St. Andrew Weekly News

July 24, 2022

St. Andrew Lutheran Church 12405 SW Butner Road, Beaverton, OR 97005 www.standrewlutheran.com; 503-646-0629 Worship Services: Sunday, 8:30 am Sunday, 11:00 am

Adult Education: The 12 Prophets

With his retirement coming at the end of the calendar year, Pastor Mark is taking every opportunity to teach. And we're the beneficiaries! In July, join him in Fellowship Hall at 10:00 am Sunday mornings as he considers the 12 prophets of the Bible. Many of these seers are overlooked and little known today, but they had wisdom shared by few then or now. Come learn about Haggai, Zechariah, and Malachi on **Sunday**, **June 24**.

Undie Sunday

Undie Sunday has returned! Our annual service project for Outside In will begin with donations of NEW ADULT underwear on <u>July</u> <u>24-August 28</u>. Since 1968, Out-



side In has supported many lives by helping break the cycles of homelessness, poverty, and poor health among the young people of our community. Outside In's health clinic and young adult programs strive to meet people where they are and provide safe spaces so they may receive judgment-free care and support.

You can take part in this positive program by purchasing and bringing to church NEW ADULT underwear. A basket will be located in the Narthex and THANK YOU for showing God's love to our brothers and sisters in need.

Service Committee

Midterm Election: Get Out the Vote



The midterm elections are coming on November 8, with US Senate and House of Representative seats up for grabs. Many incumbent congresspeople are at risk of losing their seats, both Republican and Democrat.

Voter turnout for midterm elections consistently wanes compared to the Presidential election cycle, with an average of 45% and 60%, respectively. Where does that 15% go?

MACG at St. Andrew is organizing a Voter Turnout Postcard writing campaign to get out the vote! Many of us participated in <u>Turn Out The Vote</u> postcard writing in 2020. It is a simple and fulfilling civic service.

If you would like to be a part of this activity, contact Jan Smith at jansmith59@earthlink.net.

Flowers on the Chancel

The flowers on the chancel this Sunday are given to the glory of God by Lynn Santelmann in honor of Paul and Lynn's 30th anniversary.



Masking Recommended

With cases increasing, COVID hospitalizations rising, and most Oregon counties now identified as high-risk for the disease, St. Andrew is once again recommending that everyone wear a mask inside our building. Masks are available at each entry, should you need one.



Horizon Team Report

Listening to What the Spirit Might be Saying to St. Andrew.

The Horizon Team is continuing to share its report to the Council. This report includes feedback we heard from the Day of Listening event, and it includes themes our team members have discerned through a season of reflection and openness to the prompting of the Holy Spirit. We do not believe our work is complete, but we believe that we are being called by God to help guide St. Andrew through a time of change, transition, and renewal.

This is the FIFTH AND LAST RECOMMENDATION: Strengthen our internal connections and provide opportunities to develop intergenerational relationships amongst members.

One of the most challenging aspects of the pandemic has been its effect on our interpersonal relationships and ability to connect with one another. Conversely, it makes gathering together as a body a refreshing and restorative experience when we're able to safely do so. Our members are hungry for ways to connect and build relationships with one another.

We recommend identifying and implementing opportunities for both large and small group gatherings to provide a variety of ways for members to build community. Having multiple ways for people to connect can help ensure that whether introvert or extrovert, in-person or online via Zoom, people can find a way to make meaningful relationships with each other and strengthen the bonds between our members.

We especially want to find ways to support and connect our young families and find ways to fully include them in the life of the congregation. This may include:

- Listening to current young families within the congregation to discover what might be most meaningful for them;
- Researching what other congregations are doing to grow participation among young families;
- Boosting our budget for children, youth, and families' ministries; and
- Discerning how to best utilize our downstairs space for children.



Rebuilding Welcoming

Despite the ups and downs of COVID, people are slowly returning to more normal patterns, coming back to inperson church or visiting places of worship in search of a church home. We at St. Andrew want to be ready to welcome everyone!



How does welcome happen? What makes you feel welcome when you go somewhere you've never been before? What does it take to get going with welcoming again at St. Andrew?

Before the pandemic, we had greeters at the doors prior to worship. We wore nametags (or should have). We created an ambience of joy in community before and after worship. We greeted visitors with "welcome mugs" and made connections we hoped would be meaningful to them and would entice people to want to get to know us better. We served coffee and sometimes treats to encourage fellowship. Are these practices we want to continue?

Some of our Welcome Volunteers may have adopted other ministries during the past couple years; but others might want to step into the role. We need to integrate ideas and energy from the Horizon process to look to the future we want to build.

Please plan to join Sharon Fako in the St. Andrew Room on <u>Sunday</u>, <u>July 31</u>, at 10:00 am to explore "Welcoming at St. Andrew." Bring your observations, your ideas, and your creativity. If we still have more brainstorming to do, we will meet again, same time, same place, on <u>Sunday</u>, <u>August. 7</u>.

LEVO Initiative

LEVO—"Lift Every Voice Oregon" met the deadline and collected more than 150,000 signatures from registered voters in order to put a gun control initiative on Oregon ballots in



November. On Friday, July 8, staff and volunteers delivered the final load of signature sheets to the Secretary of State's office in Salem.

Only two initiatives succeeded in qualifying for the ballot—IP 14 and IP 17—and ours is the only one driven by grassroots volunteers with small donations. Thank you to the 1,600 volunteers statewide for their amazing work educating the public and collecting signatures! And thank you to the people of St. Andrew for participating in this initiative.

Michelle Sinn

Worship Practices at St. Andrew

All of our music making is intended as an offering to God and enhancement of worship. But, have you ever wondered about the role of the prelude and postlude in the worship service? This is a good question and answers and thoughts concerning this music will differ by church denomination and style of worship.

The prelude, the music at the beginning of the service, helps the people gathered for the service to prepare and focus on the worship service. The music chosen is appropriate for the seasons of the church year and often emphasizes a hymn that will be sung or the lessons to be read. This can establish a contemplative or a joyous atmosphere for the service depending on the season.

The postlude, the music at the end of the service, for some worshipers is a signal that the service is over and they are ready to greet other worshipers and leave the sanctuary for a time of fellowship. Others find it a time for reflection on the completed worship service and want to listen quietly and attentively. Both of these are valid definitions of the purpose of the postlude.

If you need to leave or want to socialize earlier, please take the opportunity to quietly leave the sanctuary as the postlude begins. Just keep in mind that the cameras and microphones are still live and you may want to save your greetings to others for the Narthex.

Susan Werner Reiser Interim Minister of Music

Horizon Team Plans Historical Timeline

The Horizon Team seeks to build relationships, leadership, and shared identity.

Together we will build a timeline of St. Andrew. Members of the Horizon Team will create a history of this place before it was called "St. Andrew Lutheran Church." Ecologically, how did the wetlands come to be? Who were the early people who occupied this space? By what process did early congregants secure this land for us? When and how did Earth Care become a common focus? What activities and programs occupied hearts and spirits early on? Who were the founders of St. Andrew, and are some still with us?

As important as these questions are, your personal history is as important. Please think about:

- When did you come to St. Andrew?
- What brought you here?
- What significant events in your life occurred here (baptism, confirmation, marriage, other)?
- What congregational events have been of importance to you?
- Are you or have you been employed here?
- What pictures or images can you share with us?

We plan to create a brief form (possibly a Post It Note) available in the Narthex for you to create your own brief history, your own piece of the puzzle that is St. Andrew. We will collect these and create a physical timeline of all these critical pieces for viewing. Our goal is to begin building this display August 7 and finish by October 30 in time for our Reformation Event.

Painless Ways to Participate in Plastic-Free July

We are in the middle of Plastic-Free July, a month during which millions and millions of people worldwide renounce single-use plastic. If you'd like to attempt Plastic-Free July, Anne-Marie Bonneau, author of *The Zero Waste Chef*, has put together a list of steps to help us eliminate plastic from our lives. And I've also added in a few tips! Remember the main reason to move away from as much plastic as possible is the damage done to the climate and environment during the manufacturing process. Recycling plastic is only slightly better than sending it to the landfill.

Industry has promoted recycling as the ideal solution to plastic pollution. This push to recycle more shifts the responsibility and cost of cleanup onto consumers and municipalities that played no role in producing the waste and diverts attention away from the true source of the problem—production. Corporations produce more plastic than our waste management systems can possibly absorb. Reducing production is the best solution to plastic pollution.

- Drink more water (but not bottled water)! If you drink more water, you'll drink fewer bottled drinks, almost all of which are packaged in plastic, which is not only bad for the planet, but also bad for you. Plastic leaches toxins and microplastics into your drinks. You'll also save money drinking water. If you need filtered water, consider a Brita water filter pitcher. Most Americans pay for bottled water not out of necessity but due to marketing ploys. Don't get sucked in! Take your own reusable water bottle wherever you go.
- Look for a farmers' market near you or sign up for a CSA (community-supported agriculture). And take your own cloth produce bags to the market to avoid using the plastic produce bags provided by vendors. In addition to

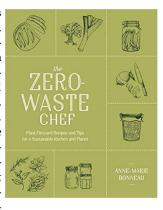


reducing the amount of plastic you use, shopping directly with producers means more of your money goes to the farmer (90 cents on the dollar versus about 15 cents at an American supermarket). And unless you grow the food yourself, you can't beat the flavor of farmers' market produce!

- Find a bulk store near you. New Seasons has a nice bulk food section and paper bags to fill. Or bring your own bags and containers to fill with bulk dry goods. You can weigh your container ahead of time and ask the checker to deduct that amount from the weight of the food. If buying in bulk is not possible, buy the largest container—as long as you will eat it all. One giant package requires much less overall packaging than many small packages. Ex: get the great big container of grated Parmesan cheese from Costco rather than the smaller containers at the grocery store.
- Make or buy some cloth produce bags—and use them! Let's say I use 6 produce bags per week: 6 bags x 52 weeks = 312 plastic bags/year you can avoid using by using cloth! Just toss them in the wash when soiled.
- Ask yourself if you really need to buy all that stuff in the first place? You can forgo lots of thneeds, some made of plastic and some wrapped in it. "Thneed" is a word coined in 1972 by Dr. Seuss in the children's book <u>The Lorax</u>. A

thneed is a useless product which is advertised as being needed by everybody, but which in fact no one needs. You may feel pressured to throw out all of your plastic stuff and replace it with shiny new, plastic-free versions but that type of consumerism helped create this mess. Try to make do with the stuff already cluttering your home. We can't shop our way out of global heating. Save all your jars and lids, and get used to storing and freezing food in washable glass jars. Ask your neighbors to give you their jars if they don't want them and are intending to discard them in the glass recycle bin; they are free containers that you can see through to determine what food is inside!

Learn to make a few staples yourself. Anne-Marie Bonneau, mentioned above, has an entire recipe index full of foods in her book that big food companies manufacture and sell swathed in plastic: granola, crackers, pasta, bread, yogurt, pickles, natural soda, etc. We can make these things ourselves! These homemade versions taste fabulous and cost less money. She even has a recipe to make your own deodorant!



- Try using shampoo and conditioner bars that don't come in plastic bottles. Look for these bars in health food stores, coops, New Seasons, Natural Grocers, and online stores such as Grove Collaborative and <u>Zerowastestore.com</u>, two online stores that have been tried and vetted by several of us on the Earth Care Team.
- Switch to laundry sheets. Look for these also in health food stores, co-ops, the above mentioned online stores, and another online store called Dropps. Dropps also sells Oxi Booster pods to replace bleach. The pods are not made of plastic as some pods are; instead they are made of polyvinyl alcohol which breaks down into carbon dioxide and water, and is even used in some eye drops! Must be pretty safe stuff.



Not sure where to start with your plastics reduction? Start by cutting out the top 4 most commonly used single-use plastics: plastic bags, plastic water bottles, disposable coffee cups, and plastic straws. You can buy reusable straws from the same types of stores mentioned above, or switch to paper straws, or forego a straw altogether. Treat yourself. Enjoy coffee or tea in a real cup at your favorite café that serves drinks in reusables, get an icecream cone (as opposed to ice cream in a cup with a plastic spoon) or order takeout at a restaurant that allows customers to bring their own containers.

And remember, reducing plastic pollution should be fun. Happy Plastic-Free July!

Liz Hardy Earth Care Team In Need of Prayers...

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NAME	PRAYERS FOR	<u>CONTACT</u>			
Family and friends of Jean Hay (friend)	Peace and God's comfort at her death	Mary Smith			
Family and friends of Zack Stadel	Peace and God's comfort at his death	Bob & Cindy Stadel			
Alyssa (co-worker)	Peace and comfort	Sonja Ackman			
Amber (co-worker)	Comfort and healing	Sonja Ackman			
Bernie Dwigans	Healing and successful rehab	India Jensen Kerr			
Helen Allen (friend)	Comfort and healing following a medical procedure	Laura Geczy-Haskins			
Shari Entrikin (daughter-in-law)	Comfort and successful treatment	Jerry Entrikin			
Karen Taylor (mother)	Healing and recovery from hip surgery	Scott Taylor			
Gretchen Bancroft	Thanksgiving for successful surgery	Leo Bancroft			
All those impacted by war and gun violence	Protection, justice, and end of conflict	Staff			
All those who are caregivers for a loved one	Strength and support	Staff			
Those facing ongoing illness or distress Healing and assurance of God's presence Staff Tandy Brooks, Dave Bumgardner, Vic Claar, Sabrina Garrison, Gary Grafwallner, Ian MacDonald, Gary Magnuson, Gerald Jensen, Hugh Mason, Brian McKiernan, Carol Means, Corky Poppert, Jolie Reyna, Shane Throckmorton, Gary Tubbs, Suzanne Warnes					
Bishop Elizabeth Eaton	Wisdom and discernment	Staff			
Evangelical Lutheran Church in America	Blessings on our ministry	Staff			
Taiwan Lutheran Church	Strength and wisdom	Staff			
St. Mark Lutheran (Salem, OR) Immanuel Lutheran (Silverton, OR) Trinity Lutheran (Silverton, OR)	Serving with us in the Oregon Synod	Staff			
Havurah Shalom (Portland)	Blessings on our interfaith partners	Staff			
Individual friends and loved ones	Whatever they most need: say their names in your heart or aloud	Staff			

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629 or email office@standrewlutheran.com Tuesday-Friday, prayerchain@standrewlutheran.com Saturday-Monday.

If you know anyone from St. Andrew who needs a Eucharistic minister or would benefit from a monthly visit or phone call, please contact Chaplain India Jensen Kerr at india@standrewlutheran.com or 503-860-5377.

EDITOR'S NOTE:

Carol will be on vacation next week, July 25-29. If you have material to go into "Weekly News," please send it to Johanna Land (office@standrewlutheran.com) no later than Wednesday, July 27, at noon. Please note the earlier deadline.

Next week's newsletter will be distributed on Thursday, July 28.

Your St. Andrew Staff

Council President, Barton Robison	317-695-9722
Lead Pastor, Mark Brocker	brockerms@standrewlutheran.com
Parish Chaplain, India Jensen Kerr	india@standrewlutheran.com
Deacon Susan Reiser, Parish Musician and	
Interim Minister of Musicsr	werner.reiser@standrewlutheran.com
Children & Youth Minister, Kyler Vogt	kvogt@standrewlutheran.com
Seminarian, Karen Klingelhafer	kakling@sbcglobal.net
Parish Manager, Carol Harker	charker@standrewlutheran.com
Office Assistant, Johanna Land	office@standrewlutheran.com
Housekeeper, Carol Hogan	503-646-0629
Evening Facility Manager, Scott Taylor	503-646-0629
Children's Ministry Host, Donna Brocker	503-502-6156
Parish Nurses, Diane Reiner	503-201-4222
Tira Nesset	503-866-5099

New in the Library

Fiction

A Clearing in the Wild, v.1,
Jane Kirkpatrick

A Mending at the Edge, v. 3, Jane Kirkpatrick

The Judge's List,
John Grisham

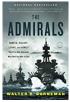
Non-Fiction

The American West,
Dee Brown
The Dead Sea Scrolls Today,
James VanderKam

Life of St. Francis of Assisi,
Paul Sabatier

The Admirals: Nimitz, Halsey, Leahy, and King: The Five-Star Admirals Who Won the War at Sea,

Walter Borneman



Preparing for Next Sunday

July 31, 2022

Ecclesiastes 1:2, 12-14; 2:18-23 Psalm 49:1-12 Gospel: Luke 12:13-21

Highlights for the Week at St. Andrew Lutheran Church

Sunday, July	24	
8:30 am	Worship with Communion	
10:00 am	Adult Ed: The Twelve Prophets: Haggai, Zechariah, and Malachi	Fellowship Hall
10:30 am	Virtual Coffee Time	via Zoom
11:00 am	Portland Taiwan Lutheran Worship	Chapel
11:00 am	Worship with Communion	Sanctuary and via Zoom
12:00 pm	Virtual Coffee Time	via Zoom
Monday, July	<i>t</i> 25	
Tuesday, July		
7:00 am	Men's Gathering and Bible Study	
7:00 am	Sunrise Women	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
10:00 am	Worship Planners Meeting	Library
10:00 am	Tai Chi	Fellowship Hall
12:00 pm	Bridge Group	Fellowship Hall
12:15 pm	Earth Care / Community Carbon Leadership Meeting	
6:30 pm	BSA Troop 198 Meeting	
Wednesday,	July 27	
10:00 am	Yoga	Fellowship Hall
Thursday, Ju	ly 28	
12:00 pm	Team Ministry Meeting	•
7:00 pm	IT Meeting	Offsite
Friday, July 2		
10:00 am	Tai Chi	Fellowship Hall
Saturday, Jul	y 30	
Sunday, July		
8:30 am	Worship with Communion	
10:00 am	Adult Ed: Welcome Class	St. Andrew Room
10:30 am	Virtual Coffee Time	
11:00 am	Portland Taiwan Lutheran Worship	Chapel
11:00 am	Worship with Communion	Sanctuary and via Zoom
12:00 pm	Virtual Coffee Time	via Zoom



Worship at St. Andrew or Connect to Virtual Worship



YouTube 8:30 am: Worship in the Sanctuary or watch the livestream of worship on YouTube. The link will be sent to you via email and the church app. Use the same link to see a recording of the service anytime after the livestream ends.



11:00 am: Worship in the Sanctuary or participate in worship via Zoom. The link will be sent to you via email and the church app. To participate via Zoom you can use a computer, smartphone, tablet, or a telephone.

Highlights from the Finance Team as of June 30, 2022

Fiscal Year 2021-2022, Report Date 7/21/2022

Thank you for your continued support for the ministries of St Andrew.

M&M Giving is 97% of FYTD budget and 84% of monthly budget.

Expenses are 97% of FYTD budget.

We paid an additional \$5,600 towards the principal mortgage payment in June.

Monthly Attendance & Giving						
Date	In Person	YouTube	Zoom / Call In	Total Service Attendance	M&M Fund Monthly Total (Regular + Electronic)	Mortgage Fund Offering
Sunday Average	99	91	29	219		
Monthly Total	395	362	114	871	\$ 46,684	\$ 17,087

To Meet Budget \$ 55,342 \$ 12,732

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3 Main	Funds: Curre	nt Status			
Ministry & Mission (M&M) Fund		Actual		The M & M Fund supports the	
(AKA "Operating Budget")	FYTD Budget	FYTD \$	% of FYTD Budget	general operations of the churc including worship, education, ar	
Giving FY 2021-2022	\$ 608,758.37	\$ 589,284	97%	office supplies; property maintenance; synod benevolence; staff; and utilities.	
Expenses FY 2021-2022	\$ 622,617	\$ 602,728	97%		
Mortgage Fund	FYTD Actual Giving	FYTD Actual Expense	Balance on Hand	Mortgage Principal Balance	Monthly Mortgage Payment
FY 2021-2022	\$ 243,012	\$ 152,784	\$ 76,588	\$ 539,329	\$ 12,732
FYTD Principal Only Payments		\$ 92,305	The Mortgage Fund holds contributions designated to pay mortgage.		
Designated Funds	FYTD Actual Giving	FYTD Actual Expense	Balance on Hand	Designated Funds support many different ministries such as Local Benevolence, Community Garden, WELCA, Refugee, Racial Justice, etc.	
Total Designated Funds			\$ 100,462		
PIPE Fund †	\$ 30,914	\$ 25,858	\$ 34,349		
ECE loan balance from Designated	\$0	Paid off June 2022			

[†] Includes \$9,900 for Wetlands Improvements YTD figures represent Fiscal Year starting 7/1/2021

FINANCE TEAM:

Treasurers: Gretchen Bancroft, Joel Johnson, Linda Sah Olshausen Financial Secretaries: Brian Cheney (Finance Team Chair), Tammy Piscatelli St Andrew Foundation Treasurer: Luis Falucho 84%