

# ST. ANDREW WEEKLY NEWS

June 16, 2024

St. Andrew Lutheran Church  
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:  
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

## Pastor Laurie's Farewell to the Congregation

What a rich and fruitful time we have enjoyed together over the past 15 months! Although some days seemed longer than others, our time together passed in a flash. We used that time well. You welcomed me with open arms to my first interim ministry position and my first opportunity to serve in an ELCA congregation. We journeyed together in ministry, focusing on our core values and commitment to Service, Earth Care, Sanctuary, and justice for all. We experienced some changes—some people who moved away or left, deaths in the congregation, memorial services, births, baptisms, and confirmations, even an ordination for Sister India.

One of the things that changed came with entering into relationship with Head Start and making better use of our children's space. We welcomed new staff members: Rhonda, McKenzie, Lindsey, and Martin. We added young adult, outreach, and new ministry to Kyler's new position as Director of Next Generational Ministry. We expanded our Church Council to include three seasoned individuals in order to benefit from their institutional memory during a transitional period, and we're delighted that our officers from this year are willing to be re-elected for another term—thus providing continuity in leadership. On a very warm day last August, we enjoyed an Ice Cream Social that included our neighbors. We welcomed 27 new members to the congregation with joy and thanksgiving! And we saw more children coming back to the Sanctuary to worship with families.



As a dancer, I've learned the importance of how leading and following go hand in hand. It takes listening and attention on both sides to work. Thank you for the ways you taught me and for following when I led. Thank you so much for all the ways you showed your love and support. I will leave next week with a deep sense of gratitude and accomplishment. My prayers will continue with you as you move forward with Pastor Allison Bengfort.

May the deep peace of Christ be with you all!  
*Pastor Laurie*

## Godspeed, Pastor Laurie!

Join Pastor Laurie in Fellowship Hall following worship this Sunday for brunch and an opportunity to wish her Godspeed. We have much to celebrate on June 16—Pastor Laurie's ministry at St. Andrew, four graduating seniors wrapped in quilts as they enter a new phase of their lives, and another jazz service to get our toes tapping.

## Welcome, Pastor Allison!

Just one day after saying farewell to our interim pastor, St. Andrew is blessed to welcome Allison Bengfort, our new Lead Pastor, as she moves into her office on June 17!



Pastor Allison will attend the Annual Meeting on Tuesday, June 18, and the Council Meeting that follows on June 20. Then Earth Camp begins and St. Andrew will be buzzing with all the curiosity and energy of young people.

What a beginning to what we envision to be a long and productive ministry together. Welcome, Pastor Allison!

## Beaverton Pride Parade

The RIC committee welcomes all St. Andrew members and friends to walk in the Beaverton Pride Parade on **Sunday, June 30**. Our friends at Spirit of Grace and a Beaverton Lutheran contingent will be joining us as well.



The parade begins at 11:00 am across from the Beaverton Public Library parking lot at 5<sup>th</sup> St. and Hall Blvd. Jan Smith will be there early to staff our place in line; join her at 10:30 or as soon after service as possible. If you choose not to walk, we welcome all parade watchers along the route.

There is a festival in the Library Park after the parade and a Pride Market in the Farmers Market Lot from 11:00 am to 5:00 pm. Come out and support our local LGBTQIA+ community!

Sign up for the parade on the list in the Narthex or email [jansmith59@earthlink.net](mailto:jansmith59@earthlink.net).

## Flowers on the Chancel

The flowers on the chancel this Sunday were provided by Bob & Cindy Stadel in gratitude for Pastor Laurie's presence and service over the past 15 months.



The rose is in memory of Zack Stadel, born Sunday, June 16, 1978, making Bob a dad on Father's Day—a gift.

## Annual Meeting of the Congregation

**Tuesday, June 18, 6:30 pm**  
Fellowship Hall

*Including Ministry Reports from Music, the Sanctuary Team, Next Generational Ministry, and the Foundation; election of Council members; a vote on next year's budget; and more.*

### ReFED's 40+ Food Waste Solutions, Part 3

"Reducing Food Waste: Eight Tips for Home Cooks," by Madeline Keating



Keep bananas away from other fruit.

**Become a storage pro.** Did you know that the best way to store celery is upright in a glass of water on a shelf in your fridge? Or that bananas should not be stored next to other fruits on the counter, and that once ripe, they should be moved to the fridge? Proper storage of food can increase produce lifetime and reduce spoilage. More on this next week.

**The refrigerator demystified:** These tips will help your food stay fresh the longest.

- Keep the temperature at 40°F or less to help food last longer.
- The levers on crisper drawers change the humidity. Set one to high and one to low.
- Keep veggies that tend to wilt in the high-humidity drawer.
- Keep fruits and veggies that tend to break down and rot in the low-humidity drawer.
- The upper shelves are warmer; keep leftovers and drinks there.
- The door is the warmest; don't keep milk and eggs here. Do keep drinks, condiments and butter here.
- Since the lower shelf stays coolest, keep meats and fish here.

**Make friends with your freezer.** The freezer can be a waste-free kitchen's best pal. Freezing produce, meat, dairy, and even lightly beaten eggs is basically like hitting the pause button. The author's favorite foods to freeze are dark leafy greens that are starting to wilt. She simply chops them up, puts them in a plastic (or silicone) bag in the freezer, then uses them by the handful in smoothies, sauces, and curries. More tips: freeze in portions, use airtight containers to reduce freezer burn, and do a survey of what's in the freezer once a month or so.

**Revive food that is on its way out.** Wilted lettuce, brown bananas, and spoiled milk all create food waste anxiety. But there is hope! Brown bananas? Peel them, freeze them, and use for future smoothies or banana bread. Wilted lettuce? Put it in a bowl of cold water until it gets crisp again. Spoiled milk? Definitely don't drink it, but you can use it instead of buttermilk in baking biscuits or pancakes, add a little to soups or casseroles, or use it in homemade salad dressing.

#### Understand date labels.

When I hear friends and family mention the "expiration" date as the reason that they tossed some food, it makes me cringe. Why? When was the last time you saw a date label that said "expiration date?" Food "expiration" dates have little to do with food



safety; they are not federally regulated and aren't relevant numbers for consumers except in the case of infant formula, which is regulated. Definitely pay attention to dates on infant formula. The date labels "sell by," "use by," or "best before" make their meanings difficult to decipher. Generally, they are indicators of when food will be at its peak quality. My go-to strategy for figuring out if food is still good: If it's been safely stored and I don't see mold, I rely on the sniff or taste test. If it smells and tastes good, I eat it and have never been sorry I did.

**Serve food on smaller plates.** Have you noticed that over the years, plates and bowls have gotten a lot bigger than they used to be? The larger the plate, the more likely you are to fill it up, making your eyes bigger than your stomach. Serving food on smaller plates reduces the risk of taking more than you can eat. You can always go back for seconds if the first serving does not meet your needs.



Liz Hardy  
Earth Care Team

### What Are ELCA Deacons and Deaconesses?

Have you wondered what a Rostered Minister of Word and Service is in the Evangelical Lutheran Church in America and where it comes from? Everyone knows what a Pastor is, but what is a Deacon?

Join Sister India in an Exploration of Deacons and Deaconesses. We will start with the Early Church and end with what a Deacon is today in the ELCA. We will meet in Fellowship Hall at 11:00 am on Sunday mornings, **June 23 and 30, July 7 and 21.**

### Earth Camp Take-Aways

In just about ten days, kids participating in Earth Camp will be collecting their art projects, handouts, and other materials from a week of fun and learning. Who knows what they might accumulate? From years past, we know that the tote bags they receive just aren't big enough to hold everything. So, if you have some spare paper grocery bags (preferably with handles), please drop them off in the church office for Earth Camp.



### Beaverton to the Bayou: Thank YOU!

Thank you to everyone who attended the "From Beaverton to the Bayou" fundraiser event on June 2! It was a wonderful night in the magically decorated Fellowship Hall, with jambalaya, live dance, and great stories shared. Plus, many great prizes were won in the raffle/auction! Most importantly, thanks to the generosity of everyone who participated, we raised **nearly \$13,000** to send our youth to New Orleans in July! This covers our remaining need for the trip with room to spare, which means we're able to begin saving for the Youth Gathering in 2026.

Thank you to everyone who bought a ticket, invested with "shares" of stock in the trip, tried your luck with raffle tickets, or bid on our auction items. We also received some additional special donations, for which we are so grateful. Plus, a huge thank you goes out to both the Erik Weswig Memorial Fund and the St. Andrew Foundation for contributing matching funds of \$1,000 and \$2,000 respectively. On behalf of the youth and chaperones attending the ELCA Youth Gathering this summer, thank you for your support!

**A Celebration of Life:  
Hal Douglas**

**Saturday, June 29, 2024  
2:00 pm in the Sanctuary**

*Reception to follow in Fellowship Hall.*



## God's Green Season: Staying Connected

Welcome back, Flat Marty!



In the summer of 2017, Flat Marty traveled the globe with St. Andrew members and friends. Pictures were taken of very colorfully decorated images of Martin Luther in places ranging from the coast to the midwest to countries across the ocean. It was a popular way to stay connected with our St. Andrew family even while some of us went on vacation. The St. Andrew Connections Team is inviting you to take Flat Marty with you on any of your adventures over the summer. To join in the fun:

Look for copies of Flat Marty in the Narthex. OR:

Click on this link: <https://tinyurl.com/2abbt76h> to read more and print a picture of Flat Marty.

Decorate the picture and cut it out. Marty is fine with being folded, so you should be able to fit him into your suitcase or your pocket. Take photos of Flat Marty when you visit interesting places, and, if you'd like to share them on the website, send them to Steve Christiansen: [steveshome@comcast.net](mailto:steveshome@comcast.net). Remember that the website is public, so any photos posted could be seen by anyone visiting St. Andrew online. Posting the photos is NOT required. Contact any member of the Connections Team if you have any questions:

*Gretchen Bancroft, Larry Bliesner, Pat Christiansen, Connie Losk, Lynn Santelmann, or Jan Smith*

Where will your Flat Marty go this summer?



Crater Lake



Wallowa Mountains



A Ballgame

## Final Podcast with Pastor Laurie!



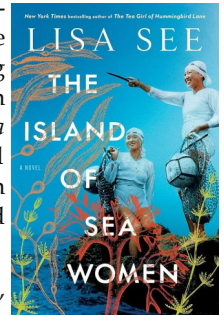
Find links to all Andy's Room podcasts by scrolling to "In the Spotlight" on St. Andrew's [homepage](#).

Pastor Laurie is back on the Andy's Room Podcast for a third and final episode before she moves on from St. Andrew and out into God's next call for her. Tune in to this episode to hear about where Laurie is headed next, plus some of the things she will remember about her time at St. Andrew. This is an episode everyone should listen to, both for closure and for a deeper understanding of how lucky we have been to have Pastor Laurie with us at St. Andrew. Enjoy!

## Spirituality Book Group

The Spirituality Book Group will meet at the home of Susan Reiser to discuss the book, *The Island of the Sea Women*, by Lisa See on **Sunday, June 23**, at 3:00 pm.

"This beautiful, thoughtful novel illuminates a world turned upside down, one where the women are in charge, engaging in dangerous physical work, and the men take care of the children....*The Island of Sea Women* introduces readers to the fierce and unforgettable female divers of Jeju Island in Korea and the dramatic history that shaped their lives." Amazon Review.



All are welcome! If you have any questions, please contact Mary Smith at 503-332-9732.

### Details:

Date/Time: **Sunday, June 23**, 3:00 p.m.  
 Book: *The Island of Sea Women*, by Lisa See  
 Hostess: Susan Reiser  
 Discussion Leader: Connie Losk

### Future Reading:

Date/Time: **Sunday, July 21**, 3:00 p.m.  
 Book: *Following Ezra*, by Tom Fields-Meyer  
 Hostess: Connie Losk  
 Discussion Leader: Fran Miller

Date/Time: **Sunday, August 18**, 3:00 p.m.  
 Book: *The Marriage Portrait*, by Maggie O'Farrell  
 Hostess: Mary Ann Snider  
 Discussion Leader: Sharon Fako

## Night of Stories Workshop on June 17

The next Night of Stories event is **Monday, June 17**, at Steeplejack on Broadway. Join us for an informal night of storytelling and community. We'll share stories with one another as we eat, discover/remember stories we may have forgotten about, and "workshop" some semi-prepared stories for folks who are working on sharing more effectively. Steeplejack has great food and drinks, and we always have great people joining us! Bring yourself, bring a friend, and, if you dare, bring a story!

Have a story you've told a thousand times? Or one that still needs some work? Maybe you've had an experience that you think might make for a good story but you're still figuring out how to tell it?

Bring a five- to ten-minute story (memorized, written, or somewhere in between) and our audience and team of amateur story experts will offer an encouraging space for you to tell your tale and offer positive feedback on different ways to bring it to life. OR: Just come hang out with awesome humans and try some of Steeplejack's amazing food and beer. Hope to see you there!



WHAT: Night of Stories—Open Mic Story Workshop  
 WHEN: **Monday, June 17**, 6:00-8:00 pm  
 WHERE: Steeplejack Beer, 2400 NE Broadway, Portland

FREE  
 Ages 18+  
 Elevator entrance available on Broadway

## In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Hal Douglas	Peace and God's comfort at his death	Jeannine Douglas
Family and friends of Yeojin Chung (friend)	Peace and God's comfort at her death	Kristin Sacks
Butch (friend)	Comfort and strength while waiting for surgery	Sharon Fako
Dan Bianucci (brother-in-law)	Comfort and strength for health issues	Judy Scholz
Michelle (cousin)	Comfort, healing, and courage for cancer treatment	Wendy Hawthorne
Priscilla (friend)	Comfort and strength for heart procedure	Judy Scholz
Phyllis McCauley (stepsister)	Comfort, strength, and healing for broken back	Amy Fiegenbaum
Jul M (relative)	Healing and peace	Rebecca Uecker
Theodore James Scholz (grandson)	Thanksgiving for his birth	Bob & Judy Scholz
Graduating Seniors Elijah Bishop-Perdue, David Harker, Mason King, and James Steele III	Blessings as they begin another phase of life	Staff
Pastor Laurie Newman	Wisdom and support in her new bridge ministry	Staff
Pastor Allison Bengfort	Welcome and wisdom as St. Andrew's Lead Pastor	Staff
Fathers and father figures	Thanksgiving, support, and wisdom	Staff
Individual friends and loved ones	Whatever they need	Staff
Those confined to their homes	Assurance of God's presence	Staff
	Dave Bumgardner, Jean Fredrickson, Marlene Maxwell, Anne Newell, Ethel Ritchey, Helen Rogers, Sharon Roth	
All who are imprisoned	Peace and strength	Staff
Ecumenical Ministries of Oregon Holy Trinity Catholic Church	Blessings on their work	Staff
All those who are caregivers for a loved one	Strength and support	Staff
St. Stephen (Gladstone)	Serving with us in the Oregon Synod	Staff
Our Savior's (Lake Oswego)		
King of Kings (Milwaukie)		
Ecumenical and interfaith partners in ministry	Blessings on their work	Staff

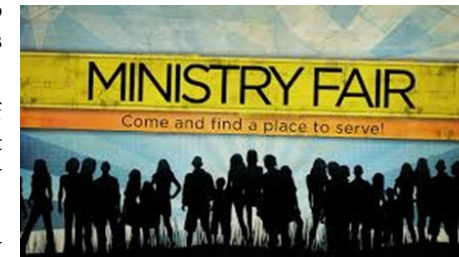
**If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, Email [office@standrewlutheran.com](mailto:office@standrewlutheran.com), or fill out the prayer request form on the church website.**

## Ministry Fair: Save the Date

This year's Ministry Fair will be on **Sunday, September 8**, starting following worship and ending at 12:00 pm. Plan now to stop by after worship to learn about all of the ways you can connect your interests with St. Andrew's Ministry Teams.

Are you a leader of a ministry team? Start the conversation now: will you be a part of the fair? Who will staff your table? What should be on display or given out? And most important—what kind of small goodie will you offer to entice people to stop by? Stay tuned for information about how to reserve a table for your group.

Questions? Contact any member of the Connections team: Gretchen Bancroft, Larry Bliesner, Pat Christiansen, Connie Loske, Lynn Santelmann, or Jan Smith.



## Your St. Andrew Staff

Council President Liz Hardy ..... [president@standrewlutheran.com](mailto:president@standrewlutheran.com), 360-632-4900  
 Lead Pastor Allison Bengfort..... [PastorAllison@standrewlutheran.com](mailto:PastorAllison@standrewlutheran.com)  
 Sister India Jensen Kerr ..... [india@standrewlutheran.com](mailto:india@standrewlutheran.com)  
 Deacon Susan Reiser, Parish Musician and  
 Interim Minister of Music.....[srwerner.reiser@standrewlutheran.com](mailto:srwerner.reiser@standrewlutheran.com)  
 Interim Keyboardist Lindsey Lane..... 503-646-0629  
 Dir. of Next Generational Ministry Kyler Vogt..... [kvogt@standrewlutheran.com](mailto:kvogt@standrewlutheran.com)  
 Parish Executive Carol Harker ..... [charker@standrewlutheran.com](mailto:charker@standrewlutheran.com)  
 Administrative Assistant Rhonda Powell ..... [office@standrewlutheran.com](mailto:office@standrewlutheran.com)  
 Bookkeeper Karen Mallari ..... [bookkeeper@standrewlutheran.com](mailto:bookkeeper@standrewlutheran.com)  
 Housekeeper Carol Hogan..... 503-646-0629  
 Evening Facility Caretaker Martin Mills ..... 503-646-0629  
 Parish Nurses Diane Reiner ..... 503-201-4222  
 Tira Nessel ..... 503-866-5099

## Baby Rose

The rose on the altar this Sunday celebrates the birth of Theodore James Scholz to parents Hank and Karen Scholz and grandparents Bob and Judy Scholz. What joy this little soul brings!



## Preparing for Worship Sunday, June 23, 2024

Job 38:1-11  
 Psalm 107  
 Mark 4:35-41

## Highlights for the Week at St. Andrew

### Sunday, June 16

9:30 am	In-Person Worship with Communion (also livestreamed and via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Church Fellowship Gathering	Chapel
10:45 am	Recognition Event for Pastor Laurie	Fellowship Hall
1:00 pm	Twirlers Meeting and Practice	St. Andrew Room, Fellowship Hall

### Monday, June 17—Church Office Closed

**Tuesday, June 18—Weekly News deadline is 4:00 pm; submit material to [office@standrewlutheran.com](mailto:office@standrewlutheran.com) and [charker@standrewlutheran.com](mailto:charker@standrewlutheran.com).**

7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 <sup>th</sup> (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women	Elmer's Restaurant on 158 <sup>th</sup> (1250 NW Waterhouse Ave)
10:00 am	Worship Planners Meeting	Library
10:00 am	Tai Chi	Fellowship Hall
12:00 pm	Bridge Group	Fellowship Hall
6:30 pm	Annual Meeting	Fellowship Hall
6:30 pm	Scout Troop 198	Children's Commons

### Wednesday, June 19—Juneteenth Holiday; Church Office Closed.

6:30 pm	Earth Camp Team Meeting	Children's Commons
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### Thursday, June 20

10:00 am	Strength and Stability with Susanne	Fellowship Hall
1:00 pm	Team Ministry Meeting	Chapel, Library
6:30 pm	Wing Chun Class	Children's Commons
7:00 pm	Council Meeting	Fellowship Hall

### Friday, June 21

10:00 am	Tai Chi	Fellowship Hall
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### Saturday, June 22

### Sunday, June 23

9:30 am	In-Person Worship with Communion (also livestreamed and via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Church Fellowship Gathering	Chapel
11:00 am	What Are ELCA Deacons and Deaconesses?	Fellowship Hall


### Mission Accomplished!


Thanks to generous contributions from the congregation, persistence by the Sanctuary Team, and disciplined savings by the Malik Zada family, Nasir and Amina now have a vehicle that will transport their entire family!

Tom Jelineo led the effort to find a reliable vehicle to serve the family's needs. Thank you to him and to all those who made it possible to help the family take one more step on their journey.



### Worship at St. Andrew or Connect to Virtual Worship

 **YouTube** 9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. Links for remote worship will be sent to you via email and the church app.

 **zoom** People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.