

ST. ANDREW WEEKLY NEWS

January 28, 2024

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

Rev. Dr. Mitri Raheb Atlanta Visit Video

Dear St. Andrew friends,
Our hearts continue to weigh heavy with the devastation and loss of lives in Gaza. If you'd like to hear a perspective from an ELCA Palestinian pastor from Bethlehem, you are invited to the Vimeo link below.

The Rev. Dr. Mitri Raheb is a [Palestinian Christian](#), an ELCA Pastor, serving the pastor of the [Evangelical Lutheran](#) Christmas Church in [Bethlehem](#), and the founder and president of the Diyar Consortium, a group of [Lutheran](#)-based, ecumenically-oriented institutions serving the [Bethlehem](#) area.



Go to this link for a recording of the event
[15 JAN 24 - 5 pm - Rev. Dr. Mitri Raheb](#)

If this raises more questions, come to the Adult Education class on "A Christian Thinks about Jews and Judaism" taught by James Aageson. The class continues at 11:00 am in Fellowship Hall, this Sunday through February 4 .

With prayers for peace,
Pastor Laurie

Nourishing Conversations

Two dozen people participated in Nourishing Conversations this past Monday to learn about plant-based eating, to create a meal, and to enjoy fellowship at the dinner table. The evening was fun and filled with lively conversation, and everyone who attended learned about the benefits of plant-based eating, too.

What's the takeaway? The meal tasted good, very colorful, and packed with protein. Everyone pitched in to chop, dice, and sauté the food and then joined hands to sing the blessing.



Sign up this week for next Monday's event ([January 29](#)), when Parish Nurse Tira Nesset introduces people to the much talked about plant-based Mediterranean Diet. Come to the St. Andrew kitchen as early as 5:00 pm to help with food prep if you're available. Otherwise, people are welcome to come for the meal at 6:00 pm and then stay to assist with cleanup later. Participants are invited to donate to the cost of the food if they'd like.

Nourishing Conversations will continue one more week, on [Monday, February 5](#), due to the ice storm. People are welcome to come to one community meal or both of them. Please sign up for each individual week in the Narthex, though, so enough food is available each week and allergies are noted. If that's not possible, please call the church office (503-626-0629) to indicate you'll be attending.

Ministry Site Profile

The Ministry Site Profile (MSP) provides key information for the synod and prospective pastors about St. Andrew and our community. In the section on leadership needs, we are asked to list five ways that this congregation will support and encourage the rostered minister during the first year in order to help them accomplish their responsibilities.

Here is the response:

- Support the pastor and the ministry of St. Andrew in prayer and Christian hospitality.
- Establish a Mutual Ministry team to build trust and support with the pastor, and to encourage their continued growth, competence, and leadership for the community of faith.
- Encourage the pastor in activities that will support their personal health and well-being, including uninterrupted Sabbath time.
- Support the pastor, their work, and work of the congregation through our stewardship.
- Help the pastor appreciate the vision, opportunities, and nature of St. Andrew.

These simple things will ensure the success of the new lead pastor as we continue to grow our community.

Next week we will share the five primary areas of focus we expect of a new lead pastor.

The Call Committee
*Steve Christiansen, Allison Katsufraakis, Mike McDowall,
Amy McQueen, Tom Mehlhorn, Jan Smith,
Mary Smith, LuAnn Staul*

Clothes for Kids Volunteers Needed

St. Andrew has supported the Beaverton Clothes Closet (now called Clothes for Kids) for many years. Currently, the organization needs volunteers to work on site sorting clothes and assisting families seeking adequate clothing for their children. Different days and times are available and you do not need to have children enrolled in the school district to help out – we appreciate volunteers of all ages! If you are interested in this opportunity for ministry, please contact Bonnie Bliesner at larrybliesner@comcast.net – phone number 503-830-7001.



February Dates for Nifty Notters



Quilters, please mark your calendars as we begin the push toward the Lutheran World Relief spring ingathering. The Nifty Notters will meet [Saturday, February 3](#), and [Saturday, February 17](#). Join us for all or part of the day in Fellowship Hall from 9:00 am-2:30 pm. All equipment and materials are provided.

Environmental Impacts of US Food Waste

From the EPA report,

"From Field to Bin: The Environmental Impacts of US Food Waste Pathways"

Over one-third of the food produced in the US is never eaten, wasting the resources used to produce it – and much of it is sent to landfills, where it breaks down and generates methane, a powerful greenhouse gas. Wasted food is the single most common material landfilled and incinerated in the US, comprising 24% and 22% of landfilled and combusted municipal solid waste, respectively, presenting opportunities for increased prevention and recycling.



The EPA's report, "From Field to Bin: The Environmental Impacts of US Food Waste Pathways" synthesizes the latest science on the environmental impacts of how food waste is commonly managed in the US. The EPA has a new "Wasted Food Scale" that emphasizes the importance of prevention and diverting food waste from the sewer/wastewater

treatment plant, or landfill and incineration. This is a low-cost way for all of us can reduce the production of methane.

EPA's Wasted Food Scale shows options to reduce the environmental impacts of wasted food from most preferred to least preferred. The options are:

- Prevent wasted food: Only produce, buy, and serve what is needed, and no more.
- Donate food to food banks or folks in need.
- Upcycle unwanted food: make bread crumbs or croutons out of stale bread, use overripe bananas to make banana bread, use vegetable scraps to make soup stock, or make refrigerator soup out of leftovers in the fridge.
- Feed animals or donate to farmers to feed their animals.
- Compost in your backyard or send food waste to a composting facility (green yard waste curbside bin).
- Spread it on the land to decompose (vegetation only, not meat, fat, or dairy that would attract rats).

Sending food waste down the drain (garbage disposal), landfilling (trash), and incineration should be avoided if possible.

The EPA's From Field to Bin report drew the following conclusions:

- Source reduction, donation, and upcycling are the most environmentally preferable pathways because they can displace or replace additional food production. The benefits of pathways beyond source reductions, donation, and upcycling are small relative to the environmental impacts of food production; thus, they can do little to offset the environmental impacts of food production.
- Sewer/wastewater treatment plants and landfills stand out for their sizeable methane emissions.
- Recycling wasted food into soil amendments offers opportunities to make long-term improvements in soil structure and health and helps regenerate ecosystems by recovering nitrogen and carbon and returning them to the soil.
- As the US becomes less dependent on fossil fuels for energy, the environmental value of producing energy from wasted food will decrease.

Liz Hardy
Earth Care Team

Letter from the Pastor

Dear Friends of St. Andrew,

In our worship over the past seven months or so, we have periodically invited the congregation to a unison "Act of Faith" statement. You might have wondered, where did they come from? Where did the Apostle's Creed go? These statements are modern and not official creeds. Why are we using these words?

Over the past years, St. Andrew has had some conversation and education around creeds, and specifically, the Apostles' Creed. These statements, from the Worship planning team, are a response to a few members of the congregation requesting contemporary, inclusive, and creative language. \So, we've been experimenting with different statements during different liturgical seasons. When we enter Lent, we'll be back to using the Apostles' Creed again.

Some members have expressed appreciation for words in worship that are more accessible to them. And other people have missed saying the Apostles' Creed every week. It's not surprising that there are differences over this, as with some other aspects of worship. Oftentimes, it boils down to those of us who learned the traditional words in our youth. For that group, it's a grounding, central aspect of worship. For others, the non-inclusive language, and the patriarchal roots of the creed, are challenging. Feelings about this can run high, for some. What do we do?

First, remember that we are one in Christ. Viewing our worship through the lens of Christ, we should be able to bear with one another and have compassion and appreciation for our differences. There may be some aspect of worship that is really bugging you, but your neighbor in the pew may find it most meaningful! Can we approach worship with that awareness, together?

Secondly: Words matter. I think what exacerbates these different preferences is that we are saying the words aloud. No one wants to say "I believe. . ." to something that they are not authentically able to affirm. So, please, it is your right, and need, as a thoughtful being, to keep silent in the places that you can't affirm. Maybe we even say the Lord's Prayer with different words. That is all okay. God's love is with us, and we find our unity in the love of Christ.

If you want to talk about this with me, please come by or call. . . I want to learn more about you and your beliefs.

With love,
Pastor Laurie

New Member Sunday



The people of St. Andrew look forward to welcoming ten new members during our worship time on **Sunday, January 28.**

Please reach out to greet **Warren (Skip) & Ruth Baker, Robert Casteel, Connie Losk, Carl Malmstrom, Christina Mantey, Chuck & Lynetta Weswig, and Kyler & Becky Vogt.** We look forward to getting to know you better and anticipate that your talents and passions will enrich this faith community!

If you are interested in affirming your baptism and would like to learn more about officially joining St. Andrew, please contact Pr. Laurie Newman. We look forward to celebrating another Welcome Sunday on Pentecost or before.

In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Dan Marburger	Peace and God's comfort at his death	Kristen Petersburg
Family and friends of Ahmir Joliff	Peace and God's comfort at his death	Kristen Petersburg
Andrew Lisko (uncle)	Comfort and peace	Linda Dodds
Nephew of Jerry	Comfort and peace	Jerry EntriKin
People of Perry, Iowa, and other communities affected by gun violence	Comfort, healing, and peace	Kristen Petersburg
Mary Nell Mahler	Comfort and strength	Diane Reiner
Joyce and Dan Bianucci (sister, brother-in-law)	Healing and comfort	Judy Scholz
Judy Scholz	Healing and comfort from COVID	Judy Scholz
Marlan Bell	Healing and comfort	Sister India
Ruth Kerr (mother-in-law)	Healing and comfort	Sister India
Priscilla (friend)	Healing, comfort, and effective medical treatment	Judy Scholz
Joyce Bianucci (sister)	Effective medical treatment	Judy Scholz
David Saxton	Peace and healing	Donna McAlpine
Linda Wick (sister)	Peace and healing	Donna McAlpine
Mary Brown	Positive news following a biopsy	Mary Brown
Doug & Jan Morrell (parents)	Smooth transition to new living arrangements	Amy Harker
Individual friends and loved ones	Whatever they need	Staff
Those facing ongoing illness or distress	Healing and assurance of God's presence	Staff
	Tandy Brooks, Bob Brown, Dave Bumgardner, Vic Claar, Hal Douglas, Sabrina Garrison, Gary Grafwallner, Gary Magnuson, Hugh Mason, Carol Means, Doug Morrell, Jan Morrell, Jolie Reyna, Shane Throckmorton, Gary Tubbs, Megan Webber	
People of Totota, Liberia	Comfort and peace following explosion	Sister India
Bishop Elizabeth Eaton	Wisdom and discernment	Staff
Evangelical Lutheran Church in America	Blessings on our ministry	Staff
Taiwan Lutheran Church	Strength and wisdom	Staff
St. Peter (Tillamook)	Serving with us in the Oregon Synod	Staff
Hoodland (Brightwood)		
Trinity (Gresham)		
Our Redeemer (Hood River)		
Ecumenical and interfaith partners in ministry	Blessings on their work	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629, email office@standrewlutheran.com, or fill out the prayer request form on the church website.

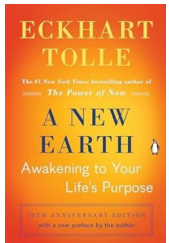
Welcome, Lindsey Lane

St. Andrew musicians, especially, are delighted to welcome Lindsey Lane to her new position as Interim Keyboardist. Lindsey grew up in ELCA churches, singing in choir and playing piano, organ, and viola. She attended Luther College in Decorah, Iowa, and worked as a church organist for a local church there. After college, she occasionally substituted while pursuing a career in public health. Lindsey is thrilled to be involved in church music once again and is looking forward to working with everyone at St. Andrew!



Wednesday Book Group

The Wednesday Book Group began discussing *A New Earth*, by Eckhart Tolle on **January 24**. All are welcome to join the group, which meets in the St. Andrew Room on Wednesdays from 1:00-2:30 pm. If you have questions, please contact Sister India.



Your St. Andrew Staff

Council President Liz Hardypresident@standrewlutheran.com, 360-632-4900
 Interim Pastor Laurie Newman laurienewman@standrewlutheran.com
 Sister India Jensen Kerrindia@standrewlutheran.com
 Deacon Susan Reiser, Parish Musician and
 Interim Minister of Music srwerner.reiser@standrewlutheran.com
 Dir. of Next Generational Ministry Kyler Vogt..... kvogt@standrewlutheran.com
 Parish Manager Carol Harker charker@standrewlutheran.com
 Administrative Assistant Rhonda Powell office@standrewlutheran.com
 Bookkeeper Karen Mallari bookkeeper@standrewlutheran.com
 Housekeeper Carol Hogan503-646-0629
 Evening Facility Caretaker vacant position
 Parish Nurses Diane Reiner.....503-201-4222
 Tira Nettet.....503-866-5099

Preparing for Worship

Sunday, February 4, 2024

Isaiah 40:21-31
 1 Corinthians 9:16-23
 Mark 1:29-39

Highlights for the Week at St. Andrew

Sunday, January 28

9:30 am	In-Person Worship with Communion (also livestreamed and via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwan Lutheran Fellowship Gathering	Chapel
11:00 am	Adult Ed: A Christian Thinks about Jews and Judaism: Anti-Semitism and the Land of Israel	Fellowship Hall
11:00 am	The Roots	Children's Commons, Children's Library, LL Classrooms
11:00 am	Confirmation for Middle School Youth	Library
11:00 am	High School Youth Group	Youth Room
1:00 pm	Twirler Meeting & Practice	St. Andrew Room/Fellowship Hall
1:00 pm	MACG Training at Havurah Shalom	Off site

Monday, January 29—Church Office Closed

10:00 am	Communications Committee Meeting	via Zoom
5:00 pm	Nourishing Conversations	Fellowship hall, Kitchen, St. Andrew Room

Tuesday, January 30

7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
10:00 am	Tai Chi	Fellowship Hall
12:00 pm	Bridge Group	Fellowship Hall
5:30 pm	HR Meeting	via Zoom
6:30 pm	Scout Troop 198	Children's Commons
7:00 pm	Brass Quintet Rehearsal	Sanctuary

Wednesday, January 31—Weekly News deadline is 4:00 pm; submit material to office@standrewlutheran.com and charker@standrewlutheran.com.

1:00 pm	Wednesday Book Group with Sister India	St. Andrew Room
6:00 pm	Bells of Grace Rehearsal	Sanctuary
7:00 pm	Sanctuary Choir Rehearsal	Sanctuary
7:00 pm	High School Youth Group Bowling Night	SuperPlay (9300 SW Beaverton Hillsdale Hwy)

Thursday, February 1

9:30 am	Seekers of the Heart of God Bible Study	St. Andrew Room
10:00 am	Strength and Stability with Susanne	Fellowship Hall
12:00 pm	Team Ministry Meeting	Chapel/Library
5:00 pm	Executive (Council) Committee Meeting	via Zoom
6:30 pm	Wing Chun Class	Children's Commons

Friday, February 2

10:00 am	Tai Chi	Fellowship Hall
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Saturday, February 3

9:00 am	Nifty Notters	Fellowship Hall
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Sunday, February 4

9:30 am	In-Person Worship with Communion (also livestreamed and via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwan Lutheran Fellowship Gathering	Chapel
11:00 am	Adult Ed: A Christian Thinks about Jews and Judaism: Anti-Semitism and the Land of Israel	Fellowship Hall
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11:00 am	High School Youth Group	Youth Room


Community Warehouse: Last Call for January Donation Drive


If you haven't yet checked your closets and cupboards for household goods that you no longer use and would like to donate, do so now! With January drawing to a close, the Service Committee's donation drive for Community Warehouse is coming to an end, too. Check previous issues of the newsletter for lists of what is most needed. Your unwanted household goods help transform empty houses into homes for neighbors in need. **This is the final weekend to bring in your donations.**



Scanning the QR code at left enables people to shop online at IKEA. Any purchases made via the code will automatically be delivered to the Community Warehouse.

Worship at St. Andrew or Connect to Virtual

 **YouTube** 9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. *Links for remote worship will be sent to you via email and the church app.*

 **zoom** People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom, you may use a computer, smartphone, or tablet. Please note that Zoom worship is only available at 9:30 am.