

ST. ANDREW WEEKLY NEWS

March 19, 2023

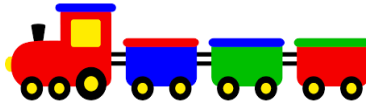
St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

Lenten Food Train Begins Its Journey

Our Lenten Food Train, including boxcars of food and hygiene items, as well as supplementary engines representing cash donations, is wending its way around the Narthex. St. Andrew people donate food all year long to feed the hungry, but the Service Committee traditionally makes food collection its focus during Lent.



This is a very critical time for those in need in our community. Not only has inflation impacted the ability for people to purchase food, but February was the last month that the federal government allowed Oregon to issue pandemic emergency food benefits. Your donations will make a big difference!

Please continue bringing non-perishable food items (e.g., spaghetti sauce, canned corn, sugar, rice, beans) and hygiene products (shampoo, toothbrushes, toothpaste, deodorant) to fill the boxcars.

If you prefer to donate money instead, you may write a check payable to St. Andrew with Lenten Food Drive on the memo line. Or go [online](#) and select Lenten Food Drive to donate. A new boxcar will be added with every \$250 added to the fund.

Thank you!

1000 Coffees, 1000 Questions: This Is My Aim

Dear St. Andrew-folk,

How happy I am to be with you in ministry! I've had a warm welcome from Council, staff, and volunteers. My hope as your Interim Pastor is to know you well as a congregation and as individuals. We are now in community and in service together. It's going to be interesting and exciting to see how the Holy Spirit moves St. Andrew into the future.



In order to get acquainted, I invite you to participate with me in One Thousand Coffees and One Thousand Questions. This would be a one-on-one meeting with me with the purpose of simply getting to know each other. I want also to learn about St. Andrew and you. If you're interested, please email me: laurienewman@standrewlutheran.com.

The best days for me to meet are Tuesdays through Thursdays. Please understand if I schedule our time out a few weeks. I am still getting set up.

Though we may not have met in person yet, we are already woven together through the life of St. Andrew. I like this quote by the Rev. Dr. Martin Luther King, Jr.: "In a real sense all life is related. All are caught in an inescapable network of mutuality, tied in a single garment of destiny. Whatever affects one directly, affects all indirectly. I can never be what I ought to be until you are what you ought to be, and you can never be what you ought to be until I am what I ought to be. This is the interrelated structure of reality."

See you on Sunday!

Laurie

Adult Education Class: "Pilgrimage"



This Sunday in Paul Navarre's class on "Pilgrimage," Mary Smith will share some of her experiences on a traditional pilgrimage in Spain. Join the class in Fellowship Hall at 11:00 am on **Sunday, March 19**.

Midweek Chapel

Would it be easier for you to attend a shorter midweek service? Steve Buske, one of our Eucharistic Ministers, would love to provide a weekly service for folks who have a hard time sitting for so long during Sunday morning worship. If that sounds like something you would be interested in, please contact Chaplain India at 503-646-0629, ext. 211, or india@standrewlutheran.com.

Nifty Notters

Join the Nifty Notters **Saturday, March 18**, to help create quilts for Lutheran World Relief and baby quilts for local families in need. We meet from 9:00 am-2:30 pm in Fellowship Hall. Bring a lunch and stay for all or part of the time. All supplies are provided and you can take part by sewing, tying knots, cutting fabric, or ironing. We'd love to see new faces! Questions? Call Mary Brown at 503-297-1841.

MACG Question for the Month

What actions are you taking to help St. Andrew meet its goals from the Horizon Process?

- ◆ Welcome a Spirit of Renewal
- ◆ Act for Social Justice
- ◆ Praise the Spirit in Vibrant Worship
- ◆ Expand Diversity and Inclusion
- ◆ Encourage Strong Social and Spiritual Connections
- ◆ Expand and Deepen an Intergenerational Community

The Metropolitan Alliance for Common Good (MACG) is a regional group in the Pacific Northwest that works with partner groups (faith-based and secular) to organize and take action for the common good in our region. St. Andrew formed a core team some years ago to work with other groups in our area for the common good. One of MACG's goals is to strengthen its individual member organizations because strong members lead to a stronger community. By nurturing strong relationships at St. Andrew, we can strengthen our community and have resources to work for good inside and outside our congregation. The Horizon Team began the work of gathering our community together toward our future. To continue that work, St. Andrew's Core MACG Team is starting up a "Question of the Month" that we can use to begin meaningful conversations with others in our community. We encourage you to ask one another this question as you chat before/after church or at other St. Andrew events.

Sing with All the Saints

Lent is a time of renewal. We focus on the death and resurrection of Jesus—and in turn on our own death and resurrection found in baptism. We who have been baptized into Christ have died to sin and are righteous saints of God. At the same time, we know that we struggle daily with sin as we seek to follow Jesus. This is the wonderful Lutheran understanding of sinner and saint.

We have a rich calendar of saints in the Lutheran tradition—Christians from every age who have pointed to Christ in their living and dying. In remembering these saints who have gone before us, we find inspiration for our own Christian journey. This year, our Lenten midweek series honors the commemorations of individuals as a starting point for a deeper engagement with our Christian faith.

Lenten Midweek Services will be held at 7:00 pm on Wednesdays through Lent. On **March 22**, Lloyd Meyer will share a meditation on Dying and Rising with Christ.

Deacon Susan

Van-Go Help Requested

The Congregational Council has voted to sell the church van. If you have experience in preparing vehicles for sale, the Facilities Team would appreciate your help in making that happen. The van has seen little use in recent years and it has been a repeated target of vandals; it is currently missing its catalytic converter, which was stolen and which will need to be replaced. If you can help, please contact the parish manager. Thank you!

Mug Ministry

Thank you to everyone who's donated candy in recent weeks to help us extend a sweet welcome to people new to our faith community. Most of our available mugs are filled and ready to distribute, thanks to the quiet angel behind this ministry. But now, we need additional mugs.

With Easter just a few weeks away, we hope to welcome even more newcomers than usual. If you have cupboards overflowing with coffee mugs, now might be a great time to pare down your collection. Pretty or plain, as long as they're in great condition and devoid of advertising messages, we can put your extras to good use.



Preparing for March 26, 2023

Fifth Sunday in Lent
Both in person at 9:30 am and
available on YouTube or via Zoom.

Ezekiel 37:1-14
Psalm 130
John 11:1-45

Earth Camp 2023 Registration

It's time to register your kids for Earth Camp! This year's camp is **Monday-Friday, June 26-30**, and the theme is "The Earth Is in Our Hands." Although we've expanded Earth Camp to accommodate more campers this year, spaces are filling quickly. Grab your spot before no openings remain and feel free to share the link with other parents who may be interested! Register at:

<https://standrewlutheran.fellowshiponego.com/external/form/d1bd5307-6552-4a4e-a8fb-1210704a4cad>



Our Changing Needs

It's budget preparation season at St. Andrew, when our financial teams gather the information necessary to draft next year's budget. Once the document moves through the Executive Committee and Congregational Council, members of the congregation will vote on the budget at the Annual Meeting, which is scheduled for **Tuesday, June 13**. As in years past, we'll prepare for that meeting by providing lots of opportunity for discussion at two congregational forums. On **Sunday, May 21**, the Congregational Forum will focus on ministry, with discussion turning to resources (including budget) on **Sunday, June 4**.

One thing that people may notice in the budget for next year is additional expense for building maintenance. With the advancing age of current volunteers and a building that's getting older, too, we entered into two maintenance agreements this past fall—one for the roof and the other for St. Andrew's heating and air conditioning systems.

Some of you will remember the years when Claris Poppert and Rick LeRoy and others would climb onto the roof to patch leaks, replace filters, and clean gutters. Those days are history. The volunteers available to work on property have gotten older and aren't able to do that safely anymore; and, at the same time, the building roof and equipment are older, too, and likely to need more attention.

So now we have professional companies overseeing the integrity of our roof and maintaining a pretty complex heating and cooling system. Such services cost money, though, and those costs have been covered through the PIPE Fund (Property Improvement Projects and Emergencies) this year. Next year, and in years to follow, you'll see them incorporated in the M&M (Ministry & Mission) budget, for a combined total of about \$11,000.

Current Job Opening

St. Andrew continues its search for an administrative/office assistant. We've amended the position title in hopes of attracting more qualified candidates, but the duties and starting pay remain the same. If you're interested or know someone who might be a good fit, see the position description at

<https://standrewlutheran.com/wp-content/uploads/2023/03/Administrative-Assistant-JD-March-2023.pdf>.

Wetland Work

This past Saturday, March 11, members of Scout Troop 198 turned up at St. Andrew to do some work on our property. They installed fencing around a dozen young Ponderosa pine trees to protect them from beavers, removed a windfall from one of our neighbor's fences, and hauled about half of the tree stems off the creek. They also cut an ivy, which is invasive to our area, that was growing to the top of a tree near the picnic table where Pastor Mark taught his Earth Camp classes.

Many thanks to Don Nearhood, who coordinated the efforts of Troop 198. He says the youth seemed to enjoy working in the wetland and he hopes to see them back in a month or so.



In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Gerald Jensen (India's dad)	Peace and God's comfort at his death	Staff
Tracey & Sandra Miller (parents)	Peace and comfort following the death of a cousin and dear friend	Pastor Laurie Newman
Aaron Miller (son)	Comfort and healing	Sue Cahlander & Jan Smith
Carol Means	Comfort and healing	Chaplain India
Jim & Julie Aageson	Comfort and healing from COVID	Carol Harker
Janet Vorvick	Comfort and healing from COVID	Chaplain India
India Jensen Kerr	Comfort and healing from COVID	Staff
Hal Douglas	Comfort and healing from COVID	Jeannine Douglas
Alice Baker (mother)	Healing and recovery following a fall	Karen Mallari
Alex Vischer (son)	Accurate diagnosis and effective treatment	Pastor Laurie Newman
Mary Nell Mahler	A good outcome from tests	Mary Nell Mahler
Karen Mallari	Safe travels this weekend	Karen Mallari
People experiencing extreme weather	Endurance, protection, and support	Staff
Those confined to their homes	Assurance of God's presence	Staff
	Dave Bumgardner, Jean Fredrickson, Tara Harper, Marlene Maxwell, Dorothy Moore, Ethel Ritchey, Helen Rogers, Dave & Sharon Roth	
All who are imprisoned	Peace and strength	Staff
Ecumenical Ministries of Oregon Holy Trinity Catholic Church	Blessings on their work	Staff
St. Luke Lutheran (Portland) The Flame Lutheran (Portland)	Serving with us in the Oregon Synod	Staff
Congregation Kesser Israel (Portland)	Blessings on our interfaith partners	Staff
Individual friends and loved ones	Whatever they most need	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629 or email office@standrewlutheran.com Tuesday-Friday, prayerchain@standrewlutheran.com Saturday-Monday.

Table Talk: White Supremacy in the Christian Church

Tuesday, March 28, 7:00 pm, Fellowship Hall

What happens when white identity comes before Christian faith? At this month's Table Talk, we'll ask the question: "What do we do about white supremacy in the Christian church?" Lest we think we're immune from this discussion, the ELCA is the whitest Christian denomination in the US according to the Pew Research Center. Our own ELCA Pastor Lenny Duncan has written about this issue and even produced a video called "Do Black Churches Matter in the ELCA?" Join Chaplain India at 7:00 pm on **Tuesday, March 28**, in Fellowship Hall to discuss this issue. The following articles from *Sojourners* and *Living Lutheran* will jump-start our discussion. Hope to see you there!

<https://www.livinglutheran.org/2015/06/oh-subtle-ways-racist/>

<https://sojo.net/magazine/july-2022/what-happens-when-white-identity-comes-christian-faith>

Synod Assembly

Would you like to learn more about the Oregon Synod and what it does?



Are you a voting member of St. Andrew? If so, please contact Council President Barton Robison to indicate your interest in attending this year's Synod Assembly. Like all congregations in the synod, St. Andrew can send two regular voting members to participate.

This year's Synod Assembly, scheduled for **Saturday, May 20**, will be online.

Made up of voting members from all synod congregations, the Synod Assembly is the governing body of the Oregon Synod. Through a democratic voting process the Synod Assembly establishes synod ministry priorities, approves the synod budget, and elects members to synod positions. This annual gathering of clergy and lay people represents the synod's highest legislative authority.

Your St. Andrew Staff

Council President, Barton Robison	317-695-9722
Interim Pastor, Laurie Newman	laurienewman@standrewlutheran.com
Parish Chaplain, India Jensen Kerr	india@standrewlutheran.com
Deacon Susan Reiser, Parish Musician and Interim Minister of Music	srwerner.reiser@standrewlutheran.com
Children & Youth Minister, Kyler Vogt	kvogt@standrewlutheran.com
Seminarian, Karen Klingelhafer	kakling@sbcglobal.net
Parish Manager, Carol Harker	charker@standrewlutheran.com
Office Assistant, Johanna Land	office@standrewlutheran.com
Bookkeeper, Karen Mallari	bookkeeper@standrewlutheran.com
Housekeeper, Carol Hogan	503-646-0629
Evening Facility Caretaker, Scott Taylor	503-646-0629
Parish Nurses, Diane Reiner	503-201-4222
Tira Nessel	503-866-5099

CLIMATE CORNER:

11 Ways to Green Your Laundry, Part One

Adapted from an article by Manon Verchot from Treehugger.com,
November 2020

Doin' laundry has a bigger impact on the planet than you might think. Because it takes so much energy to heat the wash water and run the dry cycle, 75% to 80% of our clothing's life cycle impact comes from washing and drying laundry. The average household does almost 300 loads of laundry each year, consuming about 6,000 gallons of water. Switching to an Energy Star front-loading machine can save as much as 33% of that water. An Energy Star-qualified clothes washer can also save you about \$370 in operating costs over its lifetime. Many new efficient washers can easily pay for themselves over the course of their useful lives. (Hint: if you purchased your washer before 1994, it's time to consider replacing it.)



By cutting the dryer out of the equation, even if it's only part of the time, you'll save even more money. Your dryer checks in at number 2 on the list of household energy hogs, (right after the fridge), costing the average household more than \$96 per year in energy, according to the US

Department of Energy. Going with a clothes line or drying rack can help you save on your utility bills, or eliminate the need for buying and maintaining an extra appliance altogether.

Wear it more than once.

It doesn't go for everything (unmentionables and socks come to mind), but the simplest way to cut back on your laundry's impact is to just do less of it. Wearing your clothes more than once before tossing them in the dirty pile is the first step in greening your laundry habits. The United Nations Environment Programme crunched the numbers and discovered that you can consume up to five times less energy by wearing your jeans at least 3 times before washing them, washing them in cold water, and skipping the dryer and the iron. Even Levi's recommends washing jeans every 2 weeks rather than every day or even every week.

Use green laundry detergent.

Conventional detergents that get washed down the drain can contain ingredients that aren't good for you, your clothes, or aquatic ecosystems. Phosphates in conventional laundry soaps can cause algal blooms that negatively affect ecosystems and marine life. To shop for more eco-friendly detergents, look for labels that indicate a product is readily biodegradable and phosphate-free, and made from plant-based instead of petroleum-based ingredients, which means they are healthier for the planet, from production to rinse cycle. These are often gentler on skin too. Other alternatives include soap nuts, which are made from certain tree seeds and produce a soapy substance when they come in contact with water, and can be composted after being used. Fabric softeners can be replaced by a cup of white vinegar added to the washer during the rinse cycle. Vinegar naturally balances the pH of soap, leaving your clothes soft and free of chemical residue.

Choose concentrated detergent.

Concentrated laundry detergents have reduced packaging and a smaller carbon footprint because more useable product can be shipped using less space and fuel. And they deliver more bang for the buck. Some big retailers such as Walmart now sell only concentrated laundry detergents; soon it may be the only kind

you can get. **WARNING:** When purchasing concentrated detergent, be sure to select one that is right for your washing machine!

Make your own laundry detergent.

Do-it-yourself laundry soap is perhaps the greenest way to go. You'll need just a handful of ingredients that can all be found at most grocery stores, and you don't need a PhD in chemistry to put them together. Best of all, you'll know exactly what's going into your formula, and with practice you can customize your mix with essential oils for a fresh fragrance.

Wash clothes by hand.

We know what you're thinking, hand washing is time consuming. But there are some great tools that make it easier. Laundry plungers are cheap and efficient, and we love the idea of a pedal washer; exercise while you wash your laundry! Hand washing really gives you a sense of how much laundry you're going through on a weekly basis.

Watch for part two in next week's newsletter.

Liz Hardy, Earth Care Team

Titanic: Voices from the Disaster

by Deborah Hopkinson

Are you a *Titanic* fan? I have been since I read Walter Lord's *A Night to Remember* way back in 6th or 7th grade. I was fascinated by how we could lose such a decadent thing of beauty, all those people and all their things, all the wealth of wonders that were on that ship—and not know where it was or be able to rescue any of it. How big the ocean must be to swallow a whole ship and those people, and only a few hours later see nothing to show it was ever there. The near miss with the *Californian*, nay the unfortunate assumptions of same, and the knight-in-shining-armor willingness of the crew of *Carpathia*.

Well, this book is not near so detailed as Mr. Lord's, but neither is the print so tiny. It has the carefully detailed orders from the *Carpathia*'s captain which shows what a thoughtful and caring man he was, and quite the contrast to the *Californian* captain's unfortunate assumptions. This book also has way more pictures, and it includes the story of the final finding of the ship. As well as that, it also contains more detail on some of the survivors and what became of them. The last survivor died in 2009, not so very long ago. It also gives lists of other books, magazines, and websites you can go to, sometimes to learn about individual people and sometimes to hear their voices. Some of the survivors hid from celebrity, some seemed to enjoy it or feel it part of their duty to speak out, given some of the things that were indeed questionable about the ship and the voyage. While some just picked up their lives and went on, some just could not let it go.

So many things one could write about this book and the *Titanic* herself. Read the book. You'll find it in the young adult section.

Pam Farr, Adult Librarian



Mark your calendars
for Easter, April 9, and
invite friends and
family to join you at
St. Andrew.

GOOD FRIDAY
WORSHIP
8:00pm
EASTER SUNDAY
CELEBRATION
9:00 & 11:00am

Highlights for the Weeks at St. Andrew Lutheran Church

Sunday, March 19

9:30 am	Worship with Communion (also livestreamed on YouTube & via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Lutheran Church Bible Study	Chapel
10:45 am	The Roots	Children's Commons & Library
11:00 am	Confirmation	Library
11:00 am	High School Youth Group	Youth Room
11:00 am	Adult Education: Pilgrimage	Fellowship Hall

Monday, March 20—Office Closed

10:30 am	Communications Meeting	via Zoom
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Tuesday, March 21

7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
10:00 am	Worship Planners Meeting	Library
10:00 am	Tai Chi	Fellowship Hall
12:00 pm	Bridge Group	Fellowship Hall

Wednesday, March 22—"Weekly News" deadline. Submit material to charker@standrewlutheran.com.

10:00 am	Gentle Yoga with Geetha	Fellowship Hall
6:00 pm	Bells of Grace Rehearsal	Sanctuary
7:00 pm	Mid-week Lent Service	Sanctuary and via Zoom
7:30 pm	Sanctuary Choir Rehearsal	Sanctuary

Thursday, March 23

9:30 am	Seekers of the Heart of God Bible Study	St. Andrew Room
10:00 am	Strength & Stretch with Susanne	Fellowship Hall
12:00 pm	Team Ministry Meeting	Chapel / Library
7:00 pm	IT Meeting	Offsite

Friday, March 24

10:00 am	Tai Chi	Fellowship Hall
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Saturday, March 25

	Friends of Trees Event	Parking Lot
9:00 am	Transition/Call Committee	St. Andrew Room

Sunday, March 26

9:30 am	Worship with Communion (also livestreamed on YouTube & via Zoom)	Sanctuary
9:30 am	Portland Taiwan Worship Service	Chapel
10:45 am	Taiwanese Church Fellowship Gathering	Chapel
11:00 am	Adult Education: Pilgrimage	Fellowship Hall

CALENDAR NOTE:

St. Andrew will have no youth education classes (The Roots, Confirmation, and High School Group) on **Sunday, March 26**, so families are free to...



Worship at St. Andrew or Connect to Virtual Worship



9:30 am: Worship in the Sanctuary, watch the livestream of worship on YouTube, or participate in worship via Zoom. *Links for remote worship will be sent to you via email and the church app.*



People participating in worship via Zoom are invited to join worship at 9:30 am. To participate via Zoom you can use a computer, smartphone, tablet, or a telephone. Please note that Zoom worship is only available at 9:30 am. Anyone using YouTube for livestream worship may access the service at 9:30 am or any time after the livestream ends.

Highlights from the Finance Team as of February 28th, 2023

Fiscal Year 2022-2023, Report Date 03/15/2023

Thank you for your continued support for the ministries of St Andrew
M&M Giving is 90% of FYTD budget and 82% of monthly budget
Expenses are 83% of FYTD budget

Monthly Attendance & Giving

Date	In Person	YouTube	Zoom / Call In	Total Service Attendance	M&M Fund Monthly Total	Mortgage Fund Offering
Sunday Average	104	122	29	255		
Monthly Total	417	486	114	1017	\$ 44,083	\$ 8,978
<i>To Meet Budget</i>					\$ 53,992	\$ 5,013

82%

3 Main Funds: Current Status

Ministry & Mission (M&M) Fund (AKA "Operating Budget")	FYTD Budget	Actual		The M & M Fund supports the general operations of the church, including worship, education, and office supplies; property maintenance; synod benevolence; staff; and utilities.	
		FYTD \$	% of FYTD Budget		
Giving FY 2022-2023	\$ 431,933.33	\$ 388,826	90%		
Expenses FY 2022-2023	\$ 450,280	\$ 372,101	83%		
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Mortgage Fund	FYTD Actual Giving	FYTD Actual Expense	Balance on Hand	Mortgage Principal Balance	Monthly Mortgage Payment
FY 2022-2023	\$ 111,379	\$ 120,819	\$ 64,576	\$ 426,759	\$ 5,013
FYTD Principal Only Payments		\$ 4,400	Fund for contributions to pay mortgage		
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Designated Funds	FYTD Actual Giving	FYTD Actual Expense	Balance on Hand	Designated Funds support many different ministries such as Local Benevolence, Community Garden, WELCA, Refugee, Racial Justice, etc.	
Total Designated Funds			\$ 91,373		
PIPE Fund †	\$ 3,015	\$ 12,713	\$ 24,474		
ECE loan balance from Designated	\$0				

† Includes \$8,400 for Wetlands Improvements

YTD figures represent Fiscal Year starting 7/1/2022

FINANCE TEAM:

Treasurers: Joel Johnson, Tim Duggan
Bookkeeper: Karen Mallari
Financial Secretaries: Brian Cheney, Tammy Piscatelli, Susan Jacobi, Sue Lee
St Andrew Foundation Treasurer: Luis Falucho
Parish Manager: Carol Harker