

ST. ANDREW WEEKLY NEWS

July 3, 2025

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

Alzheimer's Support Groups at St. Andrew

Are you caring for someone suffering from dementia? For more than a year, St. Andrew has hosted an Alzheimer's Support Group that meets in the St. Andrew Room on the fourth Wednesday of the month, 11:00 am - 12:30 pm. Participants educate and support each other by sharing their experiences with loved ones in all stages of mental decline.



Beginning **Thursday, July 10**, two new Alzheimer's support groups for caregivers will be offered at St. Andrew. Anyone is welcome to attend these gatherings. The additional groups will meet the second Thursday of each month, 12:00 pm - 1:30 pm, in the St. Andrew Room and the Children's Library.

To clarify, upcoming support meetings will be held:

Thursday, July 10, 12:00 pm - 1:30 pm, St. Andrew Room

Thursday, July 10, 12:00 pm - 1:30 pm, Children's Library

Wednesday, July 23, 11:00 am - 12:30 pm, St. Andrew Room

People are welcome to attend any of the meetings and need not commit to a particular time or day.

Collecting Donations for LWR School Kits

Help us fill the bin in the narthex with supplies for children in need! This year, our goal is to fill 400 school kits for Lutheran World Relief (LWR), and here's what we still need to accomplish that:



School Kits	Have	Need
Ruler, 30 centimeters long or with inches and centimeters on either side	36	364
Black or blue ballpoint pens (no gel ink)	560	1440
Blunt scissors (safety scissors with embedded steel blades work well)	100	300
Notebooks, 70-sheet of wide- or college-ruled paper; no loose-leaf paper	31	1569
Crayons, box of 16 or 24	30	370
Eraser, 2 ½ inches	212	188
Pencil sharpener	200	200
#2 pencils with erasers (preferably not sharpened)	929	1071

We have a number of opportunities for you to help us assembling the bags for these school kits. We'll meet in Fellowship Hall from 10:00 am to 2:00 pm on **Saturday, July 12**, as well as each Monday from **July 14 - August 11**, 10:00 am - 2:00 pm. Please contact Pam Jelineo if you would like to participate in the bag assembly and she'll add you to the email chain. Contact Pam by email at pjelineo@hotmail.com or text her at 971-221-2600.

Blood Drive in Honor of Rhonda Powell

A blood drive is being held next Wednesday in honor of our former administrative assistant Rhonda Powell. This donation opportunity, hosted by the American Red Cross, will be held at Trinity Lutheran Church in Hillsboro, Rhonda's home parish. You're encouraged to sign up by visiting redcrossblood.org/give and enter TLCHillsboro as the Sponsor Code to find the drive. This event will be held on **Wednesday, July 9**, from 10:00 am to 3:00 pm at 2194 SE Minter Bridge Road, Hillsboro, Oregon 97123. Please donate to support Rhonda and all those who rely on your generosity for life-saving treatments.



Intergenerational Vacation Bible School

A local partner congregation, Shepherd of the Valley Lutheran, is extending an invitation to participate in an intergenerational vacation bible school program that will be held **July 21-25**, from 9:00 am - 12:00 pm. There is no cost to attend, and the theme is based on ELCA World Hunger's "At the Table" program, featuring crafts, games, and other activities. People of ALL ages are invited!

For more information, visit sovlutheran.com/vbs or email sov.vbs@gmail.com. Links to register, as well as directions to the church, are on the website provided. Please register by **July 15**.

May 2025 by the Numbers

Average Weekly Worship Attendance

In-person:	123
Online:	111
Total:	234

Weekly Revenue

Average Weekly Revenue, including offerings, building use, etc.:	\$11,967
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Average Weekly Revenue needed to fully cover all budgeted expenses and end the year without a deficit:	\$13,409
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Fiscal Year to Date Revenue

Actual:	\$592,122
Budgeted:	\$563,796

Fiscal Year to Date Expenses

Actual:	\$629,361
Budgeted:	\$639,145

Fiscal Year to Date Surplus/(Deficit)

Actual:	(\$37,239)
Budgeted:	(\$75,349)

Thank You to the People of St. Andrew

Your generosity in support of the mission and ministry of St. Andrew doesn't just help those within the parish. Through our Service Committee, we support and partner with organizations who share in our mission to care for God, Earth, community, neighbor, and self. Here are a few of the thank you notes that we received recently:



Lutheran World Relief

Thank you for your gift of \$200 to LWR given through the Oregon Synod of the ELCA. I'd like to share a story with you about how your generosity changes lives.

Nageswor Chaudhary, a farmer from Nepal, tried many jobs to provide for his family, but he always came up short. Even though he is intelligent and hardworking, breaking the cycle of generational poverty is extremely difficult where he lives. Gifts like yours help the poorest families learn new farming skills to increase their incomes. For Nageswor, that meant building a greenhouse and learning to grow new, stronger crops. With this support, he has increased the size of his farm six-fold in three years! Now he can afford to feed his family and pay for his children's education, with enough left over to save a little.



I can't wait to see whose life will be changed by your recent gift. Thank you! We are proud to carry your love to those who need it most...until your love reaches every neighbor.

Daniel V. Speckhard
President & CEO

Habitat for Humanity Portland Region

Thank you for your generous gift of \$450. Your support is creating lasting change by making safe, affordable housing possible for individuals and families in need.

Owning a home provides more than just shelter—it offers stability, opportunity, and a foundation for the future. As Elijah, a Habitat homeowner, shared, "It gives regular people a fighting chance at starting generational wealth. The home is where it starts." Elijah is the first in his family to own a home and is proud to pass something down to his young son.

Affordable homeownership allows families like Elijah's to save for the future, plan for emergencies, and invest in their goals. Thanks to your generosity, more of our neighbors will experience the security and opportunities that come with owning a home.



With your partnership, we are building more than 140 homes across Lake Oswego, Hillsboro, King City, Portland, and Gresham—homes that give individuals and families the stability they need to thrive.

Habitat is more than building houses—we're fostering inclusive communities. Through our Home Repair program, we help existing homeowners address costly repairs, allowing them to age in place and stay in the neighborhoods they've helped shape.

Your generosity makes this possible. Together, we are building stronger communities and brighter futures—one home at a time.

Steve Messinetti
President & CEO

Domestic Violence Resource Center

On behalf of the DVRC, I would like to thank you for your generous donation of \$450. We truly appreciate your commitment to support survivors of domestic violence in Washington County and surrounding areas.

Since 1975, DVRC has been providing life-saving services to survivors of domestic violence, but our work would not be possible without the help of people like you! We thank you for continuing to believe in our mission of supporting and empowering those affected by domestic violence after so many years.

Your gift is very important to us and we are grateful for your kindness.

Janine Lisac-Goans
Interim Executive Director



A Message from Our Bishop

Happy Independence Day! I hope you have enough spaciousness in your life to enjoy a moment of rest and relaxation on this fourth of July holiday, and to give thanks for our incredible, diverse nation. I hope to continue my family's tradition of picking or otherwise enjoying delicious Oregon blueberries, blue waters, and (usually) blue July skies. I also pray that you are able to take a moment to reflect on what it means to be a Christian and an American in this time.

As Lutheran Christians, it is important to be clear—patriotism is not the same thing as Christian nationalism. Patriotism, put simply, is a love for one's country and a commitment to its well-being and ideals. Christian nationalism, on the other hand, is a political ideology that seeks to merge American and Christian identities. Christian nationalism most often weaves in at least four dangerous and destructive themes:

- A deep distrust of immigrants and anyone not seen as part of an "insider" social identity;
- An unexamined moral traditionalism with its social hierarchy of gender, race, and sexuality;
- A comfort with authoritarianism and even violence; and
- A populist impulse of victimization and suspicion toward "elites."

While patriotism can be a healthy expression of love for one's nation, and at its best is in no way contrary to our Christian witness, Christian nationalism works counter to Jesus' own gospel, excluding and marginalizing those who do not fit its specific religious or cultural mold. Instead of exclusion, violence, and victimization, Jesus calls us to the very opposite—to welcome the stranger, love the neighbor, pray for those who persecute us, and to listen especially to those who have been marginalized or oppressed, including women, children, foreigners, and others so often "othered."

If you'd like to be inspired for a little more conversation or theological and ethical thinking this Independence Day, I invite you to consider downloading and printing off the ELCA's draft social statement [Faith and Civic Life: Seeking the Well-being of All](#), which will be considered for official adoption at this summer's ELCA Churchwide Assembly. I sometimes read through them as if "praying them" or inviting them to "pray me." Our social statements are meant for provoking each of us into our own intellectual exploration and theological thinking, and even when I disagree, I am grateful for them!

With you on the Way,
Bishop Laurie Larson Caesar
Bishop of the Oregon Synod of the ELCA

In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family & friends of Miguel Albape-Alvarez	Peace and God's comfort at his death	Pr. Allison Bengfort
Family & friends of Ralph Riley	Peace and God's comfort at his death	Carol Harker
Kevin (cousin Valerie's husband)	Healing and recovery from surgery	Carol Hogan
Ted Elmer (friend)	Healing and recovery from surgery	Joanne Zenger
Sam & David (grandsons)	Strength and protection while fighting wildfires in AK	Carol Harker
Bishop Laurie Larson Caesar	Strength and wisdom	Staff
Oregon Synod Council and Staff	Courage and wisdom	Staff
Refugees, asylum seekers, and immigrants	Acceptance, safety, and just treatment	Staff
Military Personnel, especially Justina Hailey Hope Brockner, Carly Keyser, Clay Keyser	Safety and guidance	Staff
Churches serving with us in the Oregon Synod, especially Good Shepherd Lutheran (Cave Junction)	Blessings on their ministry	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email office@standrewlutheran.com, or fill out the prayer request form on the church website.

Food Waste Awareness Quiz: Test Your Knowledge

Discover how much you know about reducing household food waste with this engaging quiz. It challenges you with interactive scenarios on kitchen waste and eco-friendly solutions. Answer key can be found on page four of Weekly News.

- Which common action contributes to reducing household food waste?
 - Buying new storage containers every week
 - Storing food in its original packaging indefinitely
 - Throwing away expired items immediately without checking to see if it has spoiled
 - Planning meals before going grocery shopping
- Which of these items, when disposed of in a landfill, produces methane as it decomposes?
 - Plastic bottles
 - Food waste
 - Glass jars
 - Metal cans
- Which of the following is a primary environmental impact of food waste?
 - Enhanced wildlife habitats
 - Reduced water pollution
 - Improved soil fertility
 - Increased greenhouse gas emissions
- How can proper storage extend the shelf life of fresh produce?
 - By exposing produce to direct sunlight
 - By controlling temperature and humidity levels
 - By sacking produce tightly without airflow
 - By keeping refrigerator doors open frequently
- Which label indicates that a food item is still safe to eat after the printed date if stored properly?
 - Best before date
 - Use by date
 - Sell by date
 - Freeze by date
- How does food waste affect water resources?
 - It reduces overall water usage
 - It purifies water when decomposing
 - It wastes the water that was used in the food production
 - It increases water availability
- Which shopping habit helps minimize impulsive purchases and waste?
 - Sticking to a pre-made shopping list
 - Ignoring expiration dates
 - Buying items because they're on sale
 - Shopping when feeling hungry
- What is cross-utilization of ingredients in sustainable meal planning?
 - Buying only pre-packaged meals
 - Focusing on single large batch cooking
 - Using same ingredients across dishes
 - Discarding produce weekly regardless of use

St. Andrew Contacts	Council President Chuck Weswig.....president@standrewlutheran.com
	Lead Pastor Allison Bengfort.....pastorallison@standrewlutheran.com
	Dir. of Next Generational Ministry Kyler Vogt.....kvogt@standrewlutheran.com
	Parish Executive Carol Harkercharker@standrewlutheran.com
	Administrative Assistant Martin Mills.....office@standrewlutheran.com
	Parish Nurses Diane Reiner 503-201-4222
	Tira Nesset..... 503-866-5099

A Final Note from Sr. India

Dearest People of St. Andrew,

Thank you so much for all the gifts, cards, and love you gave me as I leave my position. I will miss all of you. While we cannot have contact for three years, know that I will be thinking of you and praying for you during that time. It has been a wonderful experience working with and for this congregation.

Blessings to you all,
Sister India Jensen Kerr

AARP Driver Safety Course

Become a safer, more confident driver with the AARP Smart Driver™ course. Refresh your driving skills and you could be eligible for a multiyear discount on your car insurance! You do not have to be a member of AARP to attend this course. This course is being hosted by St. Andrew, and will be held on **Wednesday, August 13**, beginning at 9:00 am in Fellowship Hall. This is a single, six-hour course with an hour break for a sack lunch. Call the church office to sign up. Cost is \$25, which covers the supplies distributed during the course. AARP members receive \$5 off.

Emergency Pastoral Care

Friday through Monday, contact
Pastor Allison Bengfort

At other times, please call the
church office at 503-646-0629.

Preparing for Worship

Sunday, July 13, 2025

Luke 10:25-37

Highlights for the Week at St. Andrew

Friday, July 4—Church Office Closed for Independence Day

Saturday, July 5—Sunday Worship Announcements deadline is 11:59 pm; submit announcements to pastorallison@standrewlutheran.com

9:00 am Nifty Notters Fellowship Hall

Sunday, July 6

9:30 am Worship Sanctuary of the Firs, Sanctuary, and via Zoom

9:30 am Portland Taiwan Worship Service Chapel

10:45 am Taiwanese Church Fellowship Gathering Chapel

Monday, July 7—Church Office Closed

4:00 pm Connections Team Meeting Library

Tuesday, July 8

7:00 am Men's Gathering and Bible Study Elmer's Restaurant on 158th (1250 NW Waterhouse Ave)

7:00 am Sunrise Women Elmer's Restaurant on 158th (1250 NW Waterhouse Ave)

9:00 am Facility Management Team Meeting St. Andrew Room

10:00 am Tai Chi Fellowship Hall

12:00 pm Bridge Group Fellowship Hall

1:30 pm Service Committee Meeting Library

7:00 pm Brass Quintet Rehearsal Sanctuary

7:00 pm Community Organizing Team Meeting St. Andrew Room

Wednesday, July 9—Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com & charker@standrewlutheran.com

Thursday, July 10

10:00 am Strength + Stability with Susanne Fellowship Hall

12:00 pm Alzheimer's Support Group St. Andrew Room, Children's Library

1:00 pm Staff Meeting Chapel, Library

5:00 pm Executive Committee Meeting via Zoom

7:00 pm Foundation Team Meeting Library

7:00 pm Wing Chun Class Children's Commons

Friday, July 11

10:00 am Tai Chi Fellowship Hall

Saturday, July 12—Sunday Worship Announcements deadline is 11:59 pm; submit announcements to pastorallison@standrewlutheran.com

10:00 am School Kits Bag Assembly Fellowship Hall

Sunday, July 13

9:30 am Worship Sanctuary, livestream, and via Zoom

9:30 am Portland Taiwan Worship Service Chapel

10:45 am Taiwanese Church Fellowship Gathering Chapel

Answer Key for Food Waste Awareness Quiz on Page 3

1. d. Planning meals helps households purchase only what they need, minimizing the chance of food spoiling before it can be eaten. Random purchasing or unnecessary disposal can actually increase waste.
2. b. Organic materials like food waste decompose anaerobically in landfills, producing methane, a potent greenhouse gas. Inorganic items like plastic, glass, or metal do not biodegrade to produce methane.
3. d. When food waste decomposes in landfills, it emits methane, a potent greenhouse gas that contributes to climate change. Other impacts like soil fertility or water pollution are secondary or unrelated effects.
4. b. Controlling storage conditions like temperature and humidity slows down ripening and spoilage processes in produce. Incorrect storage, such as sunlight exposure or poor airflow, accelerate decay.
5. a. A "best before" date refers to quality rather than safety, meaning the food can still be safe to consume after that date if stored correctly. A "use by" date is related to safety and should not be exceeded.
6. c. Food production consumes large volumes of water, and when food is wasted, the embedded water is also wasted. Decomposing waste does not purify or increase water availability.
7. a. Using a shopping list helps consumers buy only what they need and reduces the chance of impulse buys that may go unused. Shopping hungry or ignoring dates can lead to unnecessary waste.
8. c. Cross-utilization involves planning recipes that share ingredients, which helps use all purchased items before spoilage and minimizes waste. It also streamlines shopping and meal prep.

Worship at St. Andrew or Connect to Virtual Worship



9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. Links for remote worship will be sent to you via email and the church app.



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.