

# ST. ANDREW WEEKLY NEWS

November 15, 2024

St. Andrew Lutheran Church  
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:  
Sunday, 9:30 am

[www.standrewlutheran.com](http://www.standrewlutheran.com) ■ Telephone: 503-646-0629

## An Immigrant Story from Myanmar

A young immigrant from Myanmar, Naw Bi is a member of the Karen community, a persecuted minority with an estimated 67,000 people living in diaspora. Naw Bi will be at St. Andrew to practice sharing her story in the Sanctuary with a small group of empathetic listeners before taking it to a larger venue as part of The Immigrant Story's public presentations. Please consider joining us in holding a welcoming space for this young immigrant woman on **Sunday, November 17**, at 2:00 pm in the St. Andrew Sanctuary.



## Thanksgiving Meals for Community Action

The Service Committee is once again sponsoring Thanksgiving meals for Community Action families and we need your help. Our goal is to collect \$4,500, enough to buy seventy-five \$60 WinCo gift cards for these families. Any donations that exceed our goal will be used for our upcoming Barnes School Christmas Giving Tree, or donated to the St. Matthew Food Pantry for feeding anyone in the community who needs food assistance.



No Alcohol or Tobacco Products

If you wish to give online, select "Thanksgiving Food Drive" in the drop-down menu below "Fund," or you can send a check made out to St. Andrew with "Thanksgiving Food Drive" in the memo line. Deadline is this **Tuesday, November 19**.

If you have any questions, feel free to contact:  
LuAnn Staul ([ljstaul@gmail.com](mailto:ljstaul@gmail.com) / 503-314-6321) or  
Linda McDowall ([mcdowall.ml@gmail.com](mailto:mcdowall.ml@gmail.com) / 503-649-5091)

## Baby Rose

The rose on the Altar this Sunday celebrates the birth of Quin Craig Holau Myers to parents Erik & Dominique Myers, sister Ayla, and grandmother Sharon Carlson.



**Doug & Jan  
Morrell  
Memorial Service**  
Saturday, November 23  
10:00 am, Sanctuary

*Reception to follow in Fellowship Hall.*

## Non-Curbside Recycling Event

This **Saturday, November 16**, from 10:00 am to 1:00 pm, the James Recycling Depot will be collecting the following non-curbside items:

- Straws
- Utensils
- Plastic screw-on and pull-off caps
- Clear (no color) #1 PET plastic
- #2 HDPE plastic
- #4 LDPE plastic
- #5 PP plastic
- #6 PS plastic
- Styrofoam



Items must be sorted into the above categories. And please note:

- Lids (such as yogurt or sour cream lids) need to be sorted by number
- Screw-on caps do not need to be sorted by number
- Caps **MUST** be taken off of prescription pill bottles

There are fees associated with this service:

\$3/grocery bag (or similar sized container) of sorted recycling  
\$10/45-gallon bag of Styrofoam



The James Recycling Depot  
5541 SW Beaverton-Hillsdale Highway  
Portland, Oregon 97221

If recycling fees pose an economic hardship for you, please reach out to the James Recycling Depot at [jshrecycling@gmail.com](mailto:jshrecycling@gmail.com).



Big Horn Brass  
and the  
St. Matthew Exaltation Handbells  
invite you to their  
**2024 ANNUAL  
CHRISTMAS CONCERT**  
Sunday December 1 3:00 pm  
St. Matthew Lutheran Church  
10390 SW Canyon Road Beaverton, OR

**This is a free Community Concert**  
sponsored by:  
Beaverton Arts Commission  
The Erik Weswig Memorial Fund  
St. Matthew Lutheran Foundation

## Why You Should Leave the Leaves for Wildlife

Adapted from article in Garden for Wildlife, by J. A. Dellinger, 10/24

As the leaves turn crimson and begin to fall, many of us feel the urge to tidy up our yards. But consider this: leaving the leaves benefits both your yard and the wildlife that calls it home. Here are reasons to retire the rake this fall.

**Leaf litter is a natural habitat and winter refuge:** Fallen leaves provide habitat for a variety of wildlife species, creating a protective blanket that insulates them from cold weather, and offering shelter and a winter home for many creatures.

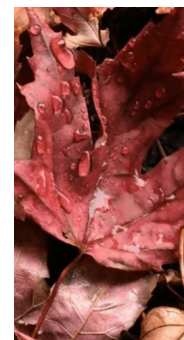
- Insects: Many insects overwinter in leaf litter, including moths, butterflies, and bees. These insects are vital pollinators and a critical food source for birds and other animals. Some butterfly larvae, including Monarchs, use the layer as a safe haven during their dormant phase.
- Amphibians and reptiles: Salamanders, frogs, and toads rely on leaf litter for shelter and moisture.
- Small mammals: Chipmunks, shrews, and mice use leaf litter for nesting and foraging.

**Protecting pollinators:** Leaving the leaves allows caterpillars and other pollinators to overwinter safely in your yard. Many moth and butterfly species depend on a leaf layer to protect their eggs or cocoons through the cold months. In the case of moths, an astonishing 94% of species rely on the leaf layer to complete their life cycle. Remember that we need moths and butterflies for pollinating our plants.

**Supporting birds and other wildlife:** Fallen leaves also help sustain bird populations by fostering insects that birds rely on for food. The vast majority of our backyard birds (about 96%) rely on butterfly and moth caterpillars as the primary food source for their babies during nesting season in the spring. If you remove all of your fallen leaves, there will be fewer insects in your yard, and likely fewer birds too. Some songbirds like Black-Capped Chickadees search through the leaf litter for seeds, insects, and larvae to survive during the cold winter months when food sources are scarce.



**Better for the environment and your garden:** According to the EPA, leaves and other yard debris account for 35.4 million tons of waste per year in the US! That is about 12.1% of all solid waste in the country. And remember that yard waste in landfills creates methane gas, contributing to global warming. Methane from landfills pollutes the air we breathe, and can make its way into the ground, polluting our soil and water.



Simply leaving the fallen leaves in your yard helps the environment by:

- Improving soil health. As leaves decompose, they add nutrients to the soil such as nitrogen, and improve the soil structure, creating a richer soil for your plants when spring arrives.
- Reducing waste. Leaves and yard debris make up a significant portion of waste in landfills.
- Conserving water. Leaf litter helps to retain moisture in the soil, reducing the need for watering.

In addition, leaves can be used around trees, flower beds, and shrubs as a natural mulch. Why buy mulch that comes in plastic bags when you have free mulch and fertilizer provided by nature? You save money, help your garden thrive, protect pollinators, support the environment, protect plants, and suppress weeds.

**A word about slippery driveways and sidewalks:** Leaves on your driveway and sidewalks can be slippery, so of course, you need to remove those leaves. But don't put them in the trash. Instead, transfer them to your garden beds and under trees to create habitat for wildlife.

Liz Hardy  
Earth Care Team

## New Books in St. Andrew Library

"Check out" these new titles in our Adult Library:

### Fiction

- *Garment of Shadows: Mary Russell & Sherlock Holmes #12* by Laurie R. King
- *Flesh and Blood* by Patricia Cornwell
- *The Women* by Kristin Hannah
- *The Quiet Game* by Greg Iles



### Non-fiction

- *The Garden Against Time* by Olivia Laing
- *Uppity Women of Medieval Times* by Vicki Leon
- *When Moses Meets Aaron: Staffing and Supervision In Large Congregations* by Gil Rendle & Susan Beaumont
- *Way of the Peaceful Warrior: A Book that Changes Lives* by Dan Millman
- *Weather* by B.W. Atkinson & Alan Gadd
- *Madhouse at the End of the Earth: The Belgica's Journey into the Dark Antarctic Night* by Julian Sancton
- *The Hidden Life of Trees: What They Feel, How They Communicate – Discoveries from a Secret World* by Peter Wohlleben
- *Surprised by Hope: Rethinking Heaven, the Resurrection, and the Mission of the Church* by N.T. Wright
- *Healing in the Landscape of Prayer* by Avery Brooke
- *Jesus before Christianity* by Albert Nolan
- *How God Became King: The Forgotten Story of the Gospels* by N.T. Wright
- *The Girl and the Bombardier: A True Story of Resistance and Rescue in Nazi-Occupied France* by Susan Tate Ankeny



**Anne Newell  
Memorial Service**

Saturday, December 7  
2:00 pm, Sanctuary

Reception to follow in  
Fellowship Hall.

## Committee Updates and Transitions

After a community organizing hiatus during the pandemic, several members of the former MACG (Metropolitan Alliance for Common Good) Core Team are turning from providing opportunities for connection in our church community to once again doing the work of community organizing.



Pastor Allison, Pat Christiansen, Larry Bliesner, Lynn Santelmann, and others invite those interested in working on broad-based issues such as affordable housing and access to health care to join them on the MACG/Organizing Core Team.

In past years, community organizers from around the region have come together to address traffic and pedestrian safety in the area. They also succeeded in requiring prescription drug labels in Oregon to be printed in languages patients know. This year's focus will be climate justice, especially when it impacts our most vulnerable populations more than others.

Meanwhile, a new Connections Team at St. Andrew will shift its purview from planning events to encouraging connections. This committee will work to foster connections among people and groups, organize an annual Ministry Fair, encourage links between committees, help identify people to share their talents in ministry, promote additional connections for the homebound, strengthen connections across generations, and take on the joyful work of welcoming people to St. Andrew. Connie Losk, Jan Smith, Gretchen Bancroft, and Sonya Ackman invite others to join them!

Connections are integral to community. Whether we build social connections to strengthen our church community or broader connections to bring about societal change, we need each other. Both of these committees welcome your involvement. Contact Pat Christiansen if you'd like to join or learn more about the MACG Organizing Core Team. If you're interested in joining the Connections Team, contact Connie Losk.

### What is a MACG Organizing Core Team?

Members of the core team:

- Attend MACG Leadership Training,
- Attend Delegate Assemblies, and
- Lead turnout efforts for MACG events.

Core team duties and responsibilities include:

- Regular practice of one-to-one meetings,
- Organizing and leading listening campaigns,
- Developing internal or neighborhood-focused campaigns,
- Identification of leaders/potential leaders
- Applying organizing disciplines and practices.
  1. Shared leadership,
  2. Starting and ending meetings on time,
  3. Reflection and evaluation, and
  4. Enforcing standards (accountability).

### What will the new Connections Team do?

Facilitate connections

- A. Through new member integration
  - ◇ Welcoming, assimilating new members
  - ◇ Providing information and answering questions
  - ◇ One-to-one assessment of talents, skills, and passions
- B. Among existing ministry teams
  - ◇ Provide opportunity for reflection/evaluation
  - ◇ Maintain current roster and description of team mission and connection with St. Andrew mission, vision, and values
  - ◇ Provide support
- C. Within congregation as a whole
  - ◇ Facilitate opportunities for spiritual connections outside of worship and coffee hour


## Free Electric Wheelchair

As you may have noticed in Fellowship Hall, St. Andrew was gifted two electric wheelchairs, and now it's up to us to find a permanent home for them! Do you know someone who could use one? What about you reading this article now? We have already had a parishioner request one of the electric wheelchairs. That leaves us with one still needing to find a new home.

We are not asking for any payment for this electric wheelchair. It is free to anyone who is in need of it. For you to take advantage of this opportunity all that we ask is that you are able to organize your receipt of this wheelchair. You can notify the church office of your interest in having one, and let us know what day you or the people you designate would be able to pick it up. This is a rather heavy piece of equipment, weighing a few hundred pounds, so you will need to make appropriate considerations.

If we are not able to find a new owner for this device soon, we may have to make the difficult decision to just dispose of this important mobility aid. We want this electric wheelchair to continue to be useful and a blessing to people in need. Help us accomplish that goal! You can contact Patty Jones, or the church office, to express your interest. Thank you!

## Nifty Notters



Now that this fall's Lutheran World Relief Ingathering has concluded, it's time to prepare for the next one in the spring! The Nifty Notters will meet on **November 16** and **December 7** from 9:00 am to 2:30 pm in Fellowship Hall. All hands are welcome as we begin the next batch of quilts for the LWR Ingathering in May of next year. It'll be here before we know it! You're encouraged to join the Nifty Notters for part of the work session, or pack a lunch and stay the whole day. The only requirement is that you bring yourself!



## A Note Regarding Email Scams

You may have recently received an email purportedly from Pastor Allison asking for gift cards to be bought. Now, this might be a little extra confusing, considering we're collecting money for gift cards as this is being published! However, we will never solicit money from you via a direct, personal email. Such notices are only sent out via church publications like Weekly News, as well as on our website or official social media. As always, if you're concerned about the veracity of an email, you can always call the church office and speak to someone you know and trust to confirm the source.

## In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Jonathan Pearson (friend)	Peace and God's comfort at his death	Beverly Briggs
Family and friends of Kurt Beane (brother-in-law)	Peace and God's comfort at his death	Steve Christiansen
Harold Schmalz (friend)	Successful surgery and recovery	Camille Jackson
Ira Schab	Comfort, healing, and recovery	Ira Schab
Clay Keyser and Carly Keyser (grandchildren)	Safe service in the Air Force	Debi Gustafson
Lee Anne Knapp	Safe travel and peace during business trip	Lee Anne Knapp
Camille Jackson	Comfort and healing	Camille Jackson
Raven Krause Imhoff (son's dog)	Comfort and healing	Lee Anne Knapp
Individual friends and loved ones	Whatever they need	Staff
All those who are caregivers for a loved one	Strength and support	Staff
Those confined to their homes Dave Bumgardner, Jean Fredrickson, Marlene Maxwell, Ethel Ritchey, Helen Rogers, Sharon Roth	Assurance of God's presence	Staff
All who are imprisoned	Peace and strength	Staff
Ecumenical Ministries of Oregon Holy Trinity Catholic Church	Blessings on their work	Staff
Resurrection Lutheran (Portland) St. Timothy Lutheran (Portland)	Serving with us in the Oregon Synod	Staff
Ecumenical and interfaith partners in ministry	Blessings on their work	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email [office@standrewlutheran.com](mailto:office@standrewlutheran.com), or fill out the prayer request form on the church website.

## LWR Fall Ingathering Results

We had a very successful Lutheran World Relief Fall Ingathering! Thank you for your generous donations and for those who volunteered at the Kit Assembly night and at the Ingathering. St. Andrew donated 43 quilts and 221 School Kits. This was an increase from the last Ingathering!



The total collections from churches in Oregon, Idaho, SW Washington, and N. California include:

- ◆ 2,520 Quilts
- ◆ 36 Blankets
- ◆ 2,009 School Kits
- ◆ 272 Personal Care Kits
- ◆ 93 Fabric Kits
- ◆ 284 Baby Kits

Which add up to a total weight of 16,090 pounds. This is an increase in the total collected from last fall! These donations make a large impact in the lives of those in need around the world. Thank you!

The next LWR Ingathering will be held on **Friday, May 2, and Saturday, May 3, 2025**. Mark your calendars!

*Rochelle McIntire*  
LWR Coordinator for the PNW



## Making Ends Meet

Thank you to everyone who has contributed to help St. Andrew's administrative assistant Rhonda Powell and her family meet life's expenses while she continues to undergo cancer treatment. To learn more, please visit [gofund.me/d9a92c15](https://gofund.me/d9a92c15).



## St. Andrew Contacts

Council President Liz Hardy ..... [president@standrewlutheran.com](mailto:president@standrewlutheran.com), 360-632-4900  
 Lead Pastor Allison Bengfort.....[PastorAllison@standrewlutheran.com](mailto:PastorAllison@standrewlutheran.com)  
 Sister India Jensen Kerr ..... [india@standrewlutheran.com](mailto:india@standrewlutheran.com)  
 Deacon Susan Reiser, Church Musician and  
 Interim Minister of Music ..... [srweiner.reiser@standrewlutheran.com](mailto:srweiner.reiser@standrewlutheran.com)  
 Dir. of Next Generational Ministry Kyler Vogt..... [kvogt@standrewlutheran.com](mailto:kvogt@standrewlutheran.com)  
 Parish Executive Carol Harker ..... [charker@standrewlutheran.com](mailto:charker@standrewlutheran.com)  
 Administrative Assistants Martin Mills ..... [office@standrewlutheran.com](mailto:office@standrewlutheran.com)  
 Rhonda Powell ..... [office@standrewlutheran.com](mailto:office@standrewlutheran.com)  
 Parish Nurses Diane Reiner ..... 503-201-4222  
 Tira Nasset..... 503-866-5099

## Emergency Pastoral Care

November 15 & 16, as well as Sunday and Monday, contact Sister India Jensen Kerr

*Resuming November 22:*  
Friday and Saturday, contact Pastor Allison Bengfort

At other times, please call the church office at 503-646-0629.

## Preparing for Worship Sunday, November 24, 2024

Daniel 7:9-10, 13-14  
 Psalm 93  
 Revelation 1:4b-8  
 John 18:33-37

## Highlights for the Week at St. Andrew

### Friday, November 15

10:00 am Tai Chi ..... Fellowship Hall

### Saturday, November 16

9:00 am Nifty Notters ..... Fellowship Hall

### Sunday, November 17

**9:30 am Worship ..... Sanctuary, livestream, and via Zoom**

9:30 am Portland Taiwan Worship Service ..... Chapel

10:45 am Taiwanese Church Fellowship Gathering ..... Chapel

11:00 am Adult Ed: David ..... St. Andrew Room

11:00 am Adult Ed: The Words of God: Languages and Translations ..... Fellowship Hall

11:00 am Confirmation Classes for Middle School Youth ..... Library

11:00 am High School Youth Group ..... Youth Room

11:00 am The Roots ..... Children's Commons, Children's Library, LL Classrooms

1:00 pm Twirlers Meeting & Practice ..... Fellowship Hall, St. Andrew Room

2:00 pm An Immigrant Story from Myanmar ..... Sanctuary

2:00 pm Light Opera of Portland Rehearsal ..... Children's Commons

### Monday, November 18—Church Office Closed

7:00 pm Finance Team Meeting ..... via Zoom

### Tuesday, November 19

7:00 am Men's Gathering and Bible Study ..... Elmer's Restaurant on 158<sup>th</sup> (1250 NW Waterhouse Ave)

7:00 am Sunrise Women ..... Elmer's Restaurant on 158<sup>th</sup> (1250 NW Waterhouse Ave)

10:00 am Tai Chi ..... Fellowship Hall

10:00 am Worship Planners Meeting ..... Library

12:00 pm Bridge Group ..... Fellowship Hall

7:00 pm Brass Quintet Rehearsal ..... Sanctuary

7:00 pm MACG Core Team ..... St. Andrew Room

### Wednesday, November 20—Weekly News deadline is 4:00 pm; submit material to [office@standrewlutheran.com](mailto:office@standrewlutheran.com) and [charker@standrewlutheran.com](mailto:charker@standrewlutheran.com)

11:00 am Alzheimer's Support Group ..... St. Andrew Room

1:00 pm Wednesday Book Group with Sister India ..... St. Andrew Room

6:00 pm Bells of Grace Rehearsal ..... Sanctuary

7:00 pm Light Opera of Portland Rehearsal ..... Fellowship Hall

7:00 pm Sanctuary Choir Rehearsal ..... Sanctuary

### Thursday, November 21

9:30 am Seekers of the Heart of God Bible Study ..... St. Andrew Room

10:00 am Strength + Stability with Susanne ..... Fellowship Hall

10:30 am Nature Gazing with Susanne ..... Sanctuary of the Firs (subject to change)

1:00 pm Staff Meeting ..... Chapel, Library

6:30 pm Wing Chun Class ..... Children's Commons

7:00 pm Council Meeting ..... Fellowship Hall

### Friday, November 22

10:00 am Tai Chi ..... Fellowship Hall

### Saturday, November 23

9:00 am Morrell Memorial Service & Reception ..... Sanctuary, Fellowship Hall

### Sunday, November 24

**9:30 am Worship ..... Sanctuary, livestream, and via Zoom**

9:30 am Portland Taiwan Worship Service ..... Chapel

10:45 am Taiwanese Church Fellowship Gathering ..... Chapel

11:00 am Adult Ed: David ..... St. Andrew Room

11:00 am Adult Ed: The Words of God: Languages and Translations ..... Fellowship Hall

11:00 am Confirmation Classes for Middle School Youth ..... Library

11:00 am High School Youth Group ..... Youth Room

11:00 am The Roots ..... Children's Commons, Children's Library, LL Classrooms

## Worship at St. Andrew or Connect to Virtual Worship



**9:30 am:** Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. Links for remote worship will be sent to you via email and the church app.



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.