

# ST. ANDREW WEEKLY NEWS

July 23, 2023

St. Andrew Lutheran Church  
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:  
Sunday, 9:30 am

[www.standrewlutheran.com](http://www.standrewlutheran.com) ■ Telephone: 503-646-0629

## Senior Quilt Sunday

Seniors graduating from high school receive special recognition from St. Andrew on their academic achievement. This **Sunday, July 23**, we'll recognize Miriam Au, Allie Peahl, and Logan Uecker during worship. Not only will they be wrapped in special quilts made by Nifty Notter seamstresses that they will take with them on their future adventures, but the St. Andrew Foundation will present them with a scholarship check to put toward their future studies. This is a beautiful tradition marking a milestone in the lives of our youth. Don't miss this joyful Sunday celebration!



*A day to remember!  
July 11, 2021, when Linda Fransen wrapped Logan Isaacson in his senior quilt.*

## July's MACG Question of the Month

*How is St. Andrew inspiring you to engage in Earth care practices?*



Earth care has long been one of St. Andrew's core care values. Our church building has solar panels on its roof and the congregation has long embraced the practice of reducing, reusing, repurposing, and recycling to reduce consumption and waste.

Already this year, our Earth Care Team has sponsored an Earth Care Fair, Backyard Habitat Tours, and Mindful Walks. Earth Camp brought 44 campers and their families to our campus recently and we continue to advocate for bee-friendly habitats and ecosystems that allow all of God's creation to flourish.

Has awareness or involvement with St. Andrew's Earth-friendly focus changed your behaviors? Let's share with one another.

## Game Night: August 5

Join the fun in Fellowship Hall on **Saturday, August 5**, for Game Night, 7:00-9:00 pm. Knowing that board and card games offer a great way to get to know people and have a good time, the MACG team is sponsoring a game night to promote conversation and connection.

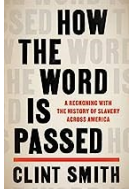


*If you have a favorite game, bring it along.*

Bring a snack to share and a favorite game if you like. We will provide popcorn, conversation, and games—everything from cards to Scrabble or Ticket to Ride!

## Spirituality Book Group

The Spirituality Book Group will meet at 3:00 pm on **Sunday, July 23**, to discuss *How the Word Is Passed: A Reckoning with the History of Slavery Across America*, by Clint Smith. In this debut work of nonfiction, the author leads readers on a tour of landmarks and monuments to reveal some of America's stories hidden in plain sight. Consider Monticello, the Virginia plantation owned by Thomas Jefferson. It was here that Jefferson wrote letters espousing the urgent need for liberty—at the same time he enslaved more than 400 people. This well known history is augmented by other stories much less familiar, but all combining to illustrate slavery's role in shaping American history.



The group will meet in person at Dianne Zupunski's home and also via Zoom, with Elaine May leading the discussion. A link will be sent to those on the Spirituality Book Group email list who will be attending remotely. If you'd like to receive a link, please contact Mary Smith.

### Future Reading

- August 20:** *The Night Watchman*, by Louise Erdrich  
Location: Mary Ann Snider's home  
Discussion Leader: Sharon Fako
- September (date TBA):** *Horse*, by Geraldine Brooks  
Location: Fran Miller's home  
Discussion Leader: Mary Ann Snider

## Labyrinth Walk on Saturday, July 22

At 10:00 am on **Saturday, July 22**, labyrinth walkers are invited to a beautifully landscaped labyrinth located off Skyline Blvd. One of more than 100 labyrinths in Oregon, this outstanding outdoor labyrinth is set beside a forest and offers an impressive view of the Tualatin Valley. You may want to bring a journal or bible, a hat for sun protection, and water, snack, or lunch for time spent under the cover provided by a pergola.



If starting out from the church, allow 25-30 minutes to reach the labyrinth at the home of Craig & Cindy Kinne. Take Highway 26 (Sunset Highway) to Cornelius Pass Rd NORTH exit. Continue on Cornelius Pass for approximately 4.5 miles. At the Flashing Yellow Light, turn left onto Skyline Blvd. Make an immediate right turn to stay on Skyline Blvd and continue for 8/10 mile. Turn left into **Skyline Ridge Estates** (just after you see a red home with white fencing on the right side of the road). Continue straight on the private drive, veering left to the driveway at the end. The Kinney home is dark brick. The address is 12915 NW Skyline Blvd, Portland 97231. The telephone is 503-539-8411.

## Baby Rose



The rose on the altar this morning celebrates Rowan Bennett Guist, who was born July 8 to Dr. David Dillon & Dr. Mary Beth Day. Rowan is Judy Guist's first grandchild, a precious addition to the family.

## Help a Friend Smile

Ever since the Malik Zada family arrived in the Portland area as refugees from Afghanistan in August 2022, members of St. Andrew's Sanctuary Team have been assisting the family as they navigate many of the idiosyncrasies of a new culture, new systems, and unfamiliar challenges. It has been an honor helping them adjust to their new life in the U.S. and getting to know more about the wonderful food and hospitality they are so eager to share.

Nasir Malik Zada, husband of Amina and father of four young children, is working hard to support his family, but money is tight and opportunities to earn more are limited. And now Amina needs extensive (and expensive) dental procedures that her insurance will not cover.

The Sanctuary Team would like to help the family pay for Amina's dental work and we would appreciate any contribution you would like to make for that purpose. If you'd like to assist, please make your check payable to St. Andrew Lutheran Church and indicate Refugee/Sanctuary Fund in the memo line. Thank you!



If you have questions or would like to join the Sanctuary Team, please contact Cindy Stadel (503-888-7043) or Bonnie Bliesner (503-830-7001).

## Health Justice Forum

The MACG group invites you to a Health Justice Forum on **Saturday, August 12**, from 5:00-6:00 pm at St. Anthony Catholic Church, 12520 SW Grant Ave, Tigard, OR. There will be food, music, and community facilitated by former Oregon State Representative Teresa Alonso Leon. This dynamic forum will bring together decision-makers from the region and leaders from excluded communities to envision a healthcare system that works for EVERYBODY: immigrants, refugees, incarcerated people, and Spanish speakers.

Go to <https://bit.ly/saludjusta> or call 970-238-3288 to register.

## Plastic-Free July: The 5 Rs

### Refuse, Reduce, Reuse, Repurpose, Recycle

The 5 Rs have been around for a while. They originally started as the 3 Rs, but 2 new ones have been added: Refuse and Repurpose. There is an order to the 5 Rs; they start in order of importance and work their way down. The idea is to help you reduce the amount of your waste.

**Refuse:** Simply don't take it, then it will never begin its product life cycle, the demand will fall, and the company will make less and hopefully stop making the item altogether. Refuse to use single-use plastics like plastic bags, straws, single-use water bottles, and plastic cutlery. This takes a little planning; we carry a cloth bag in our car with our own silverware and containers to use as to-go containers when we dine out. We also have reusable water bottles, commuter coffee mugs, and cloth bags in our car. Also refuse those tempting freebies that you'll never use. The more people take them, the more the company will make them. Don't forget to take your own reusable bags to the farmer's market.



**Reduce:** Simply use less. Do you really need that fancy new phone with plastic parts? Or can you factory-reset it and update it to get the performance back? Can you upgrade your laptop (also made with plastic parts) with a new hard drive or new RAM to give it a new lease on life rather than throwing it away? Not buying more also saves you money!

**Reuse:** Reusable water bottles and coffee cups allow you to have long-lasting water bottles and cups that are functional, environmentally friendly, and look cool! Sometimes you get a small discount for bringing your own. The same is true for reusable shopping bags—they are functional, environmentally friendly, look nice, and can get you a discount. If you forget your bag, ask for a paper bag.

As mentioned above, we keep a cloth bag with our own silverware and containers in the car to use as to-go containers when we dine out or order take-out.

Although we have not purchased baggies or used plastic produce bags or grocery bags for years, they still end up in our life when other people give us things. We wash out the bags and reuse them until they fall apart. We wash the bags with soap and water, then hang them on a hanger with a clothes pin to dry. It might sound crazy, but it works! Another thing my husband loves to save and reuse are the Bob's Red Mill bags. Again, we rinse and reuse. He likes them because they are sturdy and have a really good closure. It's easy to store left-overs in them.

**Repurpose:** This requires some thinking and craftiness, but the internet is full of repurposing ideas. It is rewarding when you create something new from something old. A simple repurpose idea is to use jam jars for food storage, or in the garage for small things like nails and screws, or in the sewing room for buttons. Before discarding, ask yourself if there is anything else you can use that item for.

**Recycling:** Comes in at the bottom of the list. If the other 4 options don't work, then recycle. Recycling is not the solution to our plastics problem like the plastics and petroleum industries would have us believe. Those industries want to keep extracting oil with which to make plastic. Recycling is the most well-known of the 5 Rs and the easiest, but it is the least efficient. Recycling is a great way to see all the things you throw away and helps you rethink future purchases.

*You're Invited!*

**to an Ice Cream Social**

**Saturday, August 26 @ 1:30 pm**

in front of

**St. Andrew Lutheran Church  
12405 SW Butner Rd  
Beaverton**

Come for new friends, community,  
music, dancing, games, AND  
**FREE ice cream!**

*Parking will be available in the lot on the east side of the church.*



## In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Wayne Appleman	Peace and God's comfort at his death	Staff
Claris Poppert	Peace and comfort	Staff
Bob Brown	Comfort and strength	Mary Brown
Jean Fredrickson	Healing and recovery	Staff
Lilli Soule	Healing and recovery	Carol Harker
Mescal Gibson	Healing and recovery	Carol Harker
Howard Christianson	Healing and recovery	Cathi Christianson
Carol Hogan	Healing and comfort	Deacon India
Karen (friend)	Healing and comfort	Deacon India
George & Teresa Westover	Healing in body and spirit	Allison Katsufarakis
Tara Harper	Wisdom and support	Deacon India
Sister Carol Burk & St. Barnabas Lutheran	Wisdom and discernment	Deacon India
Rowan Bennett Guist (grandson)	Blessings on his birth	Judy Guist
Those facing ongoing illness or distress	Healing and assurance of God's presence	Staff
Tandy Brooks, Bob Brown, Dave Bumgardner, Vic Claar, Hal Douglas, Sabrina Garrison, Gary Grafwallner, Gary Magnuson, Hugh Mason, Carol Means, Doug Morrell, Corky Poppert, Jolie Reyna, Shane Throckmorton, Gary Tubbs, Megan Webber		
Bishop Elizabeth Eaton	Wisdom and discernment	Staff
Evangelical Lutheran Church in America	Blessings on our ministry	
Taiwan Lutheran Church	Strength and wisdom	
Holy Cross Lutheran (Salem)	Serving with us in the Oregon Synod	Staff
Trinity Lutheran (Silverton)		
Congregation Neveh Shalom (Portland)	Blessings on our interfaith partners	Staff
Individual friends and loved ones	Whatever they most need	Staff



When recycling plastic, it's important to recycle the proper items only. Wish-cycling, the practice of putting it in the recycle bin because it seems like it ought to be recyclable only contaminates the truly recyclable things in the bin. Check with your hauler to be sure of what goes in and what doesn't. In Beaverton these things go in the recycle bin: plastic containers such as milk jugs and laundry soap jugs, cardboard milk containers (you should remove the plastic spout first), metal food cans including spray oils like "Pam," plastic round containers 6 oz. or larger (including

5.5 oz. yogurt containers), paper, and flattened cardboard. Do **not** put in plastic bags, flat plastic or metal lids (flat things get into and contaminate the paper bundles), plastic wrap, glass (that goes in a separate bin), Styrofoam, clamshells, disposable coffee cups, or plastic packaging. It is important to rinse out containers and jugs. And do not recycle wet things like paper or cardboard. These items are contaminants or get caught up in the machinery, causing the workers to have to shut down the operation to untangle the mess.

*Liz Hardy*  
Earth Care Team

## Thank You

I want to thank all of you, dearest people of St. Andrew, for the support and love you showed for my ordination on June 25. I deeply appreciate the gifts, cards, and time you gave to make the day beautiful. It is very exciting to continue serving you as a Rostered Minister of Word and Service! Know I am praying for our church as we go through the process of finding a new lead pastor and for blessings on all of your lives.

Your sibling in Christ,  
*Deacon India*

## Council Minutes

Beginning this month, minutes from Congregation Council meetings will be posted in the Narthex and available via a password-protected page on the church website. Watch for an email early next week with directions on how to read the minutes online. If you have questions, contact Council President Sue Lee.

## Your St. Andrew Staff

Council President Sue Lee.....	503-686-9297
Interim Pastor Laurie Newman.....	laurienewman@standrewlutheran.com
Deacon India Jensen Kerr .....	india@standrewlutheran.com
Deacon Susan Reiser, Parish Musician and Interim Minister of Music.....	srwerner.reiser@standrewlutheran.com
Children & Youth Minister Kyler Vogt .....	kvogt@standrewlutheran.com
Parish Manager Carol Harker.....	charker@standrewlutheran.com
Office Assistant Johanna Land .....	office@standrewlutheran.com
Bookkeeper Karen Mallari .....	bookkeeper@standrewlutheran.com
Housekeeper Carol Hogan.....	503-646-0629
Evening Facility Caretaker Scott Taylor .....	503-646-0629
Parish Nurses Diane Reiner .....	503-201-4222
Tira Nessel.....	503-866-5099

## Preparing for Worship

Sunday, July 30, 2023

1 Kings 3:5-12

Psalm 119:129-136

Matthew 13:31-33, 44-52

# Highlights for the Week at St. Andrew Lutheran Church

## Sunday, July 23—Quilt Sunday for Graduating Seniors

9:30 am	In-Person Worship with Communion (also livestreamed on YouTube and via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Lutheran Church Fellowship Gathering	Chapel
10:45 am	Minister of Music Search Committee Meeting	Library
3:00 pm	Spirituality Book Group	Member Home and via Zoom

## Monday, July 24

10:00 am	School Bag Making Party	Fellowship Hall
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## Tuesday, July 25

7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158th (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women	Elmer's Restaurant on 158th (1250 NW Waterhouse Ave)
10:00 am	Tai Chi	Fellowship Hall
12:00 pm	Bridge Group	Fellowship Hall
12:15 pm	Earth Care / Community Carbon Leadership Meeting	Library
6:30 pm	Scout Troop 198	Children's Commons

## Wednesday, July 26

1:00 pm	Wednesday Book Group (with India)	St. Andrew Room
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## Thursday, July 27

10:00 am	Strength & Stability with Susanne	Fellowship Hall
12:00 pm	Team Ministry Meeting	Chapel / Library
6:30 pm	Wing Chun Class	Children's Commons
7:00 pm	IT Meeting	Offsite

## Friday, July 28

10:00 am	Tai Chi	Fellowship Hall
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## Saturday, July 29

9:00 am	Transition Team Meeting	St. Andrew Room
3:00 pm	Reading English Study Group	St. Andrew Room

## Sunday, July 30

9:30 am	In-Person Worship with Communion (also livestreamed on YouTube and via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel

## Office Temporarily Closed Friday Afternoons

Please note that until September 1, the church office will be closed on Friday afternoons to allow staff more flexibility in scheduling vacations.

In general, Pastor Laurie works from home on Fridays, but she is available by phone in case of emergencies. You may reach her at 503-449-5938.

## Flowers on the Chancel



The flowers on the chancel are given to the glory of God by Sharon Carlson to honor the baptism of her granddaughter Ayla Marie Poloahilani Myers at St.

Juan Diego Catholic Church in the Bethany area this Sunday.

## Worship at St. Andrew or Connect to Virtual Worship



**9:30 am:** Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. Links for remote worship will be sent to you via email and the church app.



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom you can use a computer, smartphone, tablet, or a telephone. Please note that Zoom worship is only available at 9:30 am. Anyone using YouTube for livestream worship may access the service at 9:30 am or any time after the livestream ends.