

# ST. ANDREW WEEKLY NEWS

August 15, 2025

St. Andrew Lutheran Church  
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:  
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

## Just a Few Dozen Notebooks Still Needed

We only need about 60 more notebooks to reach our goal of 400 School Kits for Lutheran World Relief (LWR)! You can place your donations in the collection box in the narthex. Here's our most recent tally:



School Kits	Have	Need
Ruler, 30 centimeters long or with inches and centimeters on either side	400+	0
Black or blue ballpoint pens (no gel ink)	2,000+	0
Blunt scissors (safety scissors with embedded steel blades work well)	400+	0
Notebooks, 70-sheet of wide- or college-ruled paper; no loose-leaf paper	1,538	62
Crayons, box of 16 or 24	400+	0
Eraser, 2 ½ inches	400+	0
Pencil sharpener	400+	0
#2 pencils with erasers (preferably not sharpened)	2,000+	0

Thank you to everyone who has contributed supplies, and to all who are hard at work assembling the school kit bags. Your gifts of your time, talents, and treasures will make a meaningful impact in the lives of school children across the globe.

## St. Andrew Walks with You

Following Jesus' example of meeting the needs of all people, we, the people of St. Andrew, have an opportunity to show God's love to the youth and young adults in our city who are without a home. Throughout the month of August, the Service Committee will be collecting **new adult socks** for the people who stop by



Outside In for a meal, a shower, or clothing. To contribute, you will find two barrels in the narthex (one blue and one yellow) in which you can place your donations of **new adult socks**. Thank you for demonstrating God's love to our young people!

## Jean Fredrickson

Memorial Service  
Friday, August 15  
2:00 pm, Sanctuary

Reception to follow  
in Fellowship Hall



## Immigrant Story Live

The Immigrant Story, in collaboration with Portland Center Stage, is proud to present our acclaimed live storytelling event, The Immigrant Story Live, as part of Welcoming Week 2025. This event is presented in partnership with the City of Portland's Office of Community & Civic Life - Immigrant & Refugee Program, and in the spirit of building a welcoming and inclusive community.

Join us on the U.S. Bank Main Stage at The Armory (128 NW 11th Ave., Portland) at 7:00 p.m. on **Saturday, September 13**.



We begin this year's Welcoming Week with four powerful stories that shine a bright light on the lived experiences of young migrants who now call Oregon home. Some have traveled long and difficult paths to get here; others are part of a new generation, rooted in the dreams and aspirations of their families. Together, their voices enrich the vibrant cultural tapestry that defines our state.

After a brief intermission, the evening comes alive with the vibrant rhythms of mariachi music and traditional dance, featuring the captivating Gemanereida Barragan-Cruz, a finalist in the 26<sup>th</sup> Annual Mariachi Vargas Extravaganza National Vocal Competition. She is accompanied and supported by the acclaimed ensemble Mariachi Tradición and Alumni, under the creative direction of award-winning director Leslie Núñez of the Forest Grove High School Mariachi Band. The music and dance, rooted in generations of tradition from Mexico, are living testaments to the resilience and richness of a community that continues to inspire and enrich the broader fabric of American life.

Join us for an evening of impactful stories and joyful music from Oregonians who share the places they've built, the traditions they've carried, and what it means to truly belong. This is a celebration of community – of the color, spirit, and heart of a shared culture that continues to grow and thrive. Together, we create a home where everyone belongs, no matter where we came from or the journey that brought us here.

This free event is sponsored by Hacienda CDC and made possible through a generous contribution from the Zidell Family Foundation. Additional support for programming has been provided by the Marie Lamfrom Charitable Foundation and a grant from the City of Portland and Oregon Arts Commission.

**Please Note:** We are intentionally overbooking this event to account for expected no-shows. To ensure you get a seat, please arrive early. Auditorium doors will open at 6:30 pm, and seating is on a first-come, first-served basis.

**Content Advisory:** Some of the stories shared contain adult language and references to trauma and drug use. We encourage you to take care while listening and engage in a way that feels right for you.

## How to Reduce the Impact of Your Coffee Pod Consumption

This article was adapted from [Earth911.com](http://Earth911.com), July 29, 2025.

Coffee pods offer convenience, but at an environmental cost. More than 20 billion coffee pods are disposed of globally each year. In fact, 39,000 pods are produced every minute! These conveniences produce waste on a massive scale and represent a sustainability concern for consumers and policymakers across the nation.



Coffee pods are made from a variety of materials, each with a different environmental impact. Plastic pods are technically recyclable, but often end up in landfills due to contamination and their small size. (Remember that in Oregon plastic containers need to be 2" x 2" if they are to go into the curbside recycle bin.) Aluminum pods can only be handled by specialized recycle programs. And "compostable" pods can only be composted in industrial composting facilities, which we do not have in Oregon. In landfills, the used coffee grounds in the "compostable" pods release methane, a potent greenhouse gas with 28 times more planet-warming potential than CO<sub>2</sub>.

Proper recycling or composting of a coffee pod can cut 2-5 grams of CO<sub>2</sub> per pod, and if you consume a lot of coffee, that can add up significantly over time. However, improper disposal contributes to over 400 million pounds of pod waste annually in the U.S.

**Reduce your coffee pod footprint.** A growing number of companies offer alternatives to aluminum and plastic coffee pods:

- **Woken Coffee** pods can be composted in your backyard compost, and are Nespresso compatible.
- **321 Coffee** pods are distributed at Whole Foods. These Keurig- and Nespresso-compatible pods are also compostable at home.
- **Tayst Coffee** pods are Keurig-compatible and plant-based pods, but are only compostable in industrial facilities. They are plastic-free, but the used grounds in the pods will still create methane in a landfill.

My favorite solution to reduce your coffee pod waste is to use reusable pods. If you order them online, be sure to order one that fits your machine. And remember to compost the used grounds whenever possible.

You can also look for brands with a take-back program for aluminum pods. Nespresso and Keurig have take-back programs where you get one of their boxes to fill with used pods and mail the box back to the company. TerraCycle is another option; you purchase a box from them and mail the filled box back to them. These programs will compost the coffee grounds and tea leaves, separate the aluminum from the plastic parts, and recycle the plastic.

*Liz Hardy*  
Earth Care Team



## 2025 St. Andrew Ministry Fair Coming Soon!

Don't miss this year's Ministry Fair being held on **Sunday, September 7**, from 10:45 am to 12:00 pm in Fellowship Hall! Have you ever wondered what it feels like to play the bells? Or how to get involved with the Property, Earth Care, or Sanctuary teams? Come and see what our various ministry teams are up to! Register your children for The Roots, Confirmation class, or High School class. This is a great way to find out where your gifts can be used to strengthen our community, both inside and outside the church walls!

Are you a ministry team leader? Plan to set up your table on **Saturday, September 6**, between 3:00 pm and 4:30 pm.

Questions? Contact any member of the Connections Team: Sonja Ackman, Gretchen Bancroft, Jim Brosh, Teri Brosh, Connie Losk, Tracie Semenchalem, or Jan Smith.



## Hear Better at Worship with AudioFetch

For nearly six months now we've been using a new device to benefit those who struggle to hear spoken word during our worship services. The device is from a company named AudioFetch, and it works by broadcasting audio from our soundboard to smartphones which have the AudioFetch app downloaded. When using the app on your smartphone, you can listen to the service using headphones, earbuds, or even possibly your hearing aids.



To use this system you will first need to have the AudioFetch app downloaded onto your smartphone. This app is available on both the Apple and Google app stores. Your smartphone will also need to be connected to the St. Andrew Wi-Fi network. The password for this network is Sanctuary.

From there, you can use your own earbuds, headphones, or hearing aids. One thing to keep in mind, though, is that if your listening device uses Bluetooth (eg. most wireless devices) there is about a one second delay. Depending on your device and your hearing this might mean you would experience an echo. If you are using a hearing aid and can easily turn off its microphone that might help the situation.

For questions or help with set-up, feel free to ask a member of the IT team before worship on Sunday morning.

## Upcoming New Member Classes

This fall, the Connections Team is hosting a series of New Member Classes for people who are considering membership at St. Andrew. The classes will be held on Saturday mornings from 10:00 am - 11:30 am on **September 13**, **September 27**, and **October 4**. Attendance at these classes is not required for membership but is certainly encouraged!



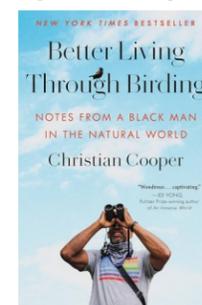
The classes will include a brief introduction to Lutheranism, an orientation to St. Andrew, information about different ministry opportunities, time to connect with one another and with ministry leaders, and a tour of the building. Through these classes, you will discern if St. Andrew is right for you, and you will have the option to join the congregation on New Member Sunday, **October 19**, if you so choose. Please reach out to Pastor Allison Bengfort or Connie Losk ([connielosk46@gmail.com](mailto:connielosk46@gmail.com)) with questions.

## In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Criss Robinson	Peace and God's comfort at the death of her cat, Mr. Blue	Pr. Allison Bengfort
Garett McDowall (son)	Favorable outcome from medical testing	Mike & Linda McDowall
Jim Aageson (husband)	Healing and successful treatment	Julie Aageson
Lee Anne Knapp	Healing and recovery from surgery	Lee Anne Knapp
Geraldine Moyle (Glenath Moyle's daughter)	Healing and recovery from surgery	Camille Jackson
Jan Smith (wife)	Healing and recovery from medical procedure	Sue Cahlander
KC & Alyce Taylor (brother and sister-in-law)	Healing and guidance	Kim Taylor-Blakemore
Rhonda Powell	Pain relief and favorable test results	Carol Harker
Karissa Bo Ping Holte (granddaughter)	Thanksgiving for healthy birth	Tim Holte
Those receiving ongoing pastoral care, including Bob Brown, Dave Bumgardner, Bettye Eldridge, Margaret Herder, Vera Hutchinson, Glenath Moyle, Sharon Roth, Ira (Ike) Schab, Erin Tarum, Ida Trullinger	Assurance of God's presence	Staff
All who are imprisoned	Peace and strength	Staff
Churches serving with us in the Oregon Synod, especially Our Savior's Lutheran (Prineville) and Lutheran Church of the Good Shepherd (Madras)	Blessings on their ministry	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email [office@standrewlutheran.com](mailto:office@standrewlutheran.com), or fill out the prayer request form on the church website.

## Spirituality Book Group News



The Spirituality Book Group will meet on **Sunday, August 24**, to discuss *Better Living through Birding: Notes from a Black Man in the Natural World* by Christian Cooper.

"Central Park birder Christian Cooper takes us beyond the viral video that shocked a nation and into a world of avian adventures, global excursions, and the unexpected lessons you can learn from a life spent looking up." -[Goodreads.com](https://www.goodreads.com/review/show/4111111111) review

We will meet in St. Andrew's upstairs library at 2:30 pm. All are welcome! If you have any questions, please contact Mary Smith. Future titles to be read are listed below.

**September 28**, at 2:30 pm in the library:

*The Secret Life of Sunflowers* by Marta Molnar, with discussion led by Fran Miller, who will also provide snacks.

**October 26**, at 2:30 pm in the library:

*The Last List of Mable Beaumont* by Laura Pearson, with discussion led by Sharon Fako.

**November 23**, at 2:30 pm in the library:

*James: A Novel* by Percival Everett, with discussion led by Mary Smith.

## Join the Altar Guild!

Most of us arrive at worship on Sunday mornings to an Altar already prepared for our weekly celebration of the sacrament of Holy Communion; the paten and chalices (bread plate and cups) are always ready and in place, and the paraments (linens adorning the Altar and ambo) are coordinated to the color of the day or season. This important work is done by the members of our Altar Guild, and they are looking for a few more people to join their efforts. For more information or to express interest in volunteering, contact Deacon Susan Werner Reiser at [swerner.reiser@gmail.com](mailto:swerner.reiser@gmail.com).



## Food Pantry Donations

Mary & Mike Carroll recently delivered 16 lbs. of food donations, along with diapers, from the barrel in the narthex to the St. Matthew Food Pantry. Thank you!



## Comments for the IT Team

Do you have a message you'd like to share with the IT Team? Any comments, concerns, or notes of thanks can be left in the box marked "IT Team" in the narthex. This box is conveniently located at the bottom right of the mailboxes, across from the coffee bar, just to the left of the Sound Room door.



## Birth Announcement

The flower on the Altar this Sunday celebrates the birth of Karissa Bo Ping Holte, granddaughter of Tim Holte.



## Worship Announcements

Pastor Allison Bengfort will be on vacation for the next two Sundays. If you have any announcements you would like to share on Sunday morning, please arrive at 9:15 am and speak with the presiding minister for the day: **August 17**, Pastor Susan Kintner **August 24**, Pastor Colleen Nelson

## Preparing for Worship Sunday, August 24, 2025

Isaiah 58:9b-14  
Psalm 103:1-8  
Luke 13:10-17

## St. Andrew Contacts

Council President Chuck Weswig.....[president@standrewlutheran.com](mailto:president@standrewlutheran.com)  
Lead Pastor Allison Bengfort..... [pastorallison@standrewlutheran.com](mailto:pastorallison@standrewlutheran.com), 563-210-6304  
Associate Pr. Colleen Nelson.....[pastorcolleen@standrewlutheran.com](mailto:pastorcolleen@standrewlutheran.com), 269-274-1365  
Dir. of Next Generational Ministry Kyler Vogt..... [kvogt@standrewlutheran.com](mailto:kvogt@standrewlutheran.com)  
Parish Executive Carol Harker ..... [charker@standrewlutheran.com](mailto:charker@standrewlutheran.com)  
Administrative Assistant Martin Mills.....[office@standrewlutheran.com](mailto:office@standrewlutheran.com)  
Parish Nurses Diane Reiner ..... 503-201-4222  
Tira Nessel..... 503-866-5099

## Highlights for the Week at St. Andrew

### Friday, August 15

10:00 am Tai Chi ..... Fellowship Hall  
 1:00 pm Immigrant Story Recording Session ..... Children’s Library  
 2:00 pm Memorial Service for Jean Fredrickson ..... Sanctuary, livestream

### Saturday, August 16

9:00 am Nifty Notters ..... Fellowship Hall

### Sunday, August 17

**9:30 am Worship ..... Sanctuary, livestream, and via Zoom**  
 9:30 am Portland Taiwan Worship Service ..... Chapel  
 10:45 am Taiwanese Church Fellowship Gathering ..... Chapel  
 2:00 pm Light Opera of Portland Rehearsal ..... Fellowship Hall

### Monday, August 18—Church Office Closed

### Tuesday, August 19

7:00 am Men’s Gathering and Bible Study ..... Elmer’s Restaurant on 158<sup>th</sup> (1250 NW Waterhouse Ave)  
 7:00 am Sunrise Women ..... Elmer’s Restaurant on 158<sup>th</sup> (1250 NW Waterhouse Ave)  
 10:00 am Tai Chi ..... Fellowship Hall  
 12:00 pm Bridge Group ..... Fellowship Hall  
 7:00 pm Brass Quintet Rehearsal ..... Sanctuary  
 7:00 pm Light Opera of Portland Rehearsal ..... Fellowship Hall

### Wednesday, August 20—Weekly News deadline is 4:00 pm; submit material to [office@standrewlutheran.com](mailto:office@standrewlutheran.com) & [charker@standrewlutheran.com](mailto:charker@standrewlutheran.com)

7:00 pm Light Opera of Portland Rehearsal ..... Fellowship Hall

### Thursday, August 21

10:00 am Strength + Stability with Susanne ..... Fellowship Hall  
 7:00 pm Council Meeting ..... Fellowship Hall, Chapel  
 7:00 pm Wing Chun Class ..... Children’s Commons

### Friday, August 22

10:00 am Tai Chi ..... Fellowship Hall

### Saturday, August 23

9:00 am Nifty Notters ..... Fellowship Hall

### Sunday, August 24

**9:30 am Worship ..... Sanctuary, livestream, and via Zoom**  
 9:30 am Portland Taiwan Worship Service ..... Sanctuary of the Firs  
 1:00 pm Twirlers’ Meeting & Practice ..... Fellowship Hall  
 2:00 pm Light Opera of Portland Rehearsal ..... Children’s Commons  
 2:30 pm Spirituality Book Group ..... Library

### Worship at St. Andrew or Connect to Virtual Worship

 **YouTube** **9:30 am:** Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. *Links for remote worship will be sent to you via email and the church app.*

 **zoom** People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.