

# ST. ANDREW WEEKLY NEWS

April 30, 2023

St. Andrew Lutheran Church  
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:  
Sunday, 9:30 am

[www.standrewlutheran.com](http://www.standrewlutheran.com) ■ Telephone: 503-646-0629

## Annual Report Materials Due!

Alert to all ministry and group leaders: It's time to create St. Andrew's Annual Report to the congregation. Where has your group put its energies during this past fiscal year? What highlights do you want people to know? Church is far more than gathering for worship on Sunday mornings and the Annual Report tells those stories of the many ways we live out our ministry.

Reports from committee and ministry leaders for this year's Annual Report are due **Friday, May 5**. Please email your reports to [charker@standrewlutheran.com](mailto:charker@standrewlutheran.com) and indicate Annual Report Material on the subject line. Thanks!

## Lutheran World Relief: Ingathering Volunteer Opportunities

The Ingathering happens this coming week and you are invited to participate! Have you signed up yet to volunteer at this spring's Ingathering for Lutheran World Relief? You can do so in the Narthex or by contacting Rochelle McIntire at 503-804-7967 or emailing [pacificnlwrgroup@gmail.com](mailto:pacificnlwrgroup@gmail.com).

### Tuesday, May 2, 5:00-7:00 pm

Assemble Health Kits and Baby Kits and then pack those kits and the quilts made by the Nifty Notters into shipping boxes. This is a great event for families.

### Friday & Saturday, May 5 & 6

During this two-day period, everything comes together in our Garden Parking Lot and we fill the shipping container. We have two types of volunteer assignments:

- Greet drivers dropping off donations from churches around Oregon and the Pacific Northwest.
- Load the shipping container. Boxes weigh up to 40 pounds.

On Friday, teams work in two-hour shifts starting at 8:00 am and ending at 4:00 pm. On Saturday, we need volunteers to fill a three-hour shift (9:00 am-12:00 pm).

The box you help load at the Ingathering could mean the difference for refugees around the world. Due to the war in Ukraine and recent earthquakes in Turkey and Syria, the need is especially great.

## What's Still Needed for the LWR Kits

Thank you to everyone who has donated items for Baby and Personal Care Kits! We've collected all that's needed for our Baby Care Kits. See below for a list of items to finish out this year's Personal Care Kits.

### Personal Care Kits

- 148 lightweight dark-colored bath towels
- 35 bars of soap



If we get more than required for this year's donation drive, we can start next year with some items already collected. That's a good thing.

## Earth Care Fair Thanks



**Save the date for next year:  
Sunday, April 21, 2024**

Members of the Earth Care Team thank everyone who participated in last Sunday's Earth Care Fair. We're motivated by the energy shared in Fellowship Hall, by the size of attendance and by the broad spread of ages represented. We especially thank our community partners for their involvement and willingness to share their expertise at the Fair.

The Earth Care Team is a vibrant group of individuals with both general and particular interests in living sustainably, protecting the planet, and honoring our Creator by respecting the gifts we've received. People share many ideas and resources with each other through monthly meetings, this newsletter, and special programs such as the Earth Care Fair. In addition, the great majority of Earth Camp faculty comes from the Earth Care Team. If you're interested in joining us, we'd love to welcome you to the team. We learn and grow together for our planet home.

Contact any member of the team to learn more:

Larry Bliesner	Ginny Link
Bev Briggs	Don Nearhood
Pat Christiansen	Pat Sandquist
Liz Hardy	Michelle Sinn
Carol Harker	Bob Stadel
Allison Katsufakis	LuAnn Staul
Eric Luttrell	

## Transition Team

The Transition Team has begun the work needed to ensure that we have a strong and functional infrastructure as we prepare for the calling of a new Lead Pastor.

In the past few weeks, we have begun to:

- Explore how to learn more about how the church can meet the needs of the surrounding community
- Update the Lead Pastor Job Description
- Discussed how we can use the work accomplished by the Horizon Team to develop and affirm our Mission and Vision statements
- Asked the Council to assign a group to review and update the Congregation Constitution
- Reviewed Congregational policies and updated processes related to approval and accessibility

At our next meeting we will develop a plan to solicit Congregational input on key questions included in the Mission Profile.

Please hold the members of the Transition Team in your prayers and plan to help us as we seek your input and support in this process.

*LuAnn Staul*

## Wide-Mouth Jars Needed



I am looking for 24 glass wide-mouth jars with lids about 5-8 inches high and big enough to get your hand into for an Earth Camp project in June. If you have any to donate, please leave them in the church office. These will be used to create moss terrariums.

*Liz Hardy*  
Earth Camp Teacher

## Wednesday Book Group

Would you like to contemplate the important things of life within a small community? Join Chaplain India and a small group of people on Wednesdays to share and contemplate struggles, joys, and concerns in response to *Being Mortal: Illness, Medicine, and What Matters in the End*, by Atul Gawande. Wednesday Book Group meets 1:00-2:30 pm in the St. Andrew Room.

## The Little Engine Delivers!

Kudos to all you St. Andrew people! The Little Engine that Could managed to haul 22 boxes or 681 pounds of food and hygiene items to the St. Matthew Lutheran Food Pantry after Easter.

In addition, we collected \$4,673 in donations, which has been added to the \$4,727 in contributions remaining from the 2022 Thanksgiving Food Drive—for a total donation of \$9,400 to the food pantry. This equals almost two months of their total budget for food purchases. Thank you, everyone, for generously supporting those in need in our community!



Please remember that food insecurity is a problem for many people year-round. Why not pick up a little extra when you shop and put that contribution into the food barrel in the Narthex? St. Andrew delivers these offerings to St. Matthew's food pantry every other Thursday throughout the year. People need to eat every day. You can help make sure that they can.

*The Service Committee*

## A Bridge Invitation



Are you looking for a bridge group to join? For almost two years, St. Andrew has hosted an ecumenical group of avid bridge players on Tuesday afternoons. If sufficient interest exists, that group will add a table or two to accommodate

new members. The group gathers at 12:30 pm in Fellowship Hall and play usually concludes about 4:00 pm.

If you know how to play bridge and are interested, please contact Hilary Hutchinson at 503-526-0650 or [hilaryhutch@yahoo.com](mailto:hilaryhutch@yahoo.com).

## Reasons to Fight for the Planet in April (Earth Month) and Every Month Food Waste

Adapted from Zerowaststore.com and Forest Stewardship Council (FSC) information

**Waste Not, Want Not: The Great Food Waste Rescue Plan.** Food waste is a major problem. Did you know 1/3 of all food produced is wasted? Here are some solutions to food waste that you can do right now. It can be easy to forget about the apples, blueberries, or bag of spinach in the back of the fridge. Is that such a big deal? Everyone does it! Well, it turns out that wasted food isn't just bad for your wallet, it's bad for the planet, too, especially since everyone does it.



Of all the food produced in the world, it's estimated that 1/3 of it goes to waste. 33% rounds out to roughly 1.3 *billion tons* of food that is harvested and not consumed. That's almost enough to feed every hungry person on the planet. That makes it an ethical problem as well!

### There are two main issues to the food waste problem:

- **Greenhouse gas emissions from food rot.** When food gets thrown away, it gets sent to the municipal landfill. Once in the landfill, instead of being able to break down into nutrients, the food sits there rotting and releasing methane, a powerful greenhouse gas.
- **Wasted materials.** When uneaten food gets thrown away, all of the energy (fossil fuels), water, transportation, cooling, land use, border control, and packaging that went into getting that piece of food from a farm to your table has also been wasted.

**Things you can do to help prevent food waste right now.** Food waste is the most common material disposed of in the US. It accounts for roughly 20% of all solid waste. When we reduce food waste, a plethora of other benefits follow!

- You save money.
- More natural fertilizer is created and available when it is composted.
- Food security for millions of people is increased.
- Deforestation is reduced.
- Freshwater pollution is decreased.
- Water and land are freed up for other needs.
- Millions of pounds of fertilizer, billions of kilowatts of energy, and millions of greenhouse gas emissions are avoided.

### Easy ways to tackle food waste by making small changes to your food habits:

- Plan, prep, and stick to your grocery list.
- Eat less meat, especially beef! Beef emits a huge amount of greenhouse gases when the cows burp, when the crops needed to feed the cows are farmed, when the meat needs to be transported in refrigerated/frozen shipping containers, and when the plastic is made to wrap and store the meat.
- Freeze before flinging: freeze fruits and veggies for smoothies, shakes, and baking; freeze leftovers for an emergency quick meal later when you are too busy to cook; and freeze herbs before they go bad.
- Eat your leftovers and get creative; can it be added to a soup? Can it be served over rice or on a baked potato?
- Portion out your meals so you don't end up with more than you can eat, or plan to eat the rest the next day.
- Repurpose your food scraps; turn them into seasonings or broths. Make a veggie soup stock with vegetable peels and scraps.
- Store your vegetables properly to increase their lifespan.
- Check your refrigerator (including way in the back) and your cupboards before you shop!
- Shop for locally grown and seasonal food to reduce the greenhouse gases of transporting the food.
- Get involved and advocate for legislation that tackles local food waste.
- Compost, compost, compost! Compost at home or get together with neighbors to compost together. Join a community garden with a compost pile. Look for local farms that take food scraps for animal feed.

*Liz Hardy*  
Earth Care Team

## The Potter, the Bakers, the Parament Maker

The Altar Guild has been working over the past year to replace items that have reached the end of usable service. The following highlights projects in progress and thanks one group for its ongoing service—

**The Potter:** The vessels used for communion changed on Easter Sunday. The chalices (cups), flagon (pitcher), and ciboria (containers for the bread) were showing their age; in some cases they were chipped or cracked. Potter Jan von Bergen was commissioned to create a new set of communion ware for use on the altar. Jan teaches ceramics and printmaking at Multnomah Arts Center. The chalices for grape juice, ciboria, and some of the patens (plates) are now celadon. The chalice and flagon used for the wine are dark red. Acquisition of this new altar ware was made possible by donations. If you wish to donate funds towards this, please speak to Deacon Susan.

**The Bakers:** Three bakers keep St. Andrew supplied with gluten- and dairy-free communion bread each week. This includes the pastor host (the large wafer broken by the presider during the Eucharistic prayer) and the individual pieces of bread used for intinction during communion. Thank you, Carolyn Teifel, Liz Hardy, and Libby Calhoun, for your ministry dedicated to baking the bread.

**The Parament Maker:** You may ask, “What is an altar parament?” The term refers to the cloth pieces that adorn the front of the ambo, drape the altar, and cover the chalice in the center of the altar. You will note these are in the same fabric. The color is prescribed by the lectionary and is changed as required. Recently the set of white paraments that have been in use since the late 1980s (according to a church historian) were stained and showing signs of wear. An attempt was made to clean and refurbish them, but the result was not satisfactory. A local nationally known parament maker, Brian Paatz, was engaged to design a new set of white paraments to be used during the Easter, Christ the King, and Christmas seasons. His preliminary designs can be seen in the window of the Music Ministry office. We will be meeting with him to discuss some modifications to the initial design. Once the final design is determined, the paraments will be constructed and expected to be completed for Christmas this year. Brian utilizes natural materials in the construction of his handmade paraments. When he came to meet with us for the first time, he exclaimed, “Oh, you have one of Eleanor’s tapestries! I am eager to work with you.” A donor for this set of paraments has stepped forward.

*Deacon Susan*

## Bonhoeffer & The Future of Faith



Why does theologian Dietrich Bonhoeffer still excite our imagination? Internationally known scholars working in areas such as climate change, prison reform, and Christian nationalism will explore that and other questions with a pop-up online learning community beginning in May. Find out more about Homebrewed Christianity’s five-week class and sign up to participate:

<https://tinyurl.com/ymkec2cy>.

## Interfaith Coalition Potluck

**Sunday, April 30, 4:30-6:30 pm**

**Cedar Hills United Church of Christ**

**11695 SW Park Way, Portland**

Here’s an opportunity to meet, build relationship, and work with other faith leaders and groups in our community at Cedar Hills UCC (CHUCC).



CHUCC has helped our St. Andrew Sanctuary Team in the past, as they declared themselves a “sanctuary congregation” ahead of our own declaration. They were also part of the IMIRJ (Interfaith Movement for Immigrant Justice) cohort that started in July 2017.

Organizers request people bring potluck food based on the beginning letter of their last name:

A-H: Main Course

I-P: Side Dish

Q-Z: Dessert

To accommodate dietary restrictions, please label ingredients (e.g., nuts, dairy, meat, gluten).

In addition to the food and fun of gathering together, the potluck will include short reports on Education/Social/Community Action/Youth initiatives. If you have questions, please reach out to Mary Slayton at [Mary.Slayton@comcast.net](mailto:Mary.Slayton@comcast.net).

*Scott Taylor*

## Blue Bottle-Drop Bags Are Back!

If you’ve looked for a blue Bottle-Drop bag and found the bin empty, you’re now in luck! You’re encouraged to take one home from the bin in Fellowship Hall to collect your redeemable bottles and cans and then take them to a Bottle-Drop site. The proceeds help fund St. Andrew children and youth projects, the biggest of which is the National Youth Gathering coming up in the summer of 2024.

I find it difficult to get the label scanner on the door of the drop box to work, but I learned that if a kind soul comes along and offers to open it with their card, they might get the credit instead of St. Andrew. Instead, try angling the label up to get the red scanning light at the top of the little box in the door to read the label.

*Liz Hardy*

## MACG Question for the Month

What are your plans to engage with St. Andrew this spring and summer?

There are many opportunities: attend worship or assist in a leadership role; participate in education hour; volunteer for a property work party; experience a mindful walk on **Saturday, June 10** or **Sunday, June 11**; attend the Annual Meeting (**Tuesday, June 13**); help with Earth Camp (**June 26-30**), and more.

The Metropolitan Alliance for Common Good (MACG) is a regional group in the Pacific Northwest that works with partner groups (faith-based and secular) to organize and take action for the common good in our region. One of MACG’s goals is to strengthen its individual member organizations because strong members lead to a stronger community.

The Horizon Team began the work of gathering our community together toward our future. To continue that work, St. Andrew’s Core MACG Team is generating a “Question of the Month” that we can use in conversation together.

## In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Francine Cach	Successful surgery (May 2) and healing	Francine Cach
Henry Stevens (husband)	Accurate diagnosis and course of treatment	Bev Briggs
Lilli Soul	Accurate diagnosis, treatment, and healing	Carol Harker
Martha Williams (aunt)	Accurate heart diagnosis	Carol Hogan
Del & Mary Nell Mahler	Accurate diagnosis and healing	Mary Nell Mahler
David Bumgardner	Comfort and wisdom	Chaplain India
Rebecca Uecker	Comfort and healing from health issues	AJ Uecker
Irina Manata	Peace and comfort during her divorce	Irina Manata
Anna Gospodareva (mother)	Peace and comfort living with Alzheimer's	Irina Manata
Rebecca, AJ, and Logan Uecker	Healing from COVID	Rebecca Uecker
Larry Vachal	Comfort and healing from surgery	Rochelle McIntire
Family of Larry Vachal	Comfort and peace during Larry's healing	Rochelle McIntire
Laurie Freiberg (sister)	Comfort and healing from surgery	Mary Smith
Nancy Ferencz (friend)	Comfort and healing after cancer diagnosis	Anne Newell
Ginny Link	Comfort and healing	Chaplain India
Anne Newell	Comfort and healing	Deacon Susan
Virginia Steeves (aunt)	Comfort and healing after a fall	Carol Hogan
Tandy Brooks	Thanksgiving for remission of cancer	Chaplain India
Planet Earth and all living things	Protection and care	Earth Care Team
All the people of the world	Joy and peace on the planet we share	Staff
Societies infested with guns and violence	Common-sense controls, calm, and safety	Staff
Portsmouth Trinity Lutheran (Portland)	Serving with us in the Oregon Synod	Staff
Salt & Light Lutheran (Portland)		
Masjid Abu Bakr (Portland)	Blessings on our interfaith partners	Staff
Individual friends and loved ones	Whatever they most need	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629 or email [office@standrewlutheran.com](mailto:office@standrewlutheran.com) Tuesday-Friday, [prayerchain@standrewlutheran.com](mailto:prayerchain@standrewlutheran.com) Saturday-Monday.

## Adult Education Classes

After a week's hiatus for Earth Day, both adult education classes being offered this term return on **Sunday, April 30**, at 11:00 am. You may choose between Buddhism and the devil! Actually, because these classes are recorded and later posted to the church website, it's possible to follow both classes through a combination of in-person attendance and observing a class online – or even choosing to access both classes at your convenience via computer.

### The History of the Devil

During his class in the St. Andrew Room, Steve Christiansen is considering some weighty questions: Why is there evil in the world? Where does it come from? Does it emanate from a single source? Many Christians believe in an evil force they call the Devil, but the concept of an "evil one" has changed over time. Consider the Serpent (Genesis 3:1), the Lord of

the Flies (Baal-zabub, 2 Kings 1:2-3), the Heavenly Prosecutor (the Satan, Job 1:6-7). These imagined depictions of evil have been used to try to answer perplexing questions, but they have also been used to demonize others.



### Buddhism and Christianity: Double Belonging

Is it possible to be a Christian and a Buddhist at the same time? This is the question we will explore at the second session, this Sunday, when we will ask whether Nirvana is like or unlike heaven. Join us in the Fellowship Hall at 11 o'clock. Janet Vorvick is leading.

**Preparing for Worship**  
**Sunday, May 7, 2023**  
 Fifth Sunday in Easter

Acts 7:55-60  
 Psalm 31:1-5, 15-16  
 John 14:1-14

<b>Your St. Andrew Staff</b>	Council President, Barton Robison.....317-695-9722
	Interim Pastor, Laurie Newman..... <a href="mailto:laurienewman@standrewlutheran.com">laurienewman@standrewlutheran.com</a>
	Parish Chaplain, India Jensen Kerr..... <a href="mailto:india@standrewlutheran.com">india@standrewlutheran.com</a>
	Deacon Susan Reiser, Parish Musician and Interim Minister of Music ..... <a href="mailto:srwerner.reiser@standrewlutheran.com">srwerner.reiser@standrewlutheran.com</a>
	Children & Youth Minister, Kyler Vogt..... <a href="mailto:kvogt@standrewlutheran.com">kvogt@standrewlutheran.com</a>
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	Office Assistant, Johanna Land ..... <a href="mailto:office@standrewlutheran.com">office@standrewlutheran.com</a>
	Bookkeeper, Karen Mallari ..... <a href="mailto:bookkeeper@standrewlutheran.com">bookkeeper@standrewlutheran.com</a>
	Housekeeper, Carol Hogan.....503-646-0629
	Evening Facility Caretaker, Scott Taylor.....503-646-0629
	Parish Nurses, Diane Reiner .....503-201-4222
	Tira Nasset..... 503-866-5099

# Highlights for the Weeks at St. Andrew Lutheran Church

## Sunday, April 30

9:30 am	In-Person Worship with Communion (also livestreamed on YouTube and via Zoom).....	Sanctuary
9:30 am	Portland Taiwan Worship Service .....	Chapel
10:45 am	The Roots .....	Children's Commons, Children's Library, LL Classrooms
11:00 am	Adult Ed: Buddhism and Christianity: Double Belonging .....	Fellowship Hall
11:00 am	Adult Ed: The History of the Devil .....	St. Andrew Room
11:00 am	Confirmation .....	Library
11:00 am	High School Youth Group .....	Youth Room

## Tuesday, May 2

7:00 am	Men's Gathering and Bible Study.....	Elmer's Restaurant on 158 <sup>th</sup> (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women .....	Elmer's Restaurant on 158 <sup>th</sup> (1250 NW Waterhouse Ave)
10:00 am	Tai Chi.....	Fellowship Hall
10:00 am	Meals on Wheels/Loaves and Fishes.....	Offsite
10:00 am	Worship Planners Meeting.....	Library
12:00 pm	Bridge Group .....	Fellowship Hall
5:00 pm	LWR Quilt Packing and Kit Assembly.....	Fellowship Hall
6:00 pm	CWFG Board Meeting.....	Library
6:30 pm	Scout Troop 198 .....	Children's Commons
7:00 pm	MACG Meeting.....	St. Andrew Room

**Wednesday, May 3**—"Weekly News" deadline. Submit material to [charker@standrewlutheran.com](mailto:charker@standrewlutheran.com).

10:00 am	Gentle Yoga .....	Fellowship Hall
1:00 pm	Wednesday Book Group (with India) .....	St. Andrew Room
3:00 pm	Girl Scout Troop Meeting .....	Children's Commons
6:00 pm	Bells of Grace Rehearsal.....	Sanctuary
7:00 pm	Sanctuary Choir Rehearsal .....	Sanctuary

## Thursday, May 4

9:30 am	Seekers of the Heart of God Bible Study .....	St. Andrew Room
10:00 am	Strength & Stability with Susanne .....	Fellowship Hall
12:00 pm	Team Ministry Meeting.....	Chapel/Library
7:00 pm	Executive Council Committee Meeting .....	St. Andrew Room

## Friday, May 5

7:00 pm	LWR Ingathering.....	Parking Lot, Kitchen, Coffee Bar
10:00 am	Tai Chi.....	Fellowship Hall

## Saturday, May 6

8:00 am	LWR Ingathering.....	Parking Lot, Kitchen, Coffee Bar
9:00 am	Nifty Notters .....	Fellowship Hall

## Sunday, May 7

9:30 am	In-Person Worship with Communion (also livestreamed on YouTube and via Zoom).....	Sanctuary
9:30 am	Portland Taiwan Worship Service .....	Chapel
10:45 am	The Roots .....	Children's Commons, Children's Library, LL Classrooms
11:00 am	Adult Ed: Buddhism and Christianity: Double Belonging .....	Fellowship Hall
11:00 am	Adult Ed: The History of the Devil .....	St. Andrew Room
11:00 am	Confirmation .....	Library
11:00 am	High School Youth Group .....	Youth Room

## Worship at St. Andrew or Connect to Virtual Worship



**9:30 am:** Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. Links for remote worship will be sent to you via email and the church app.



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom you can use a computer, smartphone, tablet, or a telephone. Please note that Zoom worship is only available at 9:30 am.

Anyone using YouTube for livestream worship may access the service at 9:30 am or any time after the livestream ends.