

ST. ANDREW WEEKLY NEWS

September 29, 2024

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

FINAL SUNDAY for Western Farm Workers Collection

The Service Committee is concluding their collection of clothing and food donations for the Western Farmer Workers Association.

The clothing items most needed this year are:

- Coats for winter weather
- Rain gear - raincoats and pants
- Fleece coats & jackets
- Sweatshirts
- Sweaters
- Long-sleeve work shirts
- T-shirts
- Work pants
- Jeans
- Work boots

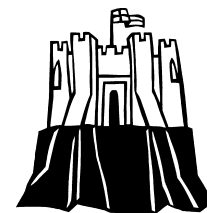
All clothing must be new or gently used, in good repair, and CLEAN. Please, no pajamas or swimsuits.

In addition to clothing, Western Farm Workers need the following non-perishable items for their food pantry:

- Tuna
- Beans
- Rice
- Peanut butter
- Jam
- Canned vegetables
- Pasta
- Pasta sauce
- Cooking oil

Please place clothing items inside the barrel in the Narthex. Food items may be placed in bags or boxes near (but not inside) the barrel. The collection drive ends on **September 30**, so please get any last-minute donations in this Sunday. Thanks!

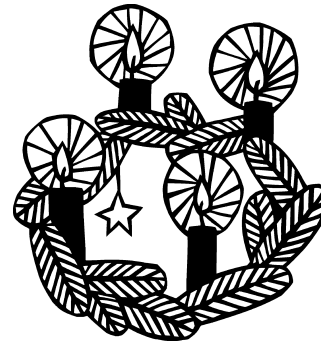
Reformation Sunday Singing Opportunity



On **Sunday, October 27**, there is an opportunity for singers of all ages to sing the anthem, *God Is Our Refuge* by Allen Pote. You don't have to be a regular member of the Sanctuary Choir to join us! We will rehearse the anthem at 8:30 am in the Sanctuary on Reformation Sunday to sing during the offering. See Deacon Susan if you are interested and to receive a copy of the anthem in advance.



Advent Worship Planning Session



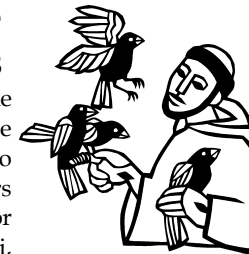
Thanks to all who participated in the Worship Listening Sessions in August! It was wonderful to hear your reflections on what is most meaningful to you about worship, what your heart is yearning for, and what assumptions the Holy Spirit might be inviting you to shed. The Worship Planning Team has been reflecting on what you have shared, and now it is time to get creative about what worship could look like moving forward.

We would like to invite you to join us on **Saturday, October 5** from 10:00 am to 12:00 pm, for a Worship Planning Session where we will brainstorm, consider options, and begin planning a fresh and enlivening Advent season for our congregation. Please bring your ideas and an attitude of openness to the ideas of others. We can't wait to see where the Spirit leads us!

Pastor Allison Bengfort

Sanctuary of the Firs Service with Blessing of the Animals

After three wonderful services in the Sanctuary of the Firs this summer, the Worship Planning Team has decided to offer an additional Sanctuary of the Firs service on **Sunday, October 6**. To honor the commemoration of Francis of Assisi, we will welcome pets and beloved creatures to this outdoor service for a Blessing of the Animals. All types of animals are welcome if they are appropriately contained (eg. dogs must be on leash) and do not present a safety concern to others. We would love to see a mix of cats, dogs, turtles, hamsters, and other creatures! If your animal is not able to attend the service, you are invited to bring a photo. You may also bring photos of beloved pets who have passed away, animal species that are endangered, or other animals you would like blessed.



As we did this summer, we will offer a concurrent service in the Sanctuary on **October 6**. Animals may not attend the indoor service, but you are invited to bring photos of animals to be blessed.

In case of rain: If weather prohibits us from worshipping outdoors, we will send an email cancellation notice, and the in-person Blessing of the Animals will be postponed. Photos of animals will still be blessed at the indoor service.

How to Recycle Shredded Paper

One of the best ways to avoid identity theft is to shred documents with personal information, such as bills and receipts. But don't shred for no reason, because this significantly reduces the paper's recycling market.

It might seem like shredded paper would be as easy to recycle as office paper or newsprint (remember that?), but the reality is much more complicated. Most recycling programs do not accept shredded paper in the recycling bin because staples and other contaminants can be mixed in with shredded paper. Shredding makes the resulting recycled paper less durable and useful since the fibers in shredded paper are typically shorter than other paper or different grades of paper, (some of which has a coating), get mixed in.

As of 2022, Americans consumed about 700 lbs. of paper annually, and we only recover 67.9% of it for recycling. Paper accounts for about 26% of landfill waste and is a prominent source of methane emissions as it breaks down in landfills. Protecting personal information is important in an era when any information can be used to take control of personal or business accounts. There is no law against searching through garbage for personal information.

What can you do? The best option is to reduce the use of paper, which is easier to do in the digital age. If you must use paper and feel it needs to be shredded, recycle it properly. In Metro Oregon (Washington, Clackamas, and Multnomah counties), we are required to put the shredded paper into a paper bag before adding to the recycle bin. Since plastic bags are not to be added to curbside recycling bins, do not put your shredded paper in plastic bags. At my house, we dump our shredded paper into the compost bin. To make compost, you need to add brown and green material. Shredded paper counts as brown material.

Shredded paper recycling process:

Shredded paper is classified as mixed paper, so it has to be separated from the cardboard, office paper, and newspaper. That's why it should be bagged in a paper bag. Shredded paper is baled and sent to a mill. At the mill, there are machines called pulpers that introduce water and chemicals to break down the paper into fibers.

Then any ink and adhesive is removed and the paper fibers start bonding together. Finally, the fibers are rolled and dried, then sent off to make new products. Because mixed-paper fibers are smaller than cardboard or office paper, this paper is recycled into lesser-quality paper products such as coffee filters, egg cartons, and paper towels.

Alternatives to shredding paper: In most cases, the information you are trying to delete is only on one or two lines, such as a name, address, or account number. You can use a permanent marker to remove the personal information without shredding the document. This ink is easily removed in the recycling process. And as I said, your compost bin is a perfect place to end the life of your shredded paper. Note that you should not put shredded paper into your yard waste bin.

*Liz Hardy, Earth Care Team
Article adapted from Earth 911*



L'Arche Portland Looking for Host Families



L'Arche Portland is welcoming two German volunteers to do a year of service! They are looking for some families who might be interested in hosting these volunteers by inviting them to dinner, or on a hike or local adventure. You could also bring them a care package, etc.

Arriving at the end of September will be a 21-year-old female who loves crochet, hiking, theater, and reading. And arriving in October will be an 18-year-old male who loves skateboarding, hiking, and snowboarding. If you have desired a cross-cultural exchange and love to extend hospitality and welcome, please contact L'Arche Portland by email at info@larche-portland.org or by phone at 503-251-6901. Thank you!

LWR Fall Ingathering Volunteer Opportunities



We are preparing for our next Lutheran World Relief Ingathering and there are two opportunities for you to volunteer!

October 22, from 5:00 pm - 7:00 pm, we will be assembling school kits and baby kits. We will also be packing the kits and quilts made by the Nifty Notters into boxes to get them ready to ship to LWR. This is a great event for families.

We also need volunteers to help with the actual Ingathering on **Friday, October 25**, and **Saturday, October 26**. On Friday, volunteers have their choice of a 2-hour shift between 8:00 am and 4:00 pm. On Saturday, we need volunteers to staff a single three-hour shift starting at 9:00 am.

The Ingathering takes place in the St. Andrew parking lot near the community garden. We have two types of volunteer assignments:

- * Loading the shipping container. Boxes can weigh up to 40 pounds.
- * Greeting vehicles as churches drop off their donations.

To volunteer, please sign up in the Narthex or contact Rochelle McIntire directly by email at pacificnwlwrgroup@gmail.com or by phone at 503-804-7967.

MACG October Events



MACG Orientation - Learn more about broad-based organizing, MACG membership, and the relational organizing model.

Tuesday, October 15, 6:30 pm - 8:00 pm on Zoom. You can register at:

https://www.macg.org/oct24_orientation

MACG Leadership Academy - Go deep on the primary tool of organizing: 1-1 meetings. **Sunday, October 27**, 2:30 pm - 5:00 pm, in-person. Registration and details to follow after the venue is confirmed.

Questions? Contact Pat Christiansen, MACG Training Team Co-Chair, or any member of the Connections Team: Pastor Allison, Sonja Ackman, Gretchen Bancroft, Larry Bliesner, Connie Losk, Lynn Santelmann, or Jan Smith.

In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Deanna Long (best friend)	Peace and God's comfort at her death	Mary Smith
Camille Jackson	Comfort and healing	Sr. India Jensen Kerr
Glenath Moyle	Comfort and healing	Sr. India Jensen Kerr
Beth Johnson	Comfort and healing	Sr. India Jensen Kerr
Mary Ann Snider	Comfort and healing	Sr. India Jensen Kerr
Betty Eldridge	Comfort and healing	Sr. India Jensen Kerr
Don Parsons	Comfort and peace	Claudia Parsons
Joyce Bianucci (sister)	Healing and peace	Judy Scholz
Barbara (sister-in-law)	Healing and recovery	LeeAnne Knapp
Triniti (granddaughter)	Healing and recovery	Donna & Warren McAlpine
Ruth Nickodemus	Healing and recovery	Mary Smith
Mark Zahn (brother)	Healing and recovery	Anne Newell
Henry Stevens (husband)	Healing and recovery	Beverly Briggs
Jeannine Douglas	Successful surgery on Oct. 4	Jeannine Douglas
Individual friends and loved ones	Whatever they need	Staff
All those who are caregivers for a loved one	Strength and support	Staff
Grace and Mercy Lutheran (Umatilla)	Serving with us in the Oregon Synod	Staff
Grace Lutheran (Vale)		
Ecumenical and interfaith partners in ministry	Blessings on their work	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, Email office@standrewlutheran.com, or fill out the prayer request form on the church website.

Historic Grieg Lodge Lutefisk Dinner

Indulge in a true Scandinavian culinary experience at the Historic Grieg Lodge's Lutefisk Dinner—tickets are on sale now! Savor the exquisite flavors of perfectly prepared dried cod, accompanied by tender potatoes and an array of delectable side dishes that celebrate our rich heritage. While you're here, explore the Scandinavian Sale, where every purchase supports the important work of the scholarship committee. Join us for a day of great food, lively conversation, and cherished memories with friends old and new.



Historic Grieg Lodge Lutefisk Dinner
Sunday, November 10

Seatings at 12:00 pm, 2:00 pm, 4:00 pm, and 6:00 pm
Norse Hall, 111 NE 11th Ave, Portland

Visit norsehall.org and click on "Special Events" to get your tickets before they sell out!

A Prayer for the Festival of Michael and All Angels, Sept. 29

Everlasting God, you have wonderfully established the ministries of angels and mortals. Mercifully grant that as Michael and the angels contend against the cosmic forces of evil, so by your direction they may help and defend us here on earth, through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God whom we worship and praise with angels and archangels and all the company of heaven, now and forever. **Amen.**



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Making Ends Meet

Year-round, the good people of St. Andrew reach out to generously help people we don't know. We make quilts, provide food, collect housewares, buy school supplies, cook meals, and shop for socks and underwear.

And now we have an opportunity to help our administrative assistant Rhonda Powell and her family meet life's expenses while she continues to undergo cancer treatment. To learn more, please go to <https://gofund.me/d9a92c15>.



Thank you!

Men's Book Club

Next meeting, **October 14**, 7:00 pm, at the home of Tim Holte. Discussion will be on the novel *All the Pretty Horses* by Cormac McCarthy.

Emergency Pastoral Care

Sunday and Monday, contact
Sister India Jensen Kerr

Friday and Saturday, contact
Pastor Allison Bengfort

At other times, please call the
church office at 503-646-0629.

Preparing for Worship

Sunday, October 5, 2024

Genesis 2:18-24

Psalm 8

Mark 10:2-16

St. Andrew Contacts

Council President Liz Hardy president@standrewlutheran.com, 360-632-4900
Lead Pastor Allison Bengfort.....PastorAllison@standrewlutheran.com
Sister India Jensen Kerr india@standrewlutheran.com
Deacon Susan Reiser, Church Musician and
Interim Minister of Music srwerner.reiser@standrewlutheran.com
Dir. of Next Generational Ministry Kyler Vogt..... kvogt@standrewlutheran.com
Parish Executive Carol Harker charker@standrewlutheran.com
Administrative Assistants Martin Mills office@standrewlutheran.com
Rhonda Powell office@standrewlutheran.com
Parish Nurses Diane Reiner 503-201-4222
Tira Nasset..... 503-866-5099

Highlights for the Week at St. Andrew

Sunday, September 29

9:30 am	Worship	Sanctuary, livestream, and via Zoom
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Church Fellowship Gathering	Chapel
11:00 am	Adult Ed: St. Andrew Core Values	Fellowship Hall
11:00 am	Adult Ed: The Book of Romans	St. Andrew Room
11:00 am	Confirmation Classes for Middle School Youth	Library
11:00 am	High School Youth Group	Youth Room
11:00 am	The Roots	Children's Commons, Children's Library, LL Classrooms
2:00 pm	Light Opera House of Portland Rehearsal	Fellowship Hall

Monday, September 30—Church Office Closed

10:00 am	Meals on Wheels	Off-site
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Tuesday, October 1

7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
10:00 am	Meals on Wheels	Off-site
10:00 am	Tai Chi	Fellowship Hall
10:00 am	Worship Planners Meeting	Library
12:00 pm	Bridge Group	Fellowship Hall
5:30 pm	HR Meeting	via Zoom
7:00 pm	Brass Quintet Rehearsal	Sanctuary
7:00 pm	Columbia Willamette Faceters' Guild	Fellowship Hall
7:00 pm	Connections Team Meeting	St. Andrew Room
7:00 pm	Light Opera House of Portland Rehearsal	Children's Commons

Wednesday, October 2—Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com and charker@standrewlutheran.com.

1:00 pm	Wednesday Book Group	St. Andrew Room
6:00 pm	Bells of Grace Rehearsal	Sanctuary
7:00 pm	Sanctuary Choir Rehearsal	Sanctuary

Thursday, October 3

10:00 am	Strength + Stability with Susanne	Fellowship Hall
1:00 pm	Staff Meeting	Chapel, Library
5:00 pm	Executive Committee Meeting	via Zoom
6:30 pm	Wing Chun Class	Children's Commons
7:00 pm	Light Opera House of Portland Rehearsal	Fellowship Hall

Friday, October 4

10:00 am	Tai Chi	Fellowship Hall
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Saturday, October 5

9:00 am	Nifty Notters	Fellowship Hall
10:00 am	Advent Worship Planning Meeting	Library

Sunday, October 6

9:30 am	Outdoor Worship	Sanctuary of the Firs, and via Zoom
9:30 am	Indoor Worship (in-person only)	Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Church Fellowship Gathering	Chapel
11:00 am	Adult Ed: St. Andrew Core Values	Fellowship Hall
11:00 am	Adult Ed: The Book of Romans	St. Andrew Room
11:00 am	Confirmation Classes for Middle School Youth	Library
11:00 am	High School Youth Group	Youth Room
11:00 am	The Roots	Children's Commons, Children's Library, LL Classrooms

THANK YOU!

Heartfelt thanks and appreciation go out to everyone who helped make our Lutheran World Relief School Kits supply drive a resounding success! We were able to meet our goals, and look forward to assembling these kits on **October 22**. -Sandi Beavers



Upcoming Nifty Notters Dates

We'll be meeting this Saturday, **October 5**, in Fellowship Hall from 9:00 am—2:30 pm. Drop in for any part of the day or pack a lunch and stay the entire time! All supplies are provided and all hands are welcome. We will not meet October 19.

Worship at St. Andrew or Connect to Virtual Worship



9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. Links for remote worship will be sent to you via email and the church app.



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.