## ST. ANDREW WEEKLY NEWS

March 3, 2024

St. Andrew Lutheran Church 12405 SW Butner Road, Beaverton, OR 97005 **Worship Service:** Sunday, 9:30 am

www.standrewlutheran.com Telephone: 503-646-0629

#### Night of Stories!

I am so excited to announce a brand new, community-focused event for younger adults, Night of Stories! This monthly event is a cooperative effort between three organizations: St Andrew, The

Repentant Church (a recent start-up through the United Methodist Church), and Portland-based storytelling non-profit Ghost Light PDX. The first iteration of Night of Stories will be hosted on Sunday, March 24, 6:00 - 8:00 pm, at Grinds and Vines coffee shop in Portland. The theme for the night is "The Thousand Word Picture Show." Plans include a photo booth, caption contest, featured Grinds and Vines storytellers, live music, and the chance for Street, you to share stories of your own in a safe, Portland, OR 97214 fun, and casual environment. No



preparation is needed to attend; just come as you are!

To understand the vision for this event, check out our opening creed:

Maybe. Just maybe. There's nothing more human than to tell

From that night, thousands of years ago, when cavemen sat around that very first campfire, looking up at the stars in wonder, telling each other jokes...

To the stories we tell in quiet reverence, when we gather together to grieve a loved one lost. To be human is to tell stories.

Even when we sleep, our brain is up all night telling us stories in the form of dreams.

Friends, our desire is to be a beautiful and weird experiment. To share our stories with each other, whether they are tales of wonder or woe, the sacred or profane, soul stirring or just plain weird.

But most of all: We share stories with each other, so that maybe, just maybe, we might come to see ourselves, see each other,

and see this weary little world of ours, as cherished works of art.

In February we hosted a small test run of the event with about 16 people, all under 35, and it was a huge hit! We are so excited to open it up for this official launch. To learn more about Night of Stories, find us on Instagram @NightOfStoriesPDX. You can also email me at <u>kvogt@standrewlutheran.com</u> or contact NightOfStoriesPDX@gmail.com. Don't forget to follow us, and make sure to invite your friends! We'll see you there!

> Kyler Vogt **Director of Next Generational Ministry**

#### SoulCollage® During Lent

Lent is a time of contemplation and reflection and SoulCollage® is the perfect medium to do some of that work. Sister India, SoulCollage® facilitator, will be hosting a gathering at St. Andrew on Saturday, March 9, 10:00 am-1:00 pm, to explore the themes of repentance, God's grace, prayer, and fasting.

SoulCollage® is an intuitive collage process meant for selfdiscovery. You make your deck of cards for your personal use. This method lets you discover your unique inner and outer guides and challengers. It lets you answer your life questions. You don't need to be an artist. This is for people who are openminded and willing to explore. Sister India will guide you through the process and with her words and encouragement you will discover the images that represent you. SoulCollage® was created by Seena B. Frost as a method to "develop creativity and intuition, encourage[s] self-discovery, and provide[s] personal guidance." For more information visit soulcollage.com.

Below Peggy Thompson shares her experience with SoulCollage®:

#### "What is it like to do SoulCollage®?

Easy peasy, with no prep. You just enjoy the quiet of people choosing images to glue on a card and let it open your mind. SoulCollage® is a refreshing time out, an opportunity to glimpse a reflection of yourself without words. Words come when India gently guides you through looking for a message the card might have for you. I enjoyed



SoulCollage® the first time and I am looking forward to trying again. All you need to do is show up. "

If you have questions, contact Sister India at india@standrewlutheran.com or 503-860-5377.

## The Labyrinth on Holy Saturday



On Holy Saturday, March 30, from 10:00 am-1:00 pm, St. Andrew will again host Westminster Presbyterian's labyrinth. We will gather to reflect on the time before our Lord rose on Easter Sunday. Calming music will facilitate your meditation. Please bring writing materials for journaling if that would be useful for reflection. Questions? Please contact Sister India.

#### **Observing and Celebrating**

# LENT WITH ST. ANDREW

Midweek Lenten Services 7 pm

Mar 6: Laments from the Depths (Steve Christiansen)

Mar 13: Individual Lament (Janet Vorvick)

Mar 20: Communal Lament (Mary Smith)

March 24, 2024 -Palm Sunday

Service at 9:30 am

March 28, 2024 - Maundy Thursday

Service at 7 pm

March 29, 2024 - Good Friday

Service at 8 pm

March 31, 2024 -Easter Sunday Service at 9:30 am

# Help Us Write Postcards/Letters to Potential Voters

2024 is another Presidential election year and this year's vote is expected to be a crucial one. Given the expected candidate choices, many people are planning not to vote at all. Liz Hardy and Jan Smith have contacted several organizations that encourage first-time voters or those who typically do not vote to do so this year.

St. Andrew has participated in campaigns like this effort in the past. The 2024 effort includes primary elections and the general election on November 5. With primary elections scheduled during the first half of the year, the postcard and letter-writing campaigns will take place between now and November.

Already, thousands of postcards have been sent to North Carolina voters whose primary election is on March 5. These cards were from the Environmental Voter Project, and the message sent was, "I know you are a good voter. Please make sure your friends and family are good voters too!" Mind you, these cards were sent to people who are concerned about the environment, but do not typically vote. Whether or not a person votes is public record, but how they vote is not known.

Jan and Liz are looking for a team of people to send encouraging messages to potential voters. No specific postcard or letter-writing dates have been scheduled, but they will be soon. Many of you wrote postcards to Georgia voters in 2020, and to Arizona, Massachusetts, Pennsylvania, and Georgia in 2022. This will be a similar effort. There will be several state campaigns again and Federal elections by state as well. We will have training sessions again and volunteers will be able to take groups of 20 cards or letters to fill out and send by specific dates. Voter turnout organizations will provide a list of voters to contact and a suggested script to use.

If you would like to write to voters, please contact Liz or Jan so we can create our team.

Jan Smith and Liz Hardy

#### **Environmental Literacy Quiz**

From earthday.org

Action requires education. How much do you know about environmental literacy? Test your knowledge with earth-day.org's quiz.

- 1. Which day is Earth Day?
  - a. April 22
  - b. December 21
  - c. August 12
  - d. October 31
- 2. Which was the first book to set the stage for society to change in becoming more environmentally aware?
  - a. The Lorax by Dr. Seuss
  - b. The Omnivore's Dilemma by Michael Pollan
  - c. Silent Spring by Rachel Carson
  - d. Population Bomb by Paul Ehrlich
- 3. The idea for Earth Day came from Gaylord Nelson.
  - a. True
  - b. False
- 4. Throughout its history, Earth Day has only been supported by Democrats.
  - a. True
  - b. False
- 5. By the end of 1970, the year of the first Earth day, the Environmental Protection Agency (EPA) was created. Which of the following acts was NOT passed that same year?
  - a. Clean Air Act
  - b. Clean Water Act
  - c. Endangered Species Act
  - d. Marine Mammal Protection Act
- 6. True or False: Earth Day is the one and only day during the year that you should care about the environment and act to protect it.
  - a. True
  - b. False
- 7. True or False: In 2016, the Paris Agreement was signed on Earth Day.
  - a. True
  - b. False
- 8. True or False: In the USA, there are comprehensive, national standards regarding environmental education.
  - a. True
  - b. False
- 9. Which of these statements is false?
  - a. Environmental education increases public awareness and knowledge.
  - b. Environmental education advocates a particular viewpoint.
  - c. Environmental education teaches individuals critical thinking skills.
  - d. Environmental education enhances an individual's problem solving and decision making skills.
- 10. What was the purpose of the National Environmental Education Act passed by congress in 1990?
  - a. To require that the United States Environmental Protection Agency be a leader in promoting environmental literacy.
  - b. To establish the Office of Environmental Education.
  - c. Both a and b.
  - d. None of the above

Answers in the insert

#### **Lenten Food Train Chugging Along**

The engine is revved up and already hauling boxcars of food and Apprentice Essentrics® Aging Backwards® workout class hygiene products destined for the St. Matthew Food Bank. Continu- Wednesdays, [9:30-10:30 am ing through Lent, we hope to fill multiple boxes to feed the hungry This is a slow-paced, full-body workout class that will restore and help the needy in our community.



well as hygiene products (shampoo, toothbrushes, toothpaste, and at 9:30 am. deodorant) to fill the boxcars.

If you prefer to donate money, you may write a check with Lenten Food Drive on the memo line or go online and select Lenten Food 1: A. Drive from the drop-down menu to make your gift electronically. Every \$250 donated will add a new boxcar to the train.

With inflation continuing to impact people's ability to purchase 2.C. daily necessities, this is a critical time for those in need around us. Your donations will make a big difference. Get on board and let's see where this train will take us!

#### St. Matthew Lutheran Food Pantry

In 2023, the St. Matthew Lutheran Food Pantry provided food and personal hygiene products for more than 12,000 individuals, including more than 4,000 children. This is an increase of about 20% from 2022 and about 60% from 2021. Food insecurity is an increasing 4: False. Support for the environment has never been just a parproblem in our community.

Such work is not possible without the volunteers and donations from St. Andrew Lutheran and other partner congregations that support the St. Matthew Lutheran Food Pantry. In 2023, volunteers recorded more than 10,000 hours to support the purchase and distribution of food items. The pantry spent \$115,000 to purchase food and hygiene products.

At Christmas, the pantry provided gifts or gift cards to 585 children, which is the largest number to date. These children received a large gift and two smaller gifts. Families were also provided with a game or puzzle, books, and some stocking stuffers.

Chuck Weswig



## **Andy's Room Podcast Features: Pastor Terry Moe**

This week's episode of the Andy's Room Podcast features Pastor Terry Moe! We all know Pastor Terry from the multiple stints he has had as a substitute at St. Andrew and as the leader of the Horizon Team, but I first learned about him through the world of community organizing. In this episode, we discuss what elements of 10: A. community organizing go into creating a vibrant, dynamic, and active church congregation. We also learn a bit about Terry's organizing history within the ELCA, what he sees happening at St. Andrew at this time, and why there is so much hope for us to continue growing and changing as a congregation.

#### **New Exercise Class**

movement in your joints and flexibility in your muscles, relieve The train is in the Narthex and as we add pain, and stimulate your cells to increase energy and vibranboxcars it will wind its way around the cy. Everyone is welcome and there is no charge for joining. church. Please bring non-perishable food Come join Sandy as she leads you through this new workout items (such as canned corn, spaghetti and class. If you have questions or just want to come and see what spaghetti sauce, sugar, rice, and beans) as it is all about, meet Sandy in the Fellowship Hall on Wednesday

#### Answers to Environmental Literacy Quiz

- Earth Day started in 1970 and was dedicated to highlighting the environment. Communities around the world continue to tackle modern-day environmental problems.
- Published in 1962, Silent Spring was an extraordinary book that opened the public's eyes to the dangers of DDT. Due to the public outcry raised by Silent Spring, DDT was banned in 1972. For the first time, the environment became a part of the public consciousness.
- 3: True. The idea for a national day to focus on the environment came to US Senator Gaylord Nelson (Wisconsin) after witnessing the ravages of the massive oil spill in Santa Barbara, California in 1969.
- tisan effort. In fact, the first Earth Day in 1970 was created as a bipartisan effort and the co-chair of the original teach-in was Pete McCloskey, a Republican.
- By the end of 1970, the Clean Air Act, the Clean Water Act, and the Endangered Species Act had all been passed in a series of landmark environmental victories. The Marine Mammal Act was created in 1972.
- 6: False. You should always care about the environment and protect it. Earth Day just brings together people from around the world in a huge effort to do so.
- 7: **True**. On Earth Day 2016, 174 countries and the Europe-



- 8: False. There are no national standards regarding environmental education in the US. Environmental education is treated on a state-by-state basis.
- Environmental education does not advocate a particular viewpoint. Rather, it welcomes all kinds of perspectives to solve environmental issues. However, environmental education should always be factual based on science.
- The National Environmental Education Act of 1990 required the US Environmental Protection agency (EPA) to be a leader in promoting environmental literacy. The EPA later established the Office of Environmental Education.

#### St. Patrick's Day and the Shamrock

In a couple of weeks, many people around the world will be donning shamrock socks, drinking green beer, and marching in parades to honor St. Patrick and, by extension, the Irish. Do you know why the shamrock became a meaningful symbol on St. Patrick's Day?

Legend has it that, way back in the 5<sup>th</sup> century, when St. Patrick was working to introduce Christianity to the Irish, he used the shamrock to explain the Holy Trinity – with the three leaves representing the Father, Son, and the Holy Spirit. Alternatively, some Christians say the three heart-shaped leaves stand for faith, hope, and love.



The shamrock grows wild in many parts of the world and is traditionally worn on St. Patrick's Day. Wearing the shamrock can be traced back to the 1700s. Over time it has come to mean different things to different people.

But, even before the 5<sup>th</sup> century, the shamrock held meaning for the Druids, who believed the plant could ward off evil spirits and danger. A three-leaf shamrock would enable them to see evil spirits and escape in time, while a four-leaf clover was said to ward off bad luck and offer magical protection.

#### **Worship Volunteer Sign-up**

Worship is not possible without the many volunteers who serve throughout the year. Who are these volunteers? You are! They are anyone who brings Altar Flowers or anyone who serves as Acolytes, Altar Guild, Assisting Ministers, Cantors, Communion Assistants, Greeters, Lectors, Nursery Volunteers, Audio Tech, Video Tech, Ushers, Worship Coordinators and Zoom Hosts.

We are using <u>signup.com</u> to sign up volunteers for worship services. Here is the link to click on to sign up for upcoming worship services.

#### https://signup.com/go/GRHfNuv

Here's what you need to know: copy and paste the link which will take you to our signup for Sunday morning worship services.

Easter is coming and it would be great to have all volunteer positions filled on that festive morning!

If you have any questions, please contact Janet Vorvick or Deacon Susan.

#### New Directory!

Coming by the end of 2024 will be a new church directory. To prep for this much-needed book:

- We will email connect cards to everyone; please fill these out as quickly as you can and get them back to the office.
- We will be signing everyone up for photo sessions. Pictures will be scheduled after Mother's Day.
- We will need volunteers willing to sign people up for these appointments on Sunday before and after worship.

Be on the lookout for more information to come as we get closer to launching this program.

#### Wrestling with the Truth of Colonization

Wrestling with the Truth of Colonization is an 8-session training designed for labor, community, and faith organizations that are a part of MACG. Last year, 10 members of the St. Andrew community participated in this training. You are invited to join this year's sessions in reflecting and learning around the truth of colonization and its ongoing impact in the region where we live. Wrestling with the Truth of Colonization is an initiative created by a global team of indigenous leaders offered locally by the Industrial Area Foundation Northwest in conjunction with MACG.

Register for April training: http://tinyurl.com/2jfb38rx

You must be able to attend all sessions as each session builds on the learnings of the previous sessions.

Introduction: All participants must attend one of the following two introductory briefings in order to participate in the Wrestling Training.

Monday, April 1, 12:00pm - 12:30 pm or Tuesday, April 2, 6:00 pm - 6:30 pm

First five sessions are on Zoom, Tuesday and Thursday evenings, **April 4 – April 18**, from 6:00 pm - 8:00 pm.

The last three sessions will be spaced out over three months and designed around your individual personal wrestling.

This is free to members of MACG institutions. Registration deadline is **Monday**, **April 1**.

Questions? Contact any member of the St. Andrew Connections Team (formerly MACG Core Team): Gretchen Bancroft, Larry Bliesner, Pat Christiansen, Lynn Santelmann, and Jan Smith.

#### **Group Leaders Needed**

If you attended Wrestling with the Truth of Colonization in the past, think about joining this year as a small group leader. A 2-hour training session will teach you the facilitation skills needed to be a group leader.

While being a reflection group leader is a powerful opportunity for developing one's leadership, you will also be offered a \$250 stipend after completing training. If interested, please register for the last training session:

<u>Tuesday, March 5</u>, 1:00 pm – 3:00 pm at http://tinyurl.com/4r9rp8k9

Questions? Contact Pat Christiansen.

## **Organ Recital**

Erik Simmons, associate organist at Trinity Episcopal Cathedral in Portland, will play a recital of old and new organ works on the Paul Fritts organ, on <u>Sunday, March 10, at 3:00 pm</u>. He will be assisted by his daughter, Emily Simmons, soprano, who attended pre-school here at St. Andrew.

The concert will include works by Abraham van den Kerckhoven (c.1618–c.1701), Peeter Cornet (c.1570–1633), Peter Philips (c.1560–1628), Gerardus Scronx (fl.1617), John Dowland (c.1563–1626), Melchior Schildt (c.1592–1667), James Woodman (b.1957), James Michael Stevens (b.1961), Carson Cooman (b.1982), Grimoaldo Macchia (b.1972), Karen Beaumont (b.1965), and David Dahl (b.1937).

This concert is free and open to the community.

In Need of Prayers...

In Need of Prayers			
NAME	PRAYERS FOR	<u>CONTACT</u>	
Brother of Adam Trowbridge	Peace and God's comfort at his death	Pastor Laurie	
Jan Morrell	Peace and God's comfort at her death	Carol Harker	
Susan Hill (sister)	Comfort and peace	Judy Scholz	
Joyce Bianucci (sister)	Comfort and peace	Judy Scholz	
Doris Larson	Comfort and peace while in the hospital	Sherry Myers	
Family friend	Effective treatment plan and recovery for severe spinal stenosis	Lee Anne Knapp	
Mike Twiss (friend)	Comfort and healing following heart surgery .	Patty Jones	
Art Uecker, Sr. (father-in-law)	Comfort and healing following back surgery	Rebecca Uecker	
Camille Jackson	Comfort and healing following surgery	Sister India	
Reky (friend)	Effective treatment, strength, courage, comfort and healing from stage 4 breast cancer	Linda Olshausen	
Chris (Reky's husband) & Noah (Reky's son)	Comfort and strength	Linda Olshausen	
Individual friends and loved ones	Whatever they need	Staff	
Those facing ongoing illness or distress Healing and assurance of God's presence Staff Tandy Brooks, Bob Brown, Dave Bumgardner, Vic Claar, Hal Douglas, Sabrina Garrison, Gary Grafwallner, Gary Magnuson, Hugh Mason, Carol Means, Doug Morrell, Jolie Reyna, Shane Throckmorton, Gary Tubbs, Megan Webber			
Bishop Laurie Larson Caesar Oregon Synod and Staff	Strength and wisdom	Staff	
Refugees and immigrants	Acceptance, safety, and just treatment	Staff	
All those who are caregivers for a loved one	Strength and support	Staff	
Military personnel, especially Justina Hailey Hope Brocker, Evan Dahlquist, Neil Fiegenbaum, and Jerami Reyna	Courage and protection	Staff	
First Immanuel (Portland) Messiah (Portland)	Serving with us in the Oregon Synod	Staff	
Ecumenical and interfaith partners in ministry	Blessings on their work	Staff	
If you know someone in need of prayers, please contact the church office by phone at 503-646-0629,			

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email office@standrewlutheran.com, or fill out the prayer request form on the church website.

#### **Council Minutes**

On the bulletin board in the Narthex across from the elevator are the approved Council Meeting minutes for the months of Oct, Nov, Dec, and Jan. To view the minutes on the church website, go to <a href="https://standrewlutheran.com/council-minutes/">https://standrewlutheran.com/council-minutes/</a> And type the password "PeaceonEarth."



#### Staff Council President Liz Hardy ....... president@standrewlutheran.com, 360-632-4900 Interim Pastor Laurie Newman.....laurienewman@standrewlutheran.com Sister India Jensen Kerr ....india@standrewlutheran.com Deacon Susan Reiser, Parish Musician and St. Andrew Interim Minister of Music.....srwerner.reiser@standrewlutheran.com Dir. of Next Generational Ministry Kyler Vogt ....... kvogt@standrewlutheran.com Parish Manager Carol Harker......charker@standrewlutheran.com Administrative Assistant Rhonda Powell ......office@standrewlutheran.com Bookkeeper Karen Mallari ......bookkeeper@standrewlutheran.com Housekeeper Carol Hogan..... ....503-646-0629 Your Evening Facility Caretaker Martin Mills ..... .....503-646-0629 ...503-201-4222 Parish Nurses Diane Reiner ....503-866-5099 Tira Nesset.....

## **Youth Gathering Update**

Our group of teens and chaperones is officially registered for the 2024 ELCA Youth Gathering in New Orleans! We have eight youth attending, six boys and two girls, currently in 8th-12th grade. We will have three adults attending as well, with Clay and Debi Gustafson joining me as trip leaders. We have a good start already on raising funds for the trip, but we will need the support of the congregation to make it possible! Keep an eye out over the next few weeks for fundraising opportunities.

Kyler Vogt

#### **Preparing for Worship**

Fourth Sunday in Lent Sunday, March 10, 2024

> Numbers 21:4-9 John 3:14-21

## Highlights for the Week at St. Andrew

Sunday, M	arch 3	
9:30 am	In-Person Worship with Communion (also livestreamed	d and via Zoom)Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwan Lutheran Fellowship Gathering	Chapel
11:00 am	Adult Ed: Exile 101: Written in Babylon	Fellowship Hall
11:00 am	Adult Ed: The Theology and Poetry of Our Hymns	St. Andrew Room
11:00 am	Confirmation for Middle School Youth	Library
11:00 am		Youth Room
11:00 am	<del>-</del>	Children's Commons, Children's Library, LL Classrooms
Monday, N	Narch 4—Church Office Closed	, , , , , , , , , , , , , , , , , , , ,
Tuesday, N		
7:00 am		Elmer's Restaurant on 158 <sup>th</sup> (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women	Elmer's Restaurant on 158 <sup>th</sup> (1250 NW Waterhouse Ave)
10:00 am		Fellowship Hall
10:00 am		Library
12:00 pm		Fellowship Hall
5:30 pm	• .	via Zoom
6:00 pm	•	Fellowship Hall
6:30 pm		
7:00 pm		
7:00 pm		Sanctuary
		naterial to office@standrewlutheran.com and charker@standrewlutheran.com.
9:30 am		Fellowship Hall
1:00 pm		St. Andrew Room
6:00 pm	· · · · · · · · · · · · · · · · · · ·	Sanctuary
7:00 pm		
7:30 pm		Sanctuary
Thursday, March 7		
9:30 am		St. Andrew Room
10:00 am	·	Fellowship Hall
12:00 pm	· ,	
12:30 pm		St. Andrew Room
5:00 pm	, ,	via Zoom
6:30 pm		
Friday, Ma	-	
10:00 am		Fellowship Hall
Saturday, I		
10:00 am		Fellowship Hall
11:00 am	· ·	Sanctuary
11:00 am		via Zoom
Sunday, M	,	VIU 200111
9:30 am		d and via Zoom) Sanctuary
9:30 am		
10:45 am		
11:00 am		Fellowship Hall
11:00 am	,	St. Andrew Room
11:00 am		Library
11:00 am		Youth Room
11:00 am		Children's Commons, Children's Library, LL Classrooms
1:00 am		St. Andrew Room and Fellowship Hall
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Dear St. Andrew Family,

Thank you for the cards, meals, and prayers following my knee replacement surgery in January. The surgery went very well and I have been right on target for healing and physical therapy. What a blessing! I look forward to being back in the sanctuary for worship but in the meantime am so grateful for the gift of online worship.

Sincerely, Beth Johnson

### Worship at St. Andrew or Connect to Virtual



YouTube 9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. Links for remote worship will be sent to you via email and the church app.



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.