

ST. ANDREW WEEKLY NEWS

June 27, 2025

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

Your Congregational Council for 2025-2026

President	Chuck Weswig
Vice President	Allison Katsuftrakis
Secretary	Noelle Mehlhorn
Co-Treasurer	Ron Castner
Co-Treasurer	Joel Johnson



The St. Andrew Church Council met with newly elected members on Thursday evening, **June 19**. This meeting was the last official meeting for President Liz Hardy (thank you, Liz!) and included the selection of new officers by ecclesiastical ballot from among the elected membership of the Council. One of last year's co-treasurers, Tim Duggan, will remain on the Council, and his service as co-treasurer is very much appreciated.

According to St. Andrew's Constitution, the Council:

- Shall have general oversight of the life and activities of this congregation, and in particular its worship life, to the end that everything be done in accordance with the Word of God and the faith and practice of the Evangelical Lutheran Church in America; and
- Shall be responsible for the financial and property matters of this congregation.

Roster of St. Andrew Congregational Council Members for 2025-2026

Scott Anderson	Evan McGarvey	Casey Tkacz
Tim Duggan	Noelle Mehlhorn	Janet Vorvick
Joel Johnson	Tira Nessel	Chuck Weswig
Allison Katsuftrakis	Cindy Stadel	
Carl Malmstrom	Lisa Staul	

Treasurers

Ron Castner
Joel Johnson

- Keep the books of account of the congregation
- Receive records of receipts from the financial secretaries
- Disburse funds
- Communicate monthly to the Council on the monetary status of the church
- Serve as members of the Finance Committee

Financial Secretaries

Ruth Baker
Amy Harker
Sonya Lister
Jim McGarvey

- Receive and record income from contributing members and other sources
- Ensure all receipts are disbursed to the appropriate funds
- Prepare a report of individual giving at the close of the year
- Serve as members of the Finance Committee

Going forward, I intend to write a short article each month for Weekly News, with the title "Council Corner," to keep you in the loop. The next activity for the Council is an all-day retreat on **Saturday, July 26**, where the new Council will connect, serve, and grow in faith together as a community and will confirm goals for next year and start the planning process.

Chuck Weswig

Join St. Andrew for Pride in the Park 2025

St. Andrew will be walking in Beaverton's Pride Parade this **Sunday, June 29**. The parade begins at 11:00 am by the Beaverton Library. If you are interested in joining the group from St. Andrew, look for Kim & Dana Taylor-Blakemore who will start assembling at the corner of 5th & Watson beginning at 10:30 am. You are encouraged to carpool, as parking will be quite limited.



You can also just watch the parade from somewhere along the route, and stay to enjoy the festival and local vendors afterward. We hope to see you there!

Alzheimer's Support Groups at St. Andrew

Are you caring for someone suffering from dementia? For more than a year, St. Andrew has hosted an Alzheimer's Support Group that meets in the St. Andrew Room on the fourth Wednesday of the month, 11:00 am - 12:30 pm. Participants educate and support each other by sharing their experiences with loved ones in all stages of mental decline.

Beginning **Thursday, July 10**, two new Alzheimer's support groups for caregivers will be offered at St. Andrew. Anyone is welcome to attend these gatherings. The additional groups will meet the second Thursday of each month, 12:00 pm - 1:30 pm, in the St. Andrew Room and the Children's Library.



To clarify, upcoming support meetings will be held:

Thursday, July 10, 12:00 pm - 1:30 pm, St. Andrew Room
Thursday, July 10, 12:00 pm - 1:30 pm, Children's Library
Wednesday, July 23, 11:00 am - 12:30 pm, St. Andrew Room

People are welcome to attend any of the meetings and need not commit to a particular time or day.

*Farewell, Godspeed,
peace, and thank you,
Sister India Jensen Kerr.
We'll miss you and will
keep you in our
thoughts and prayers as
you continue your work.*

-The People of St. Andrew

God be with you till we meet again.

Preventing Food Waste at Home

Most people don't realize how much food they throw away every day: uneaten leftovers, spoiled produce, parts of fruits and vegetables that could be eaten or made into some other dish, and peelings that can go into the yard waste or your compost. One-third of all food in the U.S. goes uneaten! The EPA estimates that in 2018 about 81% (20.3 tons) of households' wasted food ended up in landfills or combustion facilities. Preventing food from going to waste is one of the easiest and most powerful actions you can take to save money and lower your climate change footprint by reducing greenhouse gas emissions and conserving natural resources.

Save money by buying only what you will eat. The average family of four wastes \$1,500 each year on food that goes uneaten.

Reduce your environmental and climate change footprint.

When food is wasted, the land, water, energy, and other inputs that are used in producing, processing, transporting, preparing, storing, and disposing the food are also wasted. When food decomposes in a landfill, methane gas is emitted. Food is the single largest category of material placed in municipal landfills. Municipal solid waste landfills are the third-largest source of human-related methane emissions in the U.S.

Preventing wasted food at home:

- Make a grocery list and stick to it. Don't get sucked into buying something because it's on sale unless you are certain you will consume it.
- Shop in your pantry, freezer, and refrigerator first to avoid buying more of what you already have.
- Plan your meals around items in the fridge that are about to go bad.
- Purchasing large quantities at warehouse club stores only saves money if you use everything that you buy.
- Buying in bulk saves money and reduces food waste because you can buy the right quantity for your needs.

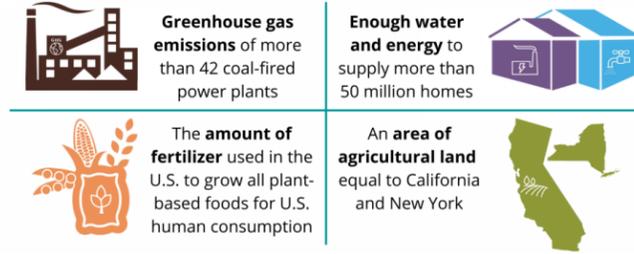
Storage tips:

- Most veggies, especially those that could wilt such as leafy greens, carrots, cucumbers, and broccoli should go in the high humidity drawer of the fridge.
- Most fruits, as well as veggies that tend to rot such as mushrooms and peppers, should go in the low humidity drawer of the fridge.
- Some fruits, such as bananas, apples, pears, stone fruits, and avocados, release ethylene gas as they ripen, making other nearby produce ripen and potentially spoil faster. Store these away from other produce.
- Wait to wash berries, cherries, and grapes until you're ready to eat them to prevent mold.
- Some produce like potatoes, eggplant, winter squash, onions, and garlic should be stored in a cool, dry, dark, well-ventilated area.
- The refrigerator door is the warmest part of the fridge. Store condiments there, but not milk or eggs.
- The lower shelves are the coldest part of the fridge. Store meat, poultry, and fish there.
- The refrigerator temperature should be set at 40°F or lower.
- Store grains in airtight containers and label the container with the contents and the date.
- Freeze food such as bread, sliced fruit, meat, or leftovers that you know won't be eaten before they spoil.

Environmental Impacts of U.S. Food Waste: EPA

What resources go into a year of food loss and waste in the U.S.?

*excluding impacts of waste management, such as landfill methane emissions



Graphic reprinted from EPA website. To learn more, you can visit epa.gov/land-research/food-waste-research and click on "From Farm to Kitchen: The Environmental Impacts of U.S. Food Waste."

Cooking and preparation tips:

- Produce past its prime, as well as odds and ends of ingredients and leftovers, may still be fine for cooking. Repurpose in soups, casseroles, stir fries, frittatas, sauces, baked goods, pancakes, or smoothies.
- Make croutons from stale bread. Sauté greens (including lettuce!), make soup stock from vegetable peels.
- Learn the difference between the marketing ploys; "sell by," "use by," "best by," and expiration dates.
- Cook and serve the right portions for the number of people you are serving.
- Freeze, pickle, dehydrate, can, or make jam/jelly from surplus fruits and veggies.

Liz Hardy
Earth Care Team

Collecting Donations for LWR School Kits



Help us fill the bin in the narthex with supplies for children in need! This year, our goal is to fill 400 school kits for Lutheran World Relief (LWR), and here's what we still need to accomplish that:

School Kits	Have	Need
Ruler, 30 centimeters long or with inches and centimeters on either side	31	369
Black or blue ballpoint pens (no gel ink)	550	1450
Blunt scissors (safety scissors with embedded steel blades work well)	0	400
Notebooks, 70-sheet of wide- or college-ruled paper; no loose-leaf paper	31	1569
Crayons, box of 16 or 24	11	389
Eraser, 2 ½ inches	194	206
Pencil sharpener	200	200
#2 pencils with erasers (preferably not sharpened)	905	1095

We have a number of opportunities for you to help us assembling the bags for these school kits. We'll meet in Fellowship Hall from 10:00 am to 2:00 pm on **Saturday, July 12**, as well as each Monday from **July 14 - August 11**, 10:00 am - 2:00 pm. Please contact Pam Jelineo if you would like to participate in the bag assembly and she'll add you to the email chain. Contact Pam by email at pjelineo@hotmail.com or text her at 971-221-2600.

In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Don Parsons (husband)	Peace and God's comfort at his death	Claudia Parsons
Scott Taylor & Family	Peace and God's comfort at death of mother Karen	Warren McAlpine
Stellmach Family	Peace and God's comfort at death of son Bill	Sharon Roos
Family and friends of Ed Pacey	Peace and God's comfort at his death	Sr. India Jensen Kerr
Kevin (cousin Valerie's husband)	Healing and recovery from surgery	Carol Hogan
Ted Elmer (friend)	Healing and recovery from surgery	Joanne Zenger
Sam & David (grandsons)	Strength and protection while fighting wildfires in AK	Carol Harker
Logan Uecker	Safe travels through July 3	Rebecca Uecker
Churches serving with us in the Oregon Synod, especially Our Saviour's Lutheran (Eugene), United Lutheran (Eugene), Faith Lutheran (Junction City), Faith Lutheran (Roseburg), and Springfield Lutheran (Springfield)	Blessings on their ministry	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email office@standrewlutheran.com, or fill out the prayer request form on the church website.

New Boundaries with Sister India

As Sr. India Jensen Kerr moves from being our deacon to our former deacon, it is time to clarify the shifting boundaries in our relationship with her. Many of us know from personal experience that poor boundaries between a congregation and a former clergyperson can cause a variety of issues, including pressure on the clergyperson to continue providing care, hard feelings among church members, difficulty letting go on all sides, and difficulty embracing new leadership for the congregation. For this reason, the bishop encourages all departing clergy to sign a Separation Letter of Agreement provided by the bishop's office and share the key points with the congregation. This agreement was signed by Sr. India, Bishop Laurie, and Council President Liz Hardy on behalf of the congregation. Key points of the agreement include:

1. Sr. India will no longer carry out pastoral duties, including assisting or officiating at baptisms/weddings/memorial services and making pastoral care visits.
2. Sr. India will cease contact with the congregation and its members for three years. This includes ending personal relationships with members and interactions on social media. While this can feel extreme, experience in other churches has shown that the separation period significantly helps prevent divided loyalties in the congregation, hard feelings among members, and pressures on the former deacon and future leadership.
3. Communications regarding life, illness, or changed circumstances of St. Andrew members or of Sr. India will go through the Lead Pastor. In other words, if there is a major life update you'd like Sr. India to know about, you can ask Pr. Allison to share it with her.
4. If Sr. India is interested in participating in congregational life at St. Andrew in the future, it will be after three years have passed and in conversation with the Lead Pastor.

Part of how we show love and support to Sr. India as she departs is by honoring these new boundaries. Thank you in advance for that gift!

Church Office Closed for Independence Day, Friday, July 4

We would like to remind you, as we all celebrate our nation's independence, the Church Office will be closed next **Friday, July 4**, in observance of the federal holiday. We will return to the office (and return any calls or emails) on **Tuesday, July 8**.

St. Andrew Contacts	
Council President Chuck Weswig.....	president@standrewlutheran.com
Lead Pastor Allison Bengfort.....	pastorallison@standrewlutheran.com
Sister India Jensen Kerr	india@standrewlutheran.com
Deacon Susan Reiser, Church Musician and Interim Minister of Music	srwerner.reiser@standrewlutheran.com
Dir. of Next Generational Ministry Kyler Vogt.....	kvogt@standrewlutheran.com
Parish Executive Carol Harker	charker@standrewlutheran.com
Administrative Assistant Martin Mills.....	office@standrewlutheran.com
Parish Nurses Diane Reiner	503-201-4222
Tira Nesset.....	503-866-5099

T-shirt Orders

If you ordered a St. Andrew T-shirt and would like to wear it to Pride, pick yours up **before** worship this Sunday. Liz Hardy will be in the narthex distributing shirts beginning at 9:00 am. Please bring \$25 cash or check (made payable to Jan Smith). If you are unable to collect yours on Sunday, shirts will be available in the office during business hours.

A Franciscan Benediction

May God bless you with discomfort at easy answers, half-truths, and superficial relationships, so that you may live deep within your heart.

May God bless you with anger at injustice, oppression, and exploitation of people, so that you may work for justice, freedom and peace.

May God bless you with tears to shed for those who suffer from pain, rejection, starvation, and war, so that you may reach out your hand to comfort them and to turn their pain into joy.

And may God bless you with enough foolishness to believe that you can make a difference in this world, so that you can do what others claim cannot be done.

Emergency Pastoral Care

Sunday and Monday, contact Sister India Jensen Kerr

Friday and Saturday, contact Pastor Allison Bengfort

At other times, please call the church office at 503-646-0629.

Preparing for Worship Sunday, July 6, 2025

John 15:1-8

Highlights for the Week at St. Andrew

Friday, June 27

9:00 am Earth Camp 2025 St. Andrew Parking Lot
10:00 am Tai Chi Fellowship Hall
11:00 am Immigrant Story Recording Session St. Andrew Room

Saturday, June 28—Sunday Worship Announcements deadline is 11:59 pm; submit announcements to pastorallison@standrewlutheran.com

2:00 pm Memorial Service for Teresa McAllister Sanctuary

Sunday, June 29

9:30 am **Worship** Sanctuary, livestream, via Zoom, and Fellowship Hall
9:30 am Portland Taiwan Worship Service Chapel
10:45 am Taiwanese Church Fellowship Gathering Chapel
1:00 pm Twirlers' Meeting & Practice St. Andrew Room, Fellowship Hall

Monday, June 30—Church Office Closed

Tuesday, July 1

7:00 am Men's Gathering and Bible Study Elmer's Restaurant on 158th (1250 NW Waterhouse Ave)
7:00 am Sunrise Women Elmer's Restaurant on 158th (1250 NW Waterhouse Ave)
10:00 am Tai Chi Fellowship Hall
10:00 am Worship Planners Meeting Library
12:00 pm Bridge Group Fellowship Hall
1:00 pm Sanctuary Team Meeting Library
4:30 pm HR Meeting via Zoom
7:00 pm Brass Quintet Rehearsal Sanctuary
7:00 pm Columbia Willamette Faceters' Guild Fellowship Hall

Wednesday, July 2—Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com & charker@standrewlutheran.com

Thursday, July 3

10:00 am Strength + Stability with Susanne Fellowship Hall
1:00 pm Staff Meeting Chapel, Library
7:00 pm Wing Chun Class Children's Commons

Friday, July 4—Church Office Closed for Independence Day

Saturday, July 5—Sunday Worship Announcements deadline is 11:59 pm; submit announcements to pastorallison@standrewlutheran.com

9:00 am Nifty Notters Fellowship Hall

Sunday, July 6

9:30 am **Worship** Sanctuary, livestream, via Zoom, and Fellowship Hall
9:30 am Portland Taiwan Worship Service Chapel
10:45 am Taiwanese Church Fellowship Gathering Chapel

Worship at St. Andrew or Connect to Virtual Worship

 **YouTube** **9:30 am:** Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. *Links for remote worship will be sent to you via email and the church app.*

 **zoom** People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.