

ST. ANDREW WEEKLY NEWS

March 12, 2023

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

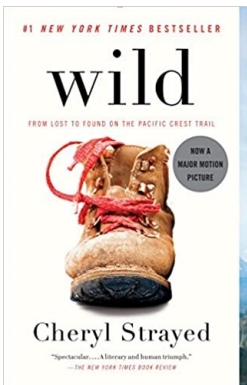
Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

Welcome, Pastor Laurie

As we welcome Pastor Laurie to St. Andrew, a lot of people are curious: what's the role of an Interim Pastor? How long do they stay with the congregation? The Oregon Synod has created a supremely helpful [Transition Manual](#) that helps answer these and other questions for congregations in between pastors. Feel free to check it out and learn more about what we can expect in this liminal season as we move toward calling and installing a new, permanent pastor for St. Andrew.

Men's Book Group



The men's book group is meeting at 7:00 pm in the St. Andrew Library on **Monday, March 13**, to discuss *Wild: From Lost to Found on the Pacific Crest Trail*, by Cheryl Strayed. This is the story of the physical, psychological, and spiritual journey that the author undertook in the summer of 1995. In 2014, the book became an Academy Award-nominated movie of the same name with Reese Witherspoon playing the part of Cheryl Strayed. In both the book and the movie, Strayed's journey ends at the Bridge of the Gods in Cascade Locks. Larry Bliesner will lead this month's discussion.

Lenten Food Train Begins Its Journey

The engine is revved up and ready to haul boxcars of food and hygiene products destined for the St. Matthew food bank. St. Andrew people donate food all year long for this ministry, but the Service Committee traditionally makes food collection its focus during Lent.



The train has begun in the Narthex and as we add boxcars, it will wind its way around the church. Please bring your non-perishable food items (e.g., spaghetti sauce, canned corn, sugar, rice, beans), as well as hygiene products (shampoo, toothbrushes, toothpaste, deodorant) to fill the boxcars.

If you prefer to donate money instead, you may write a check payable to St. Andrew with Lenten Food Drive on the memo line. Or go [online](#) and select Lenten Food Drive to donate. A new boxcar will be added with every \$250 added to the fund.

This is a very critical time for those in need in our community. Not only has inflation impacted the ability for people to purchase food, but February was the last month that the federal government allowed Oregon to issue pandemic emergency food benefits. Your donations will make a big difference!

Let's see where this train will take us.

1000 Coffees, 1000 Questions: This Is My Aim

Dear St. Andrew-folk,

How happy I am to finally be with you in ministry! I've had a warm welcome from Council, staff, and volunteers. Thank you to those who spontaneously stepped in to help move boxes into my office. My hope as your Interim Pastor is to know you well as a congregation and as individuals. We are now in community and in service together. It's going to be interesting and exciting to see how the Holy Spirit moves St. Andrew into the future.

In order to get acquainted, I invite you to participate with me in One Thousand Coffees and One Thousand Questions. This would be a one-on-one meeting with me with the purpose of simply getting to know each other. I want also to learn about St. Andrew and you.



If you're interested, please email me:

laurienewman@standrewlutheran.com.

The best days for me to meet are Tuesdays through Thursdays. Please understand if I schedule our time out a few weeks. I am still getting set up.

Though we may not have met in person yet, we are already woven together through the life of St. Andrew.

I like this quote by the Rev. Dr. Martin Luther King, Jr.: "In a real sense all life is related. All are caught in an inescapable network of mutuality, tied in a single garment of destiny. Whatever affects one directly, affects all indirectly. I can never be what I ought to be until you are what you ought to be, and you can never be what you ought to be until I am what I ought to be. This is the interrelated structure of reality."

See you on Sunday!

Laurie

Adult Education Class: "Pilgrimage"

Paul Navarre is exploring the concept of Christian pilgrimage in his class of the same name. Join him in Fellowship Hall at 11:00 am Sunday mornings through March 26.



While Christian pilgrimages can be traced back as far as the third century, people made pilgrimages well before the birth of Christ. What makes a journey a pilgrimage? What are some of the great pilgrimages of other faith traditions? What might it be like to undertake a pilgrimage today, and what pilgrimage destinations are popular now?

Thank You

I want to thank all of you who prayed for me while dealing with shingles. I felt the prayers and they pulled me through this horrible time.

Blessings of thanks,
Sandi Beavers

A Spring Forward Reminder



Midweek Chapel

Would it be easier for you to attend a shorter midweek service? Steve Buske, one of our Eucharistic Ministers, would love to provide a weekly service for folks who have a hard time sitting for so long during Sunday morning worship. If that sounds like something you would be interested in, please contact Chaplain India at 503-646-0629, ext. 211, or india@standrewlutheran.com.

Help Fill Our Welcome Mugs

St. Andrew's mug ministry needs more chocolate. Specifically, we're looking for individually wrapped non-seasonal candy. Full and partial bags are welcome, so feel free to share any unwanted calories to help welcome people coming to our church for the first time. Donations can be dropped off at the church office or the Nursery.



Nifty Notters

Join the Nifty Notters **Saturday, March 18**, to help create quilts for Lutheran World Relief and baby quilts for local families in need. We meet from 9:00 am-2:30 pm in Fellowship Hall. Bring a lunch and stay for all or part of the time. All supplies are provided and you can take part by sewing, tying knots, cutting fabric, or ironing. We'd love to see new faces! Questions? Call Mary Brown at 503-297-1841.

Helping the Unsheltered

The rains and snow of winter make life even more difficult for those without stable housing. St. Andrew is currently collecting sleeping bags, blankets, and medium-sized men's clothing to help those in need. If you are able to donate any of these items, please leave them in the church office, attention Carol Harker. Thank you!

Preparing for March 19, 2023

Fourth Sunday in Lent
Both in person at 9:30 am and
available on YouTube or via Zoom.

1 Samuel 16:1-13
Psalm 23
John 9:1-41

MACG Question for the Month

What actions are you taking to help St. Andrew meet its goals from the Horizon Process?

- ◆ Welcome a Spirit of Renewal
- ◆ Act for Social Justice
- ◆ Praise the Spirit in Vibrant Worship
- ◆ Expand Diversity and Inclusion
- ◆ Encourage Strong Social and Spiritual Connections
- ◆ Expand and Deepen an Intergenerational Community

The Metropolitan Alliance for Common Good (MACG) is a regional group in the Pacific Northwest that works with partner groups (faith-based and secular) to organize and take action for the common good in our region. St. Andrew formed a core team some years ago to work with other groups in our area for the common good. One of MACG's goals is to strengthen its individual member organizations because strong members lead to a stronger community. By nurturing strong relationships at St. Andrew, we can strengthen our community and have resources to work for good inside and outside our congregation. The Horizon Team began the work of gathering our community together toward our future. To continue that work, St. Andrew's Core MACG Team is starting up a "Question of the Month" that we can use to begin meaningful conversations with others in our community. We encourage you to ask one another this question as you chat before/after church or at other St. Andrew events.

Earth Camp 2023 Registration

It's time to register your kids for Earth Camp! This year's camp is **Monday-Friday, June 26-30**, and the theme is "The Earth Is in Our Hands." Although we've expanded Earth Camp to accommodate more campers this year, spaces are filling quickly. Grab your spot before no openings remain and feel free to share the link with other parents who may be interested! Register at:

<https://standrewlutheran.fellowshiponego.com/external/form/d1bd5307-6552-4a4e-a8fb-1210704a4cad>



Sing with All the Saints

Lent is a time of renewal. We focus on the death and resurrection of Jesus – and in turn on our own death and resurrection found in baptism. We who have been baptized into Christ have died to sin and are righteous saints of God. At the same time, we know that we struggle daily with sin as we seek to follow Jesus. This is the wonderful Lutheran understanding of sinner and saint.

We have a rich calendar of saints in the Lutheran tradition – Christians from every age who have pointed to Christ in their living and dying. In remembering these saints who have gone before us, we find inspiration for our own Christian journey. This year, our Lenten midweek series honors the commemorations of individuals as a starting point for a deeper engagement with our Christian faith.

Lenten Midweek Services will be held at 7:00 pm on Wednesdays through Lent. On **March 15**, Kyler Vogt will share a meditation on Faithful in Prayer.

Deacon Susan

Van-Go Help Requested

The Congregational Council has voted to sell the church van. If you have experience in selling or otherwise transferring ownership of vehicles, the Facilities Team would appreciate your help in making that happen. The van has seen little use in recent years and it has been a repeated target of vandals; it is currently missing its catalytic converter, which was stolen and which the church does not plan to replace. If you can help, please contact the parish manager. Thank you!

Current Job Opening

St. Andrew continues its search for an administrative/office assistant. We've amended the position title in hopes of attracting more qualified candidates, but the duties and starting pay remain the same. If you're interested or know someone who might be a good fit, see the position description at

<https://standrewlutheran.com/wp-content/uploads/2023/03/Administrative-Assistant-JD-March-2023.pdf>.

In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Jim Heiden	Peace and God's comfort at his death	Chaplain India
Family and friends of Peggy Smith	Peace and God's comfort at her death	Chaplain India
Tracey & Sandra Miller (parents)	Peace and comfort following the death of a cousin and dear friend	Pastor Laurie Newman
Hal Douglas	Comfort and healing from COVID	Jeannine Douglas
Jim & Teri Brosh	Comfort and healing from COVID	Teri Brosh
Alex Vischer (son)	Accurate diagnosis and effective treatment	Pastor Laurie Newman
Lee Anne Knapp	Comfort and effective treatment	Lee Anne Knapp
Carol Means	Comfort and healing	Chaplain India
Rebecca Uecker	Comfort and healing	Rebecca Uecker
Ethel Ritchey	Comfort and healing	Chaplain India
St. Andrew Council	Wisdom and discernment	Staff
Executive Committee		
Staff		
Karen Klingelhafer and all seminarians	Encouragement and support	Staff
India Jensen Kerr and all theology students		
St. Andrew Foundation	Blessings on their ministry	Staff
Mt. Carmel Lutheran (Portland)	Serving with us in the Oregon Synod	Staff
St. James Lutheran (Portland)		
Bethany Musallah (Portland)	Blessings on our interfaith partners	Staff
Individual friends and loved ones	Whatever they most need	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629 or email office@standrewlutheran.com Tuesday-Friday, prayerchain@standrewlutheran.com Saturday-Monday.

Table Talk: White Supremacy in the Christian Church

Tuesday, March 28, 7:00 pm, Fellowship Hall

What happens when white identity comes before Christian faith? At this month's Table Talk, we'll ask the question: "What do we do about white supremacy in the Christian church?" Lest we think we're immune from this discussion, the ELCA is the whitest Christian denomination in the US according to the Pew Research Center. Our own ELCA Pastor Lenny Duncan has written about this issue and even produced a video called "Do Black Churches Matter in the ELCA?" Join Chaplain India at 7:00 pm on **Tuesday, March 28**, in Fellowship Hall to discuss this issue. The following articles from *Sojourners* and *Living Lutheran* will jump-start our discussion. Hope to see you there!

<https://www.livinglutheran.org/2015/06/oh-subtle-ways-racist/>

<https://sojo.net/magazine/july-2022/what-happens-when-white-identity-comes-christian-faith>

Synod Assembly

Would you like to learn more about the Oregon Synod and what it does?



Are you a voting member of St. Andrew? If so, please contact Council President Barton Robison to indicate your interest in attending this year's Synod Assembly. Like all congregations in the synod, St. Andrew can send two regular voting members to participate.

This year's Synod Assembly, scheduled for **Saturday, May 20**, will be online.

Made up of voting members from all synod congregations, the Synod Assembly is the governing body of the Oregon Synod. Through a democratic voting process the Synod Assembly establishes synod ministry priorities, approves the synod budget, and elects members to synod positions. This annual gathering of clergy and lay people represents the synod's highest legislative authority.

Your St. Andrew Staff

Council President, Barton Robison	317-695-9722
Interim Pastor, Laurie Newman	laurienewman@standrewlutheran.com
Parish Chaplain, India Jensen Kerr	india@standrewlutheran.com
Deacon Susan Reiser, Parish Musician and Interim Minister of Music	srwerner.reiser@standrewlutheran.com
Children & Youth Minister, Kyler Vogt	kvogt@standrewlutheran.com
Seminarian, Karen Klingelhafer	kakling@sbcglobal.net
Parish Manager, Carol Harker	charker@standrewlutheran.com
Office Assistant, Johanna Land	office@standrewlutheran.com
Bookkeeper, Karen Mallari	bookkeeper@standrewlutheran.com
Housekeeper, Carol Hogan	503-646-0629
Evening Facility Caretaker, Scott Taylor	503-646-0629
Parish Nurses, Diane Reiner	503-201-4222
Tira Nessel	503-866-5099

CLIMATE CORNER:

Getting a Greener Dry Clean

By Gemma Alexander, published in Earth911 on November 23, 2021



The most important thing you can do for a more sustainable wardrobe is to buy less and wear it more. That means taking good care of your clothes. You probably already mend instead of tossing when you can. You've probably already upped your

laundry game, using efficient appliances, skipping dryer sheets or replacing them with dryer balls, and using nontoxic laundry detergent. But what do you do when labels command, "Dry clean only"? Even if you don't have to wear suits at work, nearly everyone has a few items of clothing that shouldn't go into the washing machine, and these are usually the ones you can least afford to accidentally ruin. How bad is dry cleaning, and is green dry cleaning really green?

Dry cleaning isn't dry. When you wash clothes at home, your detergent acts as a surfactant that breaks up water molecules, allowing them to dissolve the dirt on your clothes. But as we've all discovered the hard way, water damages some fabrics. The "dry" in dry cleaning refers to the fact that no water is used. But dry cleaning is not actually dry. When clothes are dry cleaned, they are still soaked in a liquid that breaks up dirt and oils. But that liquid is a chemical solvent. That chemical is usually PERC, or perchloroethylene. Perhaps dry cleaning just sounds better than chemical cleaning.

Dry cleaning isn't clean. The Environmental Protection Agency has banned PERC dry cleaning machines from residential buildings and is evaluating PERC under the Frank R. Lautenberg Chemical Safety for the 21st Century Act. But people have known since the 1970s that PERC is a pretty nasty chemical: it's a known reproductive and neurological toxicant, a potential human carcinogen, and a persistent environmental pollutant that volatilizes in the air and seeps into groundwater. Traditional PERC dry cleaning processes are also very wasteful. Replacing old transfer equipment with closed-loop systems can reduce a dry cleaner's use of PERC by up to 70%. And on-site distillation can recover as much as 90% of solvents. But because PERC is so harmful, a better choice is to switch solvents.

Greener Chemicals. Unfortunately, most other solvents that are available and effective are not without their own problems. Only one of them can work in existing machines, and that one is a neurotoxin. All of the others require an investment of tens of thousands of dollars in new equipment, something that most dry cleaners which are historically family businesses owned by immigrants simply cannot afford. Most alternative solvents are petroleum-based and many are highly flammable, requiring the additional purchase of specialized fire safety equipment. Some solvents are as toxic as PERC; others are just as polluting. Not all of the alternatives have been sufficiently studied to determine if they are actually safer than PERC. One of the safest alternative solvents is liquid carbon dioxide combined with detergent. However, carbon dioxide is a powerful greenhouse gas, liquid CO₂ can be expensive, and some professionals feel it is not as effective as other solvents.

The GreenEarth cleaning method uses a proprietary silicone solvent called siloxane or D-5. Also found in personal care products, siloxane breaks down into sand, water, and carbon dioxide. GreenEarth licensees recycle their solvent so there is minimal

waste. However, manufacture of siloxane does require the use of chlorine, which generates toxic dioxin. There have also been studies suggesting a cancer risk from siloxane, although those studies are old and not conclusive.

The water is fine. The only truly safe solvent is water. In recent years, attention has turned to developing better surfactants and smarter washing machines. This allows cleaners to wet-wash fabrics that used to require dry cleaning. The equipment cost represents a significant hurdle. But new smart washers have made wet cleaning a viable alternative that is safe for both humans and fabrics. These new machines can even be used with newer, safer surfactants like fungal enzymes.

Customers are rarely aware of it, but even dry cleaners that have not made the switch to safer solvents or wet cleaning already wash many garments in regular laundromat-style washing machines. When cleaners receive an item, they evaluate the fabric, and if it doesn't need to be dry cleaned they wash it normally. In many cases, silk, wool and cashmere, velvet, and linen can be hand-washed or even washed in the machine at home.

But if you don't want to risk a treasured clothing item or simply don't have the time, look for a professional wet cleaner. If you cannot find one near you or feel that dry cleaning is necessary, GreenEarth dry cleaners are the best choice.

Liz Hardy, Earth Care Team

QUEER GRACE
a coffee house gathering

7:00-8:30 PM
Sun March 12

Marit Finkel
storyteller

Spirit of Grace
7400 SW SCHOLLS FERRY RD
BEAVERTON, OR 97008

This month's storyteller, Marit Finkel, will share on "Pronouns and Stereotypes". Marit is a retired US Army Command Sergeant Major, Project Manager, and business owner. Currently on the Board of Directors for ReconcilingWorks NW and treasurer at Central Lutheran Portland, home is in Prineville and anywhere Marit's trailer can go.

Afterward, Marit will be joined by a panel of mostly queer conversation partners, followed by a Q&A session.

**All are welcome
whether you are queer or straight/cis!**

Refreshments will be provided.

RSVPs to PastorRobyn@SpiritofGracePDX.org
are appreciated but not required.

For the dates of future gatherings, visit
www.SpiritOfGracePDX.org/QueerGrace

Highlights for the Weeks at St. Andrew Lutheran Church

Sunday, March 12

9:30 am	Worship with Communion (also livestreamed on YouTube & via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship	Chapel
10:45 am	The Roots	Children's Commons & Library
11:00 am	Confirmation	Library
11:00 am	High School Youth Group	Youth Room
11:00 am	Adult Education: Pilgrimage	Fellowship Hall

Monday, March 13—Office Closed

7:00 pm	Men's Book Group	Library
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Tuesday, March 14

7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
9:00 am	Facility Management Team Meeting	St. Andrew Room
10:00 am	Tai Chi	Fellowship Hall
12:00 pm	Bridge Group	Fellowship Hall
1:30 pm	Service Committee	Library
6:30 pm	Scout Troop 198	Children's Commons

Wednesday, March 15—"Weekly News" deadline. Submit material to charker@standrewlutheran.com.

10:00 am	Gentle Yoga with Geetha	Fellowship Hall
1:00 pm	The Gift of Years with India	Library
6:00 pm	Bells of Grace Rehearsal	Sanctuary
7:00 pm	Mid-week Lent Service	Sanctuary and via Zoom
7:30 pm	Sanctuary Choir Rehearsal	Sanctuary

Thursday, March 16

9:30 am	Seekers of the Heart of God Bible Study	St. Andrew Room
10:00 am	Strength & Stretch with Susanne	Fellowship Hall
12:00 pm	Team Ministry Meeting	Chapel / Library
7:00 pm	Council Meeting	St. Andrew Room

Friday, March 17

10:00 am	Tai Chi	Fellowship Hall
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Saturday, March 18

9:00 am	Nifty Notters
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Sunday, March 19

9:30 am	Worship with Communion (also livestreamed on YouTube & via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Lutheran Church Bible Study	Chapel
10:45 am	The Roots	Children's Commons & Library
11:00 am	Confirmation	Library
11:00 am	High School Youth Group	Youth Room
11:00 am	Adult Education: Pilgrimage	Fellowship Hall



Memorial Service for Margaret "Peggy" Smith

Saturday, March 11, 2023, 1:00 pm
Prince of Peace Lutheran Church
14175 NW Cornell Rd
Portland

Worship at St. Andrew or Connect to Virtual Worship



9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. *Links for remote worship will be sent to you via email and the church app.*



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom you can use a computer, smartphone, tablet, or a telephone. Please note that Zoom worship is only available at 9:30 am. Anyone using YouTube for livestream worship may access the service at 9:30 am or any time after the livestream ends.