

ST. ANDREW WEEKLY NEWS

August 21, 2022

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005
www.standrewlutheran.com; 503-646-0629

Worship Services:
Sunday, 8:30 am
Sunday, 11:00 am

Undie Sunday

Outside In



Only two Undie Sundays remain in this year's annual service project for Outside In. St. Andrew will be collecting donations of NEW ADULT underwear through **August 28**.

Since 1968, Outside In has supported many lives by helping break the cycles of homelessness, poverty, and poor health among the young people of our community. Outside In's health clinic and young adult programs aim to meet people where they are and offer safe spaces for judgment-free care and support.

You can take part in this positive program by purchasing and bringing to church NEW ADULT underwear. A basket will be located in the Narthex and THANK YOU for showing God's love to our brothers and sisters in need.

Service Committee

Acolytes and an Acolyte Coordinator Needed

With fall around the corner, it is time to start thinking about the patterns that a new school year brings. Are you aware that St. Andrew has a shortage of acolytes at this time? If you are a kid or a kid at heart and would like to light the candles for worship, join us! We'll provide training so you're comfortable in your role as one of the worship leaders. Acolytes are scheduled according to their availability and serve during either the 8:30 am or 11:00 am service, not both, so the time commitment is limited.

We also need an Acolyte Coordinator to recruit, train, and schedule acolytes. If you have never done something like this before and know nothing about acolyting, no worries! We will make sure you are prepared to train and schedule acolytes. The time commitment should not be that hefty. It will probably only be five to ten hours a month!

If you are interested in being an acolyte or being an acolyte coordinator, contact Chaplain India at india@standrewlutheran.com or call 503-646-0629, ext 211.

Volunteers for Habitat Wanted

Our local Habitat for Humanity organization has seen several changes in recent years. First, the COVID pandemic necessitated that Habitat use only professional crews as a safety consideration for volunteer builders. As a result, fewer homes were constructed. Then, earlier this year, our Willamette West affiliates merged with Portland Eastside to form Habitat for Humanity Portland Region.

As of this summer, Habitat Portland Region is again inviting volunteer teams from Portland's faith community and other groups to participate in building houses. If you're interested in joining a team of builders from our congregation, please contact Dan Fako (dan43theman@comcast.net or call 503-636-3414).

Horizon Team Events

The Mindful Walks are here! **Saturday, August 20**, at 9:30am, with light refreshments following, and **Sunday, August 21**, between services. On both days there will be a guided meditation in the Sanctuary of the Firs led by Barton Robison. Both days will also include an "in place" time of centering prayer led by Pat Christiansen on Saturday and Mary Smith on Sunday. The forecast looks like it will allow the centering prayer to take place outside at the wonderfully shaded picnic table near the entrance to the children's commons. You are welcome to bring a favorite chair. Be prepared to slow down, calm down and engage your senses in quieting your mind and listening for the Spirit.



Beth Johnson
Horizon Team Member

St. Andrew Earns Platinum Certification!

This past Wednesday, a barred owl resting in a Doug fir near the picnic table where Pastor Mark does his Earth Camp teaching eavesdropped on the conversation going on below and was the first to learn the news: St. Andrew has received Backyard Habitat platinum level certification for the developed area of property surrounding the church proper!

Receiving the highest level of certification is an extraordinary accomplishment following an initial assessment visit from Susie Peterson, representing Backyard Habitat and the Columbia Land Trust, and Rachel Pecore-Valdez from Backyard Habitat. As Susie noted, the people of St. Andrew have put in platinum-level work and beyond to develop our property in concert with the needs and well-being of native wildlife. "You have a significant ecological asset for the entire area," she said. "You've created an important wildlife corridor."

"What a treasure to have for the community," longtime environmental educator Rachel added. "I'm thrilled to see what the kids have access to here and how much they can learn from your ongoing stewardship."

Many thanks to Bev Briggs of the Earth Care Team for filling out the application and arranging the assessment visit, and to Don Nearhood for the tour he provided and the information he shared about our native plantings, water management, and partnership with Clean Water Services and other organizations.

Several St. Andrew families have achieved Backyard Habitat certification. If you'd like to know more about the program, talk to Bev Briggs, Rob Dieffenbach, Liz Hardy, Michelle Sinn, or LuAnn Staul, or go to: <https://backyardhabitats.org/>.

Next step: removing some pesky invasives in our forest and wetland areas in order to certify our entire 10-acre property. We can do this.



Opportunities to Assist

Afghan Refugees

This past week the St. Andrew Sanctuary Team was asked by Lutheran Community Services Northwest (LCSNW) to assist Afghan refugees arriving in the U.S. on August 18. The invitation comes as we watch newscasts replaying the chaotic departure of US troops from Kabul one year ago, together with scenes of Afghans attempting to leave their homeland.

Our team will be meeting an Afghan family arriving Thursday night at the Portland airport and transporting them to a hotel in Tigard, where they will stay while LCSNW helps them secure permanent housing and employment. The family of six (including four children under the age of six) has an LCSNW case manager; it is unclear whether our team will be involved with this family beyond the initial transport as the situation is quite fluid.

We also have received an invitation from Zion Lutheran Church in downtown Portland to join their Afghan Welcome Circle. Zion is currently sponsoring an Afghan family through LCSNW, and they need additional volunteers to assist with a variety of activities, including transportation to appointments and grocery shopping. Working with Zion may allow us to build a broader network of refugee assistance on the west side.

It's energizing to have positive, hospitable actions we can take in Washington County that engage us in the events we see in the news. LCSNW requires volunteers to go through an orientation and clearance process. If you are interested in volunteering with us, contact Lloyd Meyer (mlmeyer888@comcast.net) or Cindy Stadel (cstadel@hevanet.com), and we'll be happy to answer questions.



Ringers and Singers

Rehearsals of the Bells of Grace and the Sanctuary choir resume on **Wednesday, September 7**, with bell rehearsals beginning at 6:00 pm and choir rehearsal at 7:00 pm. We are always looking for new ringers and singers and no experience is required! Please let Susan Reiser know if you wish to join either of the choirs. If you have any questions, please contact Deacon Susan.

Join the Schoolbag Challenge

Every fall we ask for school supply contributions for Lutheran World Relief. Thanks for your help. But those wonderful notebooks, rulers, pencils, etc. would just roll around in a box headed for LWR headquarters if we didn't have strong, attractive school bags. **This is the time to make the bags!** While we are fortunate to have some bags completed from last year, we need 200 more.

If you are new to this or want to have a reminder on how to sew a bag, come and learn how to make a bag. Join us in Fellowship Hall on **Monday, August 22, at 10:00 AM**. Bring your sewing machine or serger if you like, but we also have two machines available. There will be jobs that don't involve sewing machines, too. Even if you have made bags in the past, your presence is important as you can help others and also enjoy fine company. There might even be a snack.

If this time doesn't work for you, or if you prefer to work at home for any stage of LWR school bag construction, please contact Sharon Fako at sfako24@comcast.net. You don't have to buy fabric as we have a great supply of sturdy fabric, cut and ready to be cut. All we need now is your hands.

Time to Collect School Supplies for Lutheran World Relief

Education is one of the strongest tools a community has for breaking the cycle of poverty. Even better results occur when we can ensure that girls attend school in places where their access to education is not a priority. Lutheran World Relief (LWR) school kits contain essential supplies to help children learn in the face of serious obstacles.

With many retailers currently offering back-to-school sales, now is the time to help us stock up on supplies for LWR School Kits. Our goal is to collect enough supplies to fill 250 school kits by mid-October.

We need the following supplies:

- 70-sheet spiral bound notebooks (4 notebooks per kit = we need a total of 1,000 notebooks)
- Box (16- or 24-count) crayons (we need 250 boxes)
- Pencil sharpeners (we need 250 total)
- 30-centimeter rulers (we need 250 total)
- Blunt scissors (we need 250 total)
- Unsharpened No. 2 pencils with erasers (5 pencils per kit = we need a total of 1,250 pencils)
- Black or blue pens (5 pens per kit = we need 1,250 pens)
- 2 ½ inch eraser (we need total of 250 erasers)

This is a big goal but we know the generous hearts of St. Andrew people can achieve this goal! Please bring your donations and place them in the barrel in the Narthex labeled LWR School kits.

Thank you for your generous donations.

Retreat on Engaged Spirituality

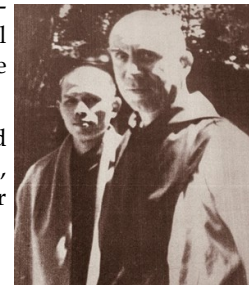
Meditating with Thich Nhat Hanh and Thomas Merton, **September 24**

Join Pastor Terry Moe and Peggy Lindquist, Order of Interbeing, for a daylong retreat exploring the spiritual practices of two monks from separate corners of the world.

To register, call Benedictine Sisters, 503-845-2446, or send a check to Benedictine Sisters, 840 S. Main St, Mt. Angel, OR 97362, Attn: Sr. Dorothy Jean, at least three days prior to the retreat.

More information is available online at:

<https://www.benedictine-srs.org/events>.



September 24, 9 am-4 pm, Benedictine Sisters Chapter Room, Mt. Angel, \$65 (includes lunch), scholarships available

Good, Better Best: Cutting Your Consumer Carbon Footprint

Adopted from Earth 911
By Gemma Alexander, July 2022

Earth911 has a series of articles about “Good, Better, Best” ways to reduce our carbon footprint. Carbon dioxide (CO₂) emissions are a leading cause of the current climate disaster we now face. There are many ways to calculate your family’s overall carbon footprint, which can be higher or lower depending on the number of people in your household, the size of your house, how much and how you travel, and many other decisions you make throughout the year. On average, though, each American generates 18.55 tons of CO₂ emissions per year, or 3.5 times the global average.



As Americans, we are famous (or perhaps infamous) for inventing and exporting a culture of consumerism. The burst of post-war spending when Americans overcompensated for the shortages of WWII converted citizens to consumers. But the

impulse spending and planned obsolescence of a consumer economy has terrible consequences for the environment.

While transportation generates the largest source of greenhouse gases in the U.S. at 28% of the national total, for most households, the stuff we buy comes in as a close second at 26%. This amorphous category includes everything from furniture to haircuts, which makes it hard to pinpoint effective changes. But clearly, our American consumer culture is a critical component of our environmental impact. Because of our culture of consumerism, the US with only 4.3% of the world’s population generates 15% of global greenhouse gases.

Here are some tips on how we can change our shopping habits to reduce our carbon footprint.

Good: Precycling means asking yourself if you really need this item before you buy it. Precycling is much greener than recycling! Have you been influenced by marketing to want something you don’t need? Do you engage in “shopping therapy”? If you do need the item, could you find it at a second hand store or repair the one you already own? Will this purchase actually fill your need or is it a temporary solution that will soon need to be replaced? You don’t have to wait for the day after Thanksgiving to participate in “Buy Nothing Day.” Try to live for one or two days with only what you already have. It may be easier than you think. It can also be surprisingly satisfying. And great for your pocketbook!

Better: Once you start making fewer casual purchases, you can concentrate on making greener purchasing decisions. Look for products that do not use fossil fuels in their production (such as plastic items and polyester clothing) or come in plastic packaging. Avoid fast fashion clothing that is rarely made from natural fibers, and is cheap but will not last longer than one season. Once you know how much environmental damage various products cause, you may be convinced to buy less stuff.

Green products are more expensive. But once you cut out unnecessary purchases, you may be able to afford the more expensive

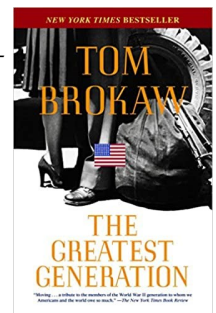
eco-friendly products. Put yourself on a spending diet. Schedule regular personal “Buy Nothing Days,” delay purchases until after the next payday, or wait for other milestones before making important purchases. Delayed gratification helps maximize our pleasure from the purchases we do make. Sometimes you may find that once the assigned waiting period has passed, you no longer want to make the purchase, which is also great for your pocketbook!

Best: Minimalism is a mindset that Americans (and people in other first-world countries as well) need to adopt to cut their environmental impact. Adopting a zero-waste lifestyle is a major change that completely eliminates wasteful shopping. Some have even embarked on a “Buy Nothing Year”! While this is pretty extreme, we can all cut back at least a little bit. Even if you don’t succeed in the challenge, it is sure to reset your relationship to stuff.

New Library Books

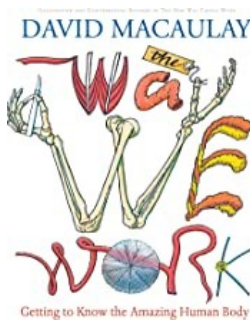
Nonfiction

- *The Greatest Generation*, by Tom Brokaw
- *The Greatest Generation Speaks: Letters and Reflections*, by Tom Brokaw
- *Rabbi Paul: An Intellectual Biography*, by Bruce Chilton
- *Awed to Heaven, Rooted in Earth: Prayers of Walter Brueggemann*, by Walter Brueggemann and Edwin Searcy
- *Short Nights of the Shadow Catcher: The Epic Life and Immortal Photographs of Edward Curtis*, by Timothy Egan
- *The Way We Work: Getting to Know the Amazing Human Body*, by David Macaulay
- *Reconciliation: Islam, Democracy, and the West*, by Benazir Bhutto
- *Dirt, Greed, and Sex: Sexual Ethics in the New Testament and Their Implications for Today*, by L. William Countryman
- *Lectures on Romans*, by Martin Luther and Wilhelm Peck
- *Augustine: Confessions and Enchiridion*, by Albert Cook Outler
- *Augustine: Earlier Writings*, by J.H.S. Burleigh
- *Augustine: Later Works*, by John Burnaby



The Way We Work:

Getting to Know the Amazing Human Body



This is a fun book. Not doctor material, but detailed enough that if you’ve got something wrong with something “in there,” you can look in this book and find “there” and what it does, which may help you understand, or at least give you an idea what your doctor is talking about.

The book works through each system, just like food works through you, ending with the reproductive system and a new baby.

The pictures are often amusing, and while they may be a bit confusing because of their detail, they are still amazing in their coloration, which helps make the book a page turner.

Pam Farr
Adult Librarian

In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
Family and friends of Bernie Dwigans (father)	Peace and God's comfort at his death	Chaplain India for Carol Hogan
Olivia Waldroff (granddaughter)	Blessings on her birth	Jeff & Sue Smith
Carol Means	Thanksgiving for her recovery from cancer	Chaplain India
Maria Navarre	Adjustment to living in a new culture	Lynn Santelmann
James (friend)	Healing after a major medical event	Sonja Ackman
Ron & Carol Means	Healing and recovery from COVID	Chaplain India
Carol Hogan	Comfort, strength, and support during a stressful time	Carol Harker
Ethel Ritchie	Healing and comfort after a fall	Chaplain India
Diane Prink	Comfort and healing after back surgery (Aug. 4)	Carol Hogan
Lisa Staul	Comfort and a positive surgery outcome (Sept. 14)	LuAnn Staul
Vanessa Rodriguez	Strength and support during financial hardship	Vanessa Rodriguez
All those impacted by war and gun violence	Protection, justice, and end of conflict	Staff
Those confined to their homes Mareline Barnes, Dave Bumgardner, Jean Fredrickson, Tara Harper, Marlene Maxwell, Dorothy Moore, Helen Rogers, Dave & Sharon Roth, Margie Schindele	Assurance of God's presence	Staff
All who are imprisoned	Peace and strength	Staff
Ecumenical Ministries of Oregon Holy Trinity Catholic Church	Blessing on their work	Staff
Our Savior's Lutheran (Eugene, OR) United Lutheran (Eugene, OR) Faith Lutheran (Junction City)	Serving with us in the Oregon Synod	Staff
Congregation Chabad (Portland)	Blessings on our interfaith partners	Staff
Individual friends and loved ones	Whatever they most need: say their names in your heart or aloud	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629 or email office@standrewlutheran.com Tuesday-Friday, prayerchain@standrewlutheran.com Saturday-Monday.

If you know anyone from St. Andrew who needs a Eucharistic minister or would benefit from a monthly visit or phone call, please contact Chaplain India Jensen Kerr at india@standrewlutheran.com or 503-860-5377.

Your St. Andrew Staff

Council President, Barton Robison.....	317-695-9722
Lead Pastor, Mark Brocker	brockerm@standrewlutheran.com
Parish Chaplain, India Jensen Kerr.....	india@standrewlutheran.com
Deacon Susan Reiser, Parish Musician and Interim Minister of Music	srwerner.reiser@standrewlutheran.com
Children & Youth Minister, Kyler Vogt.....	kvogt@standrewlutheran.com
Seminarian, Karen Klingelhafer	kakling@sbcglobal.net
Parish Manager, Carol Harker	charker@standrewlutheran.com
Office Assistant, Johanna Land	office@standrewlutheran.com
Bookkeeper, Karen Mallari	bookkeeper@standrewlutheran.com
Housekeeper, Carol Hogan	503-646-0629
Evening Facility Manager, Scott Taylor	503-646-0629
Children's Ministry Host, Donna Brocker	503-502-6156
Parish Nurses, Diane Reiner	503-201-4222
Tira Nasset.....	503-866-5099

Weekend Prayers

Sue Cahlander, weekend prayer volunteer, will be traveling until September 21. During this time, please do not call her directly with prayer requests. Instead, send all prayer requests to the office. If your request is urgent, please contact Chaplain India at 503-860-5377 or india@standrewlutheran.com.

Preparing for Next Sunday

August 21, 2022

Isaiah 58:9b-14

Psalms 103:1-8

Gospel: Luke 13:10-17

Highlights for the Week at St. Andrew Lutheran Church

Sunday, August 14

- 8:30 am **Worship with Communion**Sanctuary and Livestreamed
- 10:30 am Virtual Coffee Time via Zoom
- 11:00 am Portland Taiwan Lutheran Worship Chapel
- 11:00 am **Worship with Communion** Sanctuary and via Zoom
- 12:00 pm Virtual Coffee Time via Zoom

Monday, August 15

Tuesday, August 16

- 7:00 am Men’s Gathering and Bible Study Elmer’s Restaurant on 158th (1250 NW Waterhouse Ave)
- 7:00 am Sunrise Women..... Elmer’s Restaurant on 158th (1250 NW Waterhouse Ave)
- 10:00 am Tai Chi Fellowship Hall
- 12:00 pm Bridge Group..... Fellowship Hall
- 6:30 pm Scout Troop 198..... Children’s Commons

Wednesday, August 17

- 10:00 am Yoga Fellowship Hall

Thursday, August 18

- 12:00 pm Team Ministry Meeting Library
- 7:00 pm Council Meeting..... St. Andrew Room and via Zoom

Friday, August 19

- 10:00 am Tai Chi Fellowship Hall

Saturday, August 20

- 9:00 am Nifty Notters Fellowship Hall
- 9:30 am Mindfulness Walk with the Horizon Team..... Sanctuary of the Firs
- 9:30 am Mindfulness Time with the Horizon Team..... Chapel

Sunday, August 21

- 8:30 am **Worship with Communion**Sanctuary and Livestreamed
- 9:30 am Taiwanese Lutheran Church Bible Study..... Library
- 9:45 am Mindfulness Walk with the Horizon Team..... Sanctuary of the Firs
- 9:45 am Mindfulness Time with the Horizon Team..... Chapel
- 10:30 am Virtual Coffee Time via Zoom
- 11:00 am Portland Taiwan Lutheran Worship Chapel
- 11:00 am **Worship with Communion** Sanctuary and via Zoom
- 12:00 pm Virtual Coffee Time via Zoom

Worship at St. Andrew or Connect to Virtual Worship



8:30 am: Worship in the Sanctuary or watch the livestream of worship on YouTube. *The link will be sent to you via email and the church app.* Use the same link to see a recording of the service anytime after the livestream ends.



11:00 am: Worship in the Sanctuary or participate in worship via Zoom. *The link will be sent to you via email and the church app.* To participate via Zoom you can use a computer, smartphone, tablet, or a telephone.

Highlights from the Finance Team as of July 31st, 2022

Fiscal Year 2022-2023, Report Date 8/17/2022

Thank you for your continued support for the ministries of St Andrew.

M&M Giving is 65% of FYTD budget and 63% of monthly budget.

Expenses are 91% of FYTD budget.

We did not make an additional principal mortgage payment in July.

Monthly Attendance & Giving

Date	In Person	YouTube	Zoom / Call In	Total Service Attendance	M&M Fund Monthly Total	Mortgage Fund Offering
Sunday Average	81	77	25	183		
Monthly Total	408	384	126	918	\$ 34,882	\$ 8,141

NOTE: There were 5 Sundays in July 2022.

To Meet Budget \$ 55,342 \$ 12,732

63%

3 Main Funds: Current Status

Ministry & Mission (M&M) Fund (AKA "Operating Budget")	FYTD Budget	Actual		The M & M Fund supports the general operations of the church, including worship, education, and office supplies; property maintenance; synod benevolence; staff; and utilities.
		FYTD \$	% of FYTD Budget	
Giving FY 2022-2023	\$ 53,991.66	\$ 34,882	65%	
Expenses FY 2022-2023	\$ 56,285	\$ 51,025	91%	

Mortgage Fund	FYTD Actual Giving	FYTD Actual Expense	Balance on Hand	Mortgage Principal Balance	Monthly Mortgage Payment
FY 2022-2023	\$ 8,141	\$ 12,732	\$ 64,011	\$ 522,713	\$ 12,732
FYTD Principal Only Payments		\$ -	The Mortgage Fund holds contributions designated		

Designated Funds	FYTD Actual Giving	FYTD Actual Expense	Balance on Hand	Designated Funds support many different ministries such as Local Benevolence, Community Garden, WELCA, Refugee, Racial Justice, etc.
Total Designated Funds			\$ 100,449	
PIPE Fund †	\$ 367	\$ -	\$ 34,861	
ECE loan balance from Designated	\$0			

† Includes \$9,900 for Wetlands Improvements

YTD figures represent Fiscal Year starting 7/1/2022

FINANCE TEAM:

Treasurers: Joel Johnson, Tim Duggan

Financial Secretaries: Brian Cheney (Finance Team Chair), Tammy Piscatelli

St Andrew Foundation Treasurer: Luis Falucho