

# ST. ANDREW WEEKLY NEWS

June 30, 2024

St. Andrew Lutheran Church  
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:  
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

## COVID Circulates Again



It was wonderful to see Fellowship Hall filled with people for St. Andrew's Annual Meeting, but it appears that an undetected virus attended, too. So far we've heard of ten individuals who have definitely tested positive for COVID following the meeting.

CDC guidelines have loosened considerably since the world found itself in the midst of a pandemic, but there are still things we should remember to do. Updated recommendations address a range of respiratory illnesses, including RSV and the flu, as well as COVID-19, and they start with prevention:

- ◆ Stay up to date with vaccinations for the flu, COVID, RSV (if eligible);
- ◆ Practice good hygiene by covering coughs and sneezes, washing or sanitizing hands often, and cleaning frequently touched surfaces;
- ◆ Take steps for cleaner air, such as bringing in more fresh outside air, purifying indoor air, or gathering outdoors.

If you do become ill with a respiratory virus, stay home and away from others. Treatment is available and can lessen symptoms for people with COVID-19 and influenza. The recommendations suggest returning to normal activities only when —

- ◆ Symptoms are improving overall for at least 24 hours;
- ◆ Any fever present is gone (without use of a fever-reducing medication).

After resuming normal activities, people should continue to use prevention strategies for the next 5 days to curb disease spread. Even though they no longer need to be isolated, people recovering from a respiratory illness are advised to:

- ◆ Keep a distance from others;
- ◆ Enhance hygiene practices;
- ◆ Wear a well-fitting mask;
- ◆ Take steps to breathe cleaner air;
- ◆ Get tested for respiratory viruses.

Every household in the U.S. is eligible to order four free, at-home COVID-19 tests, delivered by the U.S. Postal Service. You can request four at-home tests for home delivery for free at [covidtests.gov](https://www.covidtests.gov). For those who have difficulty accessing the internet or need additional support placing an order, you can call 1-800-232-0233. This call line is open 8 a.m. to midnight ET, 7 days a week.

Due to the Covid outbreak here at St. Andrew, we are requiring everyone to wear a mask this Sunday, June 30, and for the next couple of weeks when coming into the building.

## Sanctuary of the Firs Services

Three services are planned for the Sanctuary of the Firs this summer. The dates are **July 7**, **August 11**, and **September 1**. The service in the firs will be led by a musician who will play music for the prelude, lead the hymns and sung liturgy, and offer a postlude to send you on your way. That service will be available via Zoom.

To accommodate those who are unable to traverse the path down to the Sanctuary of the Firs, we will have a concurrent service in the Sanctuary. Due to the challenges we encountered last year connecting to the service in the woodland, this service will be led independently. Deacon Susan, Sister India, and a cantor will lead the inside service. Pastor Allison's sermon will be read to those worshipping in the Sanctuary.



## Pastor Allison Joins Andy's Room Podcast



In last week's episode of Andy's Room, Pastor Allison chatted with me for a welcome interview. This was my first real conversation with our new lead pastor, so you can get to know her right along with me. Tune in to hear how she's settling in, what she's excited about, and some cool tidbits from her recent trip to Egypt. Check out the podcast and make sure to share it with your friends!

*Kyler Vogt*

A Celebration of Life:  
Hal Douglas

Saturday, June 29, 2024  
2:00 pm in the Sanctuary

Reception to follow in Fellowship Hall.

Mask are strongly recommended



## Plastic-Free July:

### What's Wrong with Using Plastic Anyway?

We've all heard about the huge problem with plastic pollution, how it's in our food, in all the waterways of the world, and even in our bodies. The Great Pacific Garbage Patch is twice the size of Texas, it contains 1.8 billion pieces of floating plastic and kills thousands of marine animals every year. It's so big that it has been nicknamed the "eighth continent."

But what about the manufacturing of plastic? Plastic is just a form of fossil fuel. Your plastic water bottle, your grocery bag, or your foam tray full of meat are all made from oil or



natural gas. And it takes a lot of energy to make that happen, which adds to the carbon footprint. "The real story of plastics' impact on the environment begins at the wellheads where it comes out of the ground," says Carroll Muffett, head of the Center for International Environmental Law. "And it never ever stops."

By one estimate, emissions from producing and incinerating plastics could amount to 56 gigatons of carbon between now and 2050. That's almost 50 times the annual emissions of all of the coal power plants in the U.S.

It distresses me to see the ads on TV about the wonders of plastic. The oil companies are seeing the writing on the wall (finally!) as the world begins to move away from combustion-engine vehicles. But, they are adopting a new campaign trying to get people to use more plastic which is made from the oil they extract from the Earth. Ugh! We desperately need those fossil fuels to stay in the ground because of the carbon emitted when it is extracted.

The only thing we as individuals can do about this problem is to use less plastic in the first place. It's true that we still need certain plastics such as that used in medical equipment and our cars, but we can avoid using single-use plastics and try to steer clear of plastic containers.

Throughout July, I will share ideas to reduce or better yet, eliminate, single-use plastics from our lives.

*Liz Hardy*  
Earth Care Team

### Farewell to Family Promise

After careful discernment, our small but mighty group of Family Promise volunteers has reached the bittersweet decision to discontinue this ministry. Our first week of hosting was in person in May 2018. Our last week of hosting was "remotely" in June of 2024. We've had a good, long run! We are very thankful for the support of the congregation and the many volunteers who have made this ministry possible over the past six years. If there are any questions regarding this decision, please contact Beth Johnson or Steve Grover.

## What Are ELCA Deacons and Deaconesses?

Have you wondered what a Rostered Minister of Word and Service is in the Evangelical Lutheran Church in America and where it comes from? Everyone knows what a Pastor is, but what is a Deacon?

Join Sister India in an Exploration of Deacons and Deaconesses. We will start with the Early Church and end with what an ELCA Deacon is today. We will meet in Fellowship Hall at 11:00 am on Sunday mornings, **June 30, July 7 and 21**. Even if you missed this last Sunday, please feel free to join us.

## Beaverton Pride Parade

The RIC committee welcomes all St. Andrew members and friends to walk in the Beaverton Pride Parade on **Sunday, June 30**. Our friends at Spirit of Grace will be joining us to form a Beaverton Lutheran contingent.



The parade begins at 11:00 am across from the Beaverton Public Library parking lot at 5th St. and Hall Blvd. Jan Smith will be there early to staff our place in line; join her at 10:30 am or as soon after service as possible. If you choose not to walk, we welcome all parade watchers along the route.

There is a festival in the Library Park after the parade and a Pride Market in the Farmers Market Lot from 11:00 am to 5:00 pm. Come out and support our local LGBTQIA+ community!

Sign up for the parade on the list in the Narthex or email [jansmith59@earthlink.net](mailto:jansmith59@earthlink.net).

## Greetings from Our Lead Pastor!

People of St. Andrew,

I am so, so happy to be here! I moved into my office last Monday, and jumped into meetings on Tuesday. I loved attending the Annual Meeting, where I was inspired by the many amazing ministries rooted in this community. You can hear some of my reflections on my first ever St. Andrew Annual Meeting in my conversation with Kyler on the Andy's Room podcast this week.

I want to thank all of you who have welcomed me so warmly and are helping me settle in. I look forward to meeting even more of you on Sundays and getting to know each of you.

With love,  
*Pastor Allison*



*Pastor Allison uses the pronouns she/her and would like to be addressed as Pastor or Pastor Allison.*

### Preparing for Worship

Sunday, July 7, 2024

Ezekiel 2:1-5  
Psalm 123  
Mark 6:1-13

# God's Green Season: Staying Connected

Welcome back, Flat Marty!



In the summer of 2017, Flat Marty traveled the globe with St. Andrew members and friends. Pictures were taken of very colorfully decorated images of Martin Luther in places ranging from the coast to the midwest to countries across the ocean. It was a popular way to stay connected with our St. Andrew family even while some of us went on vacation. The St. Andrew Connections Team is inviting you to take Flat Marty with you on any of your adventures over the summer. To join in the fun:

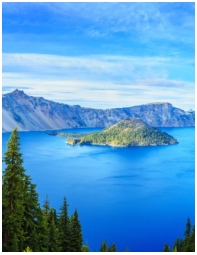
Look for copies of Flat Marty in the Narthex. OR:

Click on this link: <https://tinyurl.com/2abbt76h> to read more and print a picture of Flat Marty.

Decorate the picture and cut it out. Marty is fine with being folded, so you should be able to fit him into your suitcase or your pocket. Take photos of Flat Marty when you visit interesting places, and, if you'd like to share them on the website, send them to Steve Christiansen: [steveshome@comcast.net](mailto:steveshome@comcast.net). Remember that the website is public, so any photos posted could be seen by anyone visiting St. Andrew online. Posting the photos is NOT required. Contact any member of the Connections Team if you have any questions:

*Gretchen Bancroft, Larry Bliesner, Pat Christiansen, Connie Losk, Lynn Santelmann, or Jan Smith*

Where will your Flat Marty go this summer?



Crater Lake



Wallowa Mountains



A Ballgame

# Your 2024-2025 Congregation Council

Members of St. Andrew's Congregation Council have been duly elected, have selected officers for the coming year, and are ready to serve the congregation. If you have concerns, questions, or ideas, please feel free to reach out to these lay leaders of the congregation.

**President Liz Hardy**  
**Vice President Cindy Stadel**  
**Secretary Noelle Mehlhorn**



## Council Roster for 2024-2025

Pam Farr	Tira Nessel
Allison Katsufakis	Lisa Staul
Lee Anne Knapp	Janet Vorvick
Carl Malmstrom	Chuck Weswig

According to our constitution, the Congregational Council:

- Shall have general oversight of the life and activities of this congregation, and in particular its worship life, to the end that everything be done in accordance with the Word of God and the faith and practice of the Evangelical Lutheran Church in America.
- Shall be responsible for the financial and property matters of this congregation.

To learn more about what Council does, check out Chapter 12 in the constitution, which is available on the church website: <https://standrewlutheran.com/congregational-documents-policies/>.

Another of Council's responsibilities is to appoint the church's financial officers for the coming year.

## Co-Treasurers

Tim Duggan  
Joel Johnson

## Financial Secretaries

Jim McGarvey  
Sonya King Lister  
Ruth Baker

## Treasurers:

- Keep the books of account of the congregation;
- Receive records of receipts from the financial secretaries;
- Disburse funds;
- Communicate monthly to the Council on the monetary status of the church;
- Serve as members of the Finance Committee.

## Financial Secretaries:

- Receive and record income from contributing members and other sources;
- Ensure all receipts are disbursed to the appropriate funds;
- Prepare a report of individual giving at the close of the year;
- Serve as members of the Finance Committee.

Council members, Treasurers, and Financial Secretaries will be installed during worship on **Sunday, July 21**.

## In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Hal Douglas	Peace and God's comfort at his death	Jeannine Douglas
Family and friends of Doris Larson	Peace and God's comfort at her death	Staff
Family and friends of Todd Kenagy (father)	Peace and God's comfort at his death	Dwight & Debi Jerde
Family and friends of Karen Gladhill (sister-in-law)	Peace and God's comfort at her death	Kristie & Richard Gladhill
Stacye Erickson (cousin)	Comfort and effective treatment for myeloma	Dana Blakemore
Jennifer Shaw (sister-in-law)	Comfort, healing, and courage for cancer treatment	Lee Anne Knapp
Ginny Link	Comfort, strength, and healing	Ginny Link
Bob & Mary Smith	Comfort, strength and healing from Covid	Mary Brown
Doug Morrell	Renewed strength	Carol Harker
Jul M (relative)	Healing and peace	Rebecca Uecker
Marty Sheffer	Adaptation and successful treatment	Jan Smith
Mary Smith	Healing and recovery from surgery	Mary Smith
Hallie Krauss (friend)	Comfort and peace	Camille Jackson
Individual friends and loved ones	Whatever they need	Staff
All those who are caregivers for a loved one	Strength and support	Staff
West Linn Lutheran (West Linn)	Serving with us in the Oregon Synod	Staff
Community of Hope (Wilsonville)		
Ecumenical and interfaith partners in ministry	Blessings on their work	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, Email [office@standrewlutheran.com](mailto:office@standrewlutheran.com), or fill out the prayer request form on the church website.

## Worship Volunteer Signup on July 14

Are you interested in volunteering to serve in worship, but don't quite know how to do so? If you're an infrequent internet user or simply want some guidance, please note that our next in-person volunteer signup will be **Sunday, July 14**, after the worship service and before the education hour. A member of the Worship and Music Team will be available in the Narthex to help you sign up to be a worship volunteer. There are many opportunities to serve and your help is needed.



## Picture Pick Up

We still have a few pictures in the church office that need to be picked up. Please stop by on Sunday or during office hours.

Au Family	Tira Nasset	Bobbie Larson
Dianne Carlson	Steve Grover	Amy Peahl
Fako Family	Gustafson Family	Schutt Family
Navarre Family	Allison Katsufakis	Blakemore-Taylor Family

## A Note from Myanmar

Steve Claborne writes from Myanmar (formerly Burma), his new posting for Mercy Corps:

"I'm in Yangon (Rangoon), which reminds me of Asia 30 or 40 years ago. Still very underdeveloped. The civil war has set it back even further. Given all the other crises around the world, Palestine, Sudan, Ukraine, Florida, it is long forgotten. People are just getting by day to day. Myanmar is a predominantly Buddhist country, with large Christian and Muslim minorities and hundreds of ethnic groups with their own languages. The long border with Yunnan means the China panda (pooh bear) is ever present, backing whoever is on top at the moment and can safeguard Chinese investments. Your tax dollars are being used to provide basic necessities for people displaced by war."

Your St. Andrew Staff	
Council President Liz Hardy .....	president@standrewlutheran.com, 360-632-4900
Lead Pastor Allison Bengfort .....	PastorAllison@standrewlutheran.com
Sister India Jensen Kerr .....	india@standrewlutheran.com
Deacon Susan Reiser, Parish Musician and Interim Minister of Music.....	srwerner.reiser@standrewlutheran.com
Interim Keyboardist Lindsey Lane.....	503-646-0629
Dir. of Next Generational Ministry Kyler Vogt.....	kvogt@standrewlutheran.com
Parish Executive Carol Harker .....	charker@standrewlutheran.com
Administrative Assistant Rhonda Powell .....	office@standrewlutheran.com
Bookkeeper Karen Mallari .....	bookkeeper@standrewlutheran.com
Housekeeper Carol Hogan.....	503-646-0629
Evening Facility Caretaker Martin Mills .....	503-646-0629
Parish Nurses Diane Reiner .....	503-201-4222
Tira Nasset.....	503-866-5099

## Emergency Pastoral Care

Sunday and Monday contact  
Sister India Jensen Kerr  
503-860-5377 or  
[india@standrewlutheran.com](mailto:india@standrewlutheran.com)  
Friday and Saturday contact  
Pastor Allison Bengfort  
563-210-6304 or  
[PastorAllison@standrewlutheran.com](mailto:PastorAllison@standrewlutheran.com)  
At other times, please call the church office at 503-646-0629.

## Highlights for the Week at St. Andrew

### Sunday, June 30

- 9:30 am In-Person Worship with Communion (also livestreamed and via Zoom) .....Sanctuary**  
 9:30 am Portland Taiwan Worship Service ..... Chapel  
 10:45 am Taiwanese Church Fellowship Gathering ..... Chapel  
 11:00 am What Are ELCA Deacons and Deaconesses? ..... Fellowship Hall  
 1:00 pm Twirlers Meeting and Practice ..... St. Andrew Room / Fellowship Hall

### Monday, July 1—Church Office Closed

### Tuesday, July 2

- 7:00 am Men’s Gathering and Bible Study ..... Elmer’s Restaurant on 158<sup>th</sup> (1250 NW Waterhouse Ave)  
 7:00 am Sunrise Women ..... Elmer’s Restaurant on 158<sup>th</sup> (1250 NW Waterhouse Ave)  
 10:00 am Meals on Wheels ..... Off-site  
 10:00 am Tai Chi ..... Fellowship Hall  
 10:00 am Worship Planners Meeting ..... Library  
 12:00 pm Bridge Group ..... Fellowship Hall  
 6:30 pm Scout Troop 198 ..... Children’s Commons  
 7:00 pm Columbia Willamette Faceters’ Guild Meeting ..... Fellowship Hall  
 7:00 pm Connections Team Meeting ..... St. Andrew Room

### Wednesday, July 3—Weekly News deadline is 4:00 pm; submit material to [office@standrewlutheran.com](mailto:office@standrewlutheran.com) and [charker@standrewlutheran.com](mailto:charker@standrewlutheran.com).

- 9:30 am Apprentice Essentrics® Aging Backwards® workout class ..... Fellowship Hall  
 11:00 am Team Ministry Meeting ..... Chapel/Library  
 1:00 pm Wednesday Book Group with India ..... St. Andrew Room

### Thursday, July 4 — Church Office Closed

- 10:00 am Cedar Hills 4th of July Parade ..... Starts at the Cedar Hills Rec Center  
 5:00 pm Executive Committee Meeting ..... via Zoom

### Friday, July 5

- 10:00 am Tai Chi ..... Fellowship Hall

### Saturday, July 6

- 9:00 am Nifty Notters ..... Fellowship Hall

### Sunday, July 7

- 9:30 am In-Person Worship with Communion (also livestreamed and via Zoom) .....Sanctuary**  
 9:30 am Portland Taiwan Worship Service ..... Chapel  
 10:45 am Taiwanese Church Fellowship Gathering ..... Chapel  
 11:00 am What Are ELCA Deacons and Deaconesses? ..... Fellowship Hall



**Memorial Service:  
Doris Larson**

**Wednesday, July 10, 2024**  
10:00 am in the Sanctuary

*Reception to follow in Fellowship Hall.*





**Celebrating the Life of  
Michelle Susan Greenfield**  
(spouse of Pastor Terry Moe)

**Memorial Service**  
Sunday, August 18, 2024  
3:00 pm at Resurrection Lutheran Church  
1700 NE 132nd Ave, Portland

**Celebration of Life**  
Sunday, August 18, 2024  
6:00 pm at Kennedy School McMenamins  
5736 NE 33rd Ave, Portland

### Worship at St. Andrew or Connect to Virtual Worship

 **YouTube** **9:30 am:** Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. *Links for remote worship will be sent to you via email and the church app.*

 **zoom** People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.