

ST. ANDREW WEEKLY NEWS

August 18, 2024

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

Collecting School Supplies for Lutheran World Relief

Please take advantage of school supply sales going on now to help us prepare for the LWR Ingathering in October. If you're interested in donating items, please note what we need:

- ◆ Spiral notebooks (70 sheets)
- ◆ Rulers
- ◆ Pencil sharpeners
- ◆ Blunt scissors
- ◆ #2 pencils (unsharpened)
- ◆ Blue or black pens
- ◆ 16- or 24-count crayons
- ◆ Erasers (2-inch size)



The bags filled with school supplies that Lutherans put together year after year for LWR Ingatherings give children around the world the opportunity to learn and to thrive. Please leave your donations in the box labeled LWR in the Narthex. Thank you.

Ministry Fair Coming Soon!

Don't miss this year's Ministry Fair on **September 8**, 10:45 am - 12:00 pm! Have you ever wondered what it feels like to play the bells? Or how to get involved with the Earth Care team? Come and see what our various ministry teams are up to. Register your children for The Roots, Confirmation class, or High School class. This is a great way to find out where your gifts can be used to strengthen our community. Come and meet some of the many people who keep the various ministries of St. Andrew humming along!

This year, we invite you to participate in a scavenger hunt. You will be able to earn a signature, stamp, or sticker after answering a question or performing a task at each of the tables you visit. For example, at the worship table, try your hand at ringing the bells or sign up to help lead our worship! At the confirmation table, you'll be asked to write down the name of our curriculum materials. More details will be announced at the fair, but know that there will be goodies involved!

Has your ministry team reserved a table yet for the fair? **If not, please send an email to Lynn Santelmann (lsantelmann66@gmail.com) no later than Sunday, September 1.** At your table, please provide information about your team and how to become involved, plus a stamp or sticker for visitors who complete your task for the Scavenger Hunt.

Questions? Contact any member of the Connections Team: Sonja Ackman, Gretchen Bancroft, Larry Bliesner, Pat Christiansen, Connie Losk, Lynn Santelmann, or Jan Smith.



Listening Sessions on Worship

Pastor Allison, the Worship Planning Team, and other leaders in the church are in conversation about how worship at St. Andrew may expand, evolve, and deepen in the coming years. With so many creative possibilities, we would like to ground ourselves in the voice of the Holy Spirit and the needs and longing of our congregation. We would love for you to be part of discerning what worship practices would feed the spiritual life of the St. Andrew community in 2024/25.

During the month of August, Pastor Allison is hosting a congregation-wide conversation on this topic. Each Sunday from 11:00 am–12:00 pm in Fellowship Hall, there will be a Listening Session facilitated by Pr. Allison, which is designed to offer our community a space to reflect, share, and listen to one another. We will discuss questions like:



- What is the most meaningful part of our St. Andrew worship services for you? What impact does it have on you and on your life?
- What do you long for in a worship experience? What would feed your spirit?
- What do you hope the worship service will *do* within you and within our community?
- What assumptions do you carry about how worship should be that might get in the way of listening for where the Holy Spirit is leading our congregation?

The structure of the sessions will be largely the same each week, but you are encouraged to attend multiple sessions so you can connect and converse with as many different people as possible. Please bring an open mind, a willingness to be reflective, and curiosity about the deeper need that underlies both your own worship desires and the desires of others.

Installation of Pastor Allison Bengfort

Save the date!

Saturday, October 19, 2024
10:30 am



followed by a luncheon in Fellowship Hall



Memorial for Carol Means

Saturday, Sept. 21, 2024

2:00 pm in the Sanctuary

Spirituality Book Group News

The Spirituality Book Group will meet on **Sunday, August 18**, to discuss the book, *The Marriage Portrait*, by Maggie O'Farrell. Mary Smith will be the hostess.

7585 SW Dunsmuir Lane, Beaverton, OR
Phone: 503-332-9732

Note: This is a different location than was originally planned.

The Marriage Portrait is historical fiction, telling the story of Lucrezia di Cosim de'Medici, who at age 15 was forced by her parents to marry Alfonso II d'Este, Duke of Ferrara, the marriage consolidates power by merging two dynasties. The book deals with themes of the historical lack of rights of women and domestic abuse, and takes place in the rich, luxurious courts of medieval Tuscany.

Details:

August 18

Book: *The Marriage Portrait*, by Maggie O'Farrell

Location: Mary Smith's home
Discussion Leader: Sharon Fako

Future Reading:

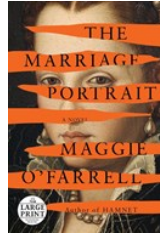
September 22

Book: *Solito*, by Javier Zamora
Location: Sharon Fako's home
Discussion Leader: Mary Smith

October (we are skipping this month)

November 10

Book: *The Measure*, by Nikki Erlick
Location: Mary Smith's house
Discussion Leader: Susan Reiser



December 8

Book: *The Women*, by Kristin Hannah

Location: Fran Miller's home/
Dianna Carlson will help with refreshments
Discussion Leader: Fran Miller

January (date to be announced)

Book: *White Too Long: The Legacy of White Supremacy in American Christianity*, by Robert P. Jones

Location: TBA
Discussion Leader: TBA

New Photo Directories

Our new church photo directories have arrived. Thank you so much for your help with getting the pictures taken and your patience during production.

If you had a picture taken or turned in a selfie, you can pick up your directory in the office during office hours, Tuesday through Friday from 9:00 am to 4:00 pm. **These need to be tracked, so please do not just take a book.** The following **Sunday, August 25**, you can also pick up your directory following worship.



In addition to the printed directory, those that had a photo taken and provided an email address have access to an online version of the directory. You should have received an email with your personal log in and password. Please ignore the company advertising on the first page and go to the top right-hand side of the screen to "Sign In." Click on that and use the log in information that was sent to you.

Fantasy Football Returns to St. Andrew!

Another year of fantasy football looms before us! If you would like to play this year, please send an email to me. Even if you've never played before, this is the perfect league to learn. We're glad to walk you through it! If you're still unsure, read this and then see what you think:



5 reasons why I think you should think fantasy football at St. Andrew is cool . . . even if you don't like football:

- ◆ It lasts! Fantasy football is the longest-running intergenerational event at St. Andrew, generating interaction for more than 4 months each season, and we're now entering season seven.
- ◆ The average age of participants last year was ~30 yrs. old.
- ◆ It reaches a wider community. More than half of fantasy football league members do not regularly engage with St. Andrew outside of fantasy football.
- ◆ Four members of the league last year were between 19-23 years old . . . an often overlooked demographic in our church.
- ◆ The Suzanne Warnes Memorial Trophy. Suzanne loved fantasy football, and played in the first 5 years of our league. She passed away during the football season two years ago, and in her final days she arranged for a family member to take over her team for the rest of the season. Last year was the first time someone else got to pick her favorite QB and Oregon Duck, Justin Herbert. This trophy is in her honor and is on display in the Narthex for anyone who would like to see it.

Let me know if you would like to join.

Kyler

Celebration Cleaning

You'll see elsewhere in the newsletter that the date for Pastor Allison's installation at St. Andrew is set for October 19. We'll have leaders from the synod here, Pastor Allison's family and friends, and many other clergy from the area. So it's time to clean house!



Many of the blue chairs we use in Fellowship Hall are stained and need attention. If you have a hand-held carpet cleaner, such as a Bissell Little Green Pro, please consider joining a volunteer team on a Monday in September to help get the job done!

We'll gather in Fellowship Hall, set out the chairs in groups, and get to work. More hands mean less labor for everyone involved and, if there's interest, we could transform our work into a party and have a potluck to cap off the day!

Pam Jelineo has been cleaning some badly stained chairs on the chancel and will be there to lead the way. Mondays worked well for school bag sewing, so initially we'll consider gathering on September 9, 16, 23, or 30.

Since the Jelineos will be traveling over the next several weeks, please contact the church office if you can help and let us know what days you would be available for this celebration cleaning.

Thank you!

Sanctuary of the Firs Setup Help

The congregation is enjoying worshipping in the Sanctuary of the Firs and we need two volunteers to help set up the firs for the next service on **September 1**.

The benches need to be wiped down to ensure worshippers' clothes stay clean and signs directing worshippers to the Sanctuary of the Firs need to be placed outside on Sunday morning and then taken down and returned to the office, when worship is over.

We have included a new spot for this volunteer opportunity on signup.com for September 1. If you have any questions concerning what needs to be done that day or need help signing up for this duty, please contact Deacon Susan.



Sign up for a Relational Meeting with Pastor Allison

Purpose of a Relational Meeting: To build a relationship or deepen a pre-existing relationship by sharing about our backgrounds, passions, and hopes.

Pastor Allison has been enjoying her relational meetings with congregation members this summer. Thanks to all who have met with her! A sign-up sheet for September meetings has now been posted on the door of the church office. If you have not yet had a meeting and would like to schedule one, please sign yourself up or call the church office to get signed up. If the posted times don't work for you, or if you'd like to be visited in your home, please email pastorallison@standrewlutheran.com or call her at 503-646-0629, ext. 201 to arrange a different day/time/location.

Pastor Allison is also happy to accept dinner/lunch invitations! She has no dietary restrictions and likes a wide range of foods. Simply email or call her to make the invitation.



St. Andrew Walks with You

Following Jesus's example of meeting the needs of all people, we, the people of St. Andrew, continue to show God's love to the youth and young adults in our city who are without a home.

Through August, the Service Committee will be collecting NEW ADULT SOCKS for the men and women who stop by Outside In for a meal, a shower, or clothing.

Put your donations in the blue and yellow barrels in the Narthex. And thank you for contributing.

Choir Rehearsals Resume

Bells of Grace and Sanctuary Choir rehearsals resume on Wednesday, **September 11**. The handbells will be rehearsing at 6:00 pm and the Sanctuary Choir will follow with rehearsal starting at 7:00 pm, both in the Sanctuary. If you are interested in participating in either or both of these choirs, please contact Deacon Susan.



New Member Sunday

Our next New Member Sunday is scheduled for **September 8!** If you are considering the possibility of joining St. Andrew, please contact Pr. Allison at pastorallison@standrewlutheran.com. She would love to get to know you, give you an overview of the St. Andrew community, and answer any questions you have.

Nifty Notters

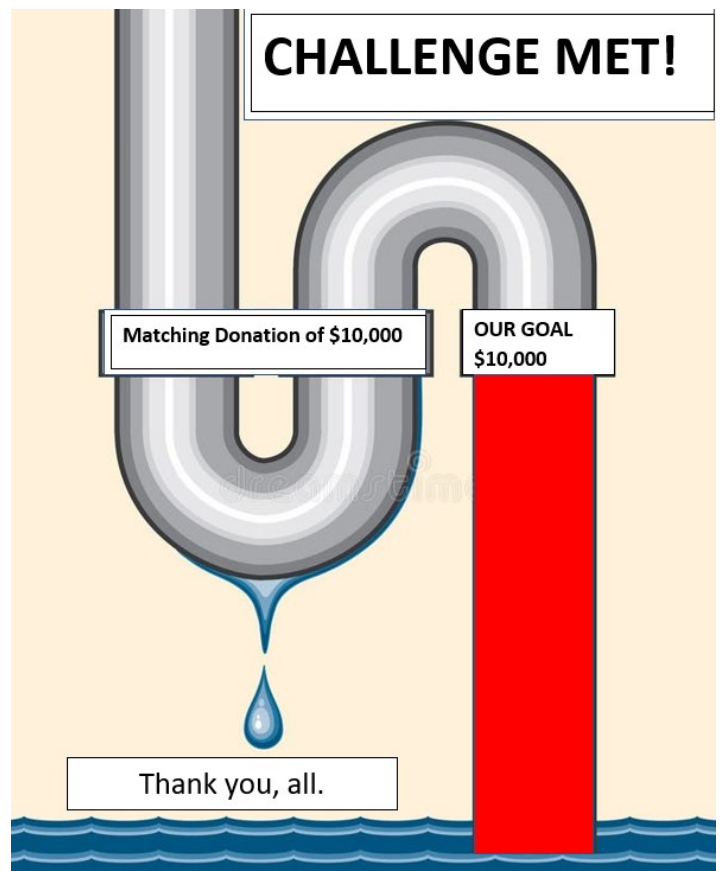
Is summer going too fast for you? It is for the Nifty Notters. We only have 3 more meetings after August before the In-Gathering in October.

Nifty Notters will be meeting on **August 17 and August 31** from 9:00 am to 2:30 pm. **Note: August 31 is a new date.** We will meet in Fellowship Hall and all hands are welcome. Drop in for any part of the day or pack a lunch and stay the entire time. All supplies are provided.



Come and join us for satisfaction, service, and conversation.

Office HVAC Replacement Fundraiser



Vegetables to Plant in August for a Fall Garden Harvest

From Earth 911, written by Mitch Ratcliffe, August 5, 2024

August may seem like the tail end of the growing season, but it's an ideal time to plant a variety of vegetables that thrive in cooler weather. Fall gardening can be rewarding, providing fresh produce well into autumn. Fresh vegetables are packed with essential vitamins, minerals, and antioxidants that support overall well-being, from boosting immune function to promoting heart health and reducing the risk of chronic diseases.

Gardening is more than just a physical activity; it's a soothing practice that nurtures the spirit. Tending to a garden provides a sense of accomplishment, reduces stress, and connects us with nature, offering a peaceful escape from the hustle and bustle of daily life. Embracing the rhythm of the seasons, especially in the cool, crisp days of fall, can be incredibly rewarding both for the body and the soul.

Spinach is a fast-growing leafy green that loves cool weather. It's perfect for an August planting and will continue to produce well into the fall. Spinach prefers full sun to partial shade, and rich, well-draining soil with a pH of 6.0 to 7.0.

Lettuce varieties such as Romaine and Butterhead grow quickly and are relatively easy to manage. Lettuce prefers full sun to partial shade, and loose, fertile soil with good drainage and a pH of 6.0 to 6.8.

Radishes are one of the quickest vegetables to mature, often ready for harvest in 3–4 weeks. They add a nice crunch to salads and are great for snacking. Radishes prefer full sun, and loose, well-draining soil with a pH of 6.0 to 7.0.

Kale is a hardy, leafy green that becomes sweeter after a light frost. It's perfect for a fall harvest and incredibly nutritious. Kale prefers full sun to partial shade, and well-draining soil rich in organic matter, with a pH of 6.0 to 7.5.

Carrots are a root vegetable that stores well, making them a versatile addition to your garden. Carrots prefer full sun, loose, sandy loam soil with good drainage, and a pH of 6.0 to 6.8.

Beets also thrive in cool weather. They can be harvested for their roots and greens, making them doubly beneficial. Beets prefer full sun, and well-drained, sandy loam soil with a pH of 6.0 to 7.5.

Broccoli prefers cooler temperatures. This nutrient-packed vegetable is excellent for steaming, roasting, or shredded raw into a salad. Broccoli prefers full sun, and fertile, well-draining soil with a pH of 6.0 to 7.0.

Swiss Chard is a versatile leafy green that tolerates both heat and cold. It can be continuously harvested throughout the fall. Swiss Chard prefers full sun to partial shade, and well-drained, fertile soil with a pH of 6.0 to 7.0.

Turnips are a dual-purpose crop, providing both roots and greens. They mature quickly and can withstand cooler temperatures. Turnips prefer full sun, and well-draining soil rich in organic matter with a pH of 5.5 to 6.8.



Tips for a successful fall Garden:

- * **Mulching:** Mulch is important for maintaining soil health and moisture. It acts as an insulation blanket, keeping the soil warm enough for plants to continue to grow while also maintaining moisture during occasional dry spells during the time of unpredictable weather. Mulch such as straw, leaves, or compost not only protects the roots, but also suppresses weeds that compete for nutrients.
- * **Water smart:** Cooler weather generally means less evaporation, so you won't need to water as often as you do in summer. However, consistent watering is still essential, especially for young plants. It's better to water deeply less often so the water can reach the roots. Early morning is the best time to water, as it allows the foliage to dry throughout the day, reducing the risk of disease.
- * **Be weather-wise:** Watch for potential early frosts. Pay attention to the forecast and be prepared to cover your young crops in the evening to trap heat from the soil, then remove the cover in the morning once the air warms up.

Liz Hardy
Climate Corner

Vegetables in the Crock Pot

Ingredients:

- ◆ 3 cups baby red potatoes, quartered
- ◆ 3 cups carrots, peeled, cut into chunks
- ◆ 2 cups celery, sliced
- ◆ 3 cups mushrooms, sliced
- ◆ 5 cloves garlic, minced
- ◆ Jalapenos, diced, optional
- ◆ 1 Tbsp seasoned salt
- ◆ 1 Tbsp oregano
- ◆ 1/2 tsp cayenne pepper, optional
- ◆ 1/4 cup olive oil
- ◆ 2 cups water

1. Place all ingredients in a large slow cooker. Mix well, cover and cook on High heat for 4 hours, stirring occasionally.
2. Serve as a side dish or freeze for later.

The vegetables used in this recipe are merely suggestions. Feel free to omit or add other veggies: zucchini, squash, bell peppers, beets, corn, peas, beans, brussels sprouts and sweet potatoes are all great. You could also squeeze a bit (or more) of lemon juice to freshen up the veggies.

In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Carol Means	Peace and God's comfort at her death	Ron Means
Family and friends of Butch (friend)	Peace and God's comfort at his death	Sharon Fako
Family and friends of Steve (brother-in-law)	Peace and God's comfort at his death	Mary Smith
Henry Stevens (husband)	Successful and safe treatment	Beverly Briggs
Doug Morrell (father)	Successful surgery, strength, and healing	Amy Harker
Mary Ann Snider	Comfort and strength for illness	Mary Smith
Individual friends and loved ones	Whatever they need	Staff
All those who are caregivers for a loved one	Strength and support	Staff
Those confined to their homes	Assurance of God's presence	Staff
Dave Bumgardner, Jean Fredrickson, Marlene Maxwell, Anne Newell, Ethel Ritchey, Helen Rogers, Sharon Roth		
All who are imprisoned	Peace and Strength	Staff
Ecumenical Ministries of Oregon	Blessings on their work	Staff
Holy Trinity Catholic Church	Blessings on their work	Staff
Our Savior's Lutheran (Prineville)	Serving with us in the Oregon Synod	Staff
Zion Lutheran (Redmond)		
Ecumenical and interfaith partners in ministry	Blessings on their work	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, Email office@standrewlutheran.com, or fill out the prayer request form on the church website.



“At the Table with Jesus: Preparing for the Year of Luke”

In the gospel reading, 2024-25 is the Year of St. Luke! Join us as we follow Jesus through the vivid storytelling of the author of the third gospel. We'll explore Lukan emphases: the prominence of women, prayer and worship, Jesus reaching out to excluded ones, riches and poverty, what happens around meals, and Luke's perspective on Salvation. Each week we ask the question: What does this mean for us as we seek to love God and our neighbor?

Presenters include Intern Dex Valdex, Pastor Miranda Bermes, retired Professor Mark Allan Powell, Pastor Erika Spaet, PLTS NT Professor Adam Braun, Pastor Matta Ghaly, and Pastor John Reutter-Harrah.

This course will meet on Zoom for eight Thursday evenings in a row from 6:30 pm to 8:00 pm starting **September 26** (will not meet on Halloween)

Course Participants and/or their congregations are encouraged to support the course with a financial donation as they are able. A gracious giving range of \$20-\$160 is invited; an \$80 donation covers presenters and administrative costs. With four or more from the same congregation, we encourage a congregational donation of \$250. And any donation is appreciated. Register here: <https://forms.gle/rsmV1ESMaQBrTAYZ6>.

St. Andrew Contacts	Council President Liz Hardy president@standrewlutheran.com, 360-632-4900
	Lead Pastor Allison Bengfort.....PastorAllison@standrewlutheran.com
	Sister India Jensen Kerr india@standrewlutheran.com
	Deacon Susan Reiser, Church Musician and
	Interim Minister of Musicsrwerner.reiser@standrewlutheran.com
	Dir. of Next Generational Ministry Kyler Vogt..... kvogt@standrewlutheran.com
	Parish Executive Carol Harker charker@standrewlutheran.com
	Administrative Assistant Rhonda Powelloffice@standrewlutheran.com
	Parish Nurses Diane Reiner 503-201-4222
	Tira Nessel..... 503-866-5099

Make a Joyful Song

On **August 25**, singers of all ages are invited to prepare and present an anthem for the Sunday worship service. You don't have to be a member of the choir to join us. We will rehearse the anthem at 8:30 am in the Sanctuary to sing during the offering. See Deacon Susan if you're interested in participating. She has copies of the music if you'd like to look at it in advance.



Emergency Pastoral Care

Sunday and Monday, contact Sister India Jensen Kerr

Friday and Saturday, contact Pastor Allison Bengfort

At other times, please call the church office at 503-646-0629.

Preparing for Worship Sunday, August 25, 2024

Acts 17:16-34
John 6:56-69

Highlights for the Week at St. Andrew

Sunday, August 18

9:30 am	In-Person Worship with Communion (also livestreamed and via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Church Fellowship Gathering	Chapel
11:00 am	Listening Session on Worship with Pastor Allison	Fellowship Hall
2:00 pm	Light Opera House of Portland Rehearsal	Sanctuary

Monday, August 19—Church Office Closed

Tuesday, August 20

7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
10:00 am	Tai Chi	Fellowship Hall
10:00 am	Worship Planners Meeting	Library
12:00 pm	Bridge Group	Fellowship Hall
6:30 pm	Scout Troop 198	Children's Commons
7:00 pm	Light Opera House of Portland Rehearsal	Fellowship Hall

Wednesday, August 21—Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com and charker@standrewlutheran.com.

9:30 am	Apprentice Eccentrics Aging Backwards Workout Class	Fellowship Hall
2:30 pm	Twirlers Recording	Fellowship Hall

Thursday, August 22

10:00 am	Strength + Stability with Susanne	Fellowship Hall
1:00 pm	Staff Meeting	Chapel, Library
3:00 pm	The Immigrant Story	Children's Library
6:30 pm	Wing Chun Class	Children's Commons
7:00 pm	Foundation Team Meeting	St. Andrew Room
7:00 pm	IT Meeting	Offsite
7:00 pm	Light Opera House of Portland Rehearsal	Sanctuary

Friday, August 23

10:00 am	Tai Chi	Fellowship Hall
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Saturday, August 24

Sunday, August 25

9:30 am	In-Person Worship with Communion (also livestreamed and via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Church Fellowship Gathering	Chapel
11:00 am	Listening Session on Worship with Pastor Allison	Fellowship Hall
2:00 pm	Light Opera House of Portland Rehearsal	Sanctuary



**Celebrating the Life of
Michelle Susan Greenfield**
(spouse of Pastor Terry Moe)

Memorial Service
Sunday, August 18, 2024
3:00 pm at Resurrection Lutheran Church
1700 NE 132nd Ave, Portland

Celebration of Life
Sunday, August 18, 2024
6:00 pm at Kennedy School McMenamins
5736 NE 33rd Ave, Portland


Community Transitional School


All who are interested are invited to join the Service Committee on Tuesday, **September 17**, at 2:30 pm in the Adult Library, when the director of the Community Transitional School will be speaking. The school educates children experiencing homelessness in Portland.

For years, 1.5 percent of funds donated to St. Andrew's operating fund (Ministry + Mission) have been allocated to the Service Committee to distribute to regional charities, such as this school.

The Service Committee meets on a Tuesday afternoon every other month. Church members are invited to join.

Worship at St. Andrew or Connect to Virtual Worship

 **YouTube** **9:30 am:** Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. *Links for remote worship will be sent to you via email and the church app.*

 **zoom** People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.