# St. Andrew Weekly News

December 4, 2022

St. Andrew Lutheran Church 12405 SW Butner Road, Beaverton, OR 97005 www.standrewlutheran.com; 503-646-0629 Worship Services: Sunday, 8:30 am Sunday, 11:00 am

#### Hanging of the Greens



Mark your calendar for <u>Saturday</u>, <u>December 3</u>, from 9:00-11:00 am, for decorating the Sanctuary, Narthex, and exterior of the church for Christ. We'll have garlands and wreaths to hang and the Christmas tree to assemble and decorate! Please contact Deacon Susan if you have any questions.

#### Adult Education Class

Join liturgical artist Greg Lewis, who designed the furnishings in St. Andrew's Chapel, for three weeks in December as he explores possibilities for establishing sacred spaces in our homes. The class begins at 10:00 am on **Sunday**, **December 4**, in Fellowship Hall.



#### Thank You!

I've been blessed over the past eight weeks by numerous prayers, phone calls, cards, and other support as I recover from a broken hip. Thank you, all, for your care and concern!

In Christian love, *Claudia Parsons* 

## **Sharing the Christ in Christmas**

Once again, Donna Brocker is coordinating with counselors at Barnes Elementary so that St. Andrew can sponsor about 20 families during this glorious season of expectation and joy.

The Giving Tree still has gift tags to take, so please do so now, as gift tags need to be returned by Sunday, December 11. Each tag includes the recipient's name and age. We'll also be providing parents a



variety of gift cards so they can shop for their children. This worked wonderfully during the pandemic and parents were so thankful to be able to select gifts for their children, so we want to continue the practice.

This ministry brings cheer to children and parents alike. It also entails providing each family with a WinCo gift card to buy the food they prefer for their holiday meal.

If you'd like to participate, please indicate "Giving Tree" on your check or select the "Giving Tree" option on the church website. Questions? Please call Donna at 503-502-6156.



#### **RSVP for Brocker Send-off**

The deadline to RSVP for the December 11 dinner and program honoring Pastor Mark & Donna Brocker is this weekend! <u>Please fill out the Google form by clicking RSVP or call Carol Harker at 503-560-6955</u>. We're near capacity, so please act quickly!

Ernesto's will be preparing our meal, with a vegan option available. Whether you call or click, be sure to indicate your dietary needs, as well as any childcare you need for the event.

Plan to attend the Brass Syndicate concert in the Sanctuary beginning at 3:30 pm on December 11 to get in the Christmas spirit. Enjoy the joyous sound of 10 talented brass musicians performing the music of the season! It will be the perfect party prelude.

### **An Advent Baptism**

At 8:30 am worship this <u>Sunday</u>, <u>December 4</u>, we celebrate the baptism of Olivia Jean Waldroff, infant granddaughter of Jeff & Sue Smith, precious child of Brady & Jessica Waldroff, and little sister of big brother Jeffry. Welcome, Olivia! We're delighted to walk with you in Christ.

## Welcome Sunday!

St. Andrew will welcome new members during worship services on <u>Sunday</u>, <u>December 11</u>, <u>2022</u>. We're so pleased to already have several people indicating they would like to officially become members in our faith community. If you would like to join them or have questions about membership, please contact Pastor Mark Brocker.



## **Holden Evening Prayer for Advent**

The theme for meditations during Wednesday Evening Prayer Advent services in 2022 is "Make Ready for Holy Disruption." We'll be using Holden Evening Prayer's "Service of Light" as the liturgy.



Members of the congregation will be providing contemplative meditations during the midweek series. Upcoming are:

<u>December 7</u>: Ruth Nickodemus (Releasing)
 <u>December 14</u>: Karen Klingelhafer (Receiving)
 <u>December 21</u>: Allison Katsufrakis (Rejoicing)

Wednesday Evening Prayer is scheduled at 7:00 pm in the Sanctuary, with rehearsals for the Bells of Grace and Sanctuary Choir adjusted for the season of Advent.

#### **Stock Transfer Donation Process**

Greetings from the Financial Secretaries of St. Andrew. As the end of the calendar year approaches, we want to inform you of the process for donating stock to the church.

Contributions must actually be paid before the close of the year to be deductible in 2022. Therefore, please allow at least 3 weeks or more for the completion of the transfer. Please start the process as soon as possible.

We ask you to take the necessary steps if you intend to donate stock to St. Andrew this tax year:

- Download the Stock Transfer Form found on our <u>church website</u> or contact the church office.
- Contact your brokerage firm to initiate an electronic transfer of securities (see form for instructions/details). PLEASE NOTE: We cannot do this for you.
- 3. Complete the form including your intentions for the use of the donation and email a copy to <a href="mailto:tammychef15@gmail.com">tammychef15@gmail.com</a>. You may send a copy to the church office instead, but please mark the envelope "confidential for Financial Secretaries." This form must be turned in at the beginning of the process. Without this form, we cannot complete your request.
- Upon receipt of the form, Tammy Piscitelli will be in contact with you regarding the progress of the electronic stock transfer to the church's securities firm, Charles Schwab.

Thank you for your generosity to the Mission and Ministry of St. Andrew.

Tammy Piscitelli, 503-307-8837, tammy-chef15@gmail.com

On behalf of the Financial Secretaries and the Finance Team

### **Nifty Notters**

The Nifty Notters will meet on <u>Saturday</u>, <u>December 3</u>, but NOT the 17th. Start the new year right by joining us <u>Saturday</u>, <u>January 7</u>, and <u>Saturday</u>, <u>January 21</u>, to work on baby and Lutheran World Relief quilts. We meet in Fellowship Hall from 9:00 am to 2:30 pm. Bring a lunch and join us for all or part of the time. No experience is needed and all supplies are provided. If you have questions, please contact Mary Brown, 503-797-1841.

## A Gift of Yoga

Yoga students are getting an early Christmas present! Teacher Geetha Kumar has returned from her trip to India and will begin teaching live Gentle Yoga classes once again on <u>Wednesday</u>, <u>December 7</u>, at 10:00 am in Fellowship Hall.

Whether you prefer floor or mat yoga, Geetha provides appropriate guidance to achieve greater flexibility, balance, strength, and serenity.

St. Andrew's fitness classes are free and open to everyone in the church community and beyond, thanks to the generosity of our volunteer teachers.

### Uniting in Worship in 2023: A Trial Period

For all except a few of us who help run services every week, there's a whole half of the church we don't get to regularly see. I've been an 11:00 am person at St. Andrew since I started attending 7 years ago, and it feels like every week I'll pass someone walking out as I walk in whom I've never seen before.

Starting in January, that's going to temporarily shift! At last month's meeting, the St. Andrew Council decided to move from two services to a single service at 9:30 am, followed by an education hour at 11:00 am. We did this for a few reasons:



1. We've received a lot of positive feedback from folks about how connected they felt when the Horizon Team led single services. The room felt full, we got to see each other, and we had the opportunity to worship as a collective body.



- 2. Having one service will help reduce the burden on staff and volunteers who help our Sunday mornings run smoothly. Being able to lighten their load during a time of transition to an Interim Pastor/call process will be a nice respite for those we've spoken to.
- 3. Having a single service will be a way that we can be and feel more united as a body. It will make it easier to make new connections, strengthen the connections that may have slacked during COVID, and give us opportunities for more post-service experiences that connect us with God and one another.

This temporary change will go into effect on January 8 and run through the end of March, during which time we'll be soliciting feedback from the congregation on how everyone is liking (or disliking) the new arrangement. Council will revisit the decision and collected feedback we've received during that time to see where folks are at and how we'd like to move forward.

Be on the lookout for a feedback email address in January, and feel free to ask me or other Council members if you've got questions about the change!

Your friendly neighborhood Council President, Barton Robison

## **Christmas in the Library**



Many families like to spend their evenings in the weeks before Christmas reading a book together each night. A fun way to do this is to wrap up 24 books and let your child select one to unwrap each night in Advent.



If you would like to start this tradition, our Children's Library has many beautifully illustrated books to get you started. To help you locate our Christmas collection, I have pulled many of these books and arranged them on the tables and the red book cart.

If you want more—or can't find a specific book—doing an online search for Christmas or Advent brings up a list of more than 200 books, both sacred and secular, in our Children's Library. Simply go to

https://www.librarycat.org/lib/standlib/search/text/christmas?ranked=1 to start browsing.



The Children's Library is always open, so please stop by any time. If you need help finding books to match your child's age and interests, let me know.



Barbara Gutzler Children's Librarian









#### **CLIMATE CORNER:**

## **Reducing the Impact of Your Kitchen Range**

Adapted from an article written by Gemma Alexander, Earth911, November 21, 2022

I was drawn to this article because my husband and I just bought a conduction stovetop this year, and we love it!

Environmental impacts of your range: Many cooks prefer a gas stove, but cooking with gas means burning fossil fuels. If you only cook three times a week, your gas range (both oven and stove top) will release 91 kg/CO<sub>2</sub> in a year. That's about 3.3 pounds of greenhouse gas released each time you cook. The actual emissions could be much higher than this estimate because gas lines leak methane along their entire length. Gas ranges are also associated with poor indoor air quality. They release nitrogen dioxide (NO<sub>2</sub>), carbon monoxide, and formaldehyde into the home. One older study found that children in homes with gas stoves were 20% more likely to develop a respiratory illness. For anyone without an exhaust fan directly above your gas stove that vents outdoors, that research still holds true.

Conventional electric ranges don't contribute to indoor air problems because the combustion takes place far away. But unless the electricity comes from renewable energy, electric ranges are still responsible for greenhouse gas emissions. Consumer Ecology (<a href="https://consumerecology.com">https://consumerecology.com</a>) has a calculator for the carbon footprint of different methods of cooking using electric and gas appliances. Counterintuitively, your electric range may generate more greenhouse gas emissions than a gas range because converting fossil fuels to electricity is inefficient.

<u>Buying better appliances</u>: There is no Energy Star label for residential ovens and stoves. But some choices are more efficient than others. Electric convection ovens save energy by using a fan to circulate hot air around the food, decreasing cook times. Self-cleaning ovens have more insulation, which can further reduce lost heat and improve efficiency.



This picture shows how safe induction stoverops are. Believe it or not, they do not get ly. There is no open flame, hot to the touch.

and the cook top surface

Induction technology has existed for more than a century, but induction stovetops are just now becoming commonplace, and are still more expensive than other options. Magnetic induction elements heat iron or steel pans directly by exciting the molecules magnetically. There is no open flame, and the cook top surface remains cool. And they

cook much faster. Our induction stovetop boils water in half the time our gas stovetop did. This makes magnetic induction stovetops safer than either gas or electric stoves, and almost twice as efficient. Research conducted by Electric Power Research Institute (<a href="https://epri.com">https://epri.com</a>) indicates that a medium-sized gas burner consumes 2,637 watts per hour compared to an induction cooker, which consumes 1,400 watts per hour.

For indoor cooking, the most efficient option is a self-cleaning convection oven with a magnetic induction stovetop. But when you switch to induction cooking, you will have to recycle your old cookware if a magnet will not stick to it. The cookware has to be magnetic.

Minimizing your range's impact: Until induction stovetops became a feasible option, cooking habits affect energy efficiency more than which appliance you bought. To cook most efficiently on the stovetop, covering pots with lids to prevent heat from escaping can reduce energy use by up to 2/3. Minimize heating requirements by using the smallest pan necessary. Similarly, only boil as much water as needed.

Obviously, you should never forget to turn off the oven when you are done. You can even turn off the oven a few minutes early; the heat already inside the oven will finish cooking the food. Like refrigerators, ovens are most efficient when well filled. Cook several dishes at the same time or cook larger portions for reheating later. Reheating takes less energy than cooking. Also in the oven, use ceramic or glass pans which require lower oven temperatures by about 25°F. Use thermometers or timers to avoid overcooking. Don't cover oven racks with foil as this reduces heat flow and increases cooking time. Only run the self-cleaning function right after you've finished using the oven when it is already partially heated.

Keeping your appliances clean and in good repair will prolong their useful life. You can do some simple repairs on gas ranges yourself. Consumer Reports has a tool called "Should You Repair or Replace Your Broken Appliance?" which can help you make that decision.

Liz Hardy Earth Care Team

## **Family Promise**



One last volunteer opportunity for 2022 is to sponsor a "graduated" Family Promise family for Christmas. We are excited to share the news that the family we have been assigned is one that we hosted in Fall 2019. Some of you may remember Marta, Mauricio (M & M) and their five children, as

they were a joy to host. The family has shrunk to M & M and one teenager! Each family member has provided a list of wants and needs. We are asked to provide one want and one need (or more) for each person. Please contact Beth Johnson if you are interested in participating. Funding is available for reimbursement if desired. Gifts are due on <u>Friday, December 9</u>.

#### Cars for Success at St. Matthew

Do you have a vehicle you no longer need? Our neighbor congregation, St. Matthew Lutheran Church, has a Cars for Success program that provides used cars in good condition to low-income people who are employed and would benefit from having a car to travel to work and attend to the needs of their children.

To donate a car to Cars for Success or to request more information, please call Bob Brown, a member of the St. Matthew committee overseeing the program, at 503-459-1001 or email him at <a href="mailto:carbob8225@gmail.com">carbob8225@gmail.com</a>.

A car can be donated whether it's running or not and will then be evaluated at a car shop. Donated vehicles go to one of three places: after any needed repairs, they're donated to an eligible family; they're sold by Cars for Success to support the repair of other cars; or, if they are too expensive to repair, they're sold at an insurance auction. A car recipient never knows who has donated the vehicle.

In Need of Pravers...

In Need of Prayers		
NAME	PRAYERS FOR	<u>CONTACT</u>
Family and friends of Dave Newell	Peace and God's comfort at his death	Anne Newell
Family and friends of Donna (Steve's aunt)	Peace and God's comfort at her death	LuAnn Staul
Anne (friend)	Comfort as death nears	Sonja Ackman
Stan Sivisend (family friend)	Comfort as death nears	Pat Hilliker
Corine Staul (Steve's mother)	Comfort and peace	LuAnn Staul
Lloyd Meyer	Adjustment to life's health challenges/changes	Staff
Sherry Myers (daughter)	Comfort and healing after knee surgery (12/6)	Doris Larson
Hallie (friend)	Comfort and healing	Rebecca Uecker
Carol Duggan (mother)	Healing and recovery	Tim Duggan
Barak Teifel	Healing and recovery from infection	Gordon and Carolyn Teifel
Gary Link	Healing and recovery	Ginny Link
Kim Bach's son	Healing and recovery	Kim Bach
Libby Calhoun	Effective treatment	Libby Calhoun
India Jensen Kerr	Help and discernment regarding health issues	India Jensen Kerr
Victims of gun violence	Comfort and support	Staff
People experiencing homelessness	Adequate shelter and protection	Staff
Bishop Laurie Larson Caesar	Strength and Wisdom	Staff
Oregon Synod and Staff		
Refugees and immigrants, especially the Malik Zada family	Acceptance, safety, and just treatment	Staff
All those who are caregivers for a loved one	Strength and support	Staff
Military personnel, especially Justina Hailey Hope Brocker, Evan Dahlquist, Neil Fiegenbaum, and Jerami Reyna	Courage and protection	Staff
Gloria Dei Lutheran (Coos Bay, OR) Faith Lutheran (Coquille, OR)	Serving with us in the Oregon Synod	Staff
Congregation Ahavath Achim (Portland, OR)	Blessings on our Interfaith Partners	Staff
Individual friends and loved ones	Whatever they most need	Staff
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## Help Meet the Match for Climate and Racial Justice



EcoFaith Recovery develops leaders who organize their communities to advance climate justice and racial justice. Leaders from the St. Andrew faith community have participated in and directly benefited from EcoFaith initiatives. Now EcoFaith invites us to further advance climate justice by helping EcoFaith meet a \$3,000 matching grant on new and increased donations.

Your contribution will help EcoFaith advance leadership development with initiatives such as the <u>Just Vote</u> campaign, an internship program that has hosted 37 young adult and seminary interns to date, and EcoFaith's <u>Eloheh Indigenous Earth Justice</u> partnership. Learn more by visiting <u>ecofaithrecovery.org</u> or <u>donate now!</u>

Your St. Andrew Staff

Council President, Barton Robison	317-695-9722
Lead Pastor, Mark Brocker	brockerms@standrewlutheran.com
Parish Chaplain, India Jensen Kerr	india@standrewlutheran.com
Deacon Susan Reiser, Parish Musician and	
Interim Minister of Music	.srwerner.reiser@standrewlutheran.com
Children & Youth Minister, Kyler Vogt	kvogt@standrewlutheran.com
Seminarian, Karen Klingelhafer	kakling@sbcglobal.net
Parish Manager, Carol Harker	charker@standrewlutheran.com
Office Assistant, Johanna Land	office@standrewlutheran.com
Bookkeeper, Karen Mallari	bookkeeper@standrewlutheran.com
Housekeeper, Carol Hogan	503-646-0629
Evening Facility Manager, Scott Taylor	503-646-0629
Children's Ministry Host, Donna Brocker	503-502-6156
Parish Nurses, Diane Reiner	503-201-4222
Tira Nesset	503-866-5099

Earth and all of creation thank you for helping EcoFaith meet the match and advance climate justice!

## **Giving Statements**

If you have an email address in the St. Andrew database, you have received an email invitation with a unique password so that you can review your giving at any time. Please look at your giving history for 2022 now so that any issues can be corrected before late January, when you'll want to print out your statement for tax purposes.

If you have questions, please contact Tammy Piscitelli, a Financial Secretary, at

tammychef15@gmail.com.

# Preparing for Next Sunday Third Sunday of Advent

December 11, 2022

Isaiah 35:1-10 Psalm 146:5-10 Matthew 11:2-11

# Highlights for the Week at St. Andrew Lutheran Church

Sunday, Dec		
8:30 am		Sanctuary and Livestreamed
9:30 am	Taiwanese Lutheran Church Bible Study	
9:45 am	The Roots	Children's Commons & Library
10:00 am	Adult Ed: Sacred Space in the Home	Fellowship Hall
10:00 am	Confirmation	Library
10:00 am	High School Youth Group	Youth Room
10:30 am	Virtual Coffee Time	via Zoom
11:00 am	Portland Taiwan Lutheran Worship	Chapel
11:00 am		Sanctuary and via Zoom
12:00 pm	Virtual Coffee Time	via Zoom
Monday, De	cember 5	
Tuesday, De		
7:00 am		Elmer's Restaurant on 158 <sup>th</sup> (1250 NW Waterhouse Ave)
7:00 am		Elmer's Restaurant on 158 <sup>th</sup> (1250 NW Waterhouse Ave)
10:00 am		Offsite
10:00 am	•	Library
10:00 am	,	Fellowship Hall
12:00 pm		Fellowship Hall
6:00 pm	<del>-</del> ,	Fellowship Hall
		Library
6:00 pm	<u> </u>	•
6:30 pm	•	
7:00 pm	<u> </u>	St. Andrew Room
-	December 7— <u>Weekly News submissions due by 4:00 pm</u>	Fallaahin Hall
10:00 am	<del>-</del>	Fellowship Hall
12:30 pm		via Zoom
2:30 pm		via Zoom
3:00 pm	· · ·	Children's Commons
6:00 pm		Sanctuary
7:00 pm		nus Sanctuary
7:30 pm	•	Sanctuary
Thursday, D		
9:30 am	Seekers of the Heart of God Bible Study	St. Andrew Room
12:00 pm	Team Ministry Meeting	Chapel/Library
2:00 pm	Brocker Send-off Planning Committee Meeting	St. Andrew Room
5:30 pm	HR Meeting	via Zoom
7:00 pm	Adult Ed Team Meeting	St. Andrew Room
7:00 pm	Foundation Team Meeting	Library
Friday, Dece	mber 9	
10:00 am	T'ai Chi	Fellowship Hall
Saturday, De	ecember 10	·
9:30 am		Fellowship Hall, Narthex
Sunday, Dec	•	,
8:30 am		Sanctuary and Livestreamed
9:45 am	•	
10:00 am		Sanctuary
10:00 am		Library
10:00 am		Youth Room
10:30 am	·	via Zoom
10:30 am		
		Sanctuary and via Zoom
11:00 am		
12:00 pm		via Zoom
3:30 pm		
5:00 pm	Brocker Send-off Dinner & Program	Fellowship Hall

# Worship at St. Andrew or Connect to Virtual Worship



YouTube 8:30 am: Worship in the Sanctuary or watch the livestream of worship on YouTube. The link will be sent to you via email and the church app. Use the same link to see a recording of the service anytime after the livestream ends.



11:00 am: Worship in the Sanctuary or participate in worship via Zoom. The link will be sent to you via email and the church app. To participate via Zoom you can use a computer, smartphone, tablet, or a telephone.