

ST. ANDREW WEEKLY NEWS

July 21, 2024

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

Lutheran World Relief School Bag Kits

It might be hard to believe with our current weather, but fall will be here before we know it! Each year at this time we collect supplies and craft school bags for donation to Lutheran World Relief (LWR). Thank you to everyone who came out these past two Mondays. We made wonderful progress!



LWR school bags are a labor of love.

We will be getting together one more Monday: **July 22**, 9:30 am–12:00 pm. Everyone is welcome to join us. Whether you've been helping with this project for years, or it will be your first time assembling school bags, we invite you to see what this ministry is all about!

Nifty Notters

Did you know that the Nifty Notters re-purpose and re-use more than 500 yards of cloth each year? Notters tie "comforters" on the 1st and 3rd Saturdays of every month. This summer, plan to join us on **July 20, August 3, and August 17**, from 9:00 am–2:30 pm in Fellowship Hall. Drop in for any part of that time or bring your lunch and stay all day. All supplies are provided.



What Are ELCA Deacons and Deaconesses?

Have you wondered what a Rostered Minister of Word and Service is in the Evangelical Lutheran Church in America and where it comes from? Everyone knows what a Pastor is, but what is a Deacon? Join Sister India in Fellowship Hall at 11:00 am on Sunday, **July 21**, for our last session of this summer class.

Fall Worship Planning



Led by Pastor Allison, worship planners will be hosting a fall worship planning session on **Saturday, July 20**, from 10:00 am–12:00 pm. Members of the congregation are invited to attend. The goal of this meeting is to determine a theme for September–November. If you have any questions, please contact Deacon Susan or Pastor Allison.

Summer Nursery Update

With summer travels in full swing for members of our congregation, the church nursery will be self-serve the next two Sundays. The room will be open for parents and children to use, but it will not be staffed. Our nursery attendant, McKenna, is currently in Europe on a choir trip and will not return for a couple of weeks. So, if you hear a little extra noise in worship during her time away, welcome those parents and children with a smile. Thank you!

Time to Play!



Join us in Fellowship Hall on **Saturday, July 27**, from 6:30–8:30 pm for the next Game Night, sponsored by the St. Andrew Connections Team. This is a casual way to connect with other members of our faith community to play board games, laugh with each other, and spend time with some really fine folks. Bring a snack to share if you like, along with any games you'd like to play. Questions? Contact any member of the Connections Team: Gretchen Bancroft, Larry Bliesner, Pat Christiansen, Connie Losk, Jan Smith, or Lynn Santelmann.

ELCA Youth Gathering Trip Recap

St. Andrew has 8 students and 3 adults in New Orleans this week for the ELCA Youth Gathering. If you'd like to hear about their trip, join us on **Sunday, July 28**, at 11:00 am in Fellowship Hall for our "shareholder" meeting. All are welcome to attend, but there will be reserved seating for those who bought shares in the trip at the Beaverton to the Bayou fundraiser. This will be your best chance to hear about the trip from the students themselves. We hope to see you there!

Worship Leaders Needed!

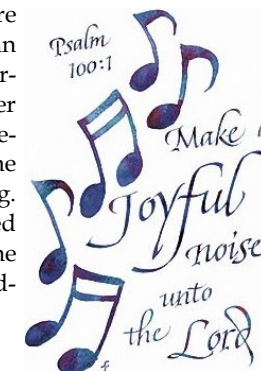
Do you want to sign up to help lead worship, but you missed last Sunday's signup event? Fear not, for this is something you can do at any time from the comfort of your own laptop or phone or whatever connects you to the internet.

Go to the St. Andrew website, www.standrewlutheran.com, click on Worship, scroll down the menu until you see. "Help With Worship" and click on the link. You will be taken to a page that lists the opportunities available, plus instructions for signing up. Also on that page is a link named "Sign Up Here" that takes you directly to our online sign up form.

Please contact Janet Vorvick if you have questions about signing up, or Pat Christiansen if you would like to arrange a training session. Thank you for doing the Work of the People.

Summer Singing Opportunity

On **August 25**, singers of all ages are invited to prepare and present an anthem for the Sunday worship service. You don't have to be a member of the choir to join us. We will rehearse the anthem at 8:30 am in the Sanctuary to sing during the offering. See Deacon Susan if you're interested in participating. She has copies of the music if you'd like to look at it in advance.



Plastic-Free July: The 5Rs

Refuse, Reduce, Reuse, Repurpose, Recycle

The 5Rs have been around for a while. They originally started as the 3Rs, but they have 2 new ones: Refuse and Repurpose. There is an order to the 5Rs; they start in order of importance and work their way down. The idea is to help you reduce the amount of your waste.



Refuse: Simply don't take it; then it will never begin its product life cycle, the demand will fall, and the company will make less and hopefully stop making the item altogether. Refuse single-use plastics like plastic bags, straws, single-use water bottles, and plastic cutlery. This takes very little planning; we carry a cloth bag in our car with our silverware and containers to use as to-go when we dine out. Our car also has reusable water bottles, commuter coffee mugs, and cloth bags. Also, refuse those tempting freebies that you'll never use. The more people take them, the more the company will make. Remember to use reusable bags at the farmer's market.

Reduce: Simply use less. Do you need that fancy new phone with plastic parts? Or can you factory reset your current phone and update it to restore performance? Can you upgrade your laptop (made with plastic parts) with a new hard drive or new RAM to give it a new lease on life rather than throwing it away? Not buying more also saves you money!

Reuse: Reusable water bottles and coffee cups are functional, environmentally friendly, and look cool besides! Sometimes you might even get a small discount for bringing your own. The same is true for reusable shopping bags: they are functional, environmentally friendly, look nice, and you may get a discount. If you happen to forget your reusable bag, be sure to ask for a paper bag instead of a plastic one.



Wildlife often pay a hefty price when we fail to properly dispose of plastic.



Although we have not purchased baggies or used plastic produce bags or grocery bags for years, they still end up in our lives when other people give us things. We wash out the bags and reuse them until they fall apart. We wash the bags with soap and water, then hang them on a hanger with a clothespin to dry. It might sound crazy, but it works! My husband also loves to save and reuse Bob's Red Mill bags. Again, we rinse and reuse. He likes them because they are sturdy and have a good closure. It's easy to store leftovers in them.

Repurpose: This requires some thinking and craftiness, but the internet is full of repurposing ideas. It is rewarding when you create something new from something old. A simple repurpose idea is to use jam jars for food storage in the kitchen, storing small items such as nails and screws in the garage, or holding buttons in the sewing room. Before discarding something, ask yourself if there is anything else you can use that item for.

Recycle: This comes in at the bottom of the list. If the other 4 options don't work, then recycle. Recycling is not the solution to our plastics problem that the plastics and petroleum industries would like us to believe. Those industries just want to keep extracting oil with which to make plastic. Recycling is the most well-known of the 5Rs and the easiest to do, but it's also the least efficient. One good thing that recycling does, though, is that it allows us to see all the things we throw away, prompting us to rethink future purchases.

When recycling plastic, it's important to recycle the proper items only. Wish-cycling, the practice of putting items in the recycle bin because it seems like they ought to be recyclable, only contaminates the truly recyclable things in the bin. Check with your hauler to be sure of what goes in and what doesn't. In Beaverton these things go in the recycle bin: plastic containers such as milk jugs and laundry soap jugs, cardboard milk containers (you should remove the plastic spout first), metal food cans including spray oils like "Pam," plastic round containers 6 oz. or larger (including 5.5 oz. yogurt containers), paper, and flattened cardboard. Do not put in plastic bags, flat plastic or metal lids (flat things get into and contaminate the paper bundles), plastic wrap, glass (that goes in a separate bin), Styrofoam, clamshells, disposable coffee cups, or plastic packaging. It is important to rinse out containers and jugs. And do not recycle wet things, such as paper or cardboard. These items are either contaminants or they get caught up in the machinery, causing workers to have to shut down the operation to untangle the mess.



Liz Hardy
Earth Care Team

Save the Date!

This year's Ministry Fair is scheduled for **Sunday, September 8**, beginning after worship and concluding at 12:00 pm. Plan now to stop by to learn about many of the ways you can connect your interests with St. Andrew's Ministry Teams. As we did last year, there will be opportunities to fill up a "bingo card" to earn treats.

Are you a leader of a ministry team? Start the conversation now: Will you be a part of the fair? Who will staff your table? What should be on display or given out? Will you be using a rubber stamp or stickers to fill in bingo cards for people who visit your table? And most important—what kind of small goodie will you offer to draw people in? To reserve a table for your group, send an email to Lynn Santelmann at lsantelmann66@gmail.com



Questions? Contact any member of the Connections team: Gretchen Bancroft, Larry Bliesner, Pat Christiansen, Connie Loske, Lynn Santelmann, or Jan Smith.

In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Jonathan Wilson	Peace and God's comfort at his death	Tira Nessel
Carol Means	Comfort, peace, and strength in hospice	Ron Means
Steve (brother)	Proper diagnosis and treatment for medical issue	Pamela Ehrensing
Pam Meredith	Healing and recovery from knee replacement	Pat Hilliker
Bob Brown	Healing and recovery from stroke	Mary Brown
Young people and chaperones returning from the ELCA Youth Gathering in New Orleans	Safe travels	Staff
Individual friends and loved ones	Whatever they need	Staff
All those who are caregivers for a loved one	Strength and support	Staff
Those confined to their homes, especially: Dave Bumgardner, Jean Fredrickson, Marlene Maxwell, Anne Newell, Ethel Ritchey, Helen Rogers, Sharon Roth	Assurance of God's presence	Staff
All who are imprisoned	Peace and strength	Staff
Ecumenical Ministries of Oregon	Blessings on their work	Staff
Holy Trinity Catholic Church	Blessings on their work	Staff
St. Andrew Foundation	Blessings on its ministry	Staff
Klamath Lutheran (Klamath Falls) Ascension Lutheran (Medford)	Serving with us in the Oregon Synod	Staff
Ecumenical and interfaith partners in ministry	Blessings on their work	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, Email office@standrewlutheran.com, or fill out the prayer request form on the church website.

Discovering the Joy of Music Making

"Immigrant Story" composer Balamurali Balu, will be teaching a fun workshop this summer for children in grades 6-12. Discovering the Joy of Music Making will be held at St. Andrew on **July 24 and July 25**, 1:00-4:00 pm, in Fellowship Hall.

Students will learn the fundamentals of music composing using professional music production tools and will create their first original music piece. **No music training is required!** All that is needed is a laptop (Mac or PC) and wired headphones.

Bala is a versatile composer and music producer who trained at the Berklee College of Music in Boston, MA. He is a professional who has crafted music for international films, concerts, TV, and commercials.

For more information or any questions contact composerbalu@gmail.com or see the flyer in the St. Andrew Narthex.

Scan the QR code to register. Registration Fee: \$50. Limited spots are available.



Fall Collection Drive for Lutheran World Relief

Please take advantage of school supply sales going on now to help us prepare for the LWR Ingathering in October. If you're interested in donating items, please note what we need:

- Spiral notebooks (70 sheets)—on sale now at WalMart for 49 cents
- Rulers
- Pencil sharpeners
- Blunt scissors
- #2 pencils (unsharpened)
- Blue or black pens
- 16- or 24-count crayons
- Erasers (2-inch size)

Please leave your donations in the box labeled LWR in the Narthex.

Your St. Andrew Staff

Council President Liz Hardy president@standrewlutheran.com, 360-632-4900
 Lead Pastor Allison Bengfort..... PastorAllison@standrewlutheran.com
 Sister India Jensen Kerr india@standrewlutheran.com
 Deacon Susan Reiser, Church Musician and
 Interim Minister of Music.....srwerner.reiser@standrewlutheran.com
 Interim Church Musician Lindsey Lane..... 503-646-0629
 Dir. of Next Generational Ministry Kyler Vogt..... kvogt@standrewlutheran.com
 Parish Executive Carol Harker charker@standrewlutheran.com
 Administrative Assistant Rhonda Powell office@standrewlutheran.com
 Bookkeeper Karen Mallari bookkeeper@standrewlutheran.com
 Housekeeper Carol Hogan..... 503-646-0629
 Evening Facility Caretaker Martin Mills 503-646-0629
 Parish Nurses Diane Reiner 503-201-4222
 Tira Nessel 503-866-5099

Emergency Pastoral Care

Sunday and Monday, contact
Sister India Jensen Kerr

Friday and Saturday, contact
Pastor Allison Bengfort

At other times, please call the
church office at 503-646-0629.

Preparing for Worship

Sunday, July 28 2024

2 Kings 4:42-44
Psalm 145:10-18
John 6:1-12

Highlights for the Week at St. Andrew

Sunday, July 21

- 9:30 am **In-Person Worship with Communion (also livestreamed and via Zoom)**Sanctuary
 9:30 am Portland Taiwan Worship Service Chapel
 10:45 am Taiwanese Church Fellowship Gathering Chapel
 11:00 am Adult Education: What is the ELCA Diaconate? Fellowship Hall

Monday, July 22—Church Office Closed

Tuesday, July 23

- 7:00 am Men's Gathering and Bible Study Elmer's Restaurant on 158th (1250 NW Waterhouse Ave)
 7:00 am Sunrise Women Elmer's Restaurant on 158th (1250 NW Waterhouse Ave)
 10:00 am Tai Chi Fellowship Hall
 12:00 pm Bridge Group Fellowship Hall
 12:15 pm Earth Care/Community Carbon Leadership Meeting Library
 6:30 pm Scout Troop 198 Children's Commons

Wednesday, July 24—Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com and charker@standrewlutheran.com.

- 9:30 am Apprentice Eccentrics Aging Backwards Workout Class Fellowship Hall
 11:00 am Alzheimer's Support Group St. Andrew Room
 12:00 pm Music Lab Workshop Fellowship Hall
 1:00 pm Wednesday Book Group with India St. Andrew Room

Thursday, July 25

- 10:00 am Strength + Stability with Susanne Fellowship Hall
 12:00 pm Music Lab Workshop Fellowship Hall
 1:00 pm Staff Meeting Chapel/Library
 6:30 pm Wing Chun Class Children's Commons
 7:00 pm IT Meeting Offsite

Friday, July 26

- 10:00 am Tai Chi Fellowship Hall

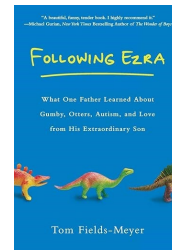
Saturday, July 27

- 6:30 pm Connections Team Game Night Fellowship Hall

Sunday, July 28

- 9:30 am **In-Person Worship with Communion (also livestreamed and via Zoom)**Sanctuary
 9:30 am Portland Taiwan Worship Service Chapel
 10:45 am Taiwanese Church Fellowship Gathering Chapel
 11:00 am ELCA Youth Gathering Trip Recap Fellowship Hall

Spirituality Book Group News



The Spirituality Book Group will meet on **Sunday, July 21**, to discuss Tom Fields-Meyer's book, *Following Ezra*, a heartwarming, intimate, and amusing memoir of a father's experience raising an autistic son.

Details

Time/Date: **Sunday, July 21**, 3:00 pm
 Book: *Following Ezra* by Tom Fields-Meyer
 Hostess: Connie Losk
 Discussion Leader: Fran Miller

Future Reading

August 18

The Marriage Portrait, by Maggie O'Farrell

September 22

Solito, by Javier Zamora

October (no meeting)

November 10

The Measure, by Nikki Erlick

December 8

The Women, by Kristin Hannah

St. Andrew Walks with You

What a beautiful summer we have had, but with fall coming soon, we know the rains will return. Following Jesus's example of meeting the needs of all people, we, the people of St. Andrew, have an opportunity to show God's love to the youth and young adults in our city who are without a home.

Beginning **Sunday, August 4**, and continuing throughout the month of August, the Service Committee will be collecting NEW ADULT SOCKS for the men and women who drop in to Outside In for a meal, a shower, or clothing.



If you wish to contribute, you will see a blue and yellow barrel in the Narthex.

Thank you for demonstrating God's love to our young people.

Worship at St. Andrew or Connect to Virtual Worship



9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. Links for remote worship will be sent to you via email and the church app.



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.