

ST. ANDREW WEEKLY NEWS

March 5, 2023

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

Single Service Feedback

Midway through our single-service trial, the Council continues to check the vibes from the congregation. How do you feel about having one service on Sunday mornings?

Please click the link below to share your feedback or talk to a member of Council to share your thoughts.

<https://forms.gle/nC5w61b5YZXQEtLL9>

Thanks for your input!

Lenten Food Train Begins Its Journey

The engine is revved up and getting ready to haul boxcars of food and hygiene products destined for the St. Matthew food bank. St. Andrew people donate food all year long for this ministry, but the Service Committee traditionally makes food collection its focus during Lent.



The train has begun in the Narthex and as we add boxcars, it will wind its way around the church. Please bring your non-perishable food items (e.g., spaghetti sauce, canned corn, sugar, rice, beans), as well as hygiene products (shampoo, toothbrushes, toothpaste, deodorant) to fill the boxcars.

If you prefer to donate money instead, you may write a check payable to St. Andrew with Lenten Food Drive on the memo line. Or go [online](#) and select Lenten Food Drive to donate. A new boxcar will be added with every \$250 added to the fund.

This is a very critical time for those in need in our community. Not only has inflation impacted the ability for people to purchase food, but February was the last month that the federal government allowed Oregon to issue pandemic emergency food benefits. Your donations will make a big difference!

Let's see where this train will take us.

Help Fill Our Welcome Mugs



St. Andrew's mug ministry needs more chocolate. Specifically, we're looking for individually wrapped non-seasonal candy. Full and partial bags are welcome, so feel free to share any unwanted calories to help welcome people coming to our church for the first time. Donations can be dropped off at the church office or the Nursery.

Thank You

Pastor Mark & Donna Brocker thank everyone for their prayers, cards, and support following Mark's health scare last month. The conclusion is that, although there was stress on Mark's heart, he did not suffer a classic heart attack. Instead, he was one of very few people to experience an episode of TGA—Transient Global Amnesia. The good news is that episodes tend not to recur.

Adult Education Class: "Pilgrimage"

Paul Navarre is exploring the concept of Christian pilgrimage in his class of the same name. Join him in Fellowship Hall at 11:00 am Sunday mornings through March 26.



While Christian pilgrimages can be traced back as far as the third century, people made pilgrimages well before the birth of Christ. What makes a journey a pilgrimage? What are some of the great pilgrimages of other faith traditions? What might it be like to undertake a pilgrimage today, and what pilgrimage destinations are popular now?

Supper Groups Are Happening!

Supper groups have been an enjoyable way to celebrate life with fellow St. Andrew friends. While some groups were able to keep going through the last three years, most of us took a long break.

Let's get started again! Supper Groups are open to couples, old and young, families of every size, singles, and maybe even some special furry friends. How do you find a group?



If you're in the Narthex, go to the signup sheet on the bulletin board near the kitchen. Or join by emailing Sharon Fako at sfako24@comcast.net.

We have two kinds of groups. Many families enjoy gathering in people's homes for meals. Each family hosts as many times as the group decides, with the host preparing the main course. Others bring side dishes, including dessert. Groups might gather for breakfast, lunch, picnics, etc., as well as supper or maybe a deluxe dinner.

Others prefer going out to dine. Groups might choose food carts, casual spots, or special restaurants and gather for brunch, lunch, or dinner.

The main thing to remember is to **sign up soon!** We want to send out the lists of the families in your group by March 15 so the fun can begin! If this timeline is too short for you, but you're still interested in Supper Groups, please email Sharon that you'd like to join a group, but "just not yet." We can start other groups as the year moves ahead.

Nifty Notters

Join the Nifty Notters **Saturday, March 4 and 18**, to help create quilts for Lutheran World Relief and baby quilts for local families in need. We meet from 9:00 am-2:30 pm in Fellowship Hall. Bring a lunch and stay for all or part of the time. All supplies are provided and you can take part by sewing, tying knots, cutting fabric, or ironing. We'd love to see new faces! Questions? Call Mary Brown at 503-297-1841.

Helping the Unsheltered



The rains and snow of winter make life even more difficult for those without stable housing. St. Andrew is currently collecting sleeping bags, blankets, and medium-sized

men's clothing to help those in need. If you are able to donate any of these items, please leave them in the church office, attention Carol Harker. Thank you!

St. Andrew Job Opening

Johanna Land will be leaving her position as office assistant and is looking forward to starting a new phase in her career. We've so enjoyed working with Johanna and we're delighted that she will be available to provide training for a new office assistant. While it will remain a part-time position, the job has been expanded to 28 hours per week, Tuesday through Friday, 8:30 am-4:00 pm.

The office assistant acts as a first point of contact with members of our faith community and the general public. The person manages the church's calendars, scheduling both in-person and Zoom meetings; performs routine data entry, report creation, and updating of databases; creates and produces print materials, including "Weekly News" and worship folders; orders supplies; assembles mailings; and oversees building keys, offering envelopes, and attendance numbers, as well as other duties.

Applicants must be proficient with Microsoft Office applications, including Publisher; display a positive attitude, excellent interpersonal skills, and good judgment; and be willing to coordinate multiple projects while responding to changing priorities.

Applications, including a cover letter and resume, should be submitted to the church office (office@standrewlutheran.com). A complete job description is posted [online](#).

Camp 2023 Registration

It's time to register your kids for Earth Camp! This year's camp is **June 26-30** and the theme is "The Earth Is in Our Hands." We are expanding Earth Camp to be open to more than 30% more campers this year, but we still expect it to fill up quickly!

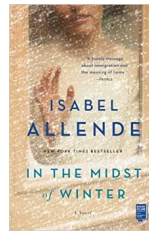
Registration is now open to the general public. Grab your spot before no openings remain and feel free to share the link with other parents who may be interested! Register at:

<https://standrewlutheran.fellowshiponego.com/external/form/d1bd5307-6552-4a4e-a8fb-1210704a4cad>



The earth is in our hands

Spirituality Book Group



The Spirituality Book Group will meet at 3:00 pm on **Sunday, March 5**, to discuss *In the Midst of Winter*, by Isabel Allende. The *New York Times* described the book as "a novel of three immigrants and a Brooklyn misadventure." We will meet in person at Fran Miller's home and also via Zoom.

For those attending via Zoom, a link will be sent to everyone on the Spirituality Book Group email list. If you'd like to receive a link, please contact Mary Smith.

Details:

Time/Date: 3:00 pm, **Sunday, March 5**

Book: *In the Midst of Winter*, by Isabel Allende

Discussion Leader: Mary Ann Snider

Location: Fran Miller's home and via Zoom. (For directions to Fran's home, please call her or Mary Smith.)

Future Reading:

April 23: *Saving Jesus from the Church: How to Stop Worshiping Christ and Start Following Jesus*, by Robin Meyers

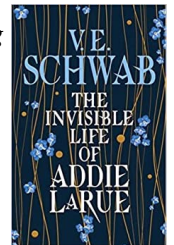
Discussion Leader: Sharon Fako

Location: Mary Ann Snider's home

May 21: *The Invisible Life of Addie LaRue*, by V.E. Schwab

Discussion Leader: Kristin Sacks

Location: Dianne Zupunski's home



Sing with All the Saints

Lent is a time of renewal. We focus on the death and resurrection of Jesus—and in turn on our own death and resurrection found in baptism. We who have been baptized into Christ have died to sin and are righteous saints of God. At the same time, we know that we struggle daily with sin as we seek to follow Jesus. This is the wonderful Lutheran understanding of sinner and saint.

We have a rich calendar of saints in the Lutheran tradition—Christians from every age who have pointed to Christ in their living and dying. In remembering these saints who have gone before us, we find inspiration for our own Christian journey. This year, our Lenten midweek series honors the commemorations of individuals as a starting point for a deeper engagement with our Christian faith.

Lenten Midweek Services will be held at 7:00 pm on Wednesdays through Lent. On **March 8**, Karen Klingelhafer will share a meditation on Perseverance with Endurance.

Deacon Susan

Preparing for March 12, 2023

First Sunday in Lent

Both in person at 9:30 am and available on YouTube or via Zoom.

Exodus 17:1-7

Psalm 95

John 4:5-42

CLIMATE CORNER:

Take the Sustainable Fashion Quiz From EarthDay.org

1. What percentage of total global greenhouse gas emissions are produced by the fashion industry?
 - A. Less than 1%
 - B. 5%
 - C. 10%
 - D. 15%
2. The fashion industry contributes to environmental degradation in which of the following ways?
 - A. Deforestation
 - B. Desertification and degradation of soil
 - C. Loss of biodiversity
 - D. All of the above
3. How many gallons of water does it take to make 1 pair of jeans?
 - A. 14 gallons
 - B. 126 gallons
 - C. 271 gallons
 - D. 999 gallons
4. What percentage of clothing is recycled?
 - A. 50%
 - B. 33%
 - C. 10%
 - D. Less than 1%
5. What does greenwashing in fashion refer to?
 - A. Washing clothing in environmentally friendly ways
 - B. Claims of environmental sustainability that are false or misleading
 - C. Using natural fabric dyes
 - D. Lying to people around you that something you bought was secondhand when it wasn't
6. Which of the following fabrics releases microplastics when it is washed?
 - A. Polyester
 - B. Cotton
 - C. Linen
 - D. Silk
7. Which statistic about garment factory workers is incorrect?
 - A. Fashion is the 2nd biggest contributor to modern slavery
 - B. Garment workers in Bangladesh earn approximately \$95 per month, yet the living wage is \$443
 - C. 170 million children are engaged in child labor, much of which is textile and garment production
 - D. None of the above
8. What is the average number of times a woman wears an article of clothing?
 - A. More than 30 times
 - B. 20-30 times
 - C. 7-10 times
 - D. 2-5 times
9. Which of the following is not an example of shopping sustainably?
 - A. Buying new clothing to match seasonal trends
 - B. Shopping at thrift stores
 - C. Buying few high-quality items that will last
 - D. Picking garments made from natural fibers like cotton



10. What can you do instead of throwing out unwanted clothes and contributing to textile waste?
 - A. Donate them to charities and shelters
 - B. Repurpose them as rags
 - C. Repair or alter them into something wearable, like cutting jeans into shorts
 - D. All of the above

Now see how well you did. Go to the next page for the answers.

Liz Hardy
Earth Care Team

QUEER GRACE
a coffee house gathering

7:00-8:30 PM
Sun March 12

Marit Finkel
storyteller

✕ **Spirit of Grace** ✕
7400 SW SCHOLLS FERRY RD ✕
BEAVERTON, OR 97008

This month's storyteller, Marit Finkel, will share on "Pronouns and Stereotypes". Marit is a retired US Army Command Sergeant Major, Project Manager, and business owner. Currently on the Board of Directors for ReconcilingWorks NW and treasurer at Central Lutheran Portland, home is in Prineville and anywhere Marit's trailer can go.

Afterward, Marit will be joined by a panel of mostly queer conversation partners, followed by a Q&A session.

**All are welcome
whether you are queer or straight/cis!**

Refreshments will be provided.

RSVPs to PastorRobyn@SpiritofGracePDX.org
are appreciated but not required.

For the dates of future gatherings, visit
www.SpiritOfGracePDX.org/QueerGrace

Answers to Sustainable Fashion Quiz

1. C. The fashion industry is responsible for 8-10% of global greenhouse gas emissions. If it does not accelerate its response to climate change, the industry will produce twice the volume of emissions required to align with Paris Agreement global warming targets by 2030.
2. D. The fashion industry contributes to all of the above. Deforestation occurs when land is cleared for grazing animals that produce leather, wool, and other animal products. Deforestation and overgrazing can cause desertification and soil degradation. With this habitat loss and pollution from production, the fashion industry causes a loss of biodiversity.
3. D. It takes 999 gallons of water to make one pair of jeans, from the production of the cotton to the delivery of the finished garment to a store. Textile manufacturing uses 20% of the world's clean water each year.
4. D. Less than 1% of clothing is recycled. The repurposing or reselling of textiles is often incorrectly referred to as recycling. They are actually recycled or reused by being broken down and made into new products, often insulation or stuffing materials.
5. B. Greenwashing refers to claims of environmental sustainability by a brand that are false or misleading. The International Consumer Protection and Enforcement Network (ICPEN), a global network of consumer protection authorities, recently swept websites for greenwashing. They found that as many as 40% of environmental claims could be misleading customers.
6. A. Polyester, along with other synthetic fabrics, releases microplastics when washed. It is estimated that textiles produce 35% of the microplastic pollution in the oceans worldwide, which totals more than 20 million tons of microfibers that enter the oceans each year.
7. D. All are correct statistics about garment factory workers. The 2018 Global Slavery Index found that garment manufacturing was the 2nd biggest contributor to modern slavery, the first being the production of technology. In order to keep fast fashion cheap for Western consumption, Bangladeshi garment factory workers earn a low wage of approximately \$95 per month, far lower than a living wage. Many workers are also victims of forced labor, estimated by the International Labor Organization to be 170 million children.
8. C. According to a study of 2,000 women by the UK charity Barnardo's, a garment is worn only 7 times on average before it is discarded. In the past 15 years, clothing utilization has decreased by 36%, creating more pollution and waste.
9. A. Buying new clothing to match seasonal trends is not an example of shopping sustainably. Shopping at thrift stores, buying few high-quality items, and picking garments made from natural fibers are all examples of ways to shop for clothing in a sustainable way.
10. D. All are good alternatives to throwing out unwanted clothing. Just because a piece is no longer your size or style doesn't mean it won't be someone else's, and there are so many ways to upcycle your old clothes into something new!

With techniques such as boro, mending can become an art form.



In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Peggy Smith	Peace and God's comfort at her death	Chaplain India
Family and friends of Jim Heiden	Peace and God's comfort as his death nears	Sue Heiden
Lee Anne Knapp	Comfort and effective treatment	Lee Anne Knapp
Rebecca Uecker	Comfort and healing	Rebecca Uecker
Ethel Ritchey	Comfort and healing	Chaplain India
Victims of train disasters, especially people in East Palestine, OH, and Greece	Assistance and strength	Staff
Bishop Laurie Larson Caesar Oregon Synod and Staff	Strength and wisdom	Staff
Refugees and Immigrants	Acceptance, safety, and just treatment	Staff
All those who are caregivers for a loved one	Strength and support	Staff
Military personnel, especially Justina Hailey Hope Brocker, Evan Dahlquist, Neil Fiegenbaum, and Jerami Rayna	Courage and protection	Staff
First Immanuel Lutheran (Portland) Messiah Lutheran (Portland)	Serving with us in the Oregon Synod	Staff
Congregation Neveh Shalom (Portland)	Blessings on our interfaith partners	Staff
Individual friends and loved ones	Whatever they most need	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629
or email office@standrewlutheran.com Tuesday-Friday, prayerchain@standrewlutheran.com Saturday-Monday.

Honoring Women Composers

March is National Women's History Month, a celebration of women's contributions to history, culture, and society. To honor women composers, the American Guild of Organists and the Association of Lutheran Church Musicians have asked church musicians to play music by women composers for service on Sunday, March 5. Three women composers are represented this Sunday:

Our liturgy during Lent is Setting 12 from *All Creation Sings* and was written by Anne Krentz Organ. A composer and church musician serving as the Director of Music Ministries at St. Luke's Lutheran Church in Park Ridge, IL, Anne is the primary composer of Setting 12.

The prelude this Sunday was written by Elizabeth Turner. Although little is known about English composer and singer Elizabeth Turner (1700-1756), her songs were quite popular in the first half of the 18th century and critics revered her as a first-rate soprano. She is also one of the first known Englishwomen to publish a substantial collection of musical works.

Sunday's postlude was written by Luise Adopha Le Beau (1850-1927). A German composer of classical music, she studied with Clara Schumann, Franz Lachner, and Josef Gabriel Rheinverger. Like many 19th century female composers, Le Beau began her career in music as a pianist and later earned her living teaching, critiquing, and performing music.

Synod Assembly



Are you a voting member of St. Andrew who would like to learn more about the Oregon Synod and what it does? If so, please contact Council President Barton Robison to indicate your interest in attending this year's Synod Assembly. Like all congregations in the synod, St. Andrew can send two regular voting members to participate.

This year's Synod Assembly, scheduled for **Saturday, May 20**, will be online.

Made up of voting members from all synod congregations, the Synod Assembly is the governing body of the Oregon Synod. Through a democratic voting process the Synod Assembly establishes synod ministry priorities, approves the synod budget, and elects members to synod positions. This annual gathering of clergy and lay people represents the synod's highest legislative authority.

Your St. Andrew Staff

Council President, Barton Robison	317-695-9722
Interim Pastor, Laurie Newman	laurienewman@standrewlutheran.com
Parish Chaplain, India Jensen Kerr	india@standrewlutheran.com
Deacon Susan Reiser, Parish Musician and Interim Minister of Music	srwerner.reiser@standrewlutheran.com
Children & Youth Minister, Kyler Vogt	kvogt@standrewlutheran.com
Seminarian, Karen Klingelhafer	kakling@sbcglobal.net
Parish Manager, Carol Harker	charker@standrewlutheran.com
Office Assistant, Johanna Land	office@standrewlutheran.com
Bookkeeper, Karen Mallari	bookkeeper@standrewlutheran.com
Housekeeper, Carol Hogan	503-646-0629
Evening Facility Caretaker, Scott Taylor	503-646-0629
Parish Nurses, Diane Reiner	503-201-4222
Tira Nessel	503-866-5099

Highlights for the Weeks at St. Andrew Lutheran Church

Sunday, March 5

9:30 am	Worship with Communion (also livestreamed on YouTube & via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship	Chapel
10:45 am	The Roots	Children's Commons & Library
11:00 am	Confirmation	Library
11:00 am	High School Youth Group	Youth Room
11:00 am	Adult Education: Pilgrimage	Fellowship Hall

Monday, March 6—Office Closed

Tuesday, March 7

7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
10:00 am	Tai Chi	Fellowship Hall
10:00 am	Meals on Wheels/Loaves and Fishes	Offsite
10:00 am	Worship Planners Meeting	Library
12:00 pm	Bridge Group	Fellowship Hall
6:00 pm	Columbia Willamette Faceters' Guild	Fellowship Hall
6:00 pm	CWFG Board Meeting	Library
6:30 pm	Scout Troop 198	Children's Commons
7:00 pm	MACG Meeting	St. Andrew Room

Wednesday, March 8—"Weekly News" deadline. Submit material to charker@standrewlutheran.com.

10:00 am	Gentle Yoga with Geetha	Fellowship Hall
1:00 pm	The Gift of Years with India	Library
6:00 pm	Bells of Grace Rehearsal	Sanctuary
6:00 pm	Sanctuary Team Meeting	Library
7:00 pm	Mid-week Lent Service	Sanctuary, Livestream (YouTube), and via Zoom
7:30 pm	Sanctuary Choir Rehearsal	Sanctuary

Thursday, March 9

9:30 am	Seekers of the Heart of God Bible Study	St. Andrew Room
10:00 am	Strength & Stretch with Susanne	Fellowship Hall
12:00 pm	Team Ministry Meeting	St. Andrew Room
5:30 pm	HR Meeting	via Zoom
7:00 pm	Foundation Team Meeting	Library

Friday, March 10

10:00 am	Tai Chi	Fellowship Hall
4:30 pm	High School Youth Retreat	meet in church parking lot

Saturday, March 11

11:00 am	Stewardship Committee Meeting	via Zoom
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Sunday, March 12

9:30 am	Worship with Communion (also livestreamed on YouTube & via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship	Chapel
10:45 am	The Roots	Children's Commons & Library
11:00 am	Confirmation	Library
11:00 am	High School Youth Group	Youth Room
11:00 am	Adult Education: Pilgrimage	Fellowship Hall

Worship at St. Andrew or Connect to Virtual Worship



9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. Links for remote worship will be sent to you via email and the church app.



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom you can use a computer, smartphone, tablet, or a telephone. Please note that Zoom worship is only available at 9:30 am. Anyone using YouTube for livestream worship may access the service at 9:30 am or any time after the livestream ends.