

# ST. ANDREW WEEKLY NEWS

August 8, 2025

St. Andrew Lutheran Church  
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:  
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

## Prescription Bottle Recycle Reminder



I appreciate everyone bringing in their empty prescription bottles! Please remember to leave the lids on the bottles. Also, only prescription bottles (such as the typical orange-colored ones) go in the box in Fellowship Hall. Any over-the-counter medication bottles that measure 2" x 2" or larger can go in your curbside recycle bin. (See last week's article.) Thanks!

Liz Hardy

## St. Andrew Walks with You

Following Jesus' example of meeting the needs of all people, we, the people of St. Andrew, have an opportunity to show God's love to the youth and young adults in our city who are without a home. Throughout the month of August, the Service Committee will be collecting new adult socks for the people who stop by Outside In for a meal, a shower, or clothing. To contribute, you will find two barrels in the narthex (one blue and one yellow) in which you can place your donations of new adult socks. Thank you for demonstrating God's love to our young people!



## Last Chance to Sign Up for Driver Safety Class

You never forget how, but it never hurts to refresh your driving skills and knowledge, especially when it could save you money! The award-winning AARP Smart Driver™ course not only updates your awareness of new road design, traffic laws, and how to adjust your driving to compensate for physical changes, it may also qualify you for a multiyear discount on your car insurance. You do not have to be a member of AARP to attend this course being hosted by St. Andrew this Wednesday, August



13, beginning at 9:00 am in Fellowship Hall. This is a single, six-hour course, with an hour break for a sack lunch. Call the church office to sign up. Cost is \$25, which covers the supplies distributed during the course. AARP members receive \$5 off.

## Jean Fredrickson

Memorial Service  
Friday, August 15  
2:00 pm, Sanctuary

Reception to follow  
in Fellowship Hall



## Learn About the St. Matthew Food Pantry

St. Andrew is a partner of the St. Matthew Food Pantry and provides food, funds, and volunteers. Have you ever wondered where that food goes, how the money is spent, or what the other 100 monthly volunteers do?



You'll find the answers at a presentation about the St. Matthew Food Pantry on Sunday, August 10, at 11:00 am, in Fellowship Hall. The presentation will include Pantry client services, operations, finances, and how recent governmental decisions impact food insecurity in our local community.

At last count for this year, the Pantry has provided over 1,200 shopping carts of food and personal hygiene products to members of our local community. The Pantry serves about 75 families a week and has served about 6,000 children and adults in 2025.

## We're Almost Done Collecting for School Kits

Thank you to everyone who has donated so far to help us meet our goal of 400 school kits for Lutheran World Relief (LWR)! Your donations have exceeded our goals for most of the supplies requested. But we're not quite through yet! We still need a few more pens and notebooks. You can place your donations in the collection box in the narthex. Here's our most recent tally:



School Kits	Have	Need
Ruler, 30 centimeters long or with inches and centimeters on either side	400+	0
Black or blue ballpoint pens (no gel ink)	1,860	140
Blunt scissors (safety scissors with embedded steel blades work well)	400+	0
Notebooks, 70-sheet of wide- or college-ruled paper; no loose-leaf paper	1,405	195
Crayons, box of 16 or 24	400+	0
Eraser, 2 ½ inches	400+	0
Pencil sharpener	400+	0
#2 pencils with erasers (preferably not sharpened)	2,000+	0

We still need your help assembling the school kit bags! However, we've found that most people prefer to work on them at home. So here's what we need: We have some bags cut that still need to be serged then sewn together, and more that just need to be sewn. If you're already a pro at constructing the school kit bags, feel free to take some home to work on; they're located in the back of the closet in Fellowship Hall where tables and chairs are stored. If you would like to help but might need some instructions, feel free to contact Pam Jelineo at 971-221-2600.

## Will Tariffs Reignite the Fix-It Culture?

*This article was originally written by Scott Flint, a veteran appliance repair professional who has assembled a vast library of self-repair programs, and was posted to [Earth911.com](http://Earth911.com) on July 21, 2025.*

The current trade war with China, Korea, and much of the world has led to significant spikes in the cost of imported home appliances. *Consumer Reports* estimates that tariffs could increase appliance costs by up to 40%. But higher costs due to tariffs may have an unseen benefit.

Before the tariff wars, home appliances imported from Asian companies such as Samsung and LG were so affordable that when something broke on these appliances, many consumers would discard the old one and buy a new one. This throw-away mentality was not always part of the American psyche. Until the early 1970s, most people in the U.S. would either fix their appliances or hire someone to do so. As China and other Asian countries ramped up their industrial capacity, they flooded the market with inexpensive appliances. These new, imported appliances were so affordable that Americans took the path of least resistance and began replacing broken appliances instead of repairing them.

In his 35 years as an appliance technician, Scott Flint has found that around 85% of appliance repairs involve replacing a part that costs under \$20. Consumers have become accustomed to replacing their broken appliances at an average cost of \$600 for a new appliance. Yet, they often could have fixed the issue for under \$20. What a huge waste of money and resources, not to mention the environmental impact of filling our landfills with otherwise useable appliances.



**Join the Fix-It movement.** Now that imported appliances are more expensive due to tariffs, will we start to see a shift back to being a fix-it society? There is a tipping point with appliance costs, where the consumer with a broken appliance can see that the repair bill is significantly smaller than the cost of replacement, and they will opt for the repair instead.

Mother Earth will benefit from the shift back to a fix-it culture. The amount of water, energy, and raw materials needed to manufacture appliances is vast. Demand for new appliances is declining, and production may follow suit, ultimately reducing pollution and waste of raw materials.

A return to a repair mentality will also keep home appliances out of landfills. Many appliances, such as ovens and dryers, are often full of empty space. When thrown away, appliances take up lots of landfill space, with some parts taking thousands of years to break down, leaving a raft of pollutants in soil and groundwater.

**Arm yourself with information.** Most appliances are designed to last only 10 years. You can get twice that lifespan by fixing them yourself. So consider helping our planet by repairing instead of replacing appliances. Scott Flint has over 2,500 DIY repair videos on his YouTube channel, and there are other technicians with repair videos as well. Some of the repairs are as simple as pressing and holding the "On" button on a washing machine for example. Or consider hiring a technician from the maker of your appliance. We can help our planet one appliance at a time!

*Liz Hardy*  
Earth Care Team

## Hear Better at Worship with AudioFetch

For nearly six months now we've been using a new device to benefit those who struggle to hear spoken word during our worship services. The device is from a company named AudioFetch, and it works by broadcasting audio from our soundboard to smartphones which have the AudioFetch app downloaded. When using the app on your smartphone, you can listen to the service using headphones, earbuds, or even possibly your hearing aids.

To use this system you will first need to have the AudioFetch app downloaded onto your smartphone. This app is available on both the Apple and Google app stores. Your smartphone will also need to be connected to the St. Andrew Wi-Fi network. The password for this network is Sanctuary.



From there, you can use your own earbuds, headphones, or hearing aids. One thing to keep in mind, though, is that if your listening device uses Bluetooth (eg. most wireless devices) there is about a one second delay. Depending on your device and your hearing this might mean you would experience an echo. If you are using a hearing aid and can easily turn off its microphone that might help the situation.

For questions or help with set-up, feel free to ask a member of the IT team before worship on Sunday morning.

## Volunteers Needed for the Altar Guild

Most of us arrive at worship on Sunday mornings to an Altar already prepared for our weekly celebration of the sacrament of Holy Communion; the paten and chalices (bread plate and cups) are always ready and in place, and the paraments (linens adorning the Altar and ambo) are coordinated to the color of the day or season. This important work is done by the members of our Altar Guild, and they are looking for a few more people to join their efforts. For more information or to express interest in volunteering, contact Deacon Susan Werner Reiser at [srwerner.reiser@gmail.com](mailto:srwerner.reiser@gmail.com).



## 2025 St. Andrew Ministry Fair Coming Soon

Mark your calendars! This year's Ministry Fair will be held following worship on **Sunday, September 7**, until 12:00 pm. Please plan to stop by after the service to learn about all the ways you can connect your interests with many of St. Andrew's teams and committees. This is a great opportunity for you to find out where your gifts can be used to strengthen our community!



Are you a ministry team leader? Plan to set up your table on **Saturday, September 6**, between 3:00 pm and 4:30 pm.

Questions? Contact any member of the Connections Team: Sonja Ackman, Gretchen Bancroft, Jim Brosh, Teri Brosh, Connie Losk, Tracie Semenchalem, or Jan Smith.

## Comments for the IT Team



Do you have a message you'd like to share with the IT Team? Any comments, concerns, or notes of thanks can be left in the box marked "IT Team" in the narthex. This box is conveniently located at the bottom right of the mailboxes, across from the coffee bar, just to the left of the Sound Room door.

## In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family & friends of Jean Fredrickson	Peace and God's comfort at her death	Judy Heidinger
Criss Robinson	Peace and God's comfort at the death of her cat, Mr. Blue	Pr. Allison Bengfort
Jerry Entrikin	Comfort, healing, and recovery	Jerry Entrikin
Bob Stadel (husband)	Healing and recovery from surgery	Cindy Stadel
Jim Aageson (husband)	Healing and successful treatment	Julie Aageson
Lee Anne Knapp	Successful surgery on August 14	Lee Anne Knapp
St. Andrew Council and Staff St. Andrew Foundation Board	Wisdom and discernment	Staff
Portland Taiwan Lutheran Church	Blessings on their ministry	Staff
All who are caregivers for a loved one	Strength and support	Staff
Seminarians and theology students, especially Kim Taylor-Blakemore, and Kyler Vogt	Encouragement and support	Staff
Churches serving with us in the Oregon Synod, especially Grace First Lutheran (Bend) and Peace Lutheran (Burns)	Blessings on their ministry	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email [office@standrewlutheran.com](mailto:office@standrewlutheran.com), or fill out the prayer request form on the church website.

## Commemoration of Florence Nightingale and Clara Maass

Sometimes, as Lutherans, we tend to have an aversion to remembering and honoring the lives of saints, as we understand that to be a more "Catholic" practice. The Church calls us, however, to honor their exemplary lives as models of faith and examples for us in our daily lives. This upcoming week, on August 13, the ELCA Calendar of Saints commemorates the lives of Florence Nightingale and Clara Maass, the latter of whom was an American Lutheran nurse from New Jersey who served in the Army and chose to be infected with yellow fever multiple times to assist researchers in learning about the disease. Here are some words from Sundays & Seasons about these two important women:

When Florence Nightingale decided she would be a nurse, her family was horrified. In the early 1800s nursing was done by people with no training and no other way to earn a living. Florence trained at Kaiserswerth, Germany, with a Lutheran order of deaconesses. She returned home and worked to reform hospitals in England. Nightingale led a group of thirty-eight nurses to serve in the Crimean War, where they worked in appalling conditions. She returned to London as a hero and resumed her work there for hospital reform.



Clara Maass was born in New Jersey and served as a nurse in the Spanish-American War, where she encountered the horrors of yellow fever. She later responded to a call for subjects in research on yellow fever. During the experiments, which included receiving bites from mosquitoes, she contracted the disease and died. The commemoration of these women invites the church to give thanks for all who practice the arts of healing.

You are invited to read more about Clara Maass by visiting the "History" page for the website of the medical center in New Jersey that is named in her honor: [rwjhb.org/clara-maass-medical-center/about/history](http://rwjhb.org/clara-maass-medical-center/about/history).

## A Prayer for Health Care Providers

Merciful God, your healing power is everywhere about us. Strengthen those who work among the sick; give them courage and confidence in all they do. Encourage them when their efforts seem futile or when death prevails. Increase their trust in your power even to overcome death and pain and crying. May they be thankful for every sign of health you give, and humble before the mystery of your healing grace; through Jesus Christ our Lord. Amen.

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	Parish Nurses Diane Reiner .....	503-201-4222
	Tira Nesset.....	503-866-5099



## Thank You Note

I want to thank the people of St. Andrew for all the love and cards. Thank you for your thoughts, prayers, and kindness during this difficult time.

*Claudia Parsons & family*

## New AED for St. Andrew

Thank you to Providence for donating a new Automated External Defibrillator (AED) to our facility. These devices expire after a number of years and must be replaced, so Parish Nurse Diane Reiner, who ensures our AED and its accompanying materials stay up-to-date, applied to Providence to receive an AED free of charge. Thank you to Diane for her work to maintain this important medical device. May we never have to use it.

## Flowers & Plants

Our thanks go out to Susanne Wells, the instructor of Thursday's Strength and Stability class, who has continued to bless our building with flowers and plants. Her efforts to adorn our building with the beauty of God's creation has brought joy and appreciation to the many people who grace our doors.

## Preparing for Worship Sunday, August 17, 2025

Isaiah 61:7-11  
Psalm 34:1-9  
Luke 1:46-55

## Highlights for the Week at St. Andrew

### Friday, August 8

10:00 am Tai Chi ..... Fellowship Hall

**Saturday, August 9—Sunday Worship Announcements deadline is 11:59 pm; submit announcements to [pastorallison@standrewlutheran.com](mailto:pastorallison@standrewlutheran.com)**

### Sunday, August 10

**9:30 am Worship ..... Sanctuary, livestream, and via Zoom**

9:30 am Portland Taiwan Worship Service ..... Chapel

10:45 am Taiwanese Church Fellowship Gathering ..... Chapel

11:00 am Presentation on St. Matthew Food Pantry ..... Fellowship Hall

1:00 pm Twirlers Meeting & Practice ..... St. Andrew Room, Fellowship Hall

### Monday, August 11—Church Office Closed

7:00 pm Finance Team Meeting ..... via Zoom

### Tuesday, August 12

7:00 am Men's Gathering and Bible Study ..... Elmer's Restaurant on 158<sup>th</sup> (1250 NW Waterhouse Ave)

7:00 am Sunrise Women ..... Elmer's Restaurant on 158<sup>th</sup> (1250 NW Waterhouse Ave)

9:00 am Facility Management Team Meeting ..... St. Andrew Room

10:00 am Tai Chi ..... Fellowship Hall

10:00 am Worship Planners Meeting ..... Library

12:00 pm Bridge Group ..... Fellowship Hall

7:00 pm Brass Quintet Rehearsal ..... Sanctuary

7:00 pm Community Organizing Team Meeting ..... St. Andrew Room

### Wednesday, August 13—Weekly News deadline is 4:00 pm; submit material to [office@standrewlutheran.com](mailto:office@standrewlutheran.com) & [charker@standrewlutheran.com](mailto:charker@standrewlutheran.com)

9:00 am AARP Smart Driver™ Course ..... Fellowship Hall

1:00 pm Immigrant Story Recording Session ..... Children's Library

### Thursday, August 14

10:00 am Strength + Stability with Susanne ..... Fellowship Hall

12:00 pm Alzheimer's Support Group ..... St. Andrew Room, Children's Library

7:00 pm Foundation Team Meeting ..... Library

7:00 pm Wing Chun Class ..... Children's Commons

### Friday, August 15

10:00 am Tai Chi ..... Fellowship Hall

1:00 pm Immigrant Story Recording Session ..... Children's Library

2:00 pm Memorial Service for Jean Fredrickson ..... Sanctuary, livestream

### Saturday, August 16—Sunday Worship Announcements deadline is 11:59 pm; submit announcements to [pastorallison@standrewlutheran.com](mailto:pastorallison@standrewlutheran.com)

9:00 am Nifty Notters ..... Sanctuary

### Sunday, August 17

**9:30 am Worship ..... Sanctuary, livestream, and via Zoom**

9:30 am Portland Taiwan Worship Service ..... Chapel

10:45 am Taiwanese Church Fellowship Gathering ..... Chapel

2:00 pm Light Opera of Portland Rehearsal ..... Fellowship Hall

## Worship at St. Andrew or Connect to Virtual Worship

 **YouTube** **9:30 am:** Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. *Links for remote worship will be sent to you via email and the church app.*

 **zoom** People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.