

ST. ANDREW WEEKLY NEWS

October 10, 2025

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

2025 Walk to End Alzheimer's

Many of our members have been touched by Alzheimer's or another form of dementia. Perhaps a family member, a friend, or a neighbor has dealt with this dreadful disease. We have two very well-attended support group meetings that take place at St. Andrew, with the possibility of a third if need demands.

Becky and I will be walking in the 2025 Walk to End Alzheimer's, which will take place tomorrow, **October 11**, at the Oregon Zoo. Won't you consider joining us and helping raise funds for this very worthwhile cause? I have created a team called "Lutherans Walking to End Alzheimer's" and it would be wonderful to have you join us. Donations are not required but highly encouraged.



A minimum donation of \$100 will earn you a purple T-shirt to show your team spirit. You may also donate without walking, which would be greatly appreciated. Please use this link to join our team, or to donate: tinyurl.com/2025LutheransWalking.

Thank you so much for considering this important event.

Rick & Becky LeRoy

Men's Book Club

The Men's Book Club will meet this **Monday, October 13**, at 7:00 pm to discuss the book *Snap* by Belinda Bauer. Tim Holte will host this discussion at his home.

Their next meeting on **November 10** will discuss *Lost Birds* by Anne Hillerman.



Dan Fako

Memorial Service
Saturday, October 18
2:00 pm, Sanctuary

*Reception to follow
in Fellowship Hall*

Attendees are encouraged to wear T-shirts from Thrivent or any non-profit organization that works for the good of all, such as Habitat for Humanity or OPB.



Sanctuary Choir Needs Tenor & Bass Singers!

Have you found yourself longing for more music, deeper community, bubbling joy, connection to the Divine, and hearty laughter? If so, come check out the Sanctuary Choir! We would love to welcome more singers of any voice range, though in this moment we are especially looking for tenors and basses (often men, or folks with lower voices) to round out the bottom register of the choir.

B: If you've been waiting for a sign or an invitation, this is it! No experience necessary. Come try it out on Wednesday evenings at 7:00 pm in the Sanctuary. Hope to see you there!

John Gladen
Minister of Music

Fall Lutheran World Relief (LWR) Ingathering

There are multiple opportunities for you to help us prepare for our next LWR Ingathering! On **Friday, October 24**, volunteers have their choice of a 2-hour shift between 8:00 am and 4:00 pm. On **Saturday, October 25**, we need volunteers to staff a single three-hour shift starting at 9:00 am.

The Ingathering takes place in the St. Andrew parking lot near the community garden. We have two types of assignments:

- * Loading the shipping container. Boxes can weigh up to 40 pounds.
- * Greeting vehicles as churches drop off their donations.

To volunteer, please sign up on the sheets in the narthex. You can also email either Rochelle McIntire at pacificnwlwrgroup@gmail.com or Randy Sinn at sinn78home@gmail.com to sign up.



That's not all, though! We also need volunteers to assist with filling the school bags with the previously donated supplies. This assembly will be done in Fellowship Hall on **Tuesday, October 21**, from 5:00 pm - 8:00 pm. Snacks will be provided, and no experience is necessary.

Finally, we are also in need of small- and medium-sized boxes—used or new—for packing quilts and school kits from St. Andrew. These boxes can't be too large or else they would exceed the weight limit. If you can save and donate any used boxes, please contact Mike McDowall at mcdowall.ml@gmail.com or call 503-869-5685. Thank you!



Yes, Your Plastic Really Does Get Recycled (If You Follow the Rules!)

Information in this article is from a few different resources, including the Master Recycler Newsletter and the City of Portland.



Question: Is my plastic recycling actually getting recycled? I've read that it all ends up in the trash. Answer (from Portland.gov): You can feel confident that your plastic is getting recycled **if it's on Portland's (and Metro's) accepted recycling list**. Remember that we are talking about what goes in the curbside bin in this article.

It's true that, globally, only a small amount of plastic gets recycled, and plastic pollution is a serious and growing problem. But here in Oregon, we have good reasons to be confident that the plastic we put in our recycling bins gets recycled.

What makes our recycling different? Our system is built to ensure that the plastics we collect are recycled, and the new Plastic Pollution and Recycling Modernization Act (RMA) is making that system even stronger. Only plastics that can be properly sorted and recycled are accepted. Keeping that list of accepted plastics short allows the system to work more effectively: It only allows bottles, jars, buckets, and tubs, and does **not** use the numbers in the chasing arrows.

The Department of Environmental Quality (DEQ) reviewed the list of accepted plastics to make sure they can be recycled responsibly, both in the U.S. and abroad. The only plastics that are accepted are those that:

- ◆ Have strong, stable markets, meaning companies want to buy the material to make new products.
- ◆ Can be sorted at recycling facilities. For example, plastic bags tangle in sorting machines, causing jams and safety risks. Plastic bags **can** be recycled at grocery stores and other locations, but never in your curbside recycle bin.

Oregon's DEQ closely monitors the recycling system. They:

- Evaluate all materials based on criteria for effective and responsible recycling.
- Permit recycling facilities and hold them to strict performance standards.
- Enforce rules that prevent accepted recyclables from being sent to the landfill.
- Enforce rules requiring recycling facilities and the producer responsibility organization to send materials only to safe, responsible sites that benefit the environment and minimize health and safety risks to workers and the public.



How recyclables are processed: In our area, paper, cardboard, metal, and plastic bottles and tubs can all go in one bin. This makes it easier for people to recycle, which leads to higher levels of recycling. But it also means recyclables must be sorted so all the paper can be sent to the paper mill, metal to the metal recycling facility, etc. Sorting is done here in Oregon in big warehouses where both machines and people work to remove items that aren't recyclable and sort out the rest by material type. You can watch a video of the big recycling facility in Hillsboro by searching for "Recycling: Turning what you toss into something new/Metro."

Some materials are turned into commodities used here in the Portland/Metro region. Other materials are sent out of state or overseas to be made into new products. Your empty plastic bottles could become a park bench or filling for a winter coat. Yesterday's newspaper could become the cereal box you pull off the shelf next year. An aluminum can recycled today can be back on the shelf as a new one in just 60 days!



Keep recycling but remember to reduce and reuse first!

- Reduce means using less in the first place, buying only what you need, choosing products that will last a long time, and looking for products with less packaging. Avoid disposable, single-use items. Most of a product's environmental impact happens before you ever use it, from extracting raw materials, to manufacturing, packaging, and shipping.
- Reuse means using it again by borrowing instead of buying, repairing or refilling when you can, or donating usable items.
- Recycling means turning it into something new. Because something new is being made, it takes energy and creates its own waste. Recycling is important, but it comes after reduce and reuse.

Liz Hardy
Earth Care Team

Community Choir for Reformation Sunday



Hi, friends! Do you find joy in four-part singing at church? Would you like to help make the music on Reformation Sunday even more powerful and beautiful? Then come join the choir for a day!

On **Sunday, October 26**, the choir will sing a verse of *A Mighty Fortress* in four-part harmony as part of a special arrangement with brass, organ, and congregation. Please come at 8:30 am that morning for rehearsal.

You're also warmly invited to join our regular choir rehearsal on **Wednesday, October 22**, at 7:00 pm, where we'll begin by practicing the hymns for Sunday and preparing the choir verse. We hope to see you there!

In Need of Prayers...

NAME	PRAYERS FOR...	CONTACT
Family and friends of Bishop Emeritus Paul Swanson	Peace and God's comfort at his death	Bp. Laurie Larson Caesar
Toni and husband	Comfort and healing	Toni Morreale
Marge and Mel (aunt and uncle)	Healing, comfort, and guidance on future decisions	Wendy Hawthorne
Brett (family member of friend)	Healing and complete recovery	Rebecca Uecker
Unique Carr (work colleague)	Healing and peace	Lee Anne Knapp
Jim Aageson (husband)	Healing and recovery	Julie Aageson
Carol Hogan	Healing and recovery	Carol Hogan
Stacye Erickson (cousin)	Healing and recovery	Kim Taylor-Blakemore
Dana Taylor-Blakemore	Love and support as she visits her cousin, Stacye	Kim Taylor-Blakemore
Pr. Allison Bengfort	Healing and recovery	Pr. Allison Bengfort
Pam and Curt (daughter and son-in-law)	Healing and strength	Bill & Sharon Roos
Gary Magnuson	Peace and comfort as he enters hospice	Pr. Colleen Nelson
Triniti Gossett (granddaughter)	Peace and healing	Donna & Warren McAlpine
Barbara Lane (wife)	Successful surgery on October 13	Tom Lane
St. Andrew Council and Staff	Wisdom and discernment	Staff
St. Andrew Foundation Board		
Portland Taiwan Lutheran Church	Blessings on their ministry	Staff
All who are caregivers for a loved one	Strength and support	Staff
Seminarians and theology students, especially Kim Taylor-Blakemore, and Kyler Vogt	Encouragement and support	Staff
Churches serving with us in the Oregon Synod, especially Atonement Lutheran (Newport) and Zion Lutheran (Port Orford)	Blessings on their ministry	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email office@standrewlutheran.com, or fill out the prayer request form on the church website. Requests will remain on the prayer list for two weeks unless otherwise specified.

Government Intrusion into a Sanctuary Congregation

On Sunday, October 26, the Sanctuary Team will host an adult education forum on the process to follow if there are unannounced visits to St. Andrew from federal officials seeking to detain immigrants. Amy Lomanto, director of Guidepost Montessori, will be present to share her school's recent experience.

On July 16 of this year, agents with U.S. Immigration and Customs Enforcement (ICE), masked and armed, arrested the parent of a student attending Guidepost Montessori, a preschool four miles from St. Andrew. Staff, parents, and students were unprepared – and horrified – as children were placed in “soft lockdown” and the parent, a chiropractor from Iran married to a U.S. citizen, was taken into custody.

St. Andrew hosts a Head Start program that serves preschool children from families of all cultures and religions. We actively support a refugee family through Lutheran Community Services Northwest, provide space to Portland Taiwan Lutheran Church as well as non-profit organization The Immigrant Story, and welcome all people into our worship space. As a Sanctuary Congregation, we are committed to providing education, advocacy, accompaniment, shelter, and safety to immigrants at risk.

Parish Executive Carol Harker has worked with the Sanctuary Team and the Church Council to define a process to follow in the event of an ICE visit. The process is summarized on small Blue Cards that the Sanctuary Team began distributing at the Ministry Fair in September. These are companions to the Know Your Rights Red Cards St. Andrew distributes in Farsi, Spanish, and Chinese.

Please join us for this important discussion on October 26 at 11:00 am in Fellowship Hall.

Cindy Stadel

St. Andrew Contacts	Council President Chuck Weswig.....president@standrewlutheran.com
	Lead Pastor Allison Bengfort..... pastorallison@standrewlutheran.com, 563-210-6304
	Associate Pr. Colleen Nelson.....pastorcolleen@standrewlutheran.com, 269-274-1365
	Minister of Music John Gladen..... jgladen@standrewlutheran.com
	Dir. of Next Generational Ministry Kyler Vogt..... kvogt@standrewlutheran.com
	Parish Executive Carol Harker charker@standrewlutheran.com
	Administrative Assistant Martin Mills.....office@standrewlutheran.com
	Parish Nurses Diane Reiner 503-201-4222 Tira Nesset..... 503-866-5099

Food Pantry Donations



Last Thursday, Mary & Mike Carroll delivered 41 lbs. of food donations from the barrel in the narthex to the St. Matthew Food Pantry. Thank you!

Prayer for a Time of Conflict

O God, where hearts are fearful and constricted, grant courage and hope. Where anxiety is infectious and widening, grant peace and reassurance. Where impossibilities close every door and window, grant imagination and resistance. Where distrust twists our thinking, grant healing and illumination. Where spirits are daunted and weakened, grant soaring wings and strengthen dreams. All these things we ask in the name of Jesus Christ, our Savior and Lord. Amen.

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Preparing for Worship
Sunday, October 19, 2025
 Genesis 32:22-31
 Psalm 121
 Luke 18:1-8

Highlights for the Week at St. Andrew

Friday, October 10

10:00 am Tai Chi Fellowship Hall

Saturday, October 11—Sunday Worship Announcements deadline is 11:59 pm; submit announcements to pastorallison@standrewlutheran.com

9:00 am Westminster Presbyterian Women's Day Retreat Fellowship Hall, Narthex, Patio, Sanctuary of the First

Sunday, October 12

9:30 am Worship with Children's Church Sanctuary, livestream, and via Zoom

9:30 am Portland Taiwan Worship Service Chapel

10:45 am Taiwanese Church Fellowship Gathering Chapel

11:00 am Adult Ed | Prophets and Politics Fellowship Hall

11:00 am Adult Ed | WomanSpirit Rising St. Andrew Room

11:00 am Confirmation for Middle School Youth Library

11:00 am High School Youth Group Youth Room

Monday, October 13—Church Office Closed

6:00 pm Immigrant Story Music Rehearsal Fellowship Hall

7:00 pm Finance Team Meeting via Zoom

7:00 pm Men's Book Club Home of Tim Holte

Tuesday, October 14

7:00 am Men's Gathering and Bible Study Elmer's Restaurant on 158th (1250 NW Waterhouse Ave)

7:00 am Sunrise Women Elmer's Restaurant on 158th (1250 NW Waterhouse Ave)

9:00 am Worship Planners Meeting Library

10:00 am Tai Chi Fellowship Hall

12:00 pm Bridge Group Fellowship Hall

5:30 pm Narcotics Anonymous Meeting Chapel

7:00 pm Brass Quintet Rehearsal Sanctuary

Wednesday, October 15—Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com & charker@standrewlutheran.com

1:00 pm Staff Meeting Chapel, Library

6:00 pm Bells of Grace Rehearsal Sanctuary

7:00 pm Sanctuary Choir Rehearsal Sanctuary

Thursday, October 16

10:00 am Strength + Stability with Susanne Fellowship Hall

7:00 pm Council Meeting Chapel, Fellowship Hall

7:00 pm Wing Chun Class Children's Commons

Friday, October 17

10:00 am Tai Chi Fellowship Hall

Saturday, October 18—Sunday Worship Announcements deadline is 11:59 pm; submit announcements to pastorallison@standrewlutheran.com

2:00 pm Dan Fako Memorial & Reception Sanctuary, Fellowship Hall

Sunday, October 19

9:30 am Worship with Children's Church Sanctuary, livestream, and via Zoom

9:30 am Portland Taiwan Worship Service Chapel

10:45 am Taiwanese Church Fellowship Gathering Chapel

11:00 am Adult Ed | Prophets and Politics Fellowship Hall

11:00 am Adult Ed | WomanSpirit Rising St. Andrew Room

11:00 am Confirmation for Middle School Youth Library

11:00 am High School Youth Group Youth Room

Worship at St. Andrew or Connect to Virtual Worship

 **YouTube** **9:30 am:** Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. *Links for remote worship will be sent to you via email and the church app.*

 **zoom** People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.