ST. ANDREW WEEKLY NEWS

July 28, 2024

St. Andrew Lutheran Church 12405 SW Butner Road, Beaverton, OR 97005 Worship Service: Sunday, 9:30 am

www.standrewlutheran.com Telephone: 503-646-0629

Matching Gift Challenge

Remember when area temperatures climbed into the triple digits at the beginning of July? It was that week that the HVAC unit providing climate control for St. Andrew's main suite of church offices died without notice. Since the equipment was installed in the mid-1980s, we weren't surprised. What was surprising, though, was to learn that it will take 30 – 45 days to secure the county



permits necessary to install new HVAC equipment. And the cost to do so is just under \$18,000.

Fortunately, an anonymous donor at St. Andrew has offered \$10,000 in matching funds to augment any gift directed to the cost of replacing this equipment. If you're able to give a little more to help the church rebound from this unexpected cost, please do so – and know that your gift will be doubled with the match that's on offer. Simply select Office HVAC Replacement on the drop-down menu if you give electronically. If you contribute by check, write Office HVAC Replacement on the memo line.

Meanwhile, Pastor Allison, Sister India, Carol, and Rhonda are grateful that area temperatures have moderated because when it's 100 degrees outside, it gets pretty warm inside, too!

Time to Play!



Join us in Fellowship Hall this <u>Saturday</u>, <u>July 27</u>, from 6:30-8:30 pm for the next Game Night, sponsored by the St. Andrew Connections Team. This is a casual way to connect with other members of our faith community

to play board games, laugh with each other, and spend time with some really fine folks. Bring a snack to share if you like, along with any games you'd like to play. Questions? Contact any member of the Connections Team: Gretchen Bancroft, Larry Bliesner, Pat Christiansen, Connie Losk, Jan Smith, or Lynn Santelmann.

Nifty Notters

Did you know that the Nifty Notters re-purpose and re-use more than 500 yards of cloth each year? Notters tie "comforters" on the 1st and 3rd Saturdays of every month. This summer, plan to join us on **August 3 and August 17**, from 9:00 am – 2:30 pm in Fellowship Hall. Drop in for any part of that time or bring your lunch and stay all day. Supplies are provided.



Safety Plan Task Force

On Sunday, May 26, Spirit of Grace had an incident in which a young man stood up during the children's sermon, confronted the congregation with teaching false doctrine, and refused to leave. After time and support from several community members, and assistance from three Beaverton police officers, he finally left.

Spirit of Grace Pastor Robyn Hartwig alerted other congregations in the Sunset Cluster, describing the encounter and responses by the congregation and police. The same young man, Chase Grijalva, was later arrested in connection with other incidents in downtown Portland; he is currently in jail on 69 counts, including criminal mischief and unlawful use of a weapon.

The St. Andrew Council voted on July 18 to form a small Safety Plan Task Force to reflect on how we at St. Andrew might prepare to respond to such incidents should they occur here. The task force is charged with:

- crafting a written policy to be included in the Disaster Preparedness Manual, and
- 2) developing training/education for the congregation.

Chaired by Council VP Cindy Stadel, the task force includes Council members Chuck Weswig and Lisa Staul; Worship Committee member Libby Calhoun; and Facilities Committee member Rick Leroy.

We at St. Andrew strive to be a loving and welcoming community of faith in Jesus. We are also called to provide a safe space for all as we break down barriers of isolation. Please hold our congregation and synod—together with the nation as a whole—in prayer as we seek to learn and discern how to be reconciling in Christ in these times of civil disruption.

Cindy Stadel

ELCA Youth Gathering Trip Recap

If you want to hear about our youth's recent trip to New Orleans for the ELCA Youth Gathering, join us in Fellowship Hall this Sunday, <u>July 28</u>, at 11:00 am! Dubbed our "shareholder meeting," this event is for our youth to thank everyone who contributed to making their trip possible. All are welcome to attend.



There will also be gifts and special reserved seating for folks who purchased "shares" of stock in the trip during the "Beaverton to the Bayou" fundraiser event. Come see photos, hear stories, and learn what a special gift this trip was from the congregation to our youth. We hope to see you there!

Listening Sessions on Worship

Dear People of St. Andrew,

I am so happy to be settling into my role as Lead Pastor! I am truly enjoying getting to know this wonderful community through worship, one-on-one conversations, team meetings, and other gatherings. Thank you for your warm welcome and supportive comments during this time!

As you know, St. Andrew's new mission statement identifies praising the Spirit in vibrant worship as one of our primary values. During the call process, the Call Team shared a desire for me to lead the congregation in continuing to explore, experiment, and expand the way we worship to feed the souls of people from a variety of backgrounds. Instead of imposing my own ideas and preferences on the congregation, I would like to begin a congregation-wide conversation about worship that offers the opportunity for us to reflect, share, and listen to one another.

During the month of August, I will be hosting a listening session on worship each Sunday from 11:00 am-12:00 pm in Fellowship Hall. The sessions will include conversations in pairs as well as in the large group, and we will focus on questions like:



- What is the most meaningful part of our St. Andrew worship services for you? What impact does it have on you and on your life?
- What do you long for in a worship experience? What would feed your spirit?
- What do you hope the worship service will *do* within you and within our community?
- What assumptions do you carry about how worship should be that might get in the way of listening for where the Holy Spirit is leading our congregation?

The structure of the sessions will be largely the same each week, but I encourage you to attend multiple sessions so you can connect and converse with as many different people as possible.

For many of us, worship inhabits a tender place in our hearts, and it takes courage to share that tenderness with one another. I promise to do my best to create a space where we can all hold one another's hearts with love.

In Christ, Pastor Allison

Flat Screen TV Needed



Television—with access to YouTube and cable channels—is a wonderful tool to help newly arrived Afghani families learn English. Nasir Malik Zada's brother, Jawad Makezada, recently arrived, together with his family of six, and they could use a television. Because of gener-

ous donations, the Sanctuary Team has money to purchase a new flat screen TV, and the family's apartment has Wi-Fi access; however, we want to be mindful and reuse/recycle as we can. If anyone has a little-used flat screen TV that you would care to donate, let a team member know. Thank you for your ongoing support!

Tom Jelineo, Lloyd Meyer, Bonnie Bliesner, Bob and Cindy Stadel

St. Andrew Walks with You

What a beautiful summer we have had, but with fall coming soon, we know the rains will return. Following Jesus's example of meeting the needs of all people, we, the people of St. Andrew, have an opportunity to show God's love to the youth and young adults in our city who are without a home.



Beginning <u>Sunday</u>, <u>August 4</u>, and continuing throughout the month of August, the Service Committee will be collecting NEW ADULT SOCKS for the men and women who drop in to Outside In for a meal, a shower, or clothing.

If you wish to contribute, you will see a blue and yellow barrel in the Narthex.

Thank you for demonstrating God's love to our young people.

Worship Leaders Needed!

Do you want to sign up to help lead worship, but you missed the signup event earlier this month? Fear not, for this is something you can do at any time from the comfort of your own laptop or phone or whatever connects you to the internet.

Go to the St. Andrew website, www.standrewlutheran.com, click on Worship, scroll down the menu until you see "Help With Worship," and click on the link. You will be taken to a page that lists the opportunities available, plus instructions for signing up. Also on that page is a link named "Sign Up Here" that takes you directly to our online sign up form.

Please contact Janet Vorvick if you have questions about signing up, or Pat Christiansen if you would like to arrange a training session. Thank you for doing the Work of the People.

Save the Date!

This year's Ministry Fair is scheduled for <u>Sunday</u>, <u>September 8</u>, beginning after worship and concluding at 12:00 pm. Plan now to stop by to learn about many of the ways you can connect your interests with St. Andrew's Ministry Teams. As we did last year, there will be opportunities to fill up a "bingo card" to earn treats.



Are you a leader of a ministry team? Start the conversation now: Will you be a part of the fair? Who will staff your table? What should be on display or given out? Will you be using a rubber stamp or stickers to fill in bingo cards for people who visit your table? And most important—what kind of small goodie will you offer to draw people in? To reserve a table for your group, send an email to Lynn Santelmann at lsantelmann66@gmail.com

Questions? Contact any member of the Connections team: Gretchen Bancroft, Larry Bliesner, Pat Christiansen, Connie Losk, Lynn Santelmann, or Jan Smith.



Mama & Hapa's Zero Waste Store

An important part of Plastic Free July is knowing where to buy products that are not packaged in single-use plastic. I am delighted to have discovered Mama & Hapa's Zero Waste Store! There are 4 locations locally:

- ♦ 12695 SW Crescent Ave., #130, Beaverton;
- ♦ 1389 SE Stark St., Portland;
- ♦ 3806 N. Mississippi Ave., Portland; and
- ♦ 11122 SE Main St., Milwaukie.

The beauty of having local waste-free stores is that in addition to avoiding plastic packaging, a lot of the transportation and shipping carbon footprint required to get products into our homes is eliminated.

An article in the *Milwaukie Review* newspaper reveals more about Mama & Hapa's:

Ross Ching had a goal when he and his wife Nadia Takla opened their first zero waste store in Milwaukie. He knew he could not singlehandedly cure climate change, but he did hope to change people's mindset about what products they buy. "When someone runs out of dish soap at home, they don't think, 'I'm gonna go refill this bottle.' They toss the bottle and get a new one the next time they're at the grocery store," he said. "Once we can achieve that mindset shift, we can then begin to think about changing the habits of the community as a whole." he added.



Mama & Hapa Zero Waste Shop: the name of the shop reflects Ching's family, his heritage and the shop's goal. He noted that he and his wife have children, so Takla is the "Mama" in the store's name, and he is the "Hapa." In Hawaiian, Hapa is a person who is of mixed race, and Mr. Ching is half Chinese and half White. As for the rest of the shop's name, it's a place where customers can get all their household and personal care

products minus all the extraneous packaging. People can bring in their own containers to refill, or they can take some of the free glass jars in the shop and fill those. And it is also a place where people can donate their empty glass containers to be reused instead of recycled.

RFID (Radio Frequency Identification) system: Mama & Hapa's uses a unique pumping system to dispense liquids such as household cleaners and face wash, so customers do not have to weigh their containers at any point. When customers arrive, they pick up an RFID card, head to one of the pumps, hold the empty container under the spout, hold the card in front of the scanner and keep a careful eye on the volume dispensed. The shop provides labels to attach to the containers, so customers can identify the products when they get home. Once the containers are filled, customers give the RFID card to the cashier who uses it to determine how much was dispensed and how much they owe.

Variety of products: Mr. Ching noted that the most popular products in Mama & Hapa's are the staples like dish soap, laundry liquid, hand soap and dishwasher tablets. He said his favorite product is the store's deodorant because "it's a line that we personally make at our warehouse and it actually works."

The shop is about more than just refillable bottles. There are many household products, like bamboo utensils, bamboo toilet paper, reusable straws, bar soap and toothpaste.



They have cleaning solutions, dental floss, lotions, produce bags, personal hygiene products and much more. They carry many brands and also have their own Mama & Hapa's brand, just like Costco has Kirkland Signature branded items. This cuts out the middleman to sell a less expensive product while retaining the same quality as branded products. Mama & Hapa's brands come in 55 gallon drums which get cleaned and reused, eliminating single-use plastic packaging.

Check it out—I think you'll be impressed!

Liz Hardy Earth Care Team

Fantasy Football Returns to St. Andrew!



Another year of fantasy football looms before us! If you would like to play this year, please send an email to me. Even if you've never played before, this is the perfect league to learn. We're glad to walk you through it! If you're still unsure, read this and then see what you think:

5 reasons why I think you should think fantasy football at St. Andrew is cool . . . even if you don't like football:

- ◆ It lasts! Fantasy football is the longest-running intergenerational event at St. Andrew, generating interaction for more than 4 months each season, and we're now entering season seven.
- ♦ The average age of participants last year was ~30 yrs. old.
- It reaches a wider community. More than half of fantasy football league members do not regularly engage with St. Andrew outside of fantasy football.
- ◆ Four members of the league last year were between 19-23 years old . . . an often overlooked demographic in our church.
- ♦ The Suzanne Warnes Memorial Trophy. Suzanne loved fantasy football, and played in the first 5 years of our league. She passed away during the football season two years ago, and in her final days she arranged for a family member to take over her team for the rest of the season. Last year was the first time someone else got to pick her favorite QB and Oregon Duck, Justin Herbert. This trophy is in her honor and is on display in the Narthex for anyone who would like to see it.

Some of these things may change this year as different folks take their turn in the league, but it is bound to be a fun and unique community event no matter what. Let me know if you'd like to join!

Kyler

Plastic Free July



This is the last week of plastic-free July. Completely eliminating all plastic is not possible in today's world. So many products from electronics to home appliances to toys to clothes are at least partially made of plastic. But one area where we can make a meaningful impact is in our use of disposable or single-use plastics. From product packaging to water bottles and toothbrushes, our daily lives are filled with plastic items that are designed to be disposed of after one or only a few uses. The number and variety of plastics we see in our homes (once we focus on looking) are overwhelming! Most people working toward plastic-free living try to eliminate single-use plastics one product type at a time. But where do you start?

Use the chart below to calculate your personal plastic consumption. Then start by eliminating or at least reducing the number of your most commonly used plastic items.

You might decide to buy a reusable water bottle and coffee cup, keep cloth shopping bags and produce bags in your car, replace your cling wrap with beeswax wrap, buy a head of lettuce not wrapped in plastic instead of pre-packaged lettuce, or carry a reusable straw, utensils, and take-home containers when you go out.

We can do this thing!

Liz Hardy Earth Care Team

Did you know?



More than 50 billion coffee cups are thrown away in the US each year



5 trillion plastic bags are produced worldwide annually



It can take up to 1000 years for a plastic bag to decompose



At least 14 million tons of plastic ends up in our oceans every year

	Per Day	Per Week	Per Month
Plastic water bottles			
Disposable coffee cups			
Plastic grocery or shopping bags			
Plastic produce bags			
Plastic resealable bags			
Plastic wrap			
Plastic silverware			
Plastic food containers			
Plastic straws			
Food packaged in plastic			

In Need of Prayers...

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NAME Family and friends of Nina Allred Self (niece) Family and friends of Jonathan Wilson (friend) Carol Means Steve (brother) Joyce Bianucci (sister) Michelle (cousin's wife) Karen Mallari Individual friends and loved ones	PRAYERS FOR Peace and God's comfort at her death Peace and God's comfort at his death Comfort, peace, and strength in hospice Proper diagnosis and treatment for medical issue Comfort and strength for final cancer treatment Healing, strength and courage for breast cancer Strength and healing from COVID Whatever they need	CONTACT Pat Hilliker Tira Nesset Ron Means Pamela Ehrensing Judy Scholz Wendy Hawthorne Staff Staff		
All those who are caregivers for a loved one Those facing ongoing illness or distress: Tandy Brooks, Bob Brown, Dave Bumgardner, Vic Claar, Sabrina Garrison, Gary Grafwallner, Gary Magnuson, Hugh Mason, Carol Means, Doug Morrell, Jolie Reyna, Shane Throckmorton, Gary Tubbs, Megan Webber	Strength and support Healing and assurance of God's presence	Staff Staff		
Bishop Elizabeth Eaton	Wisdom and discernment	Staff		
Evangelical Lutheran Church in America Taiwan Lutheran Church	Blessings on our ministry Strength and wisdom	Staff Staff		
Zion Lutheran (Medford) Trinity Lutheran (Tulelake, CA)	Serving with us in the Oregon Synod	Staff		
Ecumenical and interfaith partners in ministry	Blessings on their work	Staff		
If you know someone in need of prayers, please contact the church office by phone at 503-646-0629,				

Email office@standrewlutheran.com, or fill out the prayer request form on the church website.

Meadow Matters

It's been a few years since members of the Earth Care Team planted native meadow plants in the Reformation Earth Garden next to the church patio—and the plants are flourishing, multiplying happily as they provide nourishment for pollinators. The meadow isn't a formal garden so it can look unkempt at times, but that's as Nature intends. Making room for a bit of wild abandon in our landscape is good for a healthy ecosystem.

Nursery volunteers needed

We are so blessed to have families with young children and they bring so much joy to our church! These young children spend time in our nursery with our nursery attendant, McKenna. We are looking for volunteers who will help McKenna on Sunday mornings.



Are you looking for some (time-limited) playtime? Please consider volunteering in our nursery! While McKenna takes charge, you serve as her assistant. Commitment is 9:15 am-10:45 am, approximately one Sunday every 8 weeks. The schedule is set 6 months at a time, with plenty of opportunities to swap shifts if your availability changes. You will need to have a background check completed (paid for by the church), but no experience is needed to serve. If you're interested, please contact Sonja Ackman: sonja.ackman@gmail.com or 412-320-5672.

Make a Joyful Song



On <u>August 25</u>, singers of all ages are invited to prepare and present an anthem for the Sunday worship service. You don't have to be a member of the

choir to join us. We will rehearse the anthem at 8:30 am in the Sanctuary to sing during the offering. See Deacon Susan if you're interested in participating. She has copies of the music if you'd like to look at it in advance.

Emergency Pastoral Care

Sunday and Monday, contact Sister India Jensen Kerr

Friday and Saturday, contact Pastor Allison Bengfort

At other times, please call the church office at 503-646-0629.

Preparing for Worship Sunday, August 4, 2024

Exodus 16:2-4, 9-15 Psalm 78:23-29 John 6:24-35

Highlights for the Week at St. Andrew

Sunday, Ju	ly 28
9:30 am	In-Person Worship with Communion (also livestreamed and via Zoom)Sanctuary
9:30 am	Portland Taiwan Worship Service
10:45 am	Taiwanese Church Fellowship Gathering
11:00 am	ELCA Youth Gathering Trip Recap (also via Zoom)Fellowship Hall
Monday, J	uly 29—Church Office Closed
10:00 am	Meals on Wheels Off Site
Tuesday, J	uly 30
7:00 am	Men's Gathering and Bible Study Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
7:00 am	Sunrise WomenElmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
10:00 am	Tai Chi Fellowship Hall
12:00 pm	Bridge GroupFellowship Hall
1:30 pm	Service CommitteeLibrary
6:30 pm	Scout Troop 198
Wednesda	y, July 31—Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com and charker@standrewlutheran.com.
9:30 am	Apprentice Eccentrics Aging Backwards Workout Class Fellowship Hall
1:00 pm	Wednesday Book Group with IndiaSt. Andrew Room
Thursday,	August 1
10:00 am	Strength + Stability with Susanne Fellowship Hall
6:30 pm	Wing Chun Class
Friday, Au	gust 2
10:00 am	Tai Chi Fellowship Hall
Saturday, A	August 3
9:00 pm	Nifty Notters Fellowship Hall
2:00 pm	Memorial Service for Corrine Gilbertson (Shepherd of the Valley Lutheran Church member) Sanctuary
Sunday, A	ugust 4
9:30 am	In-Person Worship with Communion (also livestreamed and via Zoom)Sanctuary
9:30 am	Portland Taiwan Worship Service
10:45 am	Taiwanese Church Fellowship Gathering
11:00 am	Listening Session on Worship with Pastor AllisonFellowship Hall

Collecting School Supplies for Lutheran World Relief

Please take advantage of school supply sales going on now to help us prepare for the LWR Ingathering in October. If you're interested in donating items, please note what we need:

- ◆ Spiral notebooks (70 sheets) on sale now at WalMart for 49 cents
- ♦ Rulers
- ♦ Pencil sharpeners
- ♦ Blunt scissors
- ♦ #2 pencils (unsharpened)
- ♦ Blue or black pens
- ♦ 16- or 24-count crayons
- ♦ Erasers (2-inch size)



The bags filled with school supplies that Lutherans put together year after year for LWR Ingatherings give children around the world the opportunity to learn and to thrive. Please leave your donations in the box labeled LWR in the Narthex.

Worship at St. Andrew or Connect to Virtual Worship



YouTube 9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. Links for remote worship will be sent to you via email and the church app.



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.