On **Sunday, June 14**, at 11:00 am, participate in interactive teaching stations, crafts, music, and celebration. Lunch will be provided for those who sign up in advance.

Look for more information about these events in upcoming Weekly News articles, and on the Earth Care bulletin board across from the coffee bar.

LuAnn Staul
Earth Care Team Chair



The Environmental (and Social)

Impact of Fast Fashion, Part II

Adapted from an article posted to [Earth.org](https://www.earth.org) in February 2026.

We learned last week that fast fashion is a term now central to discussions on sustainability and environmental consciousness, and refers to a business model characterized by the rapid design, production, and marketing of inexpensive clothing. Fast fashion companies focus on low-cost garments that replicate the latest fashion trends, quickly pushing them into stores to capitalize on these trends, permitting retailers to offer a greater variety of products in large quantities, and allowing consumers to get more fashion options at a low price.



Water: The environmental impact of fast fashion comprises the depletion of non-renewable resources, emission of greenhouse gases, and the use of massive amounts of water and energy. The fashion industry is the second-largest consumer of water among industries, requiring about 700 gallons to produce one cotton shirt and 2,000 gallons to produce just one pair of jeans! And textile dyeing is the world's second-largest polluter of water, since the water leftover from the dyeing process is often dumped into ditches, streams, or rivers.

Microplastics: Clothing made of synthetic fibers like polyester, nylon, and acrylic take hundreds of years to biodegrade. A report from the International Union for Conservation of Nature estimated that 35% of all microplastics found in the ocean come from the laundering of synthetic textiles like polyester.

The average American generates 82 pounds of textile waste each year. The production of leather requires large amounts of feed, land, water, and fossil fuels to raise livestock, while the tanning process is among the most toxic in all of the fashion supply chain because the chemicals used to tan leather include mineral salts, formaldehyde, coal-tar derivatives, and various oils and dyes, which are not biodegradable and contaminate water sources.

Energy: The process of making plastic fibers (such as polyester, nylon, acrylic, and spandex) into textiles is energy-intensive, requires large amounts of petroleum, and releases volatile particulate matter and acids like hydrogen chloride. Additionally, cotton, which is used in a large amount of fast fashion products, is not environmentally friendly to manufacture. Pesticides deemed necessary for the growth of cotton present health risks to farmers, and production of cotton cloth requires a huge amount of water. More sustainable fabrics include wild silk, organic cotton, linen, hemp, and lyocell. Lyocell is made from wood pulp and is biodegradable.

The social impacts of fast fashion:

According to Remake, a non-profit, 80% of apparel is made by young women between the ages of 18 and 24 in developing countries. A 2018 U.S. Department of Labor report found evidence of forced and child labor in the fashion industry in Argentina, Bangladesh, Brazil, China, India, Indonesia, the Philippines, Turkey, Vietnam, and elsewhere. In fast fashion, sales and profits often take precedence over human welfare.



Garment factory in the Philippines

In 2013, an eight-floor building that housed several garment factories collapsed in Dhaka, Bangladesh, killing 1,134 workers and injuring more than 2,500. The garment industry is a low-capital/labor-intensive industry. In her book, *No Logo*, Naomi Klein argues that developing nations are viable places for garment industries due to "cheap labor, vast tax breaks, and lenient laws and regulations." According to the documentary *The True Cost*, one in six people work in some part of the global fashion industry, making it the most labor-dependent industry.

The solutions to these impacts: As I stated in my article last week, slow fashion is the solution to these injustices. We need to hit the brakes on excessive production, overcomplicated supply chains, and mindless consumption. We need to shift from quantity of clothing in a wardrobe to quality clothing that will last a long time, and advocate for manufacturing that respects people, the environment, and animals. We need to reduce our consumption of fast fashion by buying from secondhand sellers like consignment and thrift shops. Remember, "Less is more!"

Liz Hardy
Earth Care Team

Final Update on Lenten Food Drive



Following the collection received during the season of Lent, St. Andrew was able to send a monetary donation of \$8,854.76 to the St. Matthew Food Pantry. This total included additional excess funds leftover from last year's Thanksgiving Food Drive and Christmas Giving Tree.

Thank you to everyone who participated in these collections for your generosity toward those experiencing times of great need!

Adult Forum Continues Discussion on Integration of Our Faith and Science

You are invited to join the conversation about how our relationship with God and our relationship with Earth are intertwined and essential to the future of our planet. *ProFuture Faith* is a curriculum developed by Rev. Michael Dowd which features video presentations and group discussion. Rev. Dowd was a minister and author of the highly acclaimed book, *Thank God for Evolution*, as well as a well-known lecturer and passionate advocate for ecotheology. Join Pr. Colleen Nelson and Dr. Ruth Nickodemus in Fellowship Hall **this Sunday, May 3**, at 11:00 am, as well as the following two Sundays.



In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family of Israel Rodriguez	Peace and God's comfort at his death	Pr. Allison Bengfort
Becky Wright (cousin)	Peace and comfort on hospice	Claudia Parsons
Ezra (friend's nephew)	Accurate diagnosis and healing	Beverly Briggs
Priscilla (friend)	Accurate diagnosis and treatment	Judy Scholz
Lee Anne Knapp	Continued healing and recovery following dog bite	Lee Anne Knapp
Joyce Bianucci (sister)	Healing and proper discernment of cancer treatment plan	Judy Scholz
Rob Casteel (husband)	Healing and recovery following surgery	Lori Casteel
Brian (son)	Healing and recovery	Dianne Zupunski
Greg & Bonita (friends)	Peace awaiting medical results for Greg	Linda Fransen
R.U.	Peace and strength	Lee Anne Knapp
Alyssa (friend)	Recovery from illness and peace	Alex Stinekraus
Anjenette	Strength, resilience, and contentment following difficult times	Anjenette
Carol Hogan	Success of new medication, & thanksgiving for no side effects	Carol Hogan
Chris Brass (friend)	Successful cancer treatment	Camille Jackson
Kevin (partner)	Successful cancer treatment	Camille Jackson
Aaron Smith (son)	Successful cardiac surgery on May 4	Mary Smith
Caroline Dixon (birth mother)	Successful cervical ablations and recovery therefrom	Rebecca Uecker
Luis Flores	Blessings and safe travels	Pr. Allison Bengfort
Bishop Laurie Larson Caesar	Strength and wisdom	Staff
Oregon Synod Council and Staff	Courage and wisdom	Staff
Refugees, asylum seekers, and immigrants	Acceptance, safety, and just treatment	Staff
Military personnel, especially Justina Hailey Hope Bocker, Carly Keyser, Clay Keyser	Safety and guidance	Staff
Churches serving with us in the Oregon Synod, especially Spirit of Grace (Hood River) and Gethsemane (Portland)	Blessings on their ministry	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email office@standrewlutheran.com, or fill out the prayer request form on the church website. Requests will remain on the prayer list for two weeks unless otherwise specified.

Save the Date: 2026 Collins Lecture, June 6 at 7:00 pm

Ecumenical Ministries of Oregon (EMO) presents the 2026 Collins Lecture with John Fugelsang, author of *Separation of Church and Hate: A Sane Person's Guide to Taking Back the Bible from Fundamentalists, Fascists, and Flock-Fleeing Frauds*. His book is touted as a "biblically correct takedown of far-right Christian authoritarianism" by EMO. Fugelsang is well known for using humor and biblical scholarship to challenge Christian Nationalism. He hopes through this lecture to give people the tools for responding to far-right stances on immigration, LGBTQIA2S+ rights, poverty, feminism, and more, in a way that aligns with Jesus' core teachings of love, mercy, and service.



This lecture is being hosted at Trinity Episcopal Cathedral (NW 19th & Everett, Portland), and tickets are \$30. Virtual options for attendance are also available. For more information and to purchase tickets, visit emoregon.org/events.

Let Us Pray,

Creator God, you made us all in your image. Help us to embrace one another as you do, beloved and blessed; not in need of fixing, but in need of authentic welcome. Bring healing where it is desired, affirmation where it is lacking, and awareness to all. Open our hearts to receive the gifts and needs of all people, and to become communities where everyone can find a place. In Jesus' name we pray. Amen. *-Disability, ACS page 52*

AARP Smart Driver™ Course

You never forget how, but it never hurts to refresh your driving skills and knowledge, especially when it could save you money! You do not have to be a member of AARP to attend its award-winning Smart Driver™ course being hosted by St. Andrew on **Wednesday, May 13**, beginning at 9:00 am in Fellowship Hall. This is a single, six-hour course, with an hour break for a sack lunch. Call 503-594-5024 to sign up. Cost is \$25, which covers the supplies distributed during the course. AARP members receive \$5 off.



Meal Train®

For short-term moments of need create a free personal MealTrain®, or sign up to provide meals, at mealtrain.com/groups/standrewlutheranbeaverton.

For more information, or to notify when creating a new one, email mealtrain@standrewlutheran.com.

Preparing for Worship Sunday, May 10, 2026

Acts 17:22-31
Psalm 66:8-20
John 14:15-21

St. Andrew Contacts

Council President Chuck Weswig..... president@standrewlutheran.com
Lead Pr. Allison Bengfort pastorallison@standrewlutheran.com, 563-210-6304
Assoc. Pr. Colleen Nelson..... pastorcolleen@standrewlutheran.com, 269-274-1365
Minister of Music John Gladen..... jgladen@standrewlutheran.com
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Dir. of Next Generational Ministry Kyler Vogt kvogt@standrewlutheran.com
Administrative Assistant Martin Mills office@standrewlutheran.com
Temporary Office Assistant Amber Sterlinski..... assistant@standrewlutheran.com
Parish Nurses Diane Reiner 503-201-4222
Tira Nesset 503-866-5099

Highlights for the Week at St. Andrew

Friday, May 1

8:00 am	Lutheran World Relief Spring Ingathering	Community Garden Parking Lot, Kitchen, St. Andrew Room
10:00 am	Tai Chi	Fellowship Hall
1:00 pm	Aging with Grace: The Three E's of Superaging	Fellowship Hall

Saturday, May 2—Sunday Worship Announcements deadline is 11:59 pm; submit announcements to pastorallison@standrewlutheran.com

9:00 am	Lutheran World Relief Spring Ingathering	Community Garden Parking Lot
9:00 am	Nifty Notters	Fellowship Hall
1:00 pm	Immigrant Story Storytelling Rehearsal	Sanctuary

Sunday, May 3

9:30 am	Worship with Children's Church	Sanctuary, livestream, and via Zoom
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Church Fellowship Gathering	Chapel
11:00 am	Adult Ed – ProFuture Faith: The Prodigal Species Comes Home.....	Fellowship Hall
11:00 am	Confirmation for Middle School Youth	Library (Main Level)
11:00 am	High School Youth Group	Youth Room
11:00 am	The Waters Band Rehearsal.....	Sanctuary

Monday, May 4

1:00 pm	Immigrant Story Recording Session	Children's Library
6:00 pm	Immigrant Story Recording Session	Children's Library
7:00 pm	Contemplative Prayer	Chapel
7:00 pm	Finance Team Meeting	via Zoom

Tuesday, May 5

7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women.....	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
10:00 am	Tai Chi	Fellowship Hall
12:00 pm	Bridge Group.....	Fellowship Hall
1:00 pm	Sanctuary Team Meeting	Library (Main Level)
2:30 pm	FellowshipOne GO Meeting	Library (Main Level)
5:30 pm	Narcotics Anonymous Meeting.....	Chapel
7:00 pm	Brass Quintet Rehearsal.....	Sanctuary
7:00 pm	Columbia Willamette Faceters' Guild	Fellowship Hall
7:00 pm	HR Meeting	via Zoom

Wednesday, May 6—Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com & assistant@standrewlutheran.com

6:00 pm	Bells of Grace Rehearsal	Sanctuary
7:00 pm	Sanctuary Choir Rehearsal	Sanctuary

Thursday, May 7

10:00 am	Strength + Stability with Susanne	Fellowship Hall
10:30 am	Constitution Update Team Meeting	St. Andrew Room
5:00 pm	Executive Committee Meeting.....	via Zoom
7:00 pm	The Waters Rehearsal	Sanctuary
7:00 pm	Wing Chun Class.....	Children's Commons

Friday, May 8

10:00 am	Tai Chi	Fellowship Hall
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Saturday, May 9—Sunday Worship Announcements deadline is 11:59 pm; submit announcements to pastorallison@standrewlutheran.com

10:00 am	Earth Care – Adventure Walk.....	Trail to Sanctuary of the Firs
1:00 pm	Immigrant Story Storytelling Rehearsal	Sanctuary

Sunday, May 10

9:30 am	Worship with Children's Church	Sanctuary, livestream, and via Zoom
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Church Fellowship Gathering	Chapel
11:00 am	Adult Ed – ProFuture Faith: The Prodigal Species Comes Home.....	Fellowship Hall
11:00 am	Confirmation for Middle School Youth	Library (Main Level)
11:00 am	High School Youth Group	Youth Room

Worship at St. Andrew or Connect to Virtual Worship



9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. *Links for remote worship will be sent to you via email and the church app.*



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.