ST. ANDREW WEEKLY NEWS October 30, 2022

St. Andrew Lutheran Church 12405 SW Butner Road, Beaverton, OR 97005 www.standrewlutheran.com; 503-646-0629 Worship Services: Sunday, 8:30 am Sunday, 11:00 am

Thanksgiving Is Coming



The Service Committee is once again sponsoring Thanksgiving meals for Community Action families and we need your help. Community Action works with families on parenting, financial stability, housing, and education.

Our goal is to collect \$2,500, enough to buy fifty \$50 WinCo gift cards for these families. Any donations that exceed our goal will be donated to the St. Matthew Food Pantry for feeding anyone in the community needing food assistance.

If you wish to give online, select the Thanksgiving Food Drive fund, or you can send a check made out to St. Andrew with "Thanksgiving Food Drive" in the memo line.

This is a wonderful way to live out our faith, as well as giving a needy family the chance to truly celebrate Thanksgiving. Please consider helping with a donation of any amount this year. Our donation deadline is November 15 to give us time to purchase gift cards and get them to these families.

If you have questions, please contact:

LuAnn Staul (<u>ljstaul@gmail.com</u> or 503-314-6321) or Linda McDowall (mcdowall.ml@gmail.com or 503-649-5091).

EMO Voters' Guide on

Oregon Ballot Measures

For nearly 50 years, Ecumenical Ministries of Oregon (EMO) has used its voice to advocate for policies and legislation that help create an Oregon that works for everyone, not just those at the top. With the mid-term election less than two weeks away, EMO has released its "Voters' Guide to 2022 Oregon Ballot Measures."

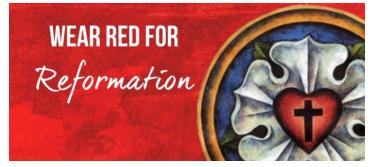


For thoughtful background on why the organization recommends approval of four ballot initiatives – on health care, removing slavery as punishment, government accountability, and reducing gun violence – go to https://emoregon.org/advocacy-action/.

In short, EMO advocates voting YES on four ballot initiatives: Measure 111: Yes on the Right to Health Care Measure 112: Yes to Remove Slavery as Punishment for a Crime Measure 113: Yes for Government Accountability Measure 114: Yes for Reduction of Gun Violence

October 30 Is a One-Service Sunday

9:30 am: Worship in the Sanctuary 11:00 am: Horizon Discussion—Shaping the Future in Fellowship Hall



Reformation & Horizon Team Wrapup

The green season of Pentecost is interrupted this Sunday as Protestant clergy put on their red vestments to commemorate the Reformation. The congregation is encouraged to wear red, too, to remind us of the fire of the Spirit.

On **Sunday, October 30**, the people of St. Andrew will gather for ONE WORSHIP SERVICE at 9:30 am. Horizon Team guide Pastor Terry Moe will preach regarding discernment and how listening to the Holy Spirit can provide direction when we face uncertainty about the future.

It will be a festive day! Following worship, we'll gather in Fellowship Hall (11:00 am-12:30 pm) for an event that will mark the end of the Horizon Team's work and the beginning of the next step in our continuing reformation journey. Come be a part of discerning what the Spirit is revealing to us as we explore ministry opportunities in 2023 and beyond.

Light refreshments will be served and there's no need to sign up in advance. Whether you've been a member since the beginning or are here for the first time, you are a part of this faith community and can be a part of shaping its future. Childcare provided.

Bach Cantata Choir Presents Free Concert

The Bach Cantata Choir will present a concert featuring J.S. Bach's Cantata #80 "Ein' feste Burg ist unser Gott" ("A Mighty Fortress Is Our God") on <u>Sunday October 30</u>, at 2:00 pm at Rose City Park Presbyterian Church, located at NE Sandy Blvd and NE 44th in Portland. The free concert will also include "Cantate Domino" by Claudio Monteverdi and Bach's Cantata #106 "Gottes Zeit is der allerbeste Zeit" ("God's Time Is the Best Time"). Ralph Nelson conducts the 45-voice Bach Cantata Choir, 12-piece orchestra with soloists Vakare Petroluinaite, soprano; Sarah Beaty, alto; Leslie Green, tenor; and Jacob Herbert, bass.

At this Reformation Sunday concert, the Bach Cantata Choir, including St. Andrew's own Kristie Gladhill, will celebrate the Reformation with Bach's great Cantata No. 80, "Ein Feste Burg" which is based on Luther's familiar hymn "A Mighty Fortress." Advance reservations and tickets are not required. For more information go to <u>http://www.bachcantatachoir.org.</u>

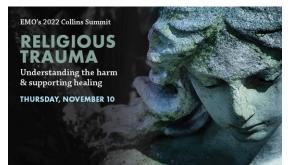
EMO's 2022 Collins Summit:

Religious Trauma

In recent years, mental health professionals have underlined the way the religious experience can sometimes create trauma. It's important for people of faith to understand this phenomenon as we walk alongside our friends, family, neighbors, coworkers, and even clergy.

This year's Collins Summit will feature keynote speaker Connie A. Baker, who wrote *Traumatized* by *Religious Abuse: Courage, Hope and Freedom for Survivors,* a comprehensive resource for those who have experienced religious abuse, be it psychological, verbal, sexual, or financial. With authenticity, openness, and careful consideration of many different faith traditions, Baker provides a path to hope and healing.

The Summit will be a hybrid event, allowing people to attend in person at Multnomah University's Main Hall (8435 NE Glisan St, Portland) or online. Mark your calendars for <u>Thursday, November</u> <u>10</u>, at 7:30 pm. Tickets are free to students and \$20 for the general public. <u>Make your reservation now</u>.



It's a Party!



Plan now to come and celebrate 20 years of organizing for the common good with other members of MACG institutions. On <u>Sunday</u>, <u>November 6</u>, from **3:00-5:00**

pm, we will gather at **St. Andrew's Catholic Church** (yes, there is another St. Andrew's church!) to celebrate what we have accomplished and look ahead to the future.

During these divisive political times, come and see a different way to address issues through building relationships and training leaders. Hear about what is ahead, including a new Lead Organizer and some new member institutions. Please mark your calendars and plan to come and represent OUR St. Andrew at this festive, fun event.

Questions? Contact Pat Christiansen or any member of the MACG Core Team: Larry Bliesner, Jan Smith, Scott Taylor, Lynn Santelmann, Victoria Kavalenko, and Gretchen Bancroft.

Why You Shouldn't Use Too Much Laundry Detergent By Scott Flint, the fix-it guy, Oct. 6, 2022, printed in Earth911



If you have a really dirty load of laundry, you should use extra detergent, right? Well, no. Using too much detergent is the most common mistake that people make when doing laundry. Unfortunately, it wastes money, harms the environment, and can cause problems with your machine. With over 30 years of appliance repair experience, Scott has seen a lot of things go wrong with washers. Of all the laundry mistakes Scott sees, using too much detergent is the most common. Very often, people will fill the soap

tray of their front-loading machine all the way up to the very top of the "Full" mark. Or if they have a top-load washer, they often put in an extra capful or scoop of detergent if they have an extra dirty load. Using that much soap causes a few different problems.

- Suds Problem: Not surprisingly, too much soap can create too many soap bubbles, which don't drain out easily as water does. When the drain pump can't move all those air bubbles, the motor will spin too quickly and overheat. On the Whirlpool front-loading washer, this can cause a problem where the door will not unlock and the washer continues to drain until you unplug it. This wastes energy and puts undue stress on your machine. Luckily, this problem usually goes away on its own because over time, the soap bubbles pop, and then the pump can drain out the extra soap.
- Soapy Laundry: Your washing machine will be unable to rinse away the extra detergent and you will end up with residue on your clothing, sheets, and towels. It can leave marks on your laundry and your clothes may feel dirty and irritate your skin.
- Wasted Money: If you use too much detergent, you'll run out more frequently and need to purchase more detergent than you really need.
- Mold: If you use too much detergent, it leaves a residue in your washer that can lead to a mold problem if your washing machine cannot rinse away all of the soap each cycle. Mold isn't just unsightly; it also makes your clothing smell unpleasant. And it's not uncommon for many people to experience health problems due to mold.
- Bad for the Environment: Using too much soap is also bad for the environment. Wastewater treatment plants and septic systems strive to remove all contaminants; using more detergent than you need raises water treatment costs for the community and increases the chance that harmful substances get released into the environment. For example, nitrogen in detergent can stimulate algae growth when it reaches freshwater sources, depleting oxygen levels and harming marine life. Other agents, such as surfactants which break up stains, and optical brighteners that make whites whiter and light colors brighter are toxic to water supplies and marine life.

Detergent strips are a fairly new way to dispense pre-measured laundry detergent. Because detergent strips are solid detergent with no water, a package of strips is much lighter and smaller than liquid detergent. That means much less fuel is needed to transport them from the manufacturer to the store, resulting in a lower shipping carbon footprint. Liquid detergent is over 70% water, requiring strong plastic packaging that often isn't recycled. Detergent strips require much less packaging than liquid detergent.

When customers have problems that indicate they're using too much detergent, Scott usually tells them to use about half as much soap as they have been using. After they try this, they tell him that their clothes actually come out cleaner with less detergent. If you're still tempted to put in extra detergent, consider trying pre-measured laundry strips. You'll help prevent these laundry mishaps, create a lot less packaging waste, and probably find that you save some money.

> *Liz Hardy* Earth Care Team

In Need of Prayers...

NAME	PRAYERS FOR	CONTACT
Family and friends of Suzanne Warnes	Peace and God's comfort at her death	Staff
Family and friends of George Kerr (Fred's uncle)	Peace and God's comfort at his death	Chaplain India Jensen-Kerr
Peggy Johnson (cousin)	Comfort and effective treatment	Linda Fransen
Amy Marks	Comfort and effective treatment	Bob & Judy Scholz
Liam Lamboley	Comfort and effective treatment	Becky Lamboley
Claudia Parsons	Comfort and healing	Chaplain India Jensen Kerr
Martha Williams (aunt)	Comfort and healing	Carol Hogan
Raya Sidona (great grand-niece)	Thanksgiving for successful heart surgery	Gary & Ginny Link
Horizon Team	Thanksgiving for their leadership	Staff
People impacted by extreme weather events	Safety, protection, and recovery	Staff
Sunriver Christian Fellowship (Sunriver, OR)	Serving with us in the Oregon Synod	Staff
Congregation Neveh Shalom (Portland)	Blessings on our interfaith partners	Staff
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Individual friends and loved ones	Whatever they most need: say their names	Staff
	in your heart or aloud	

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629 or email office@standrewlutheran.com Tuesday-Friday, prayerchain@standrewlutheran.com Saturday-Monday.

If you know anyone from St. Andrew who needs a Eucharistic minister or would benefit from a monthly visit or phone call, please contact Chaplain India Jensen Kerr at india@standrewlutheran.com or 503-860-5377.

Stories of Exclusion and Belonging

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FRIDAY, NOV. 11, 2022, 7 p.m., Free

An evening of stories and music from Oregonians about the places they built, the traditions they brought, and what it means to truly belong.

FIRST CONGREGATIONAL UCC

1126 SW Park Ave., Portland, OR 97205

Council President, Barton Robison	
Lead Pastor, Mark Brocker	brockerms@standrewlutheran.com
Parish Chaplain, India Jensen Kerr	india@standrewlutheran.com
Deacon Susan Reiser, Parish Musician and	
Interim Minister of Music	srwerner.reiser@standrewlutheran.com
Children & Youth Minister, Kyler Vogt	kvogt@standrewlutheran.com
Seminarian, Karen Klingelhafer	kakling@sbcglobal.net
Parish Manager, Carol Harker	charker@standrewlutheran.com
Office Assistant, Johanna Land	office@standrewlutheran.com
Bookkeeper, Karen Mallari	bookkeeper@standrewlutheran.com
Housekeeper, Carol Hogan	
Evening Facility Manager, Scott Taylor	
Children's Ministry Host, Donna Brocker	
Parish Nurses, Diane Reiner	
Tira Nesset	

Welcome Sunday!

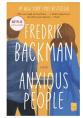


St. Andrew will welcome new members during worship services on Sunday, December 11. We're delighted to already

have two families who have indicated they would like to be members in our faith community. If you would like to join them or have questions about membership, please contact Pastor Mark Brocker.

New Fiction

The Confession, John Grisham Sooley, John Grisham All the Devils Are Here, Louise Penny Rise and Shine, Anna Quindlen A Sweetness to the Soul,



Jane Kirkpatrick A Gambling Man, David Baldacci The Lost Symbol, Dan Brown The King's Justice, Susan Ella MacNeal Anxious People, Fredrik Backman The Cellist, Daniel Silva

Preparing for All Saints Sunday November 6, 2022

> Daniel 7:1-3, 15-18 Psalm 149 Luke 6:20-31

Highlights for the Week at St. Andrew Lutheran Church

Sunday, Oct	ober 30	
9:30 am	Worship with Communion: ONE WORSHIP SERVICE	Sanctuary and Livestreamed
11:00 am	Portland Taiwan Lutheran Worship	Chapel
11:00 am	Horizon Discernment Gathering	Fellowship Hall
Monday, Oc	tober 31	
10:00 am	Meals on Wheels/Loaves and Fishes	Offsite
Tuesday, No		
7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
10:00 am	Tai Chi	Fellowship Hall
10:00 am	Meals on Wheels/Loaves and Fishes	Offsite
10:00 am	Worship Planners Meeting	Library
12:00 pm	Bridge Group	Fellowship Hall
6:00 pm	Columbia Willamette Faceters' Guild	Fellowship Hall
6:00 pm	CWFG Board Meeting	Library
7:00 pm	MACG	St. Andrew Room
Wednesday	, November 2— <u>Weekly News submissions due by 4:00 pm</u>	
10:00 am	Video-led Yoga	Fellowship Hall
12:30 pm	Bonhoeffer Seminar	via Zoom
1:00 pm	The Gift of Years	Library
2:30 pm	Communications Team Meeting	via Zoom
6:00 pm	Bells of Grace	Sanctuary
7:00 pm	Sanctuary Choir	Sanctuary
Thursday, N	ovember 3	
9:30 am	Seekers of the Heart of God Bible Study	St. Andrew Room
12:00 pm	Team Ministry Meeting	Chapel / Library
7:00 pm	Executive Council Committee Meeting	St. Andrew Room
Friday, Nov	ember 4	
10:00 am	Tai Chi	
Saturday, I	November 5	
9:00 am	Nifty Notters	
Sunday, No	ovember 6	
8:30 am	Worship with Communion	Sanctuary and Livestreamed
9:45 am	The Roots	
10:00 am	Adult Ed: The Apostles' Creed: Do We Have to Swallow it Whole?	Youth Room
10:00 am	Confirmation	Library
10:00 am	High School Youth Group	
10:30 am	Virtual Coffee Time	via Zoom
11:00 am	Portland Taiwan Lutheran Worship	Chapel
11:00 am	Worship with Communion	Sanctuary and via Zoom
12:00 pm	Virtual Coffee Time	-



A Prayer for Our Nation, by Judy Chicago

And then all that has divided us will merge And then compassion will be wedded to power And then softness will come to a world that is harsh and unkind

And then both men and women will be gentle And then both women and men will be strong And then no person will be subject to another's will And then all will be rich and free and varied And then the greed of some will give way to the needs of many

And then all will share equally in the Earth's abundance

And then all will care for the sick and the weak and the old

And then all will nourish the young And then all will cherish life's creatures And then all will live in harmony with each other and the Earth And then everywhere will be called Eden once again.

Judy Chicago's prayer-poem seems particularly relevant with U.S. mid-term elections less than two weeks away. TIME Magazine recognized Chicago among its "100 Most Influential People in the World" in 2018.

Worship at St. Andrew or Connect to Virtual Worship

YouTube <u>8:30 am</u>: Worship in the Sanctuary or watch the livestream of worship on YouTube. The link will be sent to you via email and the church app. Use the same link to see a recording of the service anytime after the livestream ends.

zoom

11:00 am: Worship in the Sanctuary or participate in worship via Zoom. The link will be sent to you via email and the *church app.* To participate via Zoom you can use a computer, smartphone, tablet, or a telephone.