St. Andrew Weekly News

April 4, 2025

St. Andrew Lutheran Church 12405 SW Butner Road, Beaverton, OR 97005 **Worship Service:** Sunday, 9:30 am

www.standrewlutheran.com
Telephone: 503-646-0629

Two Day Foundations Leadership Training

There is still time to register for a Metropolitan Alliance for Common Good (MACG) leadership training being held at St. Andrew Catholic Church in NE Portland on April 9 & 10, 9:00 am -4:00 pm both days.



MACG knows what it takes to build community power, and has the tools to help you make that impact! This event isn't just a training; it's an immersive, hands-on experience designed to give you the skills and confidence to lead, organize, and make change that truly matters. Here's what you'll gain:

- Skill-building in real time: Learn how to tell powerful stories, create meaningful relationships, and negotiate effectively.
- Action-oriented techniques: Learn to analyze power, identify core issues, and design action plans that can move your community forward.

You will leave inspired, with a renewed sense of purpose and belonging, ready to create positive change. This is collective action in its truest form – and we want you to be a part of it!

Lisa Davey, lead organizer for Common Good Missoula, will be coming to Portland for this training to share her expertise and insight, as well as to share updated curriculum developed over

Don't wait! Space is limited, so sign up today to secure your spot and start your journey toward becoming an effective community leader. Let's build power together!

You can sign up for the event by visiting macg.org/4 9-10 25 and clicking on "Sign up now!" At that same link, you can also find directions to St. Andrew Catholic.

This training includes lunch, and is free to St. Andrew members as the parish is a member-organization of MACG.

Easter Brunch

We're planning this year's brunch following worship on Easter Sunday! We need volunteers to help with set-up on April 19 starting at 1:30 pm, as well as clean-up following the meal on **April 20**. If you're able, please fill out the sign-up sheet on the coffee bar, and make sure to specify which (or both!) of the days you'll be able to help out.



We also need people to bring food! We are looking for simple, continental breakfast style offerings. If you would be able to drop off your food items on Saturday, it would be much appreciated! The sign-up sheet for food is also on the coffee bar. Thank you!

Earth Camp 2025 Registration Now Open

Registration for this summer's Earth Camp is officially open! We have space for up to 48 campers this year, so make sure to register your kids soon to secure their place! Earth Camp 2025 will take place June 23-27, 9:00 am - 3:00 pm. Earth Camp is intended for children entering 1st through 6th grade this fall (2025). The Camp Fee is \$150 per child, with a maximum \$300 total per family. Scholarships and volunteer vouchers are available as well.

This year's theme is "One Earth, One Body," focusing on the many ways we are connected with each other and the whole earth community. You can read more about the weekly and daily themes for Earth 3 Camp 2025 by visiting the "Earth Camp" page on the St. Andrew website. We hope to see your child Earth Camp 2025 registered to spend the week with us this summer!



Register at this link: bit.ly/EarthCamp2025

Save Those Signs!

Are you making signs to take to the Hands Off rally in Beaverton on Saturday, April 5? Consider bringing them to church on Palm Sunday to use in our Palm Sunday procession from the Fellowship Hall into the Sanctuary. Not going to the rally? Please feel free to bring a sign that offers an alternative to how things are unfolding right now. Messages such as, "Health Care for All" and "Support Education and Research" present a message to elected officials that shows our deeply-held values of caring for our neighbors. This action mirrors the first Palm Sunday procession, which was a way for ordinary people to show their resistance to the oppressive Roman authorities. To learn more, check out this article written by Steve Christiansen by visiting:

bit.ly/42sqG2M. You can also speak to any member of the worship planning team about why we are adding this to our annual procession.

> Pr. Allison Bengfort, Libby Calhoun, Pat Christiansen, Steve Christiansen, Sr. India Jensen Kerr, Dana Taylor-Blakemore, Susan Werner Reiser

Easter Sunday Service Singing Opportunity

People of all ages are invited to sing with the choir on Sunday, April 20, for the Easter Sunday worship service at 9:30 am. The choir will be singing two anthems that morning: One is "Now Is Christ Risen From the Dead" by Frederick Frahm and Timothy Dudley-Smith, while the other is "Touch That Soothes and Heals" arranged by Thomas Keesecker.

You don't have to be a regular member of the Sanctuary Choir to join us. There will be a rehearsal opportunity for these pieces following the Palm Sunday worship service on April 13 at 10:30 am in the Sanctuary. Please see Deacon Susan if you are interested and to receive a copy of the anthems in advance.



Donation Needs for LWR Spring Ingathering

We are collecting donations for Personal Care Kits and Baby Kits for the spring Lutheran World Relief (LWR) Ingathering. Our goal is to collect enough donations to put together 200 Personal Care Kits and 50 Baby Kits. Please put your donations in the collection bin in the Narthex.

Personal Care Kits	Have	Need
Light-weight bath towel, dark color recommended (between 20" x 40" & 27" x 52")	32	168
Packs of TWO or THREE bath-size bars of soap 8 to 9 oz., any brand, in original wrapping	94	106
Single adult-size toothbrush, original packaging	161	39
Sturdy comb	186	14
Metal nail clippers (attached file optional)	252	0

Baby Kits	Have	Need
Light-weight cotton T-shirts (no Onesies®)	54	46
Long- or short-sleeved gowns or sleepers (without feet)	77	23
Receiving blankets, either medium-weight cotton or flannel, or crocheted/knitted with lightweight yarn (between 36" & 52" square)	50	50
Cloth diapers, flat fold preferred	110	90
Jacket, sweater, or sweatshirt with a hood	35	15
Two pairs of socks	69	31
Hand towel, dark color recommended	74	0
Packs of TWO or THREE bath-size bars of gentle soap, 8 to 9 oz., any brand, in original wrapping (no mini or hotel sized bars)	12	88
Diapers pins or large safety pins	100+	0

Thank You, St. Andrew Foundation

The St. Andrew Foundation recently approved a grant to Metropolitan Alliance for Common Good (MACG). This grant will help MACG reach out to more people in the tri-county area with a Listening Campaign designed to determine the pressures facing members in our community. Through these events - held in Multnomah, Washington, and Clackamas counties - people will have the opportunity to share how their lives have been impacted by the realities of living in the world today. They will also have the chance to uncover their passions for action, and learn ways to join others in addressing real issues. The Foundation understands how this work aligns with St. Andrew's Core Values, Mission Statement, and Vision Statement. Our faith community is dedicated to building a community where people belong and can live with dignity and joy. The work done by MACG complements this goal. The leaders of MACG are so very grateful for this grant and the continuing support for our common work. Thank you, St. Andrew, for your generosity.

In Christ, **Pat Christiansen**Member of St. Andrew's Community Organizing Team

LWR Spring Ingathering Volunteers

On <u>Tuesday</u>, <u>April 29</u>, from 5:00 pm – 7:00 pm in Fellowship Hall we will be assembling Personal Care Kits and Baby Kits. We will also be packing the kits and quilts made by the Nifty Notters into boxes to prepare them for shipment to LWR. This is a great event for families. See the list to the left for supplies still needed to fill these kits.

We also need volunteers to help with the Ingathering on <u>Friday</u>, <u>May 2</u>, and <u>Saturday</u>, <u>May 3</u>. Volunteers on Friday work in 2-hour shifts beginning at 8:00 am and continuing until 4:00 pm. On Saturday, we need volunteers to fill a single 3-hour shift from 9:00 am to noon.

The Ingathering takes place in the St. Andrew parking lot near the community garden. We have two types of volunteer assignments:

- 1. Load the shipping container with boxes that can weigh up to 40 pounds.
- 2. Greet vehicle drivers as churches drop off their donations.

The box you help load at the Ingathering could mean the difference for refugees around the world. The need is especially great right now due to all the shifts in aid complicating response to catastrophic events around the world.

There is a sign-up sheet in the Narthex, or you can contact Rochelle McIntire by email at pacificnwlwrgroup@gmail.com or by phone at 503-804-1701.

Testing Equipment for the Hearing Impaired

We have a new device on loan that we are testing which may benefit those who struggle to hear spoken word during worship. The device is from a company called Audiofetch, and it broadcasts sound from our soundboard to smartphones. From there you can listen to the service using headphones, earbuds, or even possibly your hearing aid. We are currently only transmitting spoken word, not music.

To use this system you will first need to be connected to the St. Andrew Wi-Fi network on your smartphone. The password for this network is Sanctuary. You will also need to download an app to your phone called Audiofetch. There is a version for both Android and Apple in their respective app stores.



From there you can use your own earphones, headphones, or hearing aids. One thing to keep in mind, though, is that if your listening device uses Bluetooth technology there is a delay of about 1 second from when the sound is spoken to when it is heard through your Bluetooth hearing device. That is a limitation of the technology that we cannot fix. Depending on your device and your hearing this might mean you would experience an annoying echo. If you are using a hearing aid and can easily turn off the hearing aid's microphone this might help the situation.

We have a limited supply of earbuds (along with disposable foam covers for sanitary purposes), as well as earphone adapters for both iPhones and Android phones without an earphone jack, available to loan. We also have one smartphone that can be borrowed that is all set with earbuds. As well, we have a device that uses t-coil, so if you have a hearing aid that supports t-coil please let us know as we would very much like to try it out.

I will be available for the 30 minutes prior to worship on Sunday to answer any questions, loan out equipment, or help anyone with set-up. If you try the system, please give us feedback as soon as possible. Thank you!

Paul Navarre

BE PREPARED

BUILD AN EMERGENCY KIT

Include enough food, water, and medical supplies to prepare in case of an emergency.



Create a Disaster Preparedness Kit Month Eleven, April 2025

To Do:

- ☐ Check with child's school/day care center to find out about their disaster plans.
- ☐ Take a First Aid/CPR class.

To Collect:

- ☐ Electrolyte replacement drink (sports drink or infant electrolyte solution)
- □ 3 cans vegetables*
- Comfort/stress food (cookies, instant coffee, sweetened cereal, trail mix, energy bars, tea bags, candy, miscellaneous snacks)
- □ 1 box crackers
- ☐ Aluminum foil
- * For everything followed by an asterisk, be sure to multiply by the number of people in your household (e.g., a family of four will need 12 cans of vegetables).

Making Water Safe to Drink

Life doesn't exist without water, so it's not surprising that many of the things we need to do to prepare for disaster center around water. This month we focus on how to ensure water is safe for consumption.

Sanitize Water Containers Before Using to Store Water

All containers used for storing water must be sanitized before adding potable water.

- Wash containers and lids inside and out with dish soap to remove any dirt and debris.
- Rinse thoroughly with clean water.
- Add 1 teaspoon of unscented, household liquid chlorine bleach to 1 quart of water (1 quart = 4 cups or 32 ounces).
- Pour the bleach mixture into a clean storage container. Close it tightly and shake well to make sure the solution coats the entire inside of the container.
- Let the container sit for at least 30 seconds and then pour out the solution.
- Fill the container to the top with clean water and seal it tightly. Be careful not to contaminate the cap by touching the inside of it with your fingers.
- Label the container with the words "Drinking Water" and the date it was stored.
- Rotate water every six months to keep it fresh.
- Use water that's rotated out to water plants rather than dumping it down the drain.

Preparing Water for Storage

After a disaster, all water for drinking, food preparation, and hygiene must be boiled if it's not sealed, store-bought, or already pre-treated. Note: Water from municipal water sources is already treated to be safe, but disaster could destroy these systems. Be prepared.

- Boiling is the safest method of treating water. Bring the water to a full, rolling boil for a minimum of one minute or three minutes for elevations above 6,500 feet. Let cool.
- To purify, use a medicine dropper to add unscented, household liquid chlorine bleach. Use new chlorine bleach, as it loses its strength over time.

Bleach Amounts

- Two drops of five to six percent sodium hypochlorite bleach per one quart of water.
- Eight drops or 1/8 teaspoon of concentrated 8.25 percent sodium hypochlorite bleach per one gallon of water.
- Put the lid on and shake the mixture well. After adding bleach, let the water stand for at least 30 minutes before using it.
- Store the purified water in clean, sanitized containers with tight lids (see instructions above).

Water Storage Tips

- Store water where everyone in the household can reach it.
- Do not store water in direct sunlight, but rather in a dark, dry, consistently cool space that stays at a relatively constant temperature (50-70°F).
- Do not store water near chemicals, fuel, pesticides, or products with strong odors.
- Store some water in a freezer to increase the unit's efficiency, help keep the freezer cold as long as possible in case of a power loss, and provide safe drinking water as it melts.



St. Andrew Lutheran Church Announcement Join Us for the "Hands Off" Rally on April 5th!

HANDS FF!

Dear Church Family,

We are marching, rallying, and protesting to demand a stop to the chaos being created by Trump and his billionaire allies. We invite you to join us in participating in the **Hands Off** rally happening across Portland on **Saturday, April 5th**.

There are many rallies throughout the day, but we will gather together to attend the **Beaverton Hands Off event** from **2:30 to 4:30 pm**. This rally is our chance to stand up for democracy and send a message that we will not tolerate the destruction of our government and economy for the benefit of the wealthy few.

If you'd like to attend with others from our church, meet at St. Andrew Lutheran Church at 1:30 pm. We will leave together for the event in Beaverton and march in solidarity to demand a better future for all.

If you're unable to attend the Beaverton rally, don't worry! There are **several other rallies across the Portland metropolitan area** at the following times and locations:

- **Hillsboro** 10:00 am
- Tigard 10:00 am
- **Downtown Portland** 12:00 pm
- **Clackamas** 12:00 pm
- **St. Johns/N. Portland** 10:30 am

- Vancouver, WA 12:00 pm
- **North Plains** 1:00 pm
- **Gresham** 10:30 am
- **Scappoose** 12:00 pm
- Sandy 12:00 pm

You can choose the one that works best for you!

Details for the Beaverton rally:

Date: Saturday, April 5th

Meeting Time at the Church: 1:30 pm

Rally Time: 2:30 to 4:30 pm at Beaverton Hands Off event

Let's unite and make our voices heard in the fight for democracy and justice!

Volunteer Opportunities, Events, and Petitions Near Me · Hands Off on Mobilize (mobilize.us)

If you have any questions or concerns, please reach out Questions or concerns, please reach out sonyalisterpdx@gmail.com or (503) 936-3114 (text or call ok).

In Faith,

Sonya Lister



In Need of Prayers...

PRAYERS FOR	CONTACT	
	Sue Cahlander	
	Diane Reiner	
	Darryl Eldridge	
O .	Carol Hogan	
O	Sharon Carlson	
	Judy Scholz	
Comfort and peace starting new treatment	nd peace starting new treatment Rhonda Powell	
Comfort and support	Carol Hogan	
Comfort and support	Carol Hogan	
Healing and comfort	Judy Scholz	
Healing and comfort	Mary Brown	
Healing and recovery	Lee Anne Knapp	
Healing and recovery	Pr. Allison Bengfort	
Strength and wisdom	Staff	
Courage and wisdom	Staff	
Acceptance, safety, and just treatment	Staff	
Safety and guidance	Staff	
Blessings on their ministry	Staff	
	Peace and God's comfort at her death Peace and God's comfort at her death Peace and God's comfort at death of daughter Michelle Comfort and desired results from medical testing Comfort and guidance Comfort and guidance Comfort and peace Comfort and peace Comfort and peace starting new treatment Comfort and support Comfort and support Healing and comfort Healing and recovery Healing and recovery Strength and wisdom Courage and wisdom Acceptance, safety, and just treatment Safety and guidance	

Welcome Home: Journeying into the Wholeness of Creation

You are warmly invited to a Women's Retreat at St. Andrew Lutheran Church. This event will be held on <u>Saturday</u>, <u>April 26</u>, from 9:00 am until 5:00 pm. We welcome all women/femme-identifying members and visitors. Join us for this opportunity to deepen our connection to ourselves, to others, and to the whole of creation. Questions? Want to register with a check? Come find us at our table in the Narthex after worship on Sunday!

Register online before next Friday, April 11: tinyurl.com/standywomen2025.

We didn't evolve out of the Earth, we are an expression of it, shaped by Her rhythms and truths. The more we are present and lean into the wisdom of creation, the more we learn what it means to be human in this vast web of life. Together we are called to take care of ourselves and our Earth home because we are an inseparable part of the whole. Saint Francis, known for his Canticle of Creation, lovingly refers to all creatures as family. We explore Francis' model and what this means for us today. In turning to creation for wisdom and support we connect with Divine love. We will open and embrace this transformative energy that provides hope in these challenging times. This retreat will be professionally facilitated.

There will be fellowship, conversation, and we will end the day with Holden Evening Prayer. A hot lunch and snacks will be provided (able to accommodate most dietary needs). We would love to have you join us!



Lent Devotional Materials

Enrich your journey through this Lenten season with a special devotional from *A Sanctified Art*, as well as daily devotional cards arranged in a handy deck for use at home. Congregants can find these materials on the table at the entrance to the Sanctuary.

The <u>devotional booklet</u> is also available on the church website. The password necessary to access it is available in the weekly Worship Links email.



Emergency Pastoral Care

Sunday and Monday, contact Sister India Jensen Kerr

Friday and Saturday, contact Pastor Allison Bengfort

At other times, please call the church office at 503-646-0629.

Preparing for Worship Sunday, April 13, 2025

Luke 19:29-40 Luke 19:41-48

Highlights for the Week at St. Andrew

Friday, Apr	il 4	
10:00 am		Fellowship Hall
Saturday, A	April 5—Sunday Worship Announcements deadline is 11:59 pm;	submit announcements to pastorallison@standrewlutheran.com
9:00 am	Nifty Notters	Fellowship Hall
Sunday, Ap	oril 6	
9:30 am	Worship	Sanctuary, livestream, and via Zoom
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Church Fellowship Gathering	Chapel
11:00 am		St. Andrew Room
11:00 am	Adult Ed: Getting to Know Us—Deepening Relational Culture	Fellowship Hall
11:00 am	Confirmation for Middle School Youth	Library
11:00 am	High School Youth Group	Youth Room
11:00 am		Children's Commons, Children's Library, Lower-Level Classrooms
1:00 pm	Twirlers Meeting & Practice	St. Andrew Room, Fellowship Hall
Monday, A	pril 7—Church Office Closed	
Tuesday, A		
7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
10:00 am	Tai Chi	Fellowship Hall
12:00 pm		Fellowship Hall
4:45 pm	Budget Meeting	Library
7:00 pm	·	Sanctuary
Wednesda	y, April 9—Weekly News deadline is 4:00 pm; submit material to	
1:00 pm	Wednesday Book Group with Sr. India	St. Andrew Room
6:00 pm	Bells of Grace Rehearsal	Sanctuary
7:00 pm	•	Fellowship Hall, Chapel
7:30 pm	Sanctuary Choir Rehearsal	Sanctuary
Thursday, I		
9:30 am	Seekers of the Heart of God Bible Study	St. Andrew Room
10:00 am	S ,	Fellowship Hall
10:30 am		Sanctuary of the Firs (subject to change)
7:00 pm	Wing Chun Class	
Friday, Apr		
10:00 am		Fellowship Hall
•	April 12—Sunday Worship Announcements deadline is 11:59 pm	•
10:30 am	5	St. Andrew Room
	ay, April 13	
9:30 am	•	Fellowship Hall, Sanctuary, livestream, and via Zoom
9:30 am		Fellowship Hall, Chapel
10:45 am		
11:00 am	S S S S S S S S S S S S S S S S S S S	Fellowship Hall
11:00 am		Library
11:00 am		
11:00 am	The Koots	Children's Commons, Children's Library, Lower-Level Classrooms
11:00 am	The Roots	Children's Commons, Children's Library, Lower-Level Classrooms

Schedule of Worship Services for Holy Week 2025

- ♦ Palm Sunday, **April 13**, at 9:30 am, beginning in Fellowship Hall
- ♦ Holy Thursday, <u>April 17</u>, at 7:00 pm, recalling the first Eucharist
- ♦ Good Friday, <u>April 18</u>, at 8:00 pm, commemorating Jesus' death
- ♦ Easter Sunday, April 20, at 9:30 am, with brunch to follow

Worship at St. Andrew or Connect to Virtual Worship



YouTube 9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom.

Links for remote worship will be sent to you via email and the church app.



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.