

ST. ANDREW WEEKLY NEWS

September 1, 2024

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

The Ministry Fair is Almost Here!

It's almost time for this year's Ministry Fair. Please join us on **Sunday, September 8**, from 10:45 am - 12:00 pm to learn more about all the wonderful ministry opportunities here at St. Andrew. What tugs at your heartstrings? What do you see that leads you to think, "I would love to be a part of THAT"? What can you tell others about how St. Andrew lives out its core values of God Care, Earth Care, Neighbor Care, Self Care, and Community Care?

If your ministry team has not yet requested a table, please email **Lynn Santelmann** by **SUNDAY, SEPTEMBER 1** at lsantelmann66@gmail.com.



If your ministry team has requested a table, please be ready with:

- A display of some kind, or information that can be given out.
- A question to be answered or a task to be completed for the people visiting your table. It's a good idea to have a couple of questions ready in case the answer starts to get around!
- A stamp, sticker, or signature for those participating in this 'scavenger hunt.'
- A way for people to engage in joining your team. For example, a sign-up sheet, an information card with the date and time of your next meeting, or you can give them contact information for a team leader they can be in touch with.

We ask those preparing a table for your team to come by **Saturday, September 7**, 4:00 pm - 6:00 pm to set up your table. You can also do so before worship on that Sunday morning. Finally, we encourage you to have a small treat to offer those who visit your table. This is optional, but it can be a fun way to engage with folks!

The St. Andrew MACG Connections Team is looking forward to helping you make a connection to the ministry teams that make your heart sing! All of our teams would be stronger if YOU were involved. Questions? Contact any member of the Connections Team: Sonja Ackman, Gretchen Bancroft, Larry Bliesner, Pat Christiansen, Connie Losk, Lynn Santelmann, or Jan Smith.

New Member Sunday



Our next New Member Sunday is scheduled for **September 8!** If you are considering the possibility of joining St. Andrew, please contact Pastor Allison at pastorallison@standrewlutheran.com. She'd love to get to know you, give you an overview of the St. Andrew community, and answer any questions you have.

Western Farm Workers Collection



Each year, the Service Committee collects clothing and food donations for the Western Farmer Workers Association. These are the people who toil in the fields to plant, weed, and pick the fresh produce we enjoy. During growing seasons, they typically work 12-hour days, seven days a week.

The clothing items most needed this year are:

- Coats for winter weather
- Rain gear - raincoats and pants
- Fleece coats & jackets
- Sweatshirts
- Sweaters
- Long-sleeve work shirts
- T-shirts
- Work pants
- Jeans
- Work boots

All clothing must be new or gently used, in good repair, and CLEAN. Please, no pajamas or swimsuits.

In addition to clothing, they need the following non-perishable items for their food pantry:

- Tuna
- Beans
- Rice
- Peanut butter
- Jam
- Canned vegetables
- Pasta
- Pasta sauce
- Cooking oil



Please place the clothing items inside the barrel in the Narthex. The food items may be placed in bags or boxes near (but not inside) the barrel. If you have any questions, please contact Deacon Susan. Thank you!

DATE CHANGE: Nifty Notters



We'll be meeting the next three **Saturdays, August 31, September 7, and September 14** in Fellowship Hall from 9:00 am - 2:30 pm. Drop in for any part of the day or pack a lunch and stay the entire time! All supplies are provided and all hands are welcome.

Celebration Cleaning

You'll see elsewhere in the newsletter that the date for Pastor Allison's installation at St. Andrew is set for October 19. We'll have leaders from the synod here, Pastor Allison's family and friends, and many other clergy from the area. So it's time to clean house!



Many of the blue chairs we use in Fellowship Hall are stained and need attention. If you have a hand-held carpet cleaner, such as a Bissell Little Green Pro, please consider joining a volunteer team on a Monday in September to help get the job done!

We'll gather in Fellowship Hall, set out the chairs in groups, and get to work. More hands mean less labor for everyone involved and, if there's interest, we could transform our work into a party and have a potluck to cap off the day!

Pam Jelineo has been cleaning some badly stained chairs on the chancel and will be there to lead the way. Mondays worked well for school bag sewing, so initially we'll consider gathering on September 9, 16, 23, or 30.

Since the Jelineos will be traveling over the next several weeks, please contact the church office if you can help and let us know what days you would be available for this celebration cleaning.

Thank you!

MACG Wrestling Listening and Visioning Session

MACG is excited to share that their Wrestling Listening and Visioning Session will be on **Thursday, September 12**, hosted by Spirit of Grace.



Please join all those who have participated in the Wrestling with Colonization Training for an important time together to *listen* to one another:

- What have we learned?
- How have we been changed?
- How have our institutions been impacted?
- What actions and visions are we being drawn to?

And out of that listening, we *vision*:

- How could MACG partner with Native organizations to realize shared visions grounded in Native-led priorities?
- What are the steps MACG can take even during this Transformational Year to move toward deeper partnership around shared visions?

This event will be held at:

Spirit of Grace
7400 SW Scholls Ferry Rd.
Beaverton, OR 97008

You're invited to attend a potluck beginning at 5:00 pm, or just come for the listening and visioning session from 5:45 pm - 7:45 pm. If you're planning to attend, please RSVP at:

<https://forms.gle/8tMBcHdUPVWmZZ297>

Thank you to the Spirit of Grace Wrestlers for hosting this event!

New Photo Directories



Our new church photo directories have arrived. Thank you so much for your help with getting the pictures taken and your patience during production.

If you had a picture taken or turned in a selfie, you can pick up your directory in the office during office hours, Tuesday through Friday from 9:00 am to 4:00 pm. **These need to be tracked, so please do not just take a book.**

In addition to the printed directory, those who had a photo taken and provided an email address have access to an online version of the directory. You should have received an email with your personal log in and password. Please ignore the company advertising on the first page and go to the top right-hand side of the screen to "Sign In." Click on that and use the log in information that was sent to you.

De-escalation 101

In response to concerns from almost a dozen congregations, the Oregon Synod is offering a Zoom class on ways to de-escalate difficult interactions with people, either invited or not, on church property.



Ushers, volunteers who are often on-site, and other interested individuals are invited to participate on **Wednesday, September 4**, 6:30 pm - 8:00 pm. The session will cover the basics and provide an overview of how we communicate to de-escalate, and how to identify and respond to varying levels of behavior with an emphasis on safety and compassion. The training will be presented by Mikaila Maher, LCSW, who has been providing de-escalation trainings since 2014. Register for this free training at: <https://tinyurl.com/2bfmw768>

Collecting Supplies for Lutheran World Relief

Please take advantage of school supply sales going on now to help us prepare for the LWR Ingathering in October. If you're interested in donating items, please note what we still need:

- ◆ 397 Spiral notebooks (70 sheets)
- ◆ 169 Pencil sharpeners
- ◆ 130 Blunt scissors
- ◆ 140 Unsharpened #2 pencils
- ◆ 362 Black or blue pens
- ◆ 38 Packs of 16- or 24-count crayons

The bags filled with school supplies that Lutherans put together year after year for LWR Ingatherings give children around the world the opportunity to learn and to thrive. Please leave your donations in the box labeled LWR in the Narthex. Thank you.

Choir Rehearsals Resume

Bells of Grace and Sanctuary Choir rehearsals resume on **Wednesday, September 11**. The handbells will be rehearsing at 6:00 pm and the Sanctuary Choir will follow with rehearsal starting at 7:00 pm, both in the Sanctuary. If you are interested in participating in either or both of these choirs, please contact Deacon Susan.



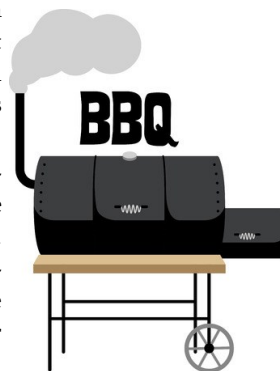
7 Ways to Have an Eco-Responsible

Labor Day Weekend

From Earth 911, written by Jenna Cyprus

Holidays are often times for excess, but you can make more responsible choices and do your part to improve sustainability while paying tribute to American workers and having a fun-filled Labor Day weekend. Here are 7 tips.

1. **Help clean up after the parade.** Who doesn't love a parade? But you'll see groups of people throwing individually wrapped pieces of candy to the crowd, passing out flyers that most people immediately dispose of, and possibly even spraying confetti. All this litter is bad for the environment, so consider sticking around to help clean up.
2. **Avoid disposable party ware.** Disposables may make your life a little more convenient, but the process of making paper or plastic cups, plates, and plastic utensils is harmful to the environment. Companies cut down trees for paper products, or consume significant energy making plastic, then burn fuel shipping those disposable products all over the world. When you're done with the spoon, it will probably end up in a landfill. Instead of using disposables, use reusable cups, dishes, and utensils when hosting gatherings.
3. **Upcycle your decorations and displays.** Every new thing you buy has an environmental impact; raw materials and energy are consumed to produce and ship goods around the world, all of which adds to your total carbon footprint. Instead of buying new decorations and displays for your party, consider upcycling what you already have. You could use old hubcaps to support flower arrangements, or turn an old throw into a makeshift tablecloth. Be creative with what you have!
4. **If you're grilling, skip the charcoal.** If you're planning a BBQ, consider fuel choices.
 - Charcoal: While you may love the taste of food cooked over a charcoal grill, cooking with charcoal releases volatile organic compounds, trace metals, and particulates that contribute to air pollution.
 - Gas: It may not seem like an eco-responsible option, but natural gas and propane both produce far fewer emissions than charcoal.
 - Pellets: Pellet grills are growing in popularity and provide a greener option to charcoal. They're fueled by wood pellets and might actually be healthier for you than other grilling methods.



- Electric: If your electricity comes from renewable energy resources like solar and wind, an electric grill may be the most environmentally friendly way to cook your outdoor meal.
 - Solar: The sun can cook a delicious meal! No electricity, firewood, or propane is required for solar ovens. All you need is sunshine and a portable solar oven for steaming, roasting, and baking an infinite variety of dishes, including veggies, pasta, eggs, beans and meats.
5. **Don't crank the AC.** If you're sensitive to the heat, you might be tempted to bring everyone inside and crank up the AC. Unfortunately, air conditioning can produce some harmful byproducts and it demands significant amounts of electricity. About 83% of electricity is generated from fossil fuels or nuclear energy. Your carbon footprint will be lower if you celebrate outside in the shade, but if you must be inside, keep your AC at a moderate temperature.
 6. **Gather in groups and carpool.** Sharing resources means you'll consume fewer resources in total. Try to gather together in groups to celebrate. When traveling to other locations, consider carpooling to reduce your fuel consumption, or better yet, bike, walk, or take public transportation to your destination.
 7. **Recycle and make it easy for your guests to recycle.** Make sure it's convenient for your guests to recycle those beer bottles and soda cans, and compost food scraps. Include clearly marked recycling and compost bins next to your main eating area and help your guests understand what goes in each bin.

The bottom line? Consume less! Use less fuel, use less electricity, buy fewer products, and properly dispose of the products you do use. And not just on Labor Day, but every day!

Liz Hardy
Climate Corner

In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Doug Morrell	Peace and God's comfort at his death	Carol Harker
Alex Vischer	Definitive diagnosis, healing, and recovery	Pastor Laurie Newman
Amy Fiegenbaum	Healing and strength	Amy Fiegenbaum
Peter Persing	Healing and recovery	Warren & Donna McAlpine
Henry Stevens (husband)	Healing and recovery	Beverly Briggs
Doreen L. (friend)	Healing and recovery	LeeAnne Knapp
Jennifer Shaw (sister-in-law)	Comfort, strength, and healing	LeeAnne Knapp
Stacy Mann (daughter)	Comfort, strength, and healing	Jerry Entrikin
Donna (friend)	Comfort, healing, and support	Gretchen Bancroft
Individual friends and loved ones	Whatever they need	Staff
All those who are caregivers for a loved one	Strength and support	Staff
Bishop Laurie Larson Caesar	Strength and wisdom	Staff
Oregon Synod and Staff		
Refugees and immigrants	Acceptance, safety, and just treatment	Staff
Military Personnel, especially Justina	Courage and protection	Staff
Hailey Hope Bocker, Evan Dahlquist, Neil Fiegenbaum, and Jerami Reyna		
Hopeful Saints (Heppner)	Serving with us in the Oregon Synod	Staff
Ecumenical and interfaith partners in ministry	Blessings on their work	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, Email office@standrewlutheran.com, or fill out the prayer request form on the church website.

“At the Table with Jesus: Preparing for the Year of Luke”

In the gospel reading, 2024-25 is the Year of St. Luke! Join us as we follow Jesus through the vivid storytelling of the author of the third gospel. We'll explore Lukan emphases: the prominence of women, prayer and worship, Jesus reaching out to excluded ones, riches and poverty, what happens around meals, and Luke's perspective on salvation. Each week we ask the question: What does this mean for us as we seek to love God and our neighbor?

Presenters include Intern Dex Valdex, Pastor Miranda Bermes, retired Professor Mark Allan Powell, Pastor Erika Spaet, PLTS NT Professor Adam Braun, Pastor Matta Ghaly, and Pastor John Reutter-Harrah.



This course will meet on Zoom for eight consecutive Thursday evenings from 6:30 pm to 8:00 pm starting **September 26** (will not meet on Halloween).

Course participants and/or their congregations are encouraged to support the course with a financial donation as they are able. A gracious giving range of \$20-\$160 is invited; an \$80 donation covers presenters and administrative costs. With four or more from the same congregation, we encourage a congregational donation of \$250. And any donation is appreciated. Register here: <https://forms.gle/rsmVIESMaQBrTAYZ6>.

A Prayer for Commerce and Labor

Almighty God, your Son Jesus Christ dignified our labor by sharing our toil. Guide us with your justice in the workplace, so that we may never value things above people, or surrender honor to love of gain or lust for power. Prosper all efforts to put an end to work that brings no joy, and teach us how to govern the ways of business to the harm of none and for the sake of the common good; through Jesus Christ our Lord. *-ELW page 78*

St. Andrew Contacts

Council President Liz Hardy president@standrewlutheran.com, 360-632-4900
 Lead Pastor Allison Bengfort.....PastorAllison@standrewlutheran.com
 Sister India Jensen Kerr india@standrewlutheran.com
 Deacon Susan Reiser, Church Musician and
 Interim Minister of Music sr Werner.reiser@standrewlutheran.com
 Dir. of Next Generational Ministry Kyler Vogt..... kvogt@standrewlutheran.com
 Parish Executive Carol Harker charker@standrewlutheran.com
 Administrative Assistants Martin Mills office@standrewlutheran.com
 Rhonda Powell office@standrewlutheran.com
 Parish Nurses Diane Reiner 503-201-4222
 Tira Nasset..... 503-866-5099

Making Ends Meet

Year-round, the good people of St. Andrew reach out to generously help people we don't know. We make quilts, provide food, collect housewares, buy school supplies, cook meals, and shop for socks and underwear.

And now we have an opportunity to help our administrative assistant Rhonda Powell and her family meet life's expenses while she continues to undergo cancer treatment. To learn more, please go to <https://gofund.me/d9a92c15>.



Thank you to the many people who have already donated!

Emergency Pastoral Care

Sunday and Monday, contact
Sister India Jensen Kerr

Friday and Saturday, contact
Pastor Allison Bengfort

At other times, please call the
church office at 503-646-0629.

Preparing for Worship

Sunday, September 8, 2024

James 2:1-17
Psalm 146
Mark 7:24-37

Highlights for the Week at St. Andrew

Sunday, September 1

- 9:30 am Outdoor Worship with Communion (also via Zoom) Sanctuary of the First
- 9:30 am Indoor Worship with Communion (in-person only) Sanctuary
- 9:30 am Portland Taiwan Worship Service Chapel
- 10:45 am Taiwanese Church Fellowship Gathering Chapel
- 2:00 pm Light Opera House of Portland Rehearsal Fellowship Hall

Monday, September 2—Church Office Closed

- 6:00 pm Immigrant Story Children’s Library
- 7:00 pm Fantasy Football Draft Party Youth Room

Tuesday, September 3

- 7:00 am Men’s Gathering and Bible Study Elmer’s Restaurant on 158th (1250 NW Waterhouse Ave)
- 7:00 am Sunrise Women Elmer’s Restaurant on 158th (1250 NW Waterhouse Ave)
- 10:00 am Meals on Wheels Off Site
- 10:00 am Tai Chi Fellowship Hall
- 10:00 am Worship Planners Library
- 12:00 pm Bridge Group Fellowship Hall
- 7:00 pm Brass Quintet Rehearsal Children’s Library
- 7:00 pm Columbia Willamette Faceters’ Guild Fellowship Hall
- 7:00 pm Light Opera House of Portland Rehearsal Sanctuary

Wednesday, September 4—Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com and charker@standrewlutheran.com.

- 1:30 pm Wednesday Book Group with Sr. India St. Andrew Room

Thursday, September 5

- 10:00 am Strength + Stability with Susanne Fellowship Hall
- 1:00 pm Staff Meeting Chapel, Library
- 5:00 pm Executive Committee Meeting Zoom
- 6:30 pm Wing Chun Class Children’s Commons
- 7:00 pm Light Opera House of Portland Rehearsal Fellowship Hall

Friday, September 6

- 10:00 am Tai Chi Fellowship Hall

Saturday, September 7

- 9:00 am Nifty Notters Fellowship Hall

Sunday, September 8

- 9:30 am In-Person Worship with Communion (also livestreamed and via Zoom) Sanctuary
- 9:30 am Portland Taiwan Worship Service Chapel
- 10:45 am Churchwide Ministry Fair Fellowship Hall, Narthex, Sanctuary
- 10:45 am Taiwanese Church Fellowship Gathering Chapel
- 1:00 pm Twirlers Meeting & Practice Fellowship Hall, St. Andrew Room
- 2:00 pm Light Opera House of Portland Rehearsal Sanctuary



**Memorial Service for
Carol Means**

Saturday, September 21, 2024
2:00 pm in the Sanctuary
with reception to follow
in Fellowship Hall



**Installation of Pastor Allison
Bengfort**



Save the date!

Saturday, October 19, 2024
10:30 am


Community Transitional School


All who are interested are invited to join the Service Committee on Tuesday, **September 17**, at 2:30 pm in the Adult Library, when the director of the Community Transitional School will be speaking. The school educates children experiencing homelessness in Portland.

For years, 1.5 percent of funds donated to St. Andrew’s operating fund (Ministry + Mission) have been allocated to the Service Committee to distribute to regional charities, such as this school.

The Service Committee meets on a Tuesday afternoon every other month. Church members are invited to join.

Worship at St. Andrew or Connect to Virtual Worship

 **YouTube** 9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. Links for remote worship will be sent to you via email and the church app.

 **zoom** People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.