

ST. ANDREW WEEKLY NEWS

August 22, 2025

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

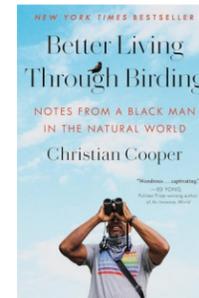
www.standrewlutheran.com ■ Telephone: 503-646-0629

Spirituality Book Group News

The Spirituality Book Group will meet this **Sunday, August 24**, to discuss *Better Living through Birding: Notes from a Black Man in the Natural World* by Christian Cooper.

“Central Park birder Christian Cooper takes us beyond the viral video that shocked a nation and into a world of avian adventures, global excursions, and the unexpected lessons you can learn from a life spent looking up.” - [Goodreads.com](https://www.goodreads.com/review/show/5000000000) review

We will meet in St. Andrew’s upstairs library at 2:30 pm. All are welcome! If you have any questions, please contact Mary Smith. Future titles to be read are listed below:



September 28, at 2:30 pm in the library:
The Secret Life of Sunflowers by Marta Molnar, with discussion led by Fran Miller, who will also provide snacks.

October 26, at 2:30 pm in the library:
The Last List of Mable Beaumont by Laura Pearson, with discussion led by Sharon Fako.

November 23, at 2:30 pm in the library:
James: A Novel by Percival Everett, with discussion led by Mary Smith.

Ministry Fair Two Weeks from This Sunday!

Don’t miss this year’s Ministry Fair being held on **Sunday, September 7**, from 10:45 am to 12:00 pm in Fellowship Hall! Have you ever wondered what it feels like to play the bells? Or how to get involved with the Property, Earth Care, or Sanctuary teams? Come and see what our various ministry teams are up to! Register your children for The Roots, Confirmation class, or High School class. This is a great way to find out where your gifts can be used to strengthen our community, both inside and outside the church walls!

Are you a ministry team leader? Plan to set up your table on **Saturday, September 6**, between 3:00 pm and 4:30 pm.

Questions? Contact any member of the Connections Team: Sonja Ackman, Gretchen Bancroft, Jim Brosh, Teri Brosh, Connie Losk, Tracie Semenchalem, or Jan Smith.



Attention Puzzle Lovers!



The St. Andrew Library is starting a jigsaw puzzle exchange. You’re invited to bring a puzzle (with all the pieces!) that you’ve already enjoyed and take home a new one to complete. The puzzles will be kept on a lower shelf in the adult library. If you’re a regular puzzler, you know how frustrating it is to be missing that last piece, so please be sure that puzzles arrive and leave with all their pieces.

400 School Kits for Lutheran World Relief!



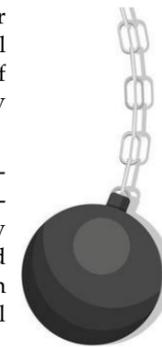
We rose to the challenge and exceeded our goal of supplies for school kits to donate through LWR. Thank you to everyone for their generosity and help in this endeavor! Any overflow of supplies will be saved for next year’s collection drive.

Have you taken a bag home to sew? We need any outstanding school kit bags to be returned (whether finished or not) so we can determine whether more should be made. At last count, we had 397 bags accounted for and we suspect there are five to ten still being worked on. Contact Pam Jelineo if you are still sewing school kit bags so we can have an accurate count.

Demolition Begins!

Yes, and it’s good news. We finally have our permit to proceed with the replacement of all three sanctuary furnaces, plus the addition of three air conditioning units that will ultimately be lifted by crane onto the church roof.

But, first things first. The crew from Jacobs began the project this week, taking final measurements and fine tuning the design of the new system. Then they began demolishing our old furnaces. We’ll keep the congregation posted on the progress of this project. It looks like we’ll have air conditioning before summer ends!



St. Andrew Walks with You

As we reach the waning days of August, the Service Committee continues to collect **new adult socks** for the people without a home who stop by Outside In for a meal, a shower, or clothing.



To contribute, you will find two barrels in the narthex (one blue and one yellow) in which you can place your donations of **new adult socks**. Thank you for demonstrating God’s love to our young people!

Nifty Notters Meet This Saturday, August 23

On the first and third Saturdays of each month (and the occasional extra Saturday, like tomorrow), the hard-working members of our quilting group, the Nifty Notters, meet in Fellowship Hall to assemble quilts for the various missions of the church. This work needs you! All hands are welcome to drop in at any point between 9:00 am and 2:30 pm, or bring a lunch and stay for the whole work session. Please help us by offering your support to continue this important ministry!



Seemingly Harmless Household Habits That Are Bad for the Environment

This article was adapted from [Earth911.com](https://www.earth911.com), July 22, 2025.

You might think your daily home habits are harmless, but some quietly contribute to environmental harm. You may leave devices plugged in all day, run half-empty loads of laundry or a half-full dishwasher, or rely too often on single-use products. These small choices can add up fast, but you don't have to overhaul your entire lifestyle to make a difference. You can tweak a few routines to reduce waste and shrink your household's environmental impact.

Microbead-containing personal care products. The fresh, smooth feeling after using exfoliating scrubs may feel great, but many of them contain microbeads, which are smaller than a grain of sand and finer than a human hair. These tiny plastic particles slip through water treatment systems, polluting rivers and oceans. They harm marine life and make their way into our food. Just one milliliter (or two-tenths of a teaspoon) can contain up to 19,000 microplastic particles, which absorb and transport harmful substances from their surroundings.

Alternative: Choose personal care products labeled "microbead-free" or switch to natural exfoliates like sugar or oatmeal. You'll get the same skin benefits without contributing to more microplastic pollution.

Flushing unused medications down the toilet. Flushing old pills or throwing them into the trash is so convenient! But it can contaminate water supplies and disrupt aquatic ecosystems.



Alternative: Many pharmacies take back unused and expired medications. If yours does not, they will know the location of the nearest take-back program. Also, you can take them to the police station.

Letting food waste go to landfills. When you toss food scraps into the trash, you waste leftovers and contribute to a major environmental problem. Once in a landfill where it does not receive oxygen, food breaks down and releases methane gas, a greenhouse gas that is 28 times more potent than carbon dioxide. Approximately 30% to 40% of the U.S. food supply is wasted, along with the water, energy, and resources that were used to produce the food.

Alternative: Eat or freeze the leftovers. Avoid buying groceries just because they are on sale unless you are sure you will consume them. Shop in your refrigerator and cupboards before shopping at the grocery store. Compost your produce kitchen scraps. Add food waste to the curbside yard waste if you live where your hauler will take them.

Overusing laundry detergent and fabric softeners.

You might love the fresh scent of clean laundry, but many detergents and softeners contain chemicals that emit volatile organic compounds that pollute the air in your home and harm aquatic organisms once they wash down the drain. Using too much detergent releases excess chemicals into waterways, disrupting fragile ecosystems.



Alternative: Use only the recommended amount of sustainable detergent, and skip fabric softeners altogether or opt for natural alternatives such as a splash of vinegar.

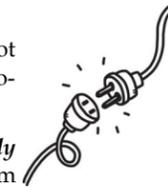
Frequent use of disposable wet wipes. Never flush any type of wipe down the toilet. Most wet wipes contain plastic fibers that don't break down, clogging sewers and contributing to microplastic pollution in oceans and other waterways. Even wipes labeled as "flushable" can cause serious plumbing issues and lead to expensive municipal repairs.

Alternative: Use reusable, washable cloths for everyday cleaning, or choose wipes made from biodegradable materials. This one simple change will keep your pipes clear and help reduce plastic flow into the planet's fragile ecosystems.

Leaving electronics plugged in. You might not realize it, but many of your devices continue to use electricity even when they are turned off. These "phantom loads," which electronics consume in standby mode, can account for up to 10% of your home's total energy consumption, quietly driving up your utility bills and carbon footprint.

Alternative: Unplug devices when you are not using them, or use a smart power strip that automatically cuts off power to idle electronics.

Liz Hardy
Earth Care Team



Upcoming New Member Classes



This fall, the Connections Team is hosting a series of New Member Classes for people who are considering membership at St. Andrew. The classes will be held on Saturday mornings from 10:00 am – 11:30 am on **September 13**, **September 27**, and **October 4**. Attendance at these classes is not required for membership but is certainly encouraged!

The classes will include a brief introduction to Lutheranism, an orientation to St. Andrew, information about different ministry opportunities, time to connect with one another and with ministry leaders, and a tour of the building. Through these classes, you will discern if St. Andrew is right for you, and you will have the option to join the congregation on New Member Sunday, **October 19**, if you so choose. Please reach out to Pr. Allison Bengfort or Connie Losk (connielosk46@gmail.com) with questions.

Bonhoeffer Reformation Renewal Weekend

Join us in-person around Beaverton or online via Zoom for the Dietrich Bonhoeffer Reformation Renewal Weekend, **October 25–26**, featuring Rev. Dr. Mark Brocker, editor of volume 16 of *Dietrich Bonhoeffer's Works*. On Saturday, take part in a 9:00 am workshop titled *With Courage and Humility: Bonhoeffer's Ethical Approach for Us Today* (in-person only), followed by a 7:00 pm lecture *Life Together as Resistance* (in-person or via Zoom). On Sunday, worship at 10:00 am with the sermon *A Miracle of Divine Mercy* and the 11:30 am Adult Forum *What Does It Mean to Tell the Truth* (in-person or via Zoom). Written amid the rise of Nazi Germany, Bonhoeffer's witness to faith continues to inspire resilience and courage for today.

This weekend of events is sponsored by the Sunset Cluster of the Oregon Synod (ELCA) and EcoFaith Recovery. Free-will donations will benefit refugee services at Lutheran Community Services NW. Learn more about these weekend events by visiting tinyurl.com/dbrrw2025. Register to participate in-person or via Zoom by visiting tinyurl.com/BonhoefferWeekend.



In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family & friends of Wally Fulbright (neighbor)	Peace and God's comfort at his death	Sue Cahlander
Garrett McDowall (son)	Favorable outcome from medical testing	Mike & Linda McDowall
Jan Smith (wife)	Healing and recovery from medical procedure	Sue Cahlander
KC & Alyce Taylor (brother and sister-in-law)	Healing and guidance	Kim Taylor-Blakemore
Rhonda Powell	Robust treatment plan and pain relief	Carol Harker
Liz (coworker)	Successful surgery on August 26	Casey Tkacz
Karissa Bo Ping Holte (granddaughter)	Thanksgiving for healthy birth	Tim Holte
Evangelical Lutheran Church in America (ELCA)	Blessings on our ministry	Staff
ELCA Presiding Bishop Elizabeth Eaton	Strength and wisdom	Staff
ELCA Church Council and Staff	Courage and wisdom	Staff
Ecumenical, interfaith, and secular partners in ministry	Blessings on their work	Staff
Churches serving with us in the Oregon Synod, especially Our Savior's Lutheran (Prineville) and Lutheran Church of the Good Shepherd (Madras)	Blessings on their ministry	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email office@standrewlutheran.com, or fill out the prayer request form on the church website.

Immigrant Story Live

The Immigrant Story, in collaboration with Portland Center Stage, is proud to present our acclaimed live storytelling event, The Immigrant Story Live, as part of Welcoming Week 2025. This event, which is free to attend, is presented in partnership with the City of Portland's Office of Community & Civic Life - Immigrant & Refugee Program, and in the spirit of building a welcoming and inclusive community.

We begin this year's Welcoming Week with four powerful stories that shine a bright light on the lived experiences of young migrants who now call Oregon home. Some have traveled long and difficult paths to get here; others are part of a new generation, rooted in the dreams and aspirations of their families. Together, their voices enrich the vibrant cultural tapestry that defines our state.

After a brief intermission, the evening comes alive with the vibrant rhythms of mariachi music and traditional dance, featuring the captivating Gemanereida Barragan-Cruz, a finalist in the 26th Annual Mariachi Vargas Extravaganza National Vocal Competition. She is accompanied and supported by the acclaimed ensemble Mariachi Tradición and Alumni, under the creative direction of award-winning director Leslie Núñez of the Forest Grove High School Mariachi Band. The music and dance, rooted in generations of tradition from Mexico, are living testaments to the resilience and richness of a community that continues to inspire and enrich the broader fabric of American life.

You're invited to join us on the U.S. Bank Main Stage at The Armory (128 NW 11th Ave., Portland) at 7:00 p.m. on **Saturday, September 13**, for an evening of impactful stories and joyful music from Oregonians who share the places they've built, the traditions they've carried, and what it means to truly belong. This is a celebration of community - of the color, spirit, and heart of a shared culture that continues to grow and thrive. Together, we create a home where everyone belongs, no matter where we came from or the journey that brought us here.



Please Note: We are intentionally overbooking this event to account for expected no-shows. To ensure you get a seat, please arrive early. Auditorium doors will open at 6:30 pm, and seating is on a first-come, first-served basis.

Content Advisory: Some of the stories shared contain adult language and references to trauma and drug use. We encourage you to take care while listening and engage in a way that feels right for you.

St. Andrew Contacts

Council President Chuck Weswig.....president@standrewlutheran.com
 Lead Pastor Allison Bengfort..... pastorallison@standrewlutheran.com, 563-210-6304
 Associate Pr. Colleen Nelson.....pastorcolleen@standrewlutheran.com, 269-274-1365
 Dir. of Next Generational Ministry Kyler Vogt..... kvogt@standrewlutheran.com
 Parish Executive Carol Harker charker@standrewlutheran.com
 Administrative Assistant Martin Mills.....office@standrewlutheran.com
 Parish Nurses Diane Reiner 503-201-4222
 Tira Nesset..... 503-866-5099

Worship Announcements

Pr. Allison Bengfort continues to be on vacation through the end of next week. If you have any announcements you would like shared during worship this Sunday, please arrive by 9:15 am and speak with Pr. Colleen Nelson.



Two Notes of Thanks

Many thanks to everyone who helped with the memorial services for Pr. Parsons and for Jean Fredrickson. A special thanks to Ron & Jan Wismer who not only helped to set up for the reception following Pr. Parson's memorial, but also stayed afterward until the clean-up was finished. We truly appreciate everyone's help!

Tom & Pam Jelineo
Reception Coordinators



Attendees at last week's driver safety class

Helping others get on the road to safety takes hard work. To all who served to make last week's Smart Driver™ course a success, thank you for going the extra mile!

Bob Krisher
AARP Driver Safety Instructor

Preparing for Worship Sunday, August 31, 2025

Proverbs 25:6-7
 Psalm 112
 Luke 14:1, 7-14

Highlights for the Week at St. Andrew

Friday, August 22

10:00 am Tai Chi Fellowship Hall
 2:00 pm Immigrant Story Storytelling Rehearsal Sanctuary

Saturday, August 23

9:00 am Nifty Notters Fellowship Hall

Sunday, August 24

9:30 am Worship Sanctuary, livestream, and via Zoom
 9:30 am Portland Taiwan Worship Service Sanctuary of the Firs
 1:00 pm Twirlers' Meeting & Practice Fellowship Hall
 2:00 pm Light Opera of Portland Rehearsal Children's Commons
 2:30 pm Spirituality Book Group Library

Monday, August 25—Church Office Closed

Tuesday, August 26

7:00 am Men's Gathering and Bible Study Elmer's Restaurant on 158th (1250 NW Waterhouse Ave)
 7:00 am Sunrise Women Elmer's Restaurant on 158th (1250 NW Waterhouse Ave)
 10:00 am Tai Chi Fellowship Hall
 12:00 pm Bridge Group Fellowship Hall
 12:15 pm Earth Care / Community Carbon Leadership Meeting Library
 7:00 pm Brass Quintet Rehearsal Sanctuary
 7:00 pm Light Opera of Portland Rehearsal Fellowship Hall

Wednesday, August 27—Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com & charker@standrewlutheran.com

10:00 am Eucharistic Ministers Meeting Library
 11:00 am Alzheimer's Support Group St. Andrew Room

Thursday, August 28

10:00 am Strength + Stability with Susanne Fellowship Hall
 7:00 pm IT Meeting Offsite
 7:00 pm Light Opera of Portland Rehearsal Fellowship Hall
 7:00 pm Wing Chun Class Children's Commons

Friday, August 29

10:00 am Tai Chi Fellowship Hall

Saturday, August 30

Sunday, August 31

9:30 am Worship Sanctuary of the Firs, Sanctuary, and via Zoom
 9:30 am Portland Taiwan Worship Service Chapel
 10:45 am Taiwanese Church Fellowship Gathering Chapel
 2:00 pm Light Opera of Portland Rehearsal Children's Commons

Friends and family are invited to a **Celebration of Life**

for Barbara L. Zurstadt



Saturday, September 20, 2025

Memorial Service: 11 am

with Reception, Refreshments, and Memories to follow

at Christ Lutheran Church of Aurora

For more details, directions, and updates and to RSVP, go to <https://www.zofx.net/colbz> .

If you do not have Internet access,
 please leave a voice message or text at 503-610-2583 to request more information.

Worship at St. Andrew or Connect to Virtual Worship

 **YouTube** **9:30 am:** Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. *Links for remote worship will be sent to you via email and the church app.*

 **zoom** People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.