

A Celebration of the Life of
Helen Jean Kerr Fredrickson
January 3, 1926 - July 25, 2025



August 15, 2025 | 2:00 PM
St. Andrew Lutheran Church
Beaverton, Oregon

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Jean Fredrickson
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GATHERING

THE HOLY SPIRIT CALLS US TOGETHER AS THE PEOPLE OF GOD.

PRELUDE

Day by Day, Rachel Trelstad Porter
Softly and Tenderly, Phillip Keveren
Give Me Jesus, Rachel Trelstad Porter
What a Friend We Have in Jesus, Rachel Chapin
When Peace, Like a River/The Water Is Wide, Rachel Trelstad Porter

WELCOME

POEM

Let Me Go by Christina Georgina Rossetti

When I come to the end of the road
And the sun has set for me
I want no rites in a gloom filled room
Why cry for a soul set free?

Miss me a little, but not for long
And not with your head bowed low
Remember the love that once we shared
Miss me, but let me go.

For this is a journey we all must take
And each must go alone.
It's all part of the master plan
A step on the road to home.

When you are lonely and sick at heart
Go to the friends we know.
Laugh at all the things we used to do
Miss me, but let me go.

The assembly may stand.

THANKSGIVING FOR BAPTISM

All who are baptized into Christ have put on Christ. In her baptism, Jean was clothed with Christ. In the day of Christ's coming, she shall be clothed with glory.

Eternal God, maker of heaven and earth, who formed us from the dust of the earth, who by your breath gave us life, we glorify you.

We glorify you.

Jesus Christ, the resurrection, and the life, who suffered death for all humanity, who rose from the grave to open the way to eternal life, we praise you.

We praise you.

Holy Spirit, author and giver of life, the comforter of all who sorrow, our sure confidence and everlasting hope, we worship you.

We worship you.

To you, O blessed Trinity, be glory and honor, forever and ever.

Amen.

GATHERING HYMN

Softly and Tenderly Jesus Is Calling | ELW 608

GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

PRAYER OF THE DAY

Let us pray.

O God of grace and glory, we remember before you today our sister, Jean. We thank you for giving her to us to know and to love as a companion in our pilgrimage on earth. In your boundless compassion, console us who mourn. Give us your aid, so we may see in death the gate to eternal life, that we may continue our course on earth in confidence until, by your call, we are reunited with those who have gone before us; through your Son, Jesus Christ our Lord.

Amen.

The assembly is seated.

WORD*GOD SPEAKS TO US IN SCRIPTURE READING, PREACHING, AND SONG.*

FIRST READING

Ephesians 2:8-10

A reading from Isaiah.

⁸For by grace you have been saved through faith, and this is not your own doing; it is the gift of God ⁹not the result of works, so that no one may boast. ¹⁰For we are what God has made us, created in Christ Jesus for good works, which God prepared beforehand so that we may walk in them.

Word of God, word of life.

Thanks be to God.

PSALM 91

¹You who dwell in the shelter of the Most High,
who abide in the shadow of the Almighty—

**²you will say to the LORD, “My refuge and my stronghold,
my God in whom I put my trust.”**

³For God will rescue you from the snare of the hunter and from the deadly plague.

**⁴God’s wings will cover you, and you will find refuge beneath them;
God’s faithfulness will be your shield and defense.**

⁵You shall not fear any terror in the night, nor the arrow that flies by day;

**⁶nor the plague that stalks in the darkness,
nor the sickness that lays waste at noon.**

⁷A thousand may fall at your side and ten thousand at your right hand,
but it will not come near you.

**⁸You will only have to look with your eyes,
and you will see the reward of the wicked.**

⁹Because you have made the LORD your refuge, and the Most High your habitation,

¹⁰no evil will befall you, nor shall affliction come near your dwelling.

¹¹For God will give the angels charge over you, to guard you in all your ways.

¹²**Upon their hands they will bear you up,
lest you strike your foot against a stone.**

¹³You will tread upon the lion cub and viper;
you will trample down the lion and the serpent.

¹⁴**I will deliver those who cling to me;
I will uphold them, because they know my name.**

¹⁵They will call me, and I will answer them;
I will be with them in trouble; I will rescue and honor them.

¹⁶**With long life will I satisfy them, and show them my salvation.**

SECOND READING

Philippians 4:4-7

A reading from Philippians.

⁴Rejoice in the Lord always; again I will say, Rejoice. ⁵Let your gentleness be known to everyone. The Lord is near. ⁶Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Word of God, word of life.

Thanks be to God.

A MESSAGE OF HOPE

Pr. Allison Bengfort

The assembly may stand.

HYMN OF THE DAY

When Peace like a River | ELW 785

PRAYERS OF THE PEOPLE

God of mercy,
hear our prayer.

LORD'S PRAYER

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

SENDING

GOD BLESSES US AND SENDS US IN MISSION TO THE WORLD.

COMMENDATION

Let us commend Jean to the mercy of God, our maker and redeemer.

Into your hands, O merciful Savior, we commend your servant, Jean. Acknowledge, we humbly beseech you, a sheep of your own fold, a lamb of your own flock, a sinner of your own redeeming. Receive her into the arms of your mercy, into the blessed rest of everlasting peace, and into the glorious company of the saints in light.

Amen.

BLESSING

May the Lord bless you and keep you. May the Lord's face shine on you with grace and mercy. May the Lord look upon you with favor and ☩ give you peace.

Amen.

SENDING HYMN

Precious Lord, Take My Hand | ELW 773

DISMISSAL

Let us go forth in peace,
in the name of Christ. Amen.

POSTLUDE

Precious Lord, Take My Hand, Keith J. Magel

Reception to follow in Fellowship Hall.

Memorial contributions may be made to:

St. Andrew Foundation
12405 SW Butner Rd.
Beaverton, OR 97005-0864

Serving in Worship

Presiding Minister & Preacher: Pr. Allison Bengfort

Assisting Minister: LuAnn Staul

Musicians: Dcn. Susan Werner Reiser, Martin Mills

Tech Team: Paul Navarre, Chase Isaacson

Memorial Service Coordinator: Pat Christiansen

Reception Coordinators: Tom & Pam Jelineo

Those who are unable to attend this memorial in-person may access the livestream by visiting: youtube.com/live/jR5CbGNs99k

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MY STORY

Helen Jean Kerr Fredrickson

Jean Fredrickson, age 99, of Beaverton, Oregon, passed away from natural causes on July 25, 2025 at her adult foster home in Beaverton.

Helen Jean Kerr Fredrickson was born January 3, 1926 in Steubenville, Ohio, to William and Helen Palmer Kerr. She was their first child, followed by Barbara Mae twenty months later. Jean was baptized at First Presbyterian Church in Steubenville, Ohio. She attended twelve years of school in Steubenville, graduating in 1943.

She traveled to California upon graduation, living and working briefly in Los Angeles before moving to Stockton, California, where she worked as a telephone operator for several years. She then moved to Redondo Beach, California, where she worked for a lumber company. There, she met George Fredrickson. They were married in November of 1964. They moved to Longview, Washington, where they lived for seven years. Jean was a homemaker and stepmother to George's children.

They moved to Beaverton, Oregon, in 1971. Jean worked at the Pendleton Woolen Mills corporate office in Portland which she retired from after twenty years of employment. During this time, she and George divorced.

Jean joined St. Andrew Lutheran Church in 1971. She became very involved with singing in the choir, counting the offering, serving as a council member, quilting, knitting prayer shawls, ushering, greeting, driving friends to church and appointments, and working on church anniversary celebrations. She served on various committees including stewardship, witness, chancel & tapestry design, nursery, WELCA retreats, finance, and property. After many years of serving the Lord at St. Andrew and remaining a faithful member, she now rests from her toils.

Surviving Jean are two half-sisters and a half-brother, a nephew, a great-niece and great-nephew, and second cousins, all living on the East Coast. Jean also leaves behind great friends from her many walks of life over numerous years. Preceding Jean in death are her parents, a sister, and cousins.

Burial will be in the family plot at Union Cemetery (est. 1854) in Steubenville, Ohio.