

ST. ANDREW WEEKLY NEWS

January 15, 2023

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005

Worship Service:
Sunday, 9:30 am

www.standrewlutheran.com ■ Telephone: 503-646-0629

Adult Education:

A Christian Thinks about Islam

Three monotheistic religions emerged out of the Middle East: Judaism, Christianity, and Islam. In this class, Jim Aageson—a respectful outsider—will look at the contributions our Muslim neighbors make to us and the world at large. His comparative approach will help us understand how Christianity and Islam are both similar and different and how we might learn from one another.



Looking Ahead for Adult Education

The Adult Education Team is thinking ahead to next year when we will have Adult Ed offerings in the fall, winter, and spring (2023, 2024). Do you have ideas about what kinds of classes you would like to see? Is there some class that was especially good that we should repeat? Would you like to teach or do you know someone who would like to teach?

Your input would be welcome. You can make your comments in person to any member of the Adult Ed Team: Steve Christiansen, Paul Navarre, Tira Nessel, Kyler Vogt, and Janet Vorvick. Or you can send comments to Janet Vorvick at janetv1245@outlook.com. We look forward to hearing from you.

Reckoning With Racism, Part Two

Were you a part of the St. Andrew cohort for the first Reckoning With Racism course in 2020-21? If so, you should have received an invitation to participate in the follow-up course, which will pick up where we left off and further explore how we can address racism in our current world. This course is offered by Ecumenical Ministries of Oregon. For more information, contact Mary Smith or Jan Smith.

Food Donation Suggestions



Last week, Mike & Mary Carroll delivered 29 pounds of food to St. Matthew's food bank. As always, our donations are appreciated. At this time, the food bank needs spaghetti, spaghetti sauce, canned corn, white sugar, and hygiene products such as shampoo, toothbrushes/paste, and deodorant.

Flowers on the Chancel

The flowers on the chancel this Sunday are given to the glory of God by Tom & Noelle Mehlhorn in recognition of this period of transition when the people of St. Andrew come together to shape the future of the church and begin the process of calling a new pastor.



Wrestling with the Truth of Colonization

The people of St. Andrew have expressed a deep desire to connect with the larger community. One step toward building those connections is to better understand the legacy and ongoing impacts of the actions and values of those who were a part of the migration of people around the globe.



Wrestling with the Truth of Colonization is an initiative of IAF Northwest and is offered locally in partnership with local Native-led organizations and MACG. It provides a purposefully curated space designed to bring cultural awareness and realism to the truths of Colonization in an impactful way. One goal is to inspire an action-driven response to create meaningful change, individually and united as one. All sessions will be held via Zoom.

First 5 Sessions: **Thursdays, January 26, February, 2 & 9: 5:30-7:30 pm and Tuesdays, January 31 and February 7, 5:30-7:30PM.** The final 3 sessions will be spaced out over 3 months and are designed to continue developing each individual's personal wrestling goals and to identify action opportunities. The final dates for these sessions will be set during the first five sessions mentioned above.

Register at <https://tinyurl.com/yc3nxz6a> or pick up a flyer in the Narthex with a scannable QR code and a testimonial from Pastor Terry Moe about the course and its impact on him.

Questions? Contact any member of the MACG Core Team: Pat Christiansen, Jan Smith, Gretchen Bancroft, Larry Bliesner, Lynn Santelmann, or Scott Taylor.

Food for Memorial Reception

Next **Saturday, January 21**, St. Andrew will gather to support the family of Margie Schindele, beloved longtime St. Andrew member and mother of Sue Shade, who died on December 18.

Event coordinators Tom & Pam Jelineo are requesting help that day to set up and clean up following the memorial reception. If you can assist, please sign up on the appropriate volunteer sheet at the Coffee Bar. The church is also seeking volunteers to help provide finger food for the reception following the 10:00 am memorial service. Again, please indicate what you are able to contribute on the sign-up sheet at the Coffee Bar.



Strength & Stretch with Susanne

Thursdays, 10:00 – 10:30 am, Fellowship Hall

Wanting to expand your wellness portfolio this year?



A well-rounded movement plan has elements of cardiovascular conditioning, balance, and strength training, as well as a flexibility practice. Join us on Thursdays to enhance your strength and flexibility in a safe and welcoming environment.

Each week's session will give you an outline of movements that you can recreate anywhere. Practicing slow, safe movements for people of all ages and abilities, this offering is intended to help you live and age well.

For more information, call 503-481-6381 or email susanne@missfit.biz.

St. Andrew's Fitness Programs

Are you aware that St. Andrew has a reputation as the church that provides several wellness programs? It makes sense, since SELF CARE is one of our core values, but it could not happen without the generous teachers who volunteer their time to bring these FREE CLASSES to the community.

For a decade, Keith Ehrensing has been leading tai chi classes on Tuesday and Friday mornings, 10:00 am-11:00 am. The class attracts several people from the surrounding area, as well as a few church members. And tai chi has done more than increase strength and balance for participants; it's given them an active community of people who stuck together right through the worst days of the pandemic – even if it meant moving their exercise program to a nearby covered parking lot.

On Wednesday mornings, Gheeta Kumar teaches gentle yoga for everyone, even those unable to do the traditional floor practice. These classes attract fewer students, but everyone who does come is able to improve strength, balance, and flexibility. Yoga can ease arthritis symptoms and reduce stress. And one hour of yoga burns more calories than an hour of walking, even walking in the wind and rain!

Now, another neighbor is honoring a friend by teaching a free Strength & Stretch Class every Thursday this month. Why not give it a try? The class begins at 10:00 am (as do all our morning exercise classes), will last about 30 minutes, and will teach you routines that you can easily transfer to use at home.

Preparing for January 22, 2023

Second Sunday of Epiphany
Both in person at 9:30 am and available on
YouTube or via Zoom.

Isaiah 49:1-7

Psalm 40:1-11

John 1:29-42

Community Warehouse Donation Drive: January 2023

The familiar purple bins are available in the Narthex for the collection of kitchen wares and linens for our annual Community Warehouse drive. Your contributions transform empty spaces into livable homes for people in need who are just starting out or starting over. Please look through your cupboards and closets and be sure to follow the guidelines below.

To learn more about the good work being done by the Community Warehouse, check out their website: <https://www.communitywarehouse.org/>.

KITCHEN WARES	
<i>All kitchen items must be clean and functional.</i>	
Yes, Please <ul style="list-style-type: none"> ■ Pots & Pans (most needed item) ■ Baking Dishes ■ Can Openers ■ Cooking Utensils ■ Cutting Boards ■ Dish Racks ■ Dish Towels ■ Dish Sets & Glasses ■ Kitchen Knives ■ Mixing Bowls ■ Potholders ■ Silverware ■ Drinking Glasses & Mugs 	No, Thank You <ul style="list-style-type: none"> ■ Cracked or Chipped Dishes ■ Dishware with ANY Alcohol-Related Branding ■ Plastic Dinnerware and Dishware ■ Wine Glasses ■ Metal-Rimmed Dishes
LINENS	
<i>Linens must be clean and free of stains, tears, or pilling.</i>	
Yes, Please <ul style="list-style-type: none"> ■ Blankets, Quilts, & Comforters ■ Bath Towels & Hand Towels ■ Washcloths ■ Bedsheets (not king size) ■ Bathmats ■ Shower Curtains ■ Bed Pillows (stain-free only) 	No, Thank You <ul style="list-style-type: none"> ■ Linens with Stains or Tears ■ King-Size Bedsheets ■ Tablecloths ■ Bed Skirts ■ Draperies or Window Treatments ■ Electric Blankets ■ Curtains (of any kind) ■ Mattress Toppers

Cedar Mills Neighborhood Tree Planting

Thanks to Friends of Trees, homeowners in the Cedar Mills neighborhood will have an opportunity to improve their property and make it more livable this spring. On **Saturday, March 25**, St. Andrew is partnering with Friends of Trees, which will stage their volunteer operation in our Garden Parking Lot for a day.



Here's how it works. If you'd like to add a tree to your landscape, you need to sign up by February 27 at www.friendsoftrees.org/plant. The goal for March 25 is to plant 50 trees in Cedar Hills. To begin, participants decide where they want their tree planted and may select from native species, fall color; or flowering trees. Trees are between four and five feet tall.

Participants are asked to pay a suggested sliding scale cost for the trees, which includes permitting, delivery, and planting. Street trees are \$0; Yard trees are \$195. Once you sign up with Friends of Trees, the organization will work with the city to determine which trees are the "right trees in the right place" for your home and secure a planting permit from the city. Once that's issued, participants can choose from a list of trees approved for the space they've indicated.

On planting day, volunteers will arrive with a truck, your tree, and all the equipment and expertise necessary to plant the tree and give it a good start in its new home. Summer tree care is available through Friends of Trees, too, and the organization offers free pruning and tree care classes. To learn more, go to www.friendsoftrees.org. Since being founded in 1989, Friends of Trees has planted 910,000 trees and native shrubs in more than 120 neighborhoods in and around Portland. Fliers are also available in the Narthex.

CLIMATE CORNER:

What's the Best Way to Shrink Your Carbon Footprint?

By Sander van der Linden, published in the *New York Times*



Recently climate activists captured the public's attention after they threw soup at one of Van Gogh's sunflowers paintings and glued themselves to Johannes Vermeer's "Girl with a Pearl Earring." While the activists' stunts prompted a debate about the effectiveness of radical tactics for systemic change, the spectacles may have left some wondering just what exactly they should be doing at home. There are many lists of ways to reduce your personal greenhouse gas emissions

ranging from changing all your lightbulbs to LED bulbs to not having children. Research shows that people often adopt habits that seem significant, but actually have very little effect on limiting climate change.

Sander van der Linden has been studying how people feel about climate change, and has found that while people's understanding that climate change is happening has increased, practical knowledge about what we can do to counter it is lacking. He tested about 1,000 American's ability to size up various ways to reduce greenhouse gas emissions with the following quiz. Take the quiz and see how you do.

Liz Hardy
Earth Care Team

What Is the Best Way to Reduce Greenhouse Gas Emissions (GHG)?

Indicate whether each action below would have a small, moderate, or large effect on reducing personal GHG emissions.

Action	Effect: Small	Effect: Moderate	Effect: Large
Buying fewer things			
Lowering the room temperature			
Installing heat pumps			
Using energy-efficient appliances			
Car-pooling			
Recycling			
Eating a vegetarian diet			
Living car-free			
Eating organic food			
Using renewable electricity			
Avoiding a long flight			
Eating a vegan diet			

Liz thanks Lynn Santelmann for finding this quiz!

See upside down answers below.

If you got a few answers wrong, you're in good company. The Times Opinion/Ipsos survey found that Americans tend to underestimate the effects of actions that are harder to take, like avoiding air travel or adopting a vegan diet. And they overestimate the amount of emissions avoided by using energy-efficient appliances and recycling.

Answers:
 Buying fewer things—small
 Lowering room temperature—small
 Installing heat pumps—moderate
 Using energy-efficient appliances—small
 Car-pooling—small
 Recycling—small
 Eating a vegetarian diet—moderate
 Living car-free—large
 Eating organic food—moderate
 Using renewable electricity—large
 Avoiding a long flight—large
 Eating a vegan diet—large

Queer Grace: A Coffee House Gathering

Please note that the storyteller at this Sunday's Queer Grace gathering at Spirit of Grace has changed. Daniel Sartin, who was raised as a Jehovah Witness, will share his perspectives on how being queer has affected his relationship with faith, the Bible, church, God, and themselves.

Whether you are queer or straight/cis, all are welcome to attend:

Sunday, January 15, 7:00-8:30 pm
 Spirit of Grace
 7400 SW Scholls Ferry Rd
 Beaverton

RSVPs to PastorRobyn@spiritofgracepdx.org are appreciated but not required.

In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of John Ritter (father)	Peace and God's comfort at his death	Liz Hardy
Family and friends of Don LaBarre (Debi's dad)	Peace and God's comfort at his death	Clay Isaacson
Family and friends of Margie Schindele (mother)	Peace and God's comfort at her death	Sue Shade
Amy Marks and family	Peace and God's comfort as her death nears	Judy Scholz
Family of James Heiden	Peace and comfort as he enters hospice	India Jensen Kerr
Shawn Bell (sister-in-law)	Comfort and peace after cancer diagnosis	Marlan Bell
Koby Glenn (son-in-law)	Comfort and healing	Jim & Teri Brosh
Sue Heiden	Comfort and healing	India Jensen Kerr
Aaron Miller and family (son)	Comfort for the family and healing for Aaron	Jan Smith & Sue Cahlander
Chris Entrikin	Comfort and healing following surgery	Jerry Entrikin
Dee Piscitelli (granddaughter)	Successful surgery (January 19) and healing	Linda Fransen
Richard Hall (brother)	Accurate diagnosis and healing	Mary Nell Mahler
Clay Gustafson	Effective treatment	Clay Gustafson
Jim Steeves (uncle)	Healing and recovery from a fall	Carol Hogan
Mary Wise	Healing and recovery from COVID	Carol Hogan
Lee Anne Knapp	Accurate diagnosis and effective treatment	Lee Anne Knapp
Captain Ingram	Comfort and support	India Jensen Kerr
Carol Hogan	Thanksgiving for improved test results	India Jensen Kerr
Healthcare workers	Support and comfort	Staff
People experiencing homelessness	Compassion, support, and comfort	Staff
St. Andrew Council, Executive Committee, and Staff	Wisdom and discernment	Staff
Karen Klingelhafer and all seminarians	Encouragement and support	Staff
India Jensen Kerr and all theology students		
St. Andrew Foundation	Blessings on their ministry	Staff
Faith Lutheran (Clatskanie)	Serving with us in the Oregon Synod	Staff
Our Savior's Lutheran (Seaside)		
Muslim Educational Trust (Tigard)	Blessings on our interfaith partners	Staff
Individual friends and loved ones	Whatever they most need	Staff

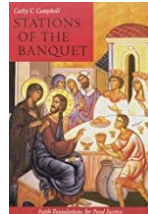
If you know someone in need of prayers, please contact the church office by phone at 503-646-0629 or email office@standrewlutheran.com Tuesday-Friday, prayerchain@standrewlutheran.com Saturday-Monday.

New Books in the Adult Library

Non-Fiction

Faithful Resistance: Gospel Visions for the Church in a Time of Empire, by Rick Ufford-Chase
Young Man Luther: A Study in Psychoanalysis and History, by Erik H. Erikson
True Compass, by Edward M. Kennedy

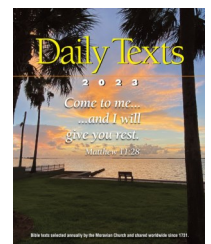
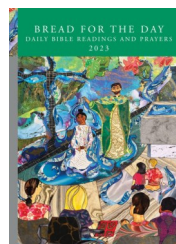
Stations of the Banquet: Faith Foundations for Food Justice, by Cathy Campbell
Jerusalem: The Biography, by Simon Sebag Montefiore



Devotionals

Copies of *Bread for the Day* and *Daily Texts* are available in the Narthex. Both of these provide readings and spiritual guidance for the entire year. The church requests a donation from people using these devotionals to offset their cost.

In addition, St. Andrew provides complimentary quarterly copies of *The Church in Our Home* both in regular and large-print format. Go to the communications counter across from the Coffee Bar to find the current devotional.



Your St. Andrew Staff

Council President, Barton Robison	317-695-9722
Parish Chaplain, India Jensen Kerr	india@standrewlutheran.com
Deacon Susan Reiser, Parish Musician and Interim Minister of Music.....	srwerner.reiser@standrewlutheran.com
Children & Youth Minister, Kyler Vogt	kvogt@standrewlutheran.com
Seminarian, Karen Klingelhafer	kakling@sbcglobal.net
Parish Manager, Carol Harker	charker@standrewlutheran.com
Office Assistant, Johanna Land	office@standrewlutheran.com
Bookkeeper, Karen Mallari.....	bookkeeper@standrewlutheran.com
Housekeeper, Carol Hogan.....	503-646-0629
Evening Facility Manager, Scott Taylor.....	503-646-0629
Children's Ministry Host.....	
Parish Nurses, Diane Reiner	503-201-4222
Tira Nasset	503-866-5099

Highlights for the Weeks at St. Andrew Lutheran Church

Sunday, January 15

9:30 am	Worship with Communion (also livestreamed on YouTube & via Zoom)	Sanctuary
9:30 am	Taiwanese Lutheran Church Bible Study	Chapel
10:45 am	The Roots	Children's Commons & Library
11:00 am	Confirmation	Adult Library
11:00 am	High School Youth	Youth Room
11:00 am	Adult Education: A Christian Thinks about Islam and the Qur'an	Fellowship Hall
11:00 am	Portland Taiwan Worship	Chapel

Monday, January 16—Martin Luther King, Jr. Day, Office Closed

Tuesday, January 17

7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
10:00 am	Tai Chi	Fellowship Hall
10:00 am	Worship Planners Meeting	Library
12:00 pm	Bridge Group	Fellowship Hall
1:00 pm	Lydia Circle	St. Andrew Room
6:30 pm	Scout Troop 198	Children's Commons

Wednesday, January 18

10:00 am	Gentle Yoga with Geetha	Fellowship Hall
1:00 pm	The Gift of Years with India	Library
3:00 pm	Girl Scout Troop Meeting	Children's Commons
6:00 pm	Bells of Grace Rehearsal	Sanctuary
7:00 pm	Sanctuary Choir Rehearsal	Sanctuary
7:00 pm	Eucharistic Minister Meeting	via Zoom

Thursday, January 19

9:30 am	Seekers of the Heart of God Bible Study	St. Andrew Room
10:00 am	Strength & Stretch with Susanne	Fellowship Hall
12:00 pm	Team Ministry Meeting	Chapel / Library
7:00 pm	Council Meeting	Fellowship Hall

Friday, January 20

10:00 am	Tai Chi	Fellowship Hall
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Saturday, January 21

2:00 pm	Memorial Service: Margie Schindele	Sanctuary, Fellowship Hall
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Sunday, January 22


9:30 am	Worship with Communion (also livestreamed on YouTube & via Zoom)	Sanctuary
10:45 am	The Roots	Children's Commons & Library
11:00 am	Confirmation	Adult Library
11:00 am	High School Youth	Youth Room
11:00 am	Adult Education: A Christian Thinks about Islam and the Qur'an	Fellowship Hall
11:00 am	Portland Taiwan Worship	Chapel
12:30 pm	Taiwanese Church Fellowship Gathering	Children's Commons



**Memorial Service for
Margie Schindele**
Saturday, January 21, 2023
2:00 pm in the Sanctuary
(in-person only)
Reception to follow in
Fellowship Hall

Worship at St. Andrew or Connect to Virtual Worship

 **YouTube** **8:30 am:** Worship in the Sanctuary or watch the livestream of worship on YouTube. *The link will be sent to you via email and the church app.* Use the same link to see a recording of the service anytime after the livestream ends.

 **Zoom** **11:00 am:** Worship in the Sanctuary or participate in worship via Zoom. *The link will be sent to you via email and the church app.* To participate via Zoom you can use a computer, smartphone, tablet, or a telephone.

Highlights from the Finance Team as of December 31st, 2022

Fiscal Year 2022-2023, Report Date 01/11/2023

Thank you for your continued support for the ministries of St Andrew.

M&M Giving is 94% of FYTD budget and 101% of monthly budget.

Expenses are 96% of budget.

In December, an additional payment of \$30,000 was made to mortgage principal.

Monthly Attendance & Giving

Date	In Person	YouTube	Zoom / Call In	Total Service Attendance	M&M Fund Monthly Total	Mortgage Fund Offering
Sunday Average	133	99	26	258		
Monthly Total	399	298	78	775	\$ 54,756	\$ 40,724
See Christmas Eve attendance in footnote.				<i>To Meet Budget</i>	\$ 53,992	\$ 12,732

101%

3 Main Funds: Current Status

Ministry & Mission (M&M) Fund (AKA "Operating Budget")	FYTD Budget	Actual		M & M Fund supports general operations, including worship, education, and office supplies; property maintenance; synod benevolence; staff; and utilities.
		FYTD \$	% of FYTD Budget	
Giving FY 2022-2023	\$ 323,949.99	\$ 304,487	94%	
Expenses FY 2022-2023	\$ 337,710	\$ 324,999	96%	

Mortgage Fund	FYTD Actual Giving	FYTD Actual Expense	Balance on Hand	Mortgage Principal Balance	Monthly Mortgage Payment
FY 2022-2023	\$ 93,170	\$ 76,392	\$ 63,669	\$ 437,187	\$ 12,732
FYTD Principal Only Payments		\$ 30,000	Fund for contributions to pay mortgage.		

Designated Funds	FYTD Actual Giving	FYTD Actual Expense	Balance on Hand	Designated Funds support many different ministries such as Local Benevolence, Community Garden, WELCA, Refugee, Racial Justice, etc.
Total Designated Funds			\$ 96,903	
PIPE Fund †	\$ 2,614	\$ 8,559	\$ 28,167	
ECE loan balance from Designated	\$0			

† Includes \$9,900 for Wetlands Improvements

YTD figures represent Fiscal Year starting 7/1/2022

FINANCE TEAM:

Treasurers: Joel Johnson, Tim Duggan

Bookkeeper: Karen Mallari

Financial Secretaries: Brian Cheney (Finance Team Chair), Tammy Piscatelli

St Andrew Foundation Treasurer: Luis Falucho

Footnote:

Attendance on December 24, 2022			
Christmas Eve:	In Person	YouTube	Zoom
4:00 PM Family Service	15		
7:00 PM Candlelight	120	176	
10:00 PM Candlelight	45		26