

ST. ANDREW WEEKLY NEWS

July 3, 2022

St. Andrew Lutheran Church
12405 SW Butner Road, Beaverton, OR 97005
www.standrewlutheran.com; 503-646-0629

Worship Services:
Sunday, 8:30 am
Sunday, 11:00 am

11:00 am Worship in the Sanctuary of the Firs

Weather permitting, the 11:00 am worship service this Sunday will be held in the Sanctuary of the Firs. If it should rain or be too chilly, we'll gather in the Sanctuary instead.

Remember that the 8:30 am service is livestreamed and available on St. Andrew's YouTube channel later as well. The 11:00 am worship service is shared in real time via Zoom.

Horizon Team Report

Listening to What the Spirit Might be Saying to St. Andrew

Over the next 4 weeks the Horizon Team will continue sharing the recommendations included in its report to the Council. This report includes feedback we heard from the Day of Listening event, and it includes themes our team members have discerned through a season of reflection and openness to the prompting of the Holy Spirit. We do not believe our work is complete, but we believe that we are being called by God to help guide St. Andrew through a time of change, transition, and renewal.

This is the **SECOND RECOMMENDATION:**

Begin the hiring process for a new Minister of Music who can help guide the congregation through a variety of worship experiences.

A strong theme that came out of our Day of Listening event was a thirst for meaningful, participatory worship. We recommend that the Council move immediately to hire a new Minister of Music to help guide the congregation in exploring a variety of music and prayer styles. There is lots of appreciation for our current style of worship, but also an openness and desire from some to experience worship in new ways. The interim time after Pastor Mark's retirement may be an excellent time to experiment with new, distinctive Lutheran worship offerings, and we see having someone on staff before his departure as important.

Farewell to Spring



Another magnificent native meadow plant, Farewell to Spring (*Clarkia amoena*), burst into bloom in the Reformation Earth Garden just in time for Earth Camp 2022.

Flowers on the Chancel



The flowers on the chancel this Sunday are given to the glory of God by Tom & Noelle Mehlhorn in loving memory of their parents.

Creating a Nametag Habit

Keeping track of who's who at church and meeting new people is a lot easier when we wear our nametags. Let's train ourselves to get in the habit again. Nametags really help visitors and other fairly new people in our community make connections. They're also indispensable when we see someone out of context or draw a blank when trying to connect a name to a face.

If you don't find your nametag on the rack at the entrance to Fellowship Hall, wander over to the counter across from the Coffee Bar and create one for yourself. There's a list there, too, where you can ask us to make an "official" nametag for you.

What's next? New pictures? Stay tuned for new pictures still to come in 2022.

Event Coordinators Named

Many thanks to Tom & Pam Jelineo, who have agreed to be St. Andrew's new Event Coordinators. That means if the Horizon Team is planning a gathering or there's an anniversary to celebrate, they will organize the event and recruit volunteers to make it happen successfully. Tom is a seasoned event planner, who organized meetings and conferences for business and religious groups at the Oregon Convention Center for 14 years, and everyone who knows Pam is aware of her impressive organization skills, too.

The Jelineos will be instrumental in planning things such as St. Andrew's 70th anniversary event, Pastor Mark's farewell celebration, or any memorial receptions at the church. Think ahead. If you have a gathering to plan, please contact Tom or Pam at pjelineo@hotmail.com well in advance to get your event on the church calendar and to allow plenty of time for recruiting volunteers.

Lydia Circle

Join Lydia circle for Bible study and dessert **Tuesday, July 12**, at 1:00 pm in the St Andrew Room. This month's study, taken from *Gather* magazine is entitled "Crafted in Christ, cutting and piecing." We'll be examining the ways that cutting and piecing apply to not only quilts, but our lives and worshiping communities, too. Sometimes our faith calls us to cut some things so we can do others. The focus verse for the lesson is 2 Corinthians 5:17. As always, you need not have read the study to take part. If you have questions, please contact Mary Brown at 503 439 3917.

Adult Education: The 12 Prophets

With his retirement coming at the end of the calendar year, Pastor Mark is taking every opportunity to teach. And we're the beneficiaries! In July, join him in Fellowship Hall at 10:00 am Sunday mornings as he considers the 12 prophets of the Bible. Many of these seers are overlooked and little known today, but they had wisdom shared by few then or now. Come learn about Micah and Obadiah on June 10.

Earth Camp 2022

From art to classes to games to music to snacks to worship, this year's Earth Camp engaged the kids and extolled "All Things Bright and Beautiful." Some photos from the week are included in this week's newsletter and you'll find even more at:

<https://standrewlutheran.com/helping-children-bloom-through-earth-camp/>.

It takes a village of volunteers to make Earth Camp happen, so here's a shout-out to the dozens of people who stepped up to make the week run smoothly. The kids showed their appreciation at Worship in the Sanctuary of the Firs on Friday, but we can't say thanks enough!

Pat Christiansen and Don Nearhood introduced a contest of sorts during this year's camp that pitted the powers of each group's tree against the other four. They conducted a transpiration experiment comparing the amount of moisture each tree's foliage managed to produce throughout the week. And the results are:

Douglas Fir & White Oak	tied at 7 ml
Oregon Ash	30 ml
Western Red Cedar	40 ml
Ponderosa Pine	120 ml

Transpiration is the process wherein water vapor is lost through the stomata of the leaves. This cools the plant down and moves water from the stem and roots upwards into the leaves.

Preparing for Next Sunday

July 3, 2022

Isaiah 66:10-14

Psalms 66:1-9

Gospel: Luke 10:1-11, 16-20

The Vicious Cycle of Air Conditioning

The more air conditioners we run, the more the climate warms. The more the climate warms, the more air conditioners we will need to run.

The following information comes from Earth911.

Air conditioners contribute directly to climate change by releasing ozone-depleting greenhouse gases. Although the Montreal Protocol banned the use of CFCs, air conditioners still use hydrofluorocarbon (HFC) refrigerants. These refrigerants can leak up to 10% each year. And if we do not properly dispose of old units, the refrigerants may be completely released into the atmosphere.

The most commonly used refrigerant in air conditioners is the HFC known as R-410A, a greenhouse gas more than 2,000 times more potent than carbon dioxide. Eliminating HFCs the way we eliminated CFCs a generation ago could prevent as much as 0.5 C of warming over the next century. That would achieve one-third of the goals of the Paris Climate Agreement.

Air conditioners are also terrible energy hogs, consuming 3,000 to 5,000 watts of electricity every hour that they run. For most Americans, home energy use is the second-largest source of greenhouse gas emissions (after transportation). Temperature control makes up more than half of home energy use, and air conditioners specifically account for 23% of electricity use in all American buildings.

Not only does increased use of air conditioners during heat waves result in significantly higher greenhouse gas emissions and associated climate impacts, but it also taxes energy infrastructure and can result in power outages, like the one in Portland in 2021. While power outages will temporarily reduce emissions, in a heatwave, they also increase the risk of heat-related deaths. During our heat dome a year ago, 100 Oregonians died. Not using any AC in extreme heat is not an option, but we can reduce the amount of AC we use.

There are other, less lethal health risks associated with AC. Air conditioning can lead to fatigue and headaches, dry eyes and skin, and dehydration. Exposure to constant air-conditioning can prevent our bodies from acclimating to hot weather, which may be making us more vulnerable to heat-related illness. And unless air ducts are very well maintained, air conditioning contributes to allergies, lower indoor air quality, and sick building syndrome (symptoms you get while inside a building that improve when you leave the building.)



So what to do?!? If you are building a new home, use passive solar design principles. For those of us not building new homes: close the blinds on the sunny side of the house during the day, park your car outside until the engine cools before pulling into the garage, upgrade insulation, seal air leaks around windows and doors, install appropriate window treatments, plant shade trees, avoid turning



A shade tree can help you stay cool and collected when temperatures rise.

on the oven on hot days, use portable fans to keep the air moving, and replace asphalt tiles to keep the house cooler. As soon as the outside temperature is cooler than the inside temp in the evening, open up all the windows. Then, when it's necessary to re-roof, consider sustainable roofing choices like a cool roof or a living green roof that can also make a difference. If you keep your house at 68°, consider turning the AC up a degree every month to give your body a chance to acclimate to slightly warmer temperatures. Some old-school cooling hacks are busting out the old kiddie pool, sleeping with damp sheets, and drinking lots of iced tea to stay comfortable.

And don't forget about the car air conditioner. Try driving with the windows down. You use up a lot more expensive gasoline when the AC is on in the car.

Liz Hardy, Earth Care Team

In Need of Prayers...

<u>NAME</u>	<u>PRAYERS FOR...</u>	<u>CONTACT</u>
John Challen	Thanksgiving for a long and creative life	Linda Dodds & Jeannine Douglas
Family and friends of Tom Hubbard	Peace and God's comfort at his death	Camille Jackson
Amy Marks	Peace and comfort	Judy Scholz
Sabrina Garrison	Comfort and healing	LeeAnn Knapp
Warren McAlpine	Comfort and healing	Chaplain India Jensen Kerr
Dave Newell	Healing and recovery	Anne Newell
Anne Newell	Healing and recovery	Anne Newell
Jessica Garrison (stepdaughter)	Healing and recovery	LeeAnn Knapp
Florence Geczy-Haskins	Healing and recovery from COVID	Laura Geczy-Haskins
Taylor (stepdaughter)	Successful treatment and healing	LeeAnn Knapp
Bre DeLao (grandniece)	Proper treatment and healing	Ginny Link
Earth Camp Volunteers	Rest and recovery after a magnificent Earth Camp	Staff
Earth Camp Parents	Thanksgiving for sharing your children with us	Staff
All those impacted by war and gun violence	Protection, justice, and end of conflict	Staff
Bishop Laurie Larson Caesar	Strength and wisdom	Staff
Oregon Synod and Staff		
Refugees and immigrants	Acceptance, safety, and just treatment	Staff
All those who are caregivers for a loved one	Strength and support	Staff
Military personnel, especially Justina Hailey	Courage and protection	Staff
Hope Brockner, Evan Dahlquist, Dawson Dethlefs, Neil Fiegenbaum, and Jerami Reyna		
Faith Lutheran (Albany, OR)	Serving with us in the Oregon Synod	Staff
Good Shepherd Lutheran (Albany, OR)		
Grace Lutheran (Corvallis, OR)		
Masjid An-Noor (Portland)	Blessings on our interfaith partners	Staff
Individual friends and loved ones	Whatever they most need: say their names	Staff

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629 or email office@standrewlutheran.com Tuesday-Friday, prayerchain@standrewlutheran.com Saturday-Monday.

If you know anyone from St. Andrew who needs a Eucharistic minister or would benefit from a monthly visit or phone call, please contact Chaplain India Jensen Kerr at india@standrewlutheran.com or 503-860-5377.

Happy Fourth of July!

Your St. Andrew Staff

Council President, Barton Robison.....	317-695-9722
Lead Pastor, Mark Brockner	brockerm@standrewlutheran.com
Parish Chaplain, India Jensen Kerr.....	india@standrewlutheran.com
Deacon Susan Reiser, Parish Musician and Interim Minister of Music	srwerner.reiser@standrewlutheran.com
Children & Youth Minister, Kyler Vogt.....	kvogt@standrewlutheran.com
Seminarian, Karen Klingelhafer	kakling@sbcglobal.net
Parish Manager, Carol Harker	charker@standrewlutheran.com
Office Assistant, Johanna Land	office@standrewlutheran.com
Housekeeper, Carol Hogan	503-646-0629
Evening Facility Manager, Scott Taylor	503-646-0629
Children's Ministry Host, Donna Brockner	503-502-6156
Parish Nurses, Diane Reiner.....	503-201-4222
Tira Nessel.....	503-866-5099

Earth Camp Moments



Happy worms in the compost. Happy kids at camp!

[more photos on next page]

Highlights for the Week at St. Andrew Lutheran Church

Sunday, July 3

8:30 am	Worship with Communion	Sanctuary and Livestreamed
10:30 am	Virtual Coffee Time	via Zoom
11:00 am	Portland Taiwan Lutheran Worship	Chapel
11:00 am	Worship with Communion	Sanctuary of the Firs and via Zoom
12:00 pm	Virtual Coffee Time	via Zoom

Monday, July 4: Happy Independence Day!

Tuesday, July 5

7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
7:00 am	Sunrise Women.....	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
10:00 am	Tai Chi	Fellowship Hall
10:00 am	Meals on Wheels/Loaves and Fishes	Offsite
12:00 pm	Bridge Group.....	Fellowship Hall
6:00 pm	Columbia Willamette Faceters' Guild	Fellowship Hall
6:00 pm	CWFG Board Meeting	Library
6:30 pm	BSA Troop 198 Meeting	Children's Commons
7:00 pm	MACG Meeting	St. Andrew Room
7:00 pm	Executive Council Committee Meeting.....	via Zoom

Wednesday, July 6

2:30 pm	Communications Team Meeting.....	via Zoom
---------	----------------------------------	----------

Thursday, July 7

12:00 pm	Team Ministry Meeting	Library
----------	-----------------------------	---------

Friday, July 8

10:00 am	Tai Chi	Fellowship Hall
----------	---------------	-----------------

Saturday, July 9


Sunday, July 10

8:30 am	Worship with Communion	Sanctuary and Livestreamed
10:00 am	Adult Ed: The Twelve Prophets: Obadiah and Micah.....	Fellowship Hall
10:30 am	Virtual Coffee Time	via Zoom
11:00 am	Portland Taiwan Lutheran Worship	Chapel
11:00 am	Worship with Communion	Sanctuary and via Zoom
12:00 pm	Virtual Coffee Time	via Zoom
3:00 pm	Spirituality Book Group.....	St. Andrew Room



Caleb's happy with his art project; friends pay homage to St. Francis; St. Andrew's Reformation Cedar participates in a transpiration experiment; LuAnn shows kids the tiny fungal filaments that enable trees to talk to each other; bark rubbings on Monday; and Thursday's walk to Johnson Creek to see what our native beavers have been building there. Earth Camp week was truly "bright & beautiful."

Worship at St. Andrew or Connect to Virtual Worship

 **YouTube** **8:30 am:** Worship in the Sanctuary or watch the livestream of worship on YouTube. *The link will be sent to you via email and the church app.* Use the same link to see a recording of the service anytime after the livestream ends.

 **zoom** **11:00 am:** Worship in the Sanctuary or participate in worship via Zoom. *The link will be sent to you via email and the church app. Please Note: **This Sunday, July 3, worship will be held in the Sanctuary of the Firs.***