St. Andrew Weekly News

October 8, 2023

St. Andrew Lutheran Church 12405 SW Butner Road, Beaverton, OR 97005 Worship Service: Sunday, 9:30 am

www.standrewlutheran.com Telephone: 503-646-0629

Blessing of the Animals

Sister India will host a Blessing of the Animals for pets or stuffies on <u>Saturday</u>, <u>October 7</u>, at 11:00 am! Bring your animal, a picture of your animal, or your stuffed animal to the Sanctuary of the Firs for a blessing and celebration of all of God's creatures.



Job Openings at St. Andrew

St. Andrew is currently advertising to fill two part-time positions: an Interim Keyboardist and a Nursery Attendant.

Interim Minister of Music Susan Reiser will continue to regularly lead worship on the organ, so applicants for the Interim Keyboardist position are not required to be proficient on that instrument. Instead, the church is looking to identify someone to provide piano accompaniment for the Sanctuary Choir during Wednesday night rehearsals and twice a month on Sunday mornings. The person will also serve as the keyboardist for one Sunday worship service each month. This 10-hours per week position is expected to continue through May 31, 2024, with the possibility of extension.

St. Andrew also continues its search for a loving child care provider to serve as Nursery Attendant on Sunday mornings. Applicants must be 18 years or older and will be paired with volunteers to provide care for young children from 9:00 am-Noon.

If you know of qualified individuals who might be interested in either of these positions, please direct them to

https://standrewlutheran.com/job-openings/

for complete job descriptions and information on how to apply.

In Transition: Last Opportunity to Respond to Mission Site Profile Survey

Please submit your responses to the Mission Site Profile Congregational Survey by this <u>Sunday</u>, <u>October 8</u>. This will allow members of the Transition Team time to review responses as we work toward the final stages of completing St. Andrew's Mission Site Profile. Please complete the paper survey available in the Narthex or click on the following link to complete the survey online:

Congregation Survey for Mission Site Profile

Coming up will be your opportunity to share with the Transition Team about how you'll support and encourage the new Lead Pastor in their first year.

Please let any of the team members know what questions or concerns you have as we move forward.

In Peace,

Steve Christiansen, Allison Katsufrakis, Mike McDowall, Amy McQueen, Tom Mehlhorn, Jan Smith, Mary Smith, LuAnn Staul

Electrify Portland!

On <u>Saturday</u>, <u>October 7</u>, ElectrifyPDX will host its first annual <u>Electrify Portland Home Electrification Fair</u>! (Please follow the link to register.) The event is located at The Redd on Salmon St, 831 SE Salmon St, Portland, OR 97214. This free and festive event will include product demonstrations, free expert consultations, local exhibitors, food vendors, and presentations.

ElectrifyPDX is speeding the transition to clean energy by inspiring and assisting homeowners and renters as they electrify their homes. Its signage program helps people make their transition visible so they can inspire their friends and neighbors. The purpose of the Electrify Portland! Event is to connect residents to information and experts in a fun environment (because, yes, there will be ice cream and a bouncy castle).



Electrify Portland! is a project that is supported by MACG (Metropolitan Alliance for Common Good).

Free Alzheimer's/Dementia Testing



The Center for Cognitive Health helps patients maximize cognitive function. People attending this week's Alzheimer's resources meeting at St. Andrew learned how important early diagnosis is to slow the progression of dementia. Fortunately, the Center for Cognitive Health in Portland is able to provide free memory screening to identify early cognition challenges that could well respond to disease-modifying interventions.

Preliminary screenings are conducted over the phone by staff trained to identify problems with memory or thinking. To learn more or to schedule an appointment, call 503-207-2066 or go to http://www.centerforcognitivehealth.com/.

Nifty Notters

The autumn clock is ticking down toward the Lutheran World Relief (LWR) Ingathering the last weekend in October, so the Nifty Notters need all hands available on <u>Saturday</u>, <u>October 7</u>, and <u>Saturday</u>, <u>October 21</u>, as they work to complete



quilts for LWR. Work sessions begin at 9:00 am and go to 2:30 pm in Fellowship Hall. Drop in for a couple hours or bring a lunch and spend all day. We have tasks for people with no sewing skills, as well as those with experience. All are welcome and supplies are provided. If you have any questions, contact Pam Farr (503-626-6657) or Peggy Thompson (451-517-9729).

Adult Education 2023-2024

Spiritual formation classes for all ages at St. Andrew begin at 11:00 am on Sundays. This week, adult learners have two choices: Part I of Steve Christiansen's class on "Revelation" or Janet Vorvick's exploration of "Eight Kinds of Meditation."

Please join Steve in Fellowship Hall to tackle what can seem to be a violent book of the Bible; or head to the St. Andrew Room to discover a variety of ways to meditate.

MACG Question of the Month



Luther's 95 Theses or Disputation on the Power and Efficacy of Indulgences were posted almost 506 years ago on October 31, 1517. As the title suggests, the main theme was the paying of indulgences for the reduction of one's sins. These 95 Theses were

Luther's suggestions for reforming the Catholic Church to better reflect his beliefs on spirituality as reflected in the Bible. Since the beginning, Lutherans have recognized the Gift of God's grace rather than indulgences. As society has changed over the centuries, are there reforms in the church that you'd like to see?

Game Night

The MACG Core Team is organizing another game night, this time on <u>Saturday</u>, <u>October 14</u>. Join the fun from 7:00-9:00 pm as we play board games, card games, or whatever type of games you like. We'll have some games available, but please feel free to bring a favorite if you have one. Bring a snack to share, too.

Whether you're newer to our community or a charter member, this is a great way to connect with others in a low-pressure, fun atmosphere. Questions? Contact any member of the MACG Core Team: Gretchen Bancroft, Larry Bliesner, Pat Christiansen, Lynn Santelmann, Jan Smith, or Scott Taylor.



Special Congregational Meeting

A special meeting of the St. Andrew congregation will be held following worship on <u>Sunday</u>, <u>October 29</u>, for the purpose of approving adjustments to the budget for fiscal year 2023-2024. We will meet in Fellowship Hall for a short meeting beginning at about 11:00 am. Please note that we must have 10 percent of the voting members present to establish a quorum.

In addition to voting on budget changes, the meeting will enable a vote on approving the amended Constitution that was shared with the congregation prior to the Annual Meeting on June 13, 2023. Go to

https://standrewlutheran.com/congregational-documents-policies to see copies of the current Constitution and Bylaws, as well as the proposed Constitution up for approval.

Please note that the ELCA requires its member congregations to update their constitutions every three years to comply with the ELCA model constitution. St. Andrew's current Constitution was approved in 2014, so this update is long overdue. To learn more about ELCA requirements, go to

http://oregonsynod.org/index.php/resources/congregations/.

Many thanks to Council member Rachel Roberts who incorporated the ELCA's required changes, which include the use of more inclusive language, the addition of some footnotes, clarifying language regarding conducting meetings virtually, and flipping the order of two chapters in the document.



LWR Ingathering Volunteer Opportunities

We are preparing for our fall Lutheran World Relief (LWR) Ingathering and looking for volunteers. We have two opportunities:

On <u>Tuesday</u>, <u>October 24</u>, 5:00-7:00 pm, we will be assembling school kits in Fellowship Hall, as well as packing the kits and quilts made by the Nifty Notters into boxes. This is a great event for families. Please go to the article on page 1 of this newsletter to see items still needed for the school kits.

We also need volunteers to help with the Ingathering on Friday, October 27, and Saturday, October 28. On Friday, volunteers have two-hour shifts beginning at 8:00 am. We end that day at 4:00 pm. On Saturday, we need volunteers to fill a three-hour shift, 9:00 am-Noon.



The Ingathering takes place in the St. Andrew parking lot near the community garden. We have two types of volunteer assignments:

- Load the shipping container with boxes weighing up to 40 pounds.
- Greet people from churches as they drive up to drop off their donations.

The box you help load at the Ingathering could mean the difference for refugees around the world, especially now as people are coping with so many catastrophic events.

Please sign up in the Narthex or contact Rochelle McIntire at 503-804-7967 or pacificnwlwrgroup@gmail.com.

Please Don't Add Compostable Packaging and Tableware to Your Yard Waste Bin

This information comes from Oregon Composters and was presented to us at the Master Recycling class I am taking.



Every year, the Pacific Northwest's compost industry turns hundreds of thousands of tons of yard and food waste into nutrient-rich compost. "Compostable" packaging and tableware items have been on the rise in recent years and are increasingly ending up in the composting facilities. These materials compromise the composting programs and limit many of the environmental benefits of successful composting.

Reasons the industry does not want "compostable" packaging and tableware:

- They don't always compost: Not all "certified" compostable items will actually compost (break down) as fully or quickly as composters need them to. The result is a finished compost that is contaminated with bits of partially degraded "compostable" material.
- Contamination: Non-compostable look-alike items inevitably end up in the mix. This material then must be removed which increases the operating cost and degrades the quality of the final compost, making the compost harder to sell and less economically viable. When it can't be sold, the environmental benefits are lost.
- Contaminated compost can't be sold to organic farmers. National standards prohibit the use of compostable packaging and tableware when making compost that is used to grow crops certified as "USDA Organic."
- They may threaten human and environmental health: Sometimes compostable packaging designed for water and grease resistance contains chemicals that can transfer into finished compost. The chemicals then enter the soil and surface waters and can enter the plants that we eat. Non-degraded fragments of plastic packaging can contaminate the finished compost, increasing environmental health concerns when used by buyers.
- It increases costs for the composting facility and makes their job harder. Some composters tried accepting compostable packaging, but they had to change their composting process, use more water, use more energy, and spend additional resources to produce the finished compost.
- Just because something is compostable doesn't mean it's better for the environment. Compostable packaging and tableware often have a larger environmental footprint than noncompostable items. Compostable materials production requires more fossil energy, releases more greenhouse gases, and results in more ecological toxins than non-compostable materials. What materials are made of and how they are made may be more significant than whether or not they are composted.

Good intentions aren't being realized. Compostable items often cost more, sometimes up to 5 times more. That's a lot of money spent on products that might not actually help the environment, and could be spent in more beneficial ways. These more expen-

sive products also drive up the costs to operate the composting facilities. Reusable tableware is always a better choice for the environment.

If you must use single-use items, please don't put them in your compost/yard waste bin. Composters need to focus on recycling organic waste, such as food and yard trimmings into high-quality compost products that can be used with confidence to restore soils and conserve resources.

Liz Hardy Earth Care Team

Christmas Eve? Can't We Have Reformation Day First?



Yes, it's still early October. This is the time of year, though, when families begin making plans for the holidays. This year, St. Andrew is adjusting its Christmas Eve and Christmas Day worship plans. Here's the schedule:

Sunday, December 24: The Fourth Sunday of Advent.
 Family-Friendly Service of Lessons & Carols at 9:30 am.
 Everyone will be invited to participate in some special ways to join in the joyful anticipation of the birth of Jesus.
 Christmas Cookie Decorating for Families at 10:45 am in Fellowship Hall.

• Sunday, December 24: Christmas Eve.

Candlelight Service at 9:00 pm.

Please note that there will be ONE service so we can all celebrate the birth of Jesus together. As has become our practice, this service will be available on Zoom and livestreamed on YouTube.

• Monday, December 25: Christmas Day.

Pre-Recorded Service available from St. Andrew's normal livestream link. There will NOT be a service in person on Christmas Day.

Please note that there will not be a separate "family" service as we have had at 4:00 pm on Christmas Eve for the past several years. Because Christmas Eve falls on a Sunday this year, it is the perfect opportunity to enjoy a multi-generational service of Lessons and Carols.

We have enjoyed worshiping together at one service on Sunday mornings, joined by our Zoom community of friends. Having one candlelight service will bring the joy and energy of a full sanctuary to this holy day.

Welcome, Rhonda

St. Andrew will welcome Administrative Assistant Rhonda Powell to her new position in the church office on Tuesday, October 10, so if you detect a new voice answering the church phone, take a moment to say "hi."

To help make for an easier transition, Johanna Land will provide a few hours' training for Rhonda on Tuesdays, Wednesdays, and Thursdays until the end of October. We all owe Johanna immense appreciation for her willingness to stay on the job until a search committee could identify a replacement.

Please note that, with the office fully staffed on Fridays, the church will once again be open all day, 9:00 am-4:00 pm, Tuesday through Friday, beginning next <u>Friday</u>, October 13.

In Need of Prayers...

iii iveed of Flayers		
NAME Sue Cahlander Martha Ragan Mary Brocker Lee Anne Knapp Shreve/Shaw families	PRAYERS FOR Comfort and healing Comfort and strength Successful breast cancer surgery (November) Wisdom and peace Wisdom and peace	CONTACT Sue Cahlander Sister India Mark & Donna Brocker Lee Anne Knapp Lee Anne Knapp
People in harm's way, especially those impacted by climate change	Protection, safety, and support	Staff
Transition Team	Discernment with the congregation	Staff
St. Andrew Council Executive Committee Staff	Wisdom and discernment	Staff
India Jensen Kerr and all theology students andseminarians	Encouragement and support	Staff
St. Andrew Foundation	Blessings on their ministry	Staff
Peace Lutheran (Burns) Good Shepherd Lutheran (Madras)	Serving with us in the Oregon Synod	Staff
Ecumenical and interfaith partners in ministry	Blessings on their work	Staff
Individual friends and loved ones	Whatever they most need	Staff
All those who are caregivers for a loved one	Strength and support	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629 or email office@standrewlutheran.com Tuesday-Friday, prayerchain@standrewlutheran.com Saturday-Monday.

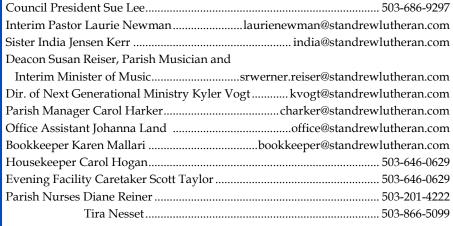
MACG Delegate Assembly Coming Soon

Mark your calendar now and plan to attend the next MACG Delegate Assembly on Thursday, October 26, 7:00-8:30 pm, on Zoom. As a member of the St. Andrew community, you are automatically a delegate and encouraged to attend the assembly. Come and hear about the next steps in the Wrestling



with the Truth of Colonization efforts, the ongoing work of the Climate Team, and help make decisions about future actions. Learn more about MACG and perhaps even find a place where your passion meets the needs of the world. Come and represent St. Andrew as we continue the process of renewing our commitment to working for the common good of Oregon and the world. Watch this space for a Zoom link. Questions? Ask any member of the MACG Core Team at St. Andrew: Gretchen Bancroft, Larry Bliesner, Pat Christiansen, Lynn Santelmann, Jan Smith, or Scott Taylor.

our St. Andrew Staff





St. Francis and the Birds

by Seamus Heaney

When Francis preached love to the birds They listened, fluttered, throttled up Into the blue like a flock of words.

Released for fun from his holy lips Then wheeled back, whirred about his head,

Pirouetted on brothers' capes.

Danced on the wing, for sheer joy played And sang, like images took flight. Which was the best poem Francis made.

His argument true, his tone light.



October 4 is the feast day of St. Francis.

Preparing for Worship Sunday, October 15, 2023

Isaiah 25:1-9 Psalm 23 Matthew 22:1-14

Highlights for the Week at St. Andrew Lutheran Church

9.30 am In-Person Worship with Communion (also livestreamed on YouTube and via Zoom) Sanctuary 9.30 am Portland Taiwan Worship Service. Chappel 11:00 am The Roots Chapter 11:00 am High School Youth Group Youth Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is Right for You? St. Andrew Room 11:00 am Adult Ed: Eight Kinds of Meditation: Which is	Sunday, Oct	tober 8			
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	11:00 am	Confirmation	Adult Library		
	11:00 am	High School Youth Group	Youth Room		

Christmas Caroling

Would you be interested in gathering for Christmas caroling on a Sunday afternoon in December? I would love to know who might enjoy singing carols. Please contact Sister India at india@standrewlutheran.com if you'd like to be part of a caroling group!

Worship at St. Andrew or Connect to Virtual Worship



9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. YouTube Links for remote worship will be sent to you via email and the church app.



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom you can use a computer, smartphone, tablet, or a telephone. Please note that Zoom worship is only available at 9:30 am. Anyone using YouTube for livestream worship may access the service at 9:30 am or any time after the livestream ends.