# ST. ANDREW WEEKLY NEWS

November 1, 2024

St. Andrew Lutheran Church 12405 SW Butner Road, Beaverton, OR 97005 Worship Service: Sunday, 9:30 am

www.standrewlutheran.com Telephone: 503-646-0629

### **Open Chapel for Election Week**



Many people in our country are feeling anxious about next week's election and may find comfort in prayer. Please note that the St. Andrew Chapel will be open and available next week during office hours (9:00 am-4:00 pm,

Tuesday-Friday), as well as Tuesday and Wednesday evenings, 6:00 pm-8:00 pm (November 5 & 6).

What might we pray for? The Faith & Leadership organization has some suggestions that you'll find at:

standrewlutheran.com/prayers-for-an-election

A limited number of print copies are also available at the entrance to the Chapel.

# **Thanksgiving Meals for Community Action**

The Service Committee is once again sponsoring Thanksgiving meals for Community Action families and we need your help. Our goal is to collect \$4,500, enough to buy seventy-five \$60 WinCo gift cards for these families. Any donations that exceed our goal will be used for our upcoming Barnes School Christmas Giving Tree, or donated to the St. Matthew Food Pantry for feeding anyone in the community who needs food assistance.

If you wish to give online, select "Thanksgiving Food Drive" in the drop-down menu below "Fund," or you can send a check made out to St. Andrew with "Thanksgiving Food Drive" in the memo line. Deadline is **November 19**.



No Alcohol or Tobacco Products

If you have any questions, feel free to contact: LuAnn Staul (<u>ljstaul@gmail.com</u> / 503-314-6321) or Linda McDowall (mcdowall.ml@gmail.com / 503-649-5091)

# **Pastor's Project Fund**

To support Pastor Allison and give our new lead pastor the opportunity to fund special projects and ministry opportunities, the Finance Team has created a new designated fund: The Pastor's Project Fund. This fund celebrates the new partnership between Pastor Allison and St. Andrew, and will allow her to live more fully into her creativity and vision for the church. Donors may select this fund on the drop-down menu if giving electronically through the church website.

To avoid confusion, the Pastor's Discretionary Fund has been renamed the Good Samaritan Fund in order to clarify its purpose and to distinguish it from the new Pastor's Project Fund. Gifts to the Good Samaritan Fund are meant to help people in need who turn to St. Andrew for support. Providing emergency financial aid is one way St. Andrew supports the community and focuses assistance on those who are most vulnerable.

#### **Daylight Saving Time Ends**

Don't forget to turn your clocks back one hour before you go to bed on Saturday! Daylight Saving Time ends at 2:00 am this <u>Sunday</u>, <u>November 3</u>. You'll want to make sure to get that extra hour of rest before you join us for our annual celebration of All Saints. Barring any changes to state or federal law, Daylight Saving Time will return on <u>Sunday</u>, <u>March 9</u>, 2025.



### "Thank you" from the Jelineos



We are most appreciative of all the help we received with the Reception for Pastor Allison's Installation. There were a lot of volunteers who helped make the work go smoothly. We appreciate everyone who helped with putting together the table decorations, setting up the room, arranging the flowers, making the brownies, cleaning up afterwards, and caring for the tablecloths.

A special thanks to Pastor Allison and her parents, Scott & Linda, for their help with cleaning Fellowship Hall!

Tom & Pam

# **Spirituality Book Group News**

On <u>November 10</u>, we will be discussing *The Measure*, by Nikki Erlick, at the home of Mary Smith, with Susan Werner Resier leading the discussion.

This creative and curious book should make for an interesting discussion. The book deals with the theme of discrimination, and how we consider length of life as a measure of happiness or value.



At the November meeting we will be selecting books to read and discuss for the first half of 2025, so please bring any titles you would be interested in reading to that meeting.

Future reading:

#### December 8, 2024

Book: *The Women,* by Kristin Hannah Location: Fran Miller's home

Dianna Carlson will help with refreshments Discussion Leader: Fran Miller

#### Ianuary 12, 2025

Book: White Too Long: The Legacy of White Supremacy in American Christianty, by Robert P. Jones

Location: Elaine May's home Discussion Leader: Elaine May

#### The Importance of Recycling E-Waste

Adapted from earth.org, October 2024, and Metro Recycling Handbook

E-waste recycling is the process of extracting valuable materials after shredding the e-waste into tiny pieces that could be reused in a new electronic appliance. Unfortunately, low global recycling rates and other challenges contribute to massive quantities of e-waste accumulating in landfills around the world, the environmental impact of which cannot be ignored. The annual production rate of e-waste is increasing gradually. China is the largest e-waste producer, followed by the US, which has a recycling rate of just 17.4%.

What is e-waste? E-waste stands for electronic waste. Electronics are defined as any device (television, radio, computer, cell phone, appliance) that operates with an electrical current and often has small working parts such as microchips. So if you plug it in or charge it and then ultimately throw it away, it is e-waste.



The rise of e-waste. The fundamental cause of the fastest increase in e-waste output is people's insatiable need to own technological devices. The United Nations came up with the phrase "e-waste tsunami" to describe the critical situation we find ourselves in. By the year 2021, the total amount of manufactured electronic waste was 57.4 million tons. Additionally, as the years go by, the total is increasing at a rate of roughly 2 metric tons per year on average. Experts estimate that there will be a total of 347 metric tons of non-recycled e-waste globally by the end of 2024. Only 17.4% of the e-waste is properly collected and recycled, alarming data that clearly shows that a major portion of e-waste is thrown into dumps without considering any recycling procedure and detrimental effects on the planet's ecology.

The environmental impact of e-waste. Soil contamination inspection suggests that the soil in the region surrounding e-waste could get contaminated because of large levels of lead and mercury in those materials. According to the Geneva Environment Network which analyzed the environmental impact of e-waste, elements and materials used in the manufacturing of electronic devices are incredibly harmful to our planet. As soon as they are dumped into a landfill, especially in the warmer months of the year, they are just left to soak into the ground for years to come.

One of the major negative effects on the environment is caused by heating e-waste which results in the discharge of toxic compounds such as lead, cadmium, and beryllium into the air. After that, there is a chance for the poisonous substances to seep into the groundwater, where they may influence both aquatic and terrestrial species. When the e-waste comes in contact with landfills, the surrounding soil gets contaminated with hazardous substances like mercury, cadmium, and lead which leads to several diseases. According to the World Health Organization, several adverse health effects are caused by exposure to e-waste like negative birth outcomes such as premature birth, changes in lung function, and respiratory issues. And these challenges are emerging day by day.

What can we do? The proper collection and recycling of e-waste can result in protecting and maintaining the environment and human health. Although the issue of e-waste is a global problem, it is not frequently mentioned, so many of us may not be aware of the dangers of discarding e-waste improperly. Improper dumping of electronics contributes to and accelerates climate change, results in the waste of significant resources that we need, and endangers both the environment and human health.

Oregon E-Cycles is a program managed by the Oregon DEQ that enforces both the management of e-waste and also producer responsibility. The program is a producer responsibility program in that it ensures that anyone who sells a new computer in Oregon participates in the costs of the resulting e-waste. Anyone in Oregon can take 7 or fewer computers monitors, TVs, printers, keyboards and mice at a time to participating Oregon E-Cycles collection sites for free recycling.

Prolong the life of your products. Read up on the best ways to extend the life of your device and their batteries. Keep your phone out of extreme temperatures. Extend your phone's battery life by reducing the brightness, switch to airplane mode when out of range, and close unnecessary apps. Don't worry about overcharging. With newer smartphones, charging a little at a time instead of draining the battery completely will help preserve your battery life.

Fix your electronics. iFixit is a global community of people helping each other repair things. Their website includes manuals, a forum to ask questions, and a store for tools and parts. Look for repair fairs around our region. RepairPDX.org organizes free events that bring volunteers who like to fix things together with people who have broken items that need to be fixed.

Liz Hardy Earth Care Team

#### Men's Book Club News

The Men's Book Club will meet on <u>Monday</u>, <u>November 11</u>, at 7:00 pm to discuss the book, *All the Pretty Horses*, by Cormac McCarthy. Tim Holte will host this discussion at his home. This title is also available in the St. Andrew Library.

Future reading:

#### December 9, 2024

Book: Facing the Mountain: A True Story of Japanese American Heroes in World War II, by Daniel James Brown Host: Ted Miller



#### January 13, 2025

Book: Voices of a People's History of the United States in the 21st Century: Documents of Hope and Resistance, by Anthony Arnove and Haley Pessin

Host: Gary Grafwallner

#### February 10, 2025

Book: Empire of the Summer Moon: Quanah Parker and the Rise and Fall of the Comanches, the Most Powerful Indian Tribe in American History, by S. C. Gwynne

Host: Larry Bliesner

### Managing Illness or Injury During Disaster

Items to be collected for emergency kits this month remind us that the emergency medical system will likely be in high demand after a disaster and we may need to depend on ourselves to treat various injuries and illnesses. An important part of being "2 Weeks Ready" is having first-aid supplies organized and ready to use quickly.

The American Red Cross recommends that first-aid kits include the following:

- Compress dressings (5 x 9 inches)
- Adhesive bandages (assorted sizes)
- Adhesive cloth tape
- Antibiotic ointment packets
- Antiseptic wipe packets
- Aspirin
- Emergency blanket
- Breathing barrier with one-way valve
- Instant cold compress
- Non-latex gloves (size large)
- Hydrocortisone ointment packets
- 3-inch gauze roll
- Sterile gauze pads (3 x 3 inches)
- Oral thermometer (non-mercury)
- Triangular bandages
- **Tweezers**
- Emergency first-aid instructions

To truly be prepared for any kind of disaster, keep a first-aid kit in three places: your home, your vehicle, and in your go bag.

#### First-Aid Kits for a Vehicle and Go-Bag

Even these smaller kits have some essentials to include:

- Alcohol wipes
- Cotton tip applicators
- Antibiotic ointment
- Instant cold compress
- Bandages (adhesive and elastic)
- Butterfly closures
- Finger splints
- Gauze pads
- Gloves
- Adhesive tape
- Scissors
- **Tweezers**

# Cold compresses are ideal for treating toothaches, sprains, bruises, muscle strains, migraines, and insect bites.



#### **Oregon's Good Samaritan Law**

Disasters often bring out the best in people trying to help each other recover, but you might wonder about liability issues that could get you into trouble if you try to provide emergency medical aid. Fortunately, Oregon's Good Samaritan Law protects you from liability when rendering emergency medical assistance. Ask permission to help an injured or sick person; if they are confused or critically injured or ill, you can assume that they would want you to help them. This is known as "implied consent."



# **BE PREPARED**

# **BUILD AN EMERGENCY KIT**

Include enough food, water, and medical supplies to prepare in case of an emergency.



# **Create a Disaster Preparedness Kit** Month Six, November 2024

#### To Do:

- ☐ Use a camcorder or your smart phone to record the contents of your home for insurance purposes.
- ☐ Make a copy of the recording and send it to an out-of-town friend or family member.
- ☐ Photocopy important documents; include them in your disaster kit.

#### To Collect:

- □ Laxative
- Antacid
- Anti-diarrheal
- Rubbing alcohol
- Duct tape
- Whistles (one for each member of your family)
- Tarp
- Blank DVDs to record home inventory

In Need of Prayers...

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NAME	PRAYERS FOR	<b>CONTACT</b>	
Family and friends of Ann Ciabattari (mother)	Peace and God's comfort at her death	Renee Wrede	
Family and friends of Bill & Victoria	Peace and God's comfort at their daughter's death	Sharon Fako	
Jonathan (friend)	Accurate diagnosis, treatment plan, and healing	Beverly Briggs	
Jay Meredith (husband)	Thanksgiving for successful medical procedure	Pam Meredith	
Camille Jackson	Comfort and healing from surgery	Sr. India Jensen Kerr	
Judy Heidinger	Comfort and healing from surgery	Judy Heidinger	
Mary Ann Snider	Comfort, peace, and wisdom	Sr. India Jensen Kerr	
Stacye Erickson (cousin)	Comfort and healing	Dana Blakemore	
Lisa Staul	Comfort and healing	LuAnn Staul	
Henry Stevens	Comfort and healing	Beverly Briggs	
Jennifer Shaw (sister-in-law)	Comfort and healing	Lee Anne Knapp	
Raven Krause Imhoff (son's dog)	Comfort and healing	Lee Anne Knapp	
Individual friends and loved ones	Whatever they need	Staff	
All those who are caregivers for a loved one	Strength and support	Staff	
Bishop Laurie Larson Caesar	Strength and wisdom	Staff	
Oregon Synod and Staff			
Refugees and immigrants	Acceptance, safety, and just treatment	Staff	
Military Personnel, especially Justina Hailey Hope Brocker, Evan Dahlquist, Neil Fiegenbaum, and Jerami Reyna	Courage and protection	Staff	
Hoodland Lutheran (Brightwood) Trinity Lutheran (Gresham)	Serving with us in the Oregon Synod	Staff	
Ecumenical and interfaith partners in ministry	Blessings on their work	Staff	
If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email <a href="mailto:office@standrewlutheran.com">office@standrewlutheran.com</a> , or fill out the prayer request form on the church website.			

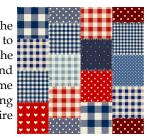
### **BottleDrop Blue Bag Fundraiser**

Over the past year, we have raised more than \$900 for our youth program by recycling our bottles and cans with BottleDrop! These funds help produce a wide array of activities and events for our youth, including helping to send our students to the ELCA National Youth Gathering. If you have cans to recycle, here is how you can join the fundraiser:

Grab a couple of blue BottleDrop bags with barcode stickers on them from the shelves in the back corner of Fellowship Hall. Fill the bags with redeemable bottles and cans and drive over to your nearest BottleDrop redemption center. On the outside of the redemption center, you'll see a metal hatch door with a barcode scanner on it. Scan the code on the bag to open the door, drop the bag(s) in through the hatch, and that's it! No need to even go inside, and the bags are counted for St. Andrew. Thank you for helping support our youth!

# **Nifty Notters**

On <u>November 2</u> and <u>November 16</u> from 9:00 am to 2:30 pm the Nifty Notters will meet in Fellowship Hall. The group would like to give thanks for the larger network of individuals who make the quilts possible. Those who boxed, loaded, and delivered quilts and kits at the most recent LWR Ingathering. The fabric donors, home sewers, and the congregation of St. Andrew that provides financing for the batting materials. And especially Pam Farr and the entire group who meet on the 1st & 3rd Saturdays. It takes a village!



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# **Making Ends Meet**

Thank you to everyone who has contributed to help St. Andrew's administrative assistant Rhonda Powell and her family meet life's expenses while she continues to undergo cancer treatment. To learn more, please visit gofund.me/d9a92c15.



# **Emergency Pastoral Care**

November 1 & 2, contact Pastor Allison Bengfort

November 3 & 4, 8-11, and 15-18, contact Sister India Jensen Kerr

At other times, please call the church office at 503-646-0629.

# Preparing for Worship Sunday, November 10, 2024

1 Kings 17:8-16 Psalm 146 Mark 12:38-44

# Highlights for the Week at St. Andrew

Friday, No	vember 1	
10:00 am	Tai Chi	Fellowship Hall
1:00 pm	Music Minister Search Team	via Zoom
Saturday, I	November 2	
9:00 am	Nifty Notters	Fellowship Hall
All Saints'	Sunday, November 3	
9:30 am	Worship	Sanctuary, livestream, and via Zoom
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Church Fellowship Gathering	Chapel
11:00 am	Adult Ed: David	St. Andrew Room
11:00 am	Adult Ed: The Word of God: Languages and Translations	Fellowship Hall
11:00 am	Confirmation Classes for Middle School Youth	Library
11:00 am	High School Youth Group	Youth Room
11:00 am	The Roots	Children's Commons, Children's Library, LL Classrooms
1:00 pm	Twirler Meeting and Practice	St. Andrew Room, Fellowship Hall
2:00 pm	Light Opera of Portland Rehearsal	
Monday, N	November 4—Church Office Closed	
Tuesday, N	November 5	
7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 <sup>th</sup> (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women	Elmer's Restaurant on 158 <sup>th</sup> (1250 NW Waterhouse Ave)
10:00 am		Offsite
10:00 am		Fellowship Hall
12:00 pm	Bridge Group	Fellowship Hall
7:00 pm	Brass Quintet Rehearsal	Sanctuary
7:00 pm	Columbia Willamette Faceters' Guild	Fellowship Hall
7:00 pm		St. Andrew Room
Wednesda	y, November 6—Weekly News deadline is 4:00 pm; submit materia	l to office@standrewlutheran.com and charker@standrewlutheran.com
6:00 pm	Bells of Grace Rehearsal	Sanctuary
7:00 pm	Light Opera of Portland Rehearsal	Fellowship Hall
7:00 pm	Sanctuary Choir Rehearsal	Sanctuary
Thursday,	November 7	·
9:30 am		St. Andrew Room
10:00 am	•	Fellowship Hall
10:30 am	· ·	Sanctuary of the Firs (subject to change)
1:00 pm		
5:00 pm		via Zoom
6:30 pm	3	
Friday, No	vember 8	
• •		Fellowship Hall
	November 9	'
• •	ovember 10	
9:30 am		Sanctuary, livestream, and via Zoom
9:30 am		
10:45 am	·	Chapel
11:00 am		St. Andrew Room
11:00 am		
11:00 am		Library
11:00 am		Youth Room
11:00 am	· ·	
2:00 pm		

# Worship at St. Andrew or Connect to Virtual Worship



YouTube 9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. Links for remote worship will be sent to you via email and the church app.



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.