

ST. ANDREW WEEKLY NEWS

February 4, 2024

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

Rev. Dr. Mitri Raheb Atlanta Visit Video

Dear St. Andrew friends,
Our hearts continue to weigh heavy with the devastation and loss of lives in Gaza. If you'd like to hear a perspective from an ELCA Palestinian pastor from Bethlehem, you are invited to the Vimeo link below.

The Rev. Dr. Mitri Raheb is a [Palestinian Christian](#), an ELCA Pastor serving the [Evangelical Lutheran](#) Christmas Church in [Bethlehem](#), and the founder and president of the Diyar Consortium, a group of [Lutheran](#)-based, ecumenically oriented institutions serving the [Bethlehem](#) area.



Go to this link for a recording of the event
[15 JAN 24 - 5 pm - Rev. Dr. Mitri Raheb](#)

If this raises more questions, come to the Adult Education class on "A Christian Thinks about Jews and Judaism" taught by James Ageson. The final class in the series will be at 11:00 am in Fellowship Hall this Sunday, **February 4**.

With prayers for peace,
Pastor Laurie

Nourishing Conversations

The numbers continue to go up and everyone is enjoying Nourishing Conversations! This past Monday we explored plant-based Mediterranean food; we joined together to create a meal and to enjoy fellowship at the dinner table.

What have we learned over the past 3 weeks? The meals taste good, they are very colorful, and they're packed with protein. Everyone pitches in to chop, dice, and sauté the food and then joins hands to sing the blessing.

Sign up this week for next Monday's event (**February 5**), when Parish Nurse Tira Nasset introduces people to plant-based soups, salads, and breads. Come to the St. Andrew kitchen as early as 5:00 pm to help with food prep if you're available. Otherwise, people are welcome to come for the meal at 6:00 pm and then stay to assist with cleanup later. Participants are invited to



donate to the cost of the food if they'd like.

This will be the last week in this series, but there is talk about making Nourishing Conversations a monthly event. Meanwhile, please sign up for this week in the Narthex, so enough food is available and allergies are noted. If that's not possible, please call the church office (503-626-0629) to indicate you'll be attending.

Ministry Site Profile—

Call Process Moves Forward

St. Andrew's Ministry Site Profile was posted by the Bishop's office in December, making it available for prospective pastoral candidates to review.

In December the Call Committee participated in Implicit Bias Training with Pastor Melissa Reed. This process helped us to understand how our brains categorize and organize perceptions about people and things that unknowingly impact our decision making.

The Call Committee has also developed candidate interview questions for Zoom and in-person interviews. The areas of focus for the interviews include: personal spiritual life and calling of the candidate, leadership, worship, communication, children and youth, Christian education, conflict, diversity and inclusion, and Earth care. This week we will participate in a practice Zoom interview with a pastor not involved in a call. This will help us refine and improve our process.

The most exciting update is that on Monday, February 5, the Call Committee will receive information on a slate of candidates that best matches our needs. Please continue to hold the Call Committee, pastoral candidates, and the process in your prayers.

The Call Committee
*Steve Christiansen, Allison Katsufakis, Mike McDowall,
Amy McQueen, Tom Mehlhorn, Jan Smith,
Mary Smith, LuAnn Staul*

Supper Groups

We have so many versions of "supper groups" we might need a new title for an activity we have enjoyed for more than 30 years! Whatever we call it, it's time to sign up for 2024—for dining either in homes or restaurants.

The sign up sheet will be in the narthex in early February and will provide room to indicate your requests for either dining in homes or at restaurants. You can also request a ride if you need transportation. Please note that if you just want to try out a group but don't want to commit for 12 months, sign up anyway; you can always change your mind. You can also email the same information to Sharon Fako at sfako24@comcast.net.

Sometime in March you'll learn about your dining group and will be able to begin!

Dining out is fun and adventuresome. Many of our people know great places that others have never heard of. We try to keep groups small, with 4-6 people so conversations can be heard. FYI, dinners in homes allow a longer time to visit and offer a less noisy background than a restaurant can promise.

This activity is for all ages. Sign up soon.



Beyond the Curb – Old Clothing

Information from my Master Recycler Handbook

When donating clothing to drop-off centers and reuse organizations, it is important to ask questions about what happens to the items after you leave them there. The reused clothing industry has a surprisingly negative impact on the environment and on markets around the world.

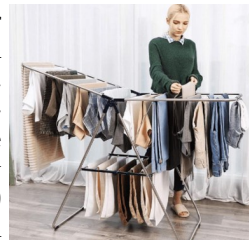
The problem: According to NPR, the average American discards more than 10 pounds of clothes each year. The EPA states that 13.1 million tons of textiles are landfilled yearly. The recovery rate of used clothing is about 15.3%; about half of that is recovered by going to reuse charities such as thrift shops, Union Gospel Mission, Clothes for Kids (formerly Beaverton Clothes Closet), St. Vincent de Paul, and Goodwill. Charities receive so many donations that they can only keep the clothes for a short time. Goodwill reports that they receive one billion pieces of clothing every year. In order not to be overwhelmed, they don't keep inventory for more than 3 weeks, when most of it is exported. The clothes are sold in bulk for 6 to 12 cents/pound to companies that export the clothes to developing countries. According to Oxfam, about 50% of used clothes are shipped to Africa and Latin America; Goodwill makes about \$2 billion in exports every year.



We assume that the clothes we donate help the countries receiving them, but Oxfam and the UN want us to think again. In 2002, the UN estimated that tens of thousands of textile workers in Africa lost their jobs due to the used clothes industry. Alarmed by this trend, the UN encouraged developing nations to ban the sale of used clothes. Thirty countries have adopted such bans.

The fundamental cause is that garments are being made so cheaply that they have essentially become a disposable product. They aren't meant to last. Hence the term, "fast fashion." So as long as we are hungry for cheap clothes, materials will continue to be pumped through at this alarming rate. This trend drastically affects the livelihood and culture of communities worldwide.

What can we do? We can take care of our clothes. Wash them on gentle cycles with cold water and low dryer level. Better yet, dry them on a clothes line or clothes drying rack to avoid the extreme heat of the dryer that is hard on clothes. I find that by putting items in the dryer for only 5 or 10 minutes, they are not stiff when dried on the clothes line. Don't wear clothes only once before washing unless they are visibly soiled and actually dirty. All that lint in your dryer is tiny bits of your clothes being washed away. Mend torn clothes, patch holes, sew on buttons, and darn socks. If you can't do it, look for repair fairs or ask a seamstress you know for help. Dry cleaners will mend clothes as well and knit shops often provide a darning service.



Liz Hardy
Earth Care Team

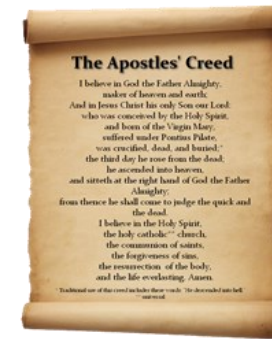
Andy's Room Podcast

Hello everyone! A new episode of the Andy's Room Podcast is now live! This episode is called "Fire Insurance" and it is the second half of my conversation with Barton Robison (check out the previous episode for the first half!). Thanks to everyone who's been listening and giving me encouragement on this project. I hope you enjoy this episode!

Letter from the Pastor

Dear Friends of St. Andrew,

In our worship over the past seven months or so, we have periodically invited the congregation to a unison "Act of Faith" statement. You might have wondered, where do these come from? Where did the Apostles' Creed go? These statements are modern and not official creeds. Why are we using these words?



Over the past years, St. Andrew has had some conversation and education around creeds, and specifically, the Apostles' Creed. These statements, from the Worship Planning team, are a response to a few members of the congregation requesting contemporary, inclusive, and creative language. So, we've been experimenting with different statements during different liturgical seasons. When we enter Lent, we'll be back to using the Apostles' Creed again.

Some members have expressed appreciation for words in worship that are more accessible to them. And other people have missed saying the Apostles' Creed every week. It's not surprising that there are differences over this, as with some other aspects of worship. Oftentimes, it boils down to those of us who learned the traditional words in our youth. For that group, it's a grounding central aspect of worship. For others, the non-inclusive language, and the patriarchal roots of the creed are challenging. Feelings about this can run high, for some. What do we do?

First, remember that we are one in Christ. Viewing our worship through the lens of Christ, we should be able to bear with one another and have compassion and appreciation for our differences. There may be some aspect of worship that is really bugging you, but your neighbor in the pew may find it most meaningful! Can we approach worship with that awareness, together?

Secondly: Words matter. I think what exacerbates these different preferences is that we are saying the words aloud. No one wants to say "I believe. . ." to something that they are not authentically able to affirm. So, please, it is your right, and need, as a thoughtful being, to keep silent in the places that you can't affirm. Maybe we even say the Lord's Prayer with different words. That is all okay. God's love is with us, and we find our unity in the love of Christ.

If you want to talk about this with me, please come by or call. . . I want to learn more about you and your beliefs.

With love,
Pastor Laurie

February Dates for Nifty Notters

Quilters, please mark your calendars as we begin the push toward the Lutheran World Relief spring ingathering. The Nifty Notters will meet **Saturday, February 3**, and **Saturday, February 17**. Join us for all or part of the day in Fellowship Hall from 9:00 am-2:30 pm. All equipment and materials are provided.



In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Loretta Stroud	Peace and God's comfort at her death	Sister India
Family and friends of Nick Ferraro	Peace and God's comfort at his death	Gretchen Bancroft
Family and friends of Dan Marburger	Peace and God's comfort at his death	Kristen Petersburg
Judy Scholz	Healing and comfort from COVID	Judy Scholz
Marlan Bell	Healing and comfort	Sister India
Ruth Kerr (mother-in-law)	Healing and comfort	Sister India
David Bumgardner	Healing, comfort and strength	David Bumgardner
Gary Oran (brother)	Healing and comfort	Peggy Thompson
Chris Entrikin (son)	Healing, comfort and effective medical treatment	Jerry Entrikin
Joyce Bianucci (sister)	Effective medical treatment	Judy Scholz
Individual friends and loved ones	Whatever they need	Staff
Bishop Laurie Larson Caesar Oregon Synod and Staff	Strength and wisdom	Staff
Refugees and immigrants	Acceptance, safety, and just treatment	Staff
All those who are caregivers for a loved one	Strength and support	Staff
Military Personnel, especially Justina Hailey Hope Brocker, Evan Dahlquist, Neil Fiegenbaum, and Jerami Reyna	Courage and protection	Staff
Spirit of Grace (Beaverton) Shepherd of the Valley (Beaverton) St. Matthew (Beaverton)	Serving with us in the Oregon Synod	Staff
Ecumenical and interfaith partners in ministry	Blessings on their work	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email office@standrewlutheran.com, or fill out the prayer request form on the church website.

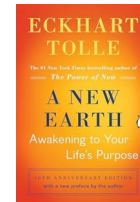
Welcome, Lindsey Lane

St. Andrew musicians, especially, are delighted to welcome Lindsey Lane to her new position as Interim Keyboardist. Lindsey grew up in ELCA churches, singing in choir and playing piano, organ, and viola. She attended Luther College in Decorah, Iowa, and worked as a church organist for a local church there. After college, she occasionally substituted while pursuing a career in public health. Lindsey is thrilled to be involved in church music once again and is looking forward to working with everyone at St. Andrew!



Wednesday Book Group

The Wednesday Book Group began discussing *A New Earth*, by Eckhart Tolle on **January 24**. All are welcome to join the group, which meets in the St. Andrew Room on Wednesdays from 1:00-2:30 pm. If you have questions, please contact Sister India.



Super Bible Bowl

The matchup has been determined for NFL teams to clash on **Sunday February 11**, when St. Andrew will hold its perennial Super Bible Bowl in Fellowship Hall at 11:00 am. Confirmands and a team representing council are no doubt studying to prepare for the big game. Mark your calendars now and plan to join in the fun., It's a day when we can test our own knowledge while we cheer on our favorite team.



Your St. Andrew Staff

Council President Liz Hardypresident@standrewlutheran.com, 360-632-4900
 Interim Pastor Laurie Newman laurienewman@standrewlutheran.com
 Sister India Jensen Kerrindia@standrewlutheran.com
 Deacon Susan Reiser, Parish Musician and
 Interim Minister of Musicsrwerner.reiser@standrewlutheran.com
 Dir. of Next Generational Ministry Kyler Vogt..... kvogt@standrewlutheran.com
 Parish Manager Carol Harker charker@standrewlutheran.com
 Administrative Assistant Rhonda Powelloffice@standrewlutheran.com
 Bookkeeper Karen Mallaribookkeeper@standrewlutheran.com
 Housekeeper Carol Hogan503-646-0629
 Evening Facility Caretaker vacant position
 Parish Nurses Diane Reiner.....503-201-4222

Preparing for Worship

Sunday, February 11, 2024

2 Kings 2:1-12
 2 Corinthians 4:3-6
 Mark 9:2-9

Highlights for the Week at St. Andrew

Sunday, February 4

9:30 am	In-Person Worship with Communion (also livestreamed and via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwan Lutheran Fellowship Gathering	Chapel
11:00 am	Adult Ed: A Christian Thinks about Jews and Judaism: Anti-Semitism and the Land of Israel	Fellowship Hall
11:00 am	The Roots	Children's Commons, Children's Library, LL Classrooms
11:00 am	Confirmation for Middle School Youth	Library
11:00 am	High School Youth Group	Youth Room

Monday, February 5—Church Office Closed

10:00 am	Call Committee	St. Andrew Room
5:00 pm	Nourishing Conversations	Fellowship hall, Kitchen, St. Andrew Room

Tuesday, February 6

7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
10:00 am	Tai Chi	Fellowship Hall
10:00 am	Worship Planners Meeting	Library
12:00 pm	Bridge Group	Fellowship Hall
6:00 pm	Columbia Willamette Faceters' Guild	Fellowship Hall
7:00 pm	Adult Education Team Meeting	Library
7:00 pm	MACG Meeting	St. Andrew Room
7:00 pm	Brass Quintet Rehearsal	Sanctuary

Wednesday, February 7—Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com and charker@standrewlutheran.com.

1:00 pm	Wednesday Book Group with Janet Vorvick	St. Andrew Room
6:00 pm	Bells of Grace Rehearsal	Sanctuary
7:00 pm	Sanctuary Choir Rehearsal	Sanctuary

Thursday, February 8

9:30 am	Seekers of the Heart of God Bible Study	St. Andrew Room
10:00 am	Strength and Stability with Susanne	Fellowship Hall
12:00 pm	Team Ministry Meeting	Chapel & Library
6:30 pm	Wing Chun Class	Children's Commons
7:00 pm	Foundation Team Meeting	Library

Friday, February 9

10:00 am	Tai Chi	Fellowship Hall
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Saturday, February 10

11:00 am	Stewardship Committee Meeting	via Zoom
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Sunday, February 11

9:30 am	In-Person Worship with Communion (also livestreamed and via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwan Lutheran Fellowship Gathering	Chapel
11:00 am	Super Bible Bowl: The Confirmands vs. Congregational Council	Fellowship Hall
1:00 pm	Twirler Practice and Meeting	St. Andrew Room & Fellowship Hall

Dust to Dust



Ash Wednesday take-home bags will be available at St. Andrew this **Sunday, February 4**. In addition to the ashes that you're invited to take home and use for grandchildren or neighbors or anyone unable to attend worship somewhere on February 14 (Ash Wednesday), you'll find a seven-week devotional to begin in Lent: Climate + Faith.



St. Andrew's theme for Lent this year will be "Holy Lamentations," and what do we lament more than the state of Earth and its ability to sustain life? But rather than descending into despair, God is calling us to step up once more to put our love into action. The devotional engages with scripture, science, and faith, proven practices and inspirational examples—all for the sake of building a tailored, tangible, practical action plan of flexible and faithful solutions.

Worship at St. Andrew or Connect to Virtual



9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. Links for remote worship will be sent to you via email and the church app.



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.