ST. ANDREW WEEKLY NEWS

February 25, 2024

St. Andrew Lutheran Church 12405 SW Butner Road, Beaverton, OR 97005 **Worship Service:** Sunday, 9:30 am

www.standrewlutheran.com Telephone: 503-646-0629

March Game Day

Join the Connections Team for the next game gathering on Saturday, March 2, from 4:00-6:00 pm in Fellowship Hall. With the new year, the MACG Core Team has changed its name (from the difficult-to-recall Metropolitan Alliance for Common Good) to the Connections Team so as to more closely describe its purpose of creating space for mutual connections among the people of St. Andrew.

We'll have some games available for you to choose from, but feel free to bring a favorite from home. Bring a snack to share if you like and, if you're able, consider bringing something to donate to the Lenten Food Train to support St. Matthew's Food Pantry.

Whether you're newer to the St. Andrew community or a long-time

member, this is a great way to connect with others in a fun and low-pressure atmosphere.

Any questions? Contact any member of the Connections Team: Gretchen Bancroft, Larry Bliesner, Pat Christiansen, Lynn Santelmann, or Jan Smith.

SoulCollage® During Lent

Lent is a time of contemplation and reflection and SoulCollage® is the perfect medium to do some of that work. Sister India, SoulCollage® facilitator, will be hosting a gathering at St. Andrew on Saturday, March 9, 10:00 am-1:00 pm, to explore the themes of repentance, God's grace, prayer, and fasting.

You will make a collage from pictures on 8 x 5" cards and learn to "read" the card to discover your inner reflections. It is a spiritual, meaningful practice for many and you can learn a lot about yourself! Don't worry if you are not a skilled artist. This is a place where we can join in community and learn about ourselves and each other. If you have questions,



The Labyrinth on Holy Saturday

On Holy Saturday, March 30, from 10:00 am-1:00 pm, St. Andrew will again host Westminster Presbyterian's labyrinth. We will gather to reflect on the time before our Lord rose on Easter Sunday. Calming music will facilitate your meditation. Please bring writing materials for journaling if that would be useful for reflection. Questions? Please contact Sister India.

Lenten Food Train on Track to Begin Journey

The engine is revved up and ready to begin hauling boxcars of food and hygiene products destined for the St. Matthew Food Bank. Continuing through Lent, we hope to fill multiple boxes to feed the hungry and help the needy in our community.



_ The train is in the Narthex and as we add boxcars! Doxcars it will wind its way around the church. Please bring non-perishable food items (such as canned corn, spaghetti and

spaghetti sauce, sugar, rice, and beans) as well as hygiene products (shampoo, toothbrushes, toothpaste, and deodorant) to fill the boxcars.

If you prefer to donate money, you may write a check with Lenten Food Drive on the memo line or go online and select Lenten Food Drive from the drop-down menu to make your gift electronically. Every \$250 donated will add a new boxcar to the

With inflation continuing to impact people's ability to purchase daily necessities, this is a critical time for those in need around us. Your donations will make a big difference. Get on board and let's see where this train will take us!

Spiritual Resources

St. Andrew's theme for Lent this year is "Holy Lamentations," and what do we lament more than the state of Earth and its ability to sustain life? It can be tempting to throw up our hands and descend into despair. But, that isn't helpful. Instead, God calls us to put our love into action and do something. The Communications Team has selected SALT*'s Climate + Faith devotional to share with the congregation this Lenten season. Week by week through these 40 days, the devotional guides us through the science, language, appropriate scriptures, and steps we can take to create our own custom-made, solution-oriented

If you'd rather focus on the "Historical Jesus" during Lent, check

out John Dominic Crossan's asynchronous visual lecture series, which is offered 100 percent online - meaning that registrants can participate fully in both the presentations and livestream question and answer sessions without being present at any specific time. Watch a preview of the class and register at www.crossanclass.com. The course is donation-based, but no contribution is required to take part.

Historical Jesus with John Dominic Crossandescription and link



Supper Group Signups!

We have so many versions of "supper groups" we might need a new title for an activity St. Andrew people have enjoyed for more than 30 years! Whatever we call it, it's time to sign up for 2024 – for dining either in homes or restaurants.

The sign up sheet in the Narthex provides room to indicate your requests for either dining in homes or at restaurants. You can also request a ride if you need transportation. Please note that if you just want to try out a group but don't want to commit for 12 months, sign up anyway; you can always change your mind. If you prefer, you can also email the same information to Sharon Fako at sfako24@comcast.net.



Food and fellowship just go

Soon you'll learn about your dining group and be able to begin getting to know people better around the table! We try to keep groups small so conversations can be heard.

Dining out can be fun and adventuresome. Many of our people know great places that others have never experienced. Dinners in homes, on the other hand, allow a longer time to visit and together naturally. Sign up to offer a less noisy background than a restaurant can promise.

This activity is for all ages. Sign up soon!

New Adult Education Classes

Last Sunday, two new adult education classes began. Kyler Vogt is in the Fellowship Hall for "Exile 101: Written in Babylon." As Kyler notes, "The time of Babylonian exile is one of the most influential eras in Christian history – yet no Christians were involved!" Learn more in Kyler's class.

At the same time in the St. Andrew Room, Janet Vorvick, Peggy Thompson, and Joanne Zenger are teaming up for "The Theology and Poetry of Our Hymns." Enrich your appreciation of our hymns in this class.

Cedar Hills Caregiver Support Group

Alzheimer's Association support groups are conducted by trained facilitators and are a safe place for people living with dementia and their care takers to:

- Develop a support system
- Exchange practical information on challenges and possible
- Talk through issues and ways of coping
- Share feelings, needs, and concerns
- Learn about community resources

St. Andrew Lutheran Church is hosting a support group every fourth Wednesday of the month from 11:00 am to 12:30 pm, in the St. Andrew Room. Please register for the group by calling 800-272-3099. The first meeting will be on February 28.



You can learn more about caregiver programs and resouces by visiting alz.org/orswwa or alzconnected.org, our online community.

Observing and Celebrating

LENT WITH ST. ANDREW

Midweek Lenten Services 7 pm

Feb 28: "Little" Laments (Allison Katsufrakis)

Mar 6: Laments from the Depths (Steve Christiansen)

Mar 13: Individual Lament (Janet Vorvick)

Mar 20: Communal Lament (Mary Smith)

March 24, 2024 -Palm Sunday

Service at 9:30 am

March 28, 2024 - Maundy Thursday

Service at 7 pm

March 29, 2024 - Good Friday

Service at 8 pm

March 31, 2024 - Easter Sunday

Service at 9:30 am

Help Us Write Postcards/Letters to **Potential Voters**

2024 is another Presidential election year. This year's election is expected to be a crucial election. Given the expected candidate choices, many people are planning not to vote at all. Liz Hardy and Jan Smith have contacted several organizations that encourage folks who are first-time voters or those who typically do not vote to do so this year. St. Andrew has participated in campaigns like this effort in the last two election years. The 2024 effort includes primary elections and the general election on November 5. As primary elections are taking place during the first half of the year (and some have already taken place), the postcard and letter-writing campaigns will take place between now and November.

Already, thousands of postcards have been sent to North Carolina voters whose primary election is on March 5. These cards were from the Environmental Voter Project, and the message sent was, "I know you are a good voter. Please make sure your friends and family are good voters too!" Mind you, these cards were sent to people who are concerned about the environment, but do not typically vote. Whether or not a person votes is public record, but how they vote is not known.

Jan and Liz are looking for a team who would like to send encouraging messages to potential voters. There are no specific postcard or letter-writing dates yet, but there will be soon. Many of you wrote postcards to Georgia voters in 2020, and to Arizona, Massachusetts, Pennsylvania, and Georgia in 2022. This will be a similar effort. There will be several state campaigns again and Federal elections by state as well. We will have training sessions again and volunteers will be able to take groups of 20 cards or letters to fill out and send by specific dates. We will be given a list of voters and a script for the postcards by the voter turnout organizations.

If you would like to write to voters, please contact Liz or Jan so we can start a list of people to contact when the time comes.

Jan Smith and Liz Hardy

New Episode of the Andy's Room Podcast

A brand-new episode of the Andy's Room Podcast is live! On this week's episode, my guest is Lindsey Trowbridge. Lindsey's family has been at St. Andrew for less than a year, and they've never tried being Lutheran before. Tune in to this episode to learn about Lindsey and her family, how folks like them are finding their way to St. Andrew, and what it's like for new members of our church family who come from different Christian backgrounds. We hope you enjoy the episode, and that you share it with your friends!

And while you're at it, go back a couple of weeks and check out part two of my conversation with Barton Robison, "Fire Insurance." So far its only been heard by about half our regular listeners, and it's such an important episode for everyone to hear!

New episodes of the Andy's Room podcast are planned to be released at 9:00 am on the first and third Fridays of each month. This is a great way to get to know members of the congregation and hear

about the type of work I am doing as Director of Next Generational Ministry. The podcast can be accessed at either of these links, or via the front page on the church website:

If you have Spotify: http://tinyurl.com/y8749v55
If you don't do Spotify: http://tinyurl.com/vxuc2dwv

For those curious about the title: aside from being somewhat of a homonym with St. Andrew, *Andy's Room* is a reference to the Toy Story movie series. While the movies follow the stories of the toys, their stories shed light on the transitions going on in the life of Andy, the child to whom they belong: leaving his childhood home, growing up, going off to college, etc. My hope for this podcast is in the same vein—that through hearing the thoughts/ stories of individuals we learn more about who we are as a whole and where God is calling us to go. I hope you enjoy it!

Thanks for listening!

Kyler Vogt, Director of Next Generation Ministry

Book Report by Pam Farr

Tailings: A Memoir by Kaethe Schwehn I liked this book, more than I expected.

It's about a year a girl spends at Holden Village—even though she spent a great deal of her life there already. This is about one particular year. Her last year? Maybe, at

least for some time.

Now I've never been to Holden, and while I sort of have my own vague ideas of what it's like, what she describes is much different and much more than I would have imagined, even if someone had told me to imagine more.

But this was her year, her boyfriend, her dark winter, and the jobs she did and was assigned. The community is formed by

those who stay the winter, and how different the outlook is for them as opposed to those who come there for the summer. Did she downplay the spiritual or is it not all that spiritual? Of course, she's 22 or 23 years old. Things looked different then, and Holden itself looks way different now too, I bet.

So, whether you've never been there, or been there many times, I recommend this book. It's a good read.

Pam Farr, Librarian

Wrestling with the Truth of Colonization

Wrestling with the Truth of Colonization is an 8-session training designed for labor, community, and faith organizations that are a part of the MACG. Last year, 10 members of St. Andrew community participated in this training. You are invited to join this year's sessions in reflecting and learning around the truth of colonization and its ongoing impact in the region where we live. Wrestling with the Truth of Colonization is an initiative created by a global team of indigenous leaders offered locally by the Industrial Area Foundation Northwest in conjunction with MACG.

Register for April training: http://tinyurl.com/2jfb38rx

You must be able to attend all sessions as each session builds on the learnings of the previous sessions.

Introduction: All participants must attend one of the following two introductory briefings in order to participate in the Wrestling Training.

Monday, April 1 12:00pm to 12:30 pm or Tuesday, April 2 6:00 pm to 6:30 pm

First five sessions are on Zoom, Tuesday and Thursday evenings <u>April 4</u>, <u>April 9</u>, <u>April 11</u>, <u>April 16</u> and <u>April 18</u>, from 6:00 pm to 8:00 pm.

The last three sessions will be spaced out over three months and designed around your individual personal wrestling. This is free to members of MACG institutions. Registration deadline is **Monday April 1**.

Questions? Contact any member of the St. Andrew Connections Team (formerly MACG Core Team): Gretchen Bancroft, Larry Bliesner, Pat Christiansen, Lynn Santelmann, and Jan Smith.

Group Leaders Needed

If you attended in the years past to Wrestling with the Truth of Colonization, think about joining this year as a small group leader. A 2 hour training session will teach you the facilitation skills needed to be a group leader.

While being a reflection group leader is a powerful opportunity for developing one's leadership, you will also be offered a \$250 stipend after completing training. If interested, please register for one of these training sessions.

<u>Tuesday, Feb 27</u>, 5:00 pm to 7:00 pm at http://tinyurl.com/2v4wk49a or Tuesday, March 5, 1:00 pm to 3:00 pm at http://tinyurl.com/4r9rp8k9

Ouestions? Contact Pat Christiansen

We Have Candidates!

Pastor Melissa Reed, Bishop's Associate for Vital Leadership and Sacred Organizing, presented the Call Committee with the Rostered Ministry Profiles of several potential candidates for St. Andrew's Lead Pastor position.



We expect that these initial interviews will be completed by the end of March.

To learn more about the Call Process, check out the updated Call Process poster in the Narthex, or ask a member of the Call Committee. Finally, please continue to hold the Call Committee, pastoral candidates, and the process in your prayers.

The Call Committee Steve Christiansen, Allison Katsufrakis, Mike McDowall, Amy McQueen, Tom Mehlhorn, Jan Smith, Mary Smith, LuAnn Staul:

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Proper Recycling Begins Inside Your Home

From Metro's Master Recycler Handbook

Much of the activity related to recycling and composting doesn't happen out on the curb. It happens in our kitchens, bedrooms, family rooms, home offices, and bathrooms. Strategies that create easy ways to separate waste right where it is generated in the house will increase the chance that things get to the right cart out on the curb and ultimately get recovered.

Walk through the house and ask yourself, "Is it as easy to recycle in this room as it is to throw things away? Are there certain recyclables that are getting tossed in some rooms but not others?"



One principle for good recycling is to provide a recycling container everywhere there is a garbage can. Even in the most motivated households, if you only have a garbage can in place, recyclables may get tossed in the garbage and vice versa if you only have a recycling container, garbage might end up in your recycling.

It is also important to check the two containers to ensure that materials are in the right containers. People often make decisions about which container to use by looking into the con-

tainer and seeing what is already there rather than reading signs or asking questions. One person's mistake can quickly become a household norm.

Rinse containers clean of food before you put them in recycling. That way containers do not leak onto paper recycling, and food does not attract rodents at the recycling facilities and shipping containers. How clean is clean? They do not have to be sanitary enough to eat from, and you do not have to use hot water to rinse them. Flower pots should be free of dirt. Paper products, cardboard, and aluminum foil should not have any food or grease on them.

Making decisions about what goes in: Folks in our region are such motivated recyclers that some of the bigger recycling problems come from wish-cycling (adding things to the recycle bin because you think it might be or should be recyclable.) When people do not understand where materials are going they will err on the side of putting mystery items and items that are not recyclable into the recycle bin, which clogs up the recycling system.



The lists that are distributed in the community are well thought out, and based on discussions with recyclers and processors. It is important that only the materials that recyclers can use and processors can sort get into the recycling and compost containers. Just think about the huge volume of materials they are processing. Workers and machines will not be able to take the time to look at every item.

What should you do if you don't know whether something goes in the recycle bin or

- Check <u>recycleornot.org</u> to look for the item. You may also "Ask Metro" at 503-234-3000, or askmetro@oregonmetro.gov.
- Do not read the label of the container to determine if it is recyclable or compostable. Labels are not reliable.
- Do not go by the chasing arrows. They do not hold true in many places. It's a
- If you live in Washington or Clackamas County, consider getting the purple Recycle+ bin from your hauler. More items are recyclable that way for a small fee.
- Styrofoam can go to Agilyx in Tigard.
- Clear plastic clam shells can go to New Seasons.
- Consider signing up for Ridwell if you are within the city limits. They take many things that Metro does not.

The rule of thumb is "When in doubt, throw it out."

Earth Care Team world?"

Beaverton Recycling Guide







Aageson Class Recordings

Recordings of Jim Aageson's highly popular adult education class, "A Christian Thinks about Jews and Judaism: Anti-Semitism and the Land of Israel," is now available online. Simply enter the password "HolyLand" to view all five sessions of Jim's class. As he notes in the course description, "Christianity emerged out of first-century Jewish soil and kept the Jewish Bible as part of its sacred library, now understood as the Old Testament. These five sessions . . . focus on two issues that are of both ancient and contemporary concern: Anti-Semitism and the conflicted land of Israel, sometimes called the Holy Land."

That land has been the setting for great violence over the centuries and, as Jim says, "with the end of WWII and the birth of the



modern state of Israel, a new chapter of the land of Israel began. It is a complicated story and one that involves Christians and the United States at every turn. How might Christians, American Christians in particular, Liz Hardy, think about the conflicts in this part of the

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In Need of Prayers...

iii Need of Flayers			
NAME	PRAYERS FOR	<u>CONTACT</u>	
Family and friends of Chris Entrikin	Peace and God's comfort at his death	Jerry Entrikin	
Brenda (daughter) and daughters (grandchildren	n) Comfort and God's peace at the death of their husband/father	Jim & Teri Brosh	
Jan Morrell	Comfort and peace while in hospice	Carol Harker	
Hal Douglas	Healing and recovery	Jeannine Douglas	
Ken Reese	Healing and successful recovery from surgery	Carolyn Teifel	
Jorja Warninghoff (granddaughter)	Successful surgery	Dick & Francine Cach	
Alex Vischer	Accurate diagnosis, healing, and recovery	Pastor Laurie Newman	
Sandi Beavers	Proper diagnosis and good results	Sandi Beavers	
Camille Jackson	Peace and quick recovery from surgery	Sister India	
Amy Fiegenbaum	Comfort and strength	Sister India	
Doug Morrell and the Harker family	Comfort and strength	Carol Harker	
Family friend	Effective treatment plan and recovery for severe spinal stenosis	Lee Anne Knapp	
Individual friends and loved ones	Whatever they need	Staff	
Gary Magnus	Healing and assurance of God's presence re Bumgardner, Vic Claar, Hal Douglas Sabrina Garr on, Hugh Mason, Carol Means, Doug Morrell, Jolie ane Throckmorton, Gary Tubbs, Megan Webber		
Bishop Elizabeth Eaton	Wisdom and discernment	Staff	
Evangelical Lutheran Church in America	Blessings on our ministry	Staff	
Taiwan Lutheran Church	Strength and wisdom	Staff	
All those who are caregivers for a loved one	Strength and support	Staff	
Ecumenical Ministries of Oregon Holy Trinity Catholic Church	Blessings on their ministry	Staff	
Joyful Servant (Newberg) Christ the King (Tigard)	Serving with us in the Oregon Synod	Staff	
Ecumenical and interfaith partners in ministry	Blessings on their work	Staff	
If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email office@standrewlutheran.com , or fill out the prayer request form on the church website.			

<u>eran.com</u>, or fill out the prayer request form on the church webs



Youth Gathering Update

Our group of teens and chaperones is officially registered for the 2024 ELCA Youth Gathering in New Orleans! We have eight youth attending, six boys and two girls, currently in 8th-12th grade. We will have three adults attending as well, with Clay and Debi Gustafson joining me as trip leaders. We have a good start already on raising funds for the trip, but we will need the support of the congregation to make it possible! Keep an eye out over the next few weeks for fundraising opportunities.

Kyler Vogt

Your St. Andrew Staff

Council President Liz Hardypresident@standrewlutheran.com, 360-632-4900 Interim Pastor Laurie Newman......laurienewman@standrewlutheran.com Sister India Jensen Kerrindia@standrewlutheran.com Deacon Susan Reiser, Parish Musician and Interim Minister of Music.....srwerner.reiser@standrewlutheran.com Dir. of Next Generational Ministry Kyler Vogt kvogt@standrewlutheran.com Parish Manager Carol Harker......charker@standrewlutheran.com Administrative Assistant Rhonda Powelloffice@standrewlutheran.com Bookkeeper Karen Mallaribookkeeper@standrewlutheran.com Housekeeper Carol Hogan......503-646-0629 Parish Nurses Diane Reiner503-201-4222503-866-5099 Tira Nesset.....

Organ Recital

Eric Simmons will play a recital of old and new organ works on our Paul Fritts organ at 3:00 pm on <u>Sunday, March 10</u>. Please save the date. The recital is free and open to the public and will be in-person only.

Preparing for Worship

Third Sunday in Lent Sunday, March 3, 2024

Exodus 20:1-17 1 Corinthians 1:18-25 John 2:13-22

Highlights for the Week at St. Andrew

Sunday, Fel			
9:30 am	In-Person Worship with Communion (also livestreamed and via Zoom).	Sanctuary	
9:30 am	Portland Taiwan Worship Service	Chapel	
10:45 am	Taiwan Lutheran Fellowship Gathering	Chapel	
11:00 am	Adult Ed: Exile 101: Written in Babylon	Fellowship Hall	
11:00 am	Adult Ed: The Theology and Poetry of Our Hymns	St. Andrew Room	
11:00 am	Confirmation for Middle School Youth	Library	
11:00 am	High School Youth Group		
11:00 am	The Roots	Children's Commons, Children's Library, LL Classrooms	
1:00 pm	Twirler Meeting and Practice	St. Andrew Room, Fellowship Hall	
Monday, Fe	ebruary 26—Church Office Closed		
Tuesday, Fe	ebruary 27		
7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)	
7:00 am	Sunrise Women	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)	
10:00 am	Tai Chi		
12:00 pm	Bridge Group	Fellowship Hall	
12:15 pm	Earth Care Meeting	·	
7:00 pm	Brass Quintet Rehearsal	Sanctuary	
Wednesday, February 28—Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com and charker@standrewlutheran.com.			
9:30 am	Essential Balance Fitness		
11:00 am	Alzheimer's Support Group	St. Andrew Room	
1:00 pm	Wednesday Book Group with Sister India	St. Andrew Room	
6:00 pm	Bells of Grace Rehearsal	Sanctuary	
7:00 pm	Mid-Week Lent Service	Sanctuary	
7:30 pm	Sanctuary Choir Rehearsal	Sanctuary	
Thursday, February 29			
9:30 am	Seekers of the Heart of God Bible Study	St. Andrew Room	
10:00 am	Strength and Stability with Susanne		
12:00 pm	Team Ministry Meeting		
6:30 pm	Wing Chun Class		
Friday, March 1			
10:00 am	Tai Chi	Fellowship Hall	
Saturday, March 2			
9:00 am	Nifty Notters	Fellowship Hall	
11:00 am	Brass Quintet Rehearsal	Sanctuary	
3:30 pm	MACG Game Day	Fellowship Hall	
Sunday, Ma	arch 3		
9:30 am	In-Person Worship with Communion (also livestreamed and via Zoom).	Sanctuary	
9:30 am	Portland Taiwan Worship Service	Chapel	
10:45 am	Taiwan Lutheran Fellowship Gathering	Chapel	
11:00 am	Adult Ed: Exile 101: Written in Babylon	Fellowship Hall	
11:00 am	Adult Ed: The Theology and Poetry of Our Hymns	St. Andrew Room	
11:00 am	Confirmation for Middle School Youth	Library	
11:00 am	High School Youth Group		
11:00 am	The Roots	Children's Commons, Children's Library, LL Classrooms	



Worship at St. Andrew or Connect to Virtual



9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom.

Links for remote worship will be sent to you via email and the church app.



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.