# St. Andrew Weekly News

May 29, 2022

St. Andrew Lutheran Church 12405 SW Butner Road, Beaverton, OR 97005 www.standrewlutheran.com; 503-646-0629 Worship Services: Sunday, 8:30 am Sunday, 11:00 am

#### May Is Mental Health Awareness Month



With May being Mental Health Awareness Month, ELCA Presiding Bishop Elizabeth Eaton has taken the opportunity to share a brief but encouraging message on the ELCA homepage. She points out how courageous and necessary it is for us to attend to our own mental health challenges, as well as to reach out to others who are suffering. Go to <a href="https://www.elca.org">www.elca.org</a> to listen to her message.

In the footer that appears lower on the homepage, you'll read:

This is Christ's church.

There is a place for you here.

We are the church that shares a living, daring confidence in God's grace. Liberated by our faith, we embrace you as a whole person—questions, complexities and all. Join us as we do God's work in Christ's name for the life of the world.

## **Earth Camp Update**

With Earth Camp scheduled for the last week in June, we're pleased that registration for the camp is completely filled. There is a waitlist for the camp, so those who have not yet registered can still get



their name on the list in case spots open up over the coming weeks.

While we have a full group of campers, we do not yet have a full group of volunteers. We still need guides (both youth and adults) to lead the groups of campers throughout the day. The more guides we get, the easier the job will be—It's always good to have a low camper-to-leader ratio. We could also use a couple of fun folks that would like to help with art or games. Contact Kyler at <a href="mailto:kvogt@standrewlutheran.com">kvogt@standrewlutheran.com</a> to sign up!

# Yoga Schedule

Due to some planned surgery in her family, Geetha will NOT be teaching yoga on the following Wednesday mornings:

June 8 June 15 June 22 July 6



Geetha will teach her Wednesday class on <u>June 1</u> and from <u>July</u> <u>13</u> going forward.

#### **Welcome Sunday**

<u>WELCOME SUNDAY is June 12</u> at St. Andrew and we look forward to welcoming new members that day. If you are interested in becoming a member of St. Andrew, please contact Pastor Mark Brocker or Chaplain India Jensen Kerr.

# Horizon Team: What Is the Spirit Saying to the People of St. Andrew?

In preparation for discerning what the Spirit is telling the Horizon Team, we considered Revelation 1-3 in which John the Apostle recorded messages proclaimed by Jesus and the Holy Spirit to seven of the churches in Asia Minor. Likewise, the Horizon Team has considered what the Spirit is telling the Angel of St. Andrew, the Church with the Solar Panels, following our Horizon Listening event. See what the Spirit is saying to the Horizon Team...

You are one body of many parts, but these last couple of years have forced you into separate, uncomfortable spaces. Spiritually and emotionally, the isolation created by COVID, and a changing world have caused you much distress, tricking many of you into believing that you are alone, that you are not connected, and that physical distance somehow correlates with spiritual distance.

This is most untrue! Though we may be less physically together than we were three years ago, we are still united in a common spirit. Connecting with one another provided an opportunity for you to understand how similar your cravings are—for community, for togetherness, for closeness. No length of time can diminish these longings, because I placed them in your hearts. You are more united than you can understand.

Time cannot diminish this hunger, but it put a decisive end to the perpetual motion that had been propelling you along for decades. What is needed now is energy, breath, and vision that can regrow passions, uplift new leaders, and provide a beacon for you to gather around. This is no one member's responsibility—it requires active co-creation of our community with every member engaged to discern what we will be. Some of you will be the sparks that can light others to action, and some of you still need time to sit in stillness before that fire can emerge. This is okay. It will take time.

#### Feedback on Our Future

If you're curious about the thoughts, ideas, and dreams that people shared at the Horizon Team Listening event on May 15, you can find all the feedback from individuals' reflection sheets and table discussions on the church website. Go to:

#### https://standrewlutheran.com/horizon-listening-event/.

Contact any member of the Horizon Team to share more of your hopes and dreams for St. Andrew's future: Scott Anderson, Larry Bliesner, Pat Christiansen, Bobbie Larson, Barton Robison, and LuAnn Staul.

# **Lamenting Gun Violence in Prayer**

God, giver of life, you intend for humans to live together in peace. In this time of grief over gun violence, we pray for your presence among us. That, trusting in your mighty and gentle healing, we may live in hope, we pray:

Make us instruments of your peace.

God of resurrection, we remember before you those who have died, children, teachers, and staff at Robb Elementary School in Uvalde.

We commend them to your eternal love.

Grant healing and wholeness to the survivors who are wounded or traumatized and restore all whose spirits are maimed by such violence.

That we may serve as your arms of care to those in distress, we pray:

Make us instruments of your peace.

God of true might and redemptive mercy, receive our prayers, and grant us to become your instruments of peace, through Jesus Christ, our Savior and Lord.

Amen.

On the evening that gun violence shattered life in a small Texas town, Bishop Laurie Larson Caesar shared these prayer portions from the Prayer for Lamenting Gun Violence in the hymnal supplement, All Creation Sings, p. 107.

#### **Reformation Earth Garden**

Are you curious about native Pacific Northwest plants? Check out the Reformation Earth Garden installed by members of St. Andrew's Earth Care Team last fall. Eric Luttrell reports that the following meadow plants are now blooming:

Pacific bleeding heart (*Dicentra Formosa*)

Large leaf lupine (Lupinus polyphyllus)

Western wallflower (*Erysimum capita-tum*)

Rose checkermallow (Sidalcia virgata)

Yellow monkey flower (Mimulus guttatus) Poached egg plant (Limnanthes douglasii) Camas (Camassia leichtlinii, camassia quamash)

Located just north of the Sanctuary, the Reformation Earth Garden meadow is outlined with a brick border.

Go to the Earth Care kiosk in the Narthex for photos of several native plants, as well as a list of area nurseries where these plants can be purchased.

# Preparing for Next Sunday Day of Pentecost

June 5, 2022

Reading: Acts 2:1-21 Psalm 104:24-34, 35b Gospel: John 14:8-17

## **Coffee Host Signups**



If you enjoy coffee and conversation on Sunday mornings, please check the Coffee Host signup sheet on the Coffee Bar to see if there's an upcoming service when you could volunteer. No long-term commitment is needed and Carol Hogan, Coffee Bar Manager, will be happy to provide you with any necessary training.

Remember, responsibilities no longer include running the dishwasher after everyone's gone home. Just make the coffee and have it ready for people following worship. You'll need to set out cups, cream and sugar, spoons, hot chocolate powder, and tea bags and be able to move three coffee urns from the brewing station to the counter. Plus, you'll be in the perfect place to visit with people as they help themselves to a favorite beverage. Make coffee and make friends!

#### Flowers for the Chancel

If you'd like to remember a loved one, celebrate an anniversary or birthday, or simply share the glory of your garden, please sign up to bring flowers for the chancel some Sunday. The signup sheet is on the bulletin board in the Narthex.



Whether you share a plant or cut flowers, feel free to take your offering home after the close of second service.

## **Upcoming Congregational Forums**

In preparation for the Annual Meeting of the Congregation at 6:30 pm on <u>Tuesday, June 14</u>, the St. Andrew community is encouraged to attend two special forums between services.

At 10:00 am on <u>Sunday</u>, <u>June 5</u>, meet in Fellowship Hall for a Ministry Forum. This is an opportunity to learn about ministry plans for the coming year and to ask questions. Pastor Mark will moderate the meeting and staff will be available to provide information, too.

The Ministry Support Forum on <u>Sunday</u>, <u>June 12</u>, also at 10:00 am in Fellowship Hall, will focus on the budget necessary to support St. Andrew's ministry. This meeting gives everyone an opportunity to get their budget questions answered prior to the Annual Meeting, when members will vote on the budget for fiscal year 2022-2023.

Please mark your calendars now for these forums and for the Annual Meeting itself.. All three meetings will be held in-person, with a Zoom option for those who prefer to participate from home.

Let's continue to flame the sparks of energy evident at last Sunday's Horizon Team Listening event. Only members can vote at the Annual Meeting, but the church relies on the commitment and passions of non-members, too.

# **Discernment: In Solitude and Community**

#### **Oregon Synod Lay Education Course on Zoom**

Do you want or need to discern something? Join with others from across the Oregon Synod to explore practices of discernment in solitude and community. We'll meet from 6:30-8:00 pm for four Tuesday evenings: <u>June 7, 14, 21, and 28</u>. We'll be invited to orient ourselves internally with our belovedness and enter into discernment and community dialog from that place, asking the questions: How do we listen to our own voice? What do we find trustworthy in the external world? To what do we attribute authority and wisdom? Where is God in all of this? What are the signs of healthy discernment? And how might we support that for one another in community and congregations? <u>Register here</u>.

# Strengthening Community with MACG



Take advantage of one or more of these upcoming opportunities to learn how to strengthen our St. Andrew community and the community outside our doors:

#### June Delegate Assembly June 16, 7:00 pm: Zoom

Register

Members of all of MACG's member institutions meet three times a year to learn from each other, learn about current campaigns and those in development, and to make connections with others interested in working for the common good. This assembly will include information about the direction MACG is going as we re-form this year.

#### Leadership Institute for Public Life

June 24, 7:00-9:00 pm and June 25, 10:00 am-5:00 pm at St. Anthony Catholic in Tigard. In person! Simultaneous translation in English and Spanish

Sign up here

Learn skills that will enrich your life inside and outside of St. Andrew. Discover how community organizing helps address real-life issues through winnable campaigns aimed at the good

#### Washington County Mental Health Campaign Training June 26, 1:00-3:00 pm

Simultaneous translation in English and Spanish Sign up coming soon!

MACG's newest campaign is supporting and expanding the work of members of the St. Anthony Catholic Church community as they work to expand access to mental health services for their Latinx community. Come to see how you can be involved in this campaign and how it can be expanded through more of Washington County and beyond.

If you have questions, please Contact Pat Christiansen: patchristiansen@comcast.net or any member of the MACG Core Team: Larry Bliesner, Scott Taylor, Lynn Santelman, Pastor Mark, or Victoria Kovalenko.

# **Prayer Shawl Closet Moved**



To the knitters and crocheters making prayer shawls for people suffering grief or in distress, please note that your ministry now has a designated space! All supplies and finished shawls have been moved to the former Scout Troop closet on the lower level.

Take the elevator down and turn left past the Work Room. The first double-door closet you come to is for storage of St. Andrew tablecloths. Keep going a few more feet to the second doubledoor closet and you will find what you need.

As tearful children, many of us used to hold onto a treasured teddy bear or other fuzzy friend. As adults in pain, we feel the comfort from a shawl made with prayers for our healing.

#### Do You Want to Bee in a World without Bees?

Did you know that 1 of every 3 bites we eat needs bees for pollination? It's true! Bees and other pollinators (butterflies, birds, and bats) pollinate the world's plants that make up 90% of the world's diet. Yet the bee population is increasingly threatened and endangered. The good news is that we can still help!

#### HERE ARE 7 THINGS YOU CAN DO TO HELP SAVE OUR BEES:

- Start a native pollinator garden. Incorporating a diverse collection of local, native, chemical-free plants can help pollinators thrive. Consult with a local nursery or botanical society for tips in your region!
- Support local farmers and beekeepers. Even if you don't consume/use animal products, supporting local beekeepers means you're helping keep the bee population alive while supporting a local business. Many times you can arrange a tour or learn more about their practices if you're concerned about the treatment of the bees.
- Shop at the farmers market. Large industrial farms have contributed to the bee decline. Smaller farms and family farms, especially organic farms, use pollinator-friendly farming practices that utilize and protect bees. And buying locally reduces carbon emitted in the transportation and packaging of our
- Put up a bee box or bee hotel. A bee box gives solitary species of bees a safe place to make a nest all while attracting pollinators to your garden.
- Say no to pesticides. Pesticides used in industrial farming can weaken bees' immune systems and even kill them. Supporting organic farms and farming practices means supporting a thriving bee population.
- Sponsor a hive. Beekeeping is not the most lucrative of jobs. Many people do it because they love bees and want to help protect them! Consider donating to an apiary to help them continue to protect and raise bees.
- Support companies that support bees. Examples are: National Wildlife Federation, Xerces Society For Invertebrate Conservation, Pollinator Partnership, Bees For Development, Planet Bee Foundation, The Bee Conservancy, and The Bee And Butterfly Habitat Fund.

Bee mindful of Bees!

Liz Hardy, Earth Care Team

# Hey, Kiddo, by Jarrett J. Krosoczka



This was not a pleasant book, nor can I say I enjoyed it. But it's true, it is the author's life, and as such I must accept it, (and feel bad for the author). He shows us what lots of kids go through, and how he survived it all and came out a pretty decent person. Perhaps because of the graphic novel form, his life seems pretty depressing all the way through, but he must have had some good times, his grandparents loved him a great deal despite being not the greatest people. And it does help explain how

and why cycles are so hard to break out of, and how much we need each other - to cheer us on.

> Pam Farr Librarian

## In Need of Prayers...

mineral circum		
NAME	PRAYERS FOR	CONTACT
Family and friends of Deanna Draper	Peace and God's comfort at her death	Mary Nell Mahler
Family and friends of Andy Webber	Peace and God's comfort at his death	Megan Webber
(brother-in-law)		
River John Brocker (grandson)	Blessings on his birth	Mark and Donna Brocker
Jon Stadler & Tara Maercklein	Blessings on their marriage	Mark Brocker
Kelli Runnels Wallace	Comfort and relief from pain	Ed & Linda Fransen
Bill Shaw (Lee Anne Knapp's father)	Peace and healing following a stroke	India Jensen Kerr
Gerald Jensen and family	Healing and guidance for all during a time of transition	
The people of Uvalde, Texas	Comfort and support following the gun violence at Robb Elementary School	Staff
All who gave their lives in the support of freedom	Thanksgiving for their sacrifice	Staff
All those impacted by war	Protection, justice, and end of conflict	Staff
Resurrection Lutheran Church (Portland, OR) Christ Lutheran Church (Aurora, OR)	Serving with us in the Oregon Synod	Staff
Islamic Center of Portland (Portland)	Blessings on our interfaith partners	Staff
Individual friends and loved ones in need of prayer	Whatever they most need: say their names in your heart or aloud	Staff
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If you know someone in need of prayers, please contact the church office by phone at 503-646-0629 or e-mail office@standrewlutheran.com Tuesday-Friday, prayerchain@standrewlutheran.com Saturday-Monday.

If you know anyone from St. Andrew who needs a Eucharistic minister or would benefit from a monthly visit or phone call, please contact India Jensen Kerr at <a href="mailto:india@standrewlutheran.com">india@standrewlutheran.com</a> or 503-860-5377.

# New Books in the Adult Library

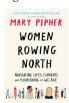
#### Nonfiction

Wealth as Peril and Obligation, by Sondra Ely Wheeler

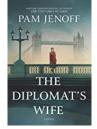
Women Rowing North: Navigating Life's Currents and Flourishing as We Age, by Mary Pipher

Simpler Living, Compassionate Life: A Christian Perspective, edited by Michael Schut

The Noah Code: Coding for Origins Truth, by Mark Rose The Human Age: The World Shaped by Us, by Diane Ackerman Decision Points, by George W. Bush









#### **Fiction**

Iron Lake, by William Kent Krueger The Diplomat's Wife, by Pam Jenoff The Third Twin, by Ken Follett Timeline, by Michael Crichton

# **Celebrating 60 Years**

Gary & Gail Grafwallner Diamond look forward to marking 60 years of marriage on June 9. Their family invites the people of St. Andrew to celebrate with them in the Narthex on Sunday, June 5, following first service. Second-service folks should come early to the 10:00 am Ministry Forum in order to congratulate the Grafwallners and enjoy some cake.

# Your St. Andrew Staff

Lead Pastor, Mark Brocker	brockerms@standrewlutheran.com
Parish Chaplain, India Jensen Kerr	india@standrewlutheran.com
Deacon Susan Reiser, Parish Musician and	
Interim Minister of Musicsrwe	rner.reiser@standrewlutheran.com
Children & Youth Minister, Kyler Vogt	kvogt@standrewlutheran.com
Seminarian, Karen Klingelhafer	kakling@sbcglobal.net
Parish Manager, Carol Harker	charker@standrewlutheran.com
Office Assistant, Johanna Land	office@standrewlutheran.com
Housekeeper, Carol Hogan	503-646-0629
Evening Facility Manager, Scott Taylor	503-646-0629
Children's Ministry Host, Donna Brocker	503-502-6156
Parish Nurses, Diane Reiner	503-201-4222
Tira Nesset	503-866-5099

# Highlights for the Week at St. Andrew Lutheran Church

Sunday, May 29					
8:30 am	Worship with Communion	Sanctuary and Livestreamed			
10:30 am	Virtual Coffee Time	via Zoom			
11:00 am	Portland Taiwan Worship	Chapel			
11:00 am	Worship with Communion	Sanctuary and via Zoom			
12:00 pm	Virtual Coffee Time	via Zoom			
3:00 pm	Spirituality Book Group	St. Andrew Room and via Zoom			
Monday, May 30					
10:00 am	Meals on Wheels/Loaves and Fishes	off site			
Tuesday, Ma	y 31				
7:00 am	Men's Gathering and Bible Study	Elmer's Restaurant on 158 <sup>th</sup> (1250 NW Waterhouse Ave)			
7:00 am	Sunrise Women	Elmer's Restaurant on 158 <sup>th</sup> (1250 NW Waterhouse Ave)			
10:00 am	Tai Chi	Fellowship Hall			
12:00 pm	Bridge Group	Fellowship Hall			
6:30 pm	BSA Troop 198 Meeting	Children's Commons			
Wednesday,	June 1—Weekly News submissions due by 4:00 pm				
10:00 am	Yoga	Fellowship Hall			
12:30 pm	Bonhoeffer Seminar	via Zoom			
Thursday, June 2					
9:30 am	Seekers of the Heart of God Bible Study	St. Andrew Room			
12:00 pm	Team Ministry Meeting	Chapel / Library			
7:00 pm	Executive Council Committee Meeting	St. Andrew Room			
Friday, June 3					
10:00 am	Tai Chi	Fellowship Hall			
Saturday, June 4					
9:00 am	Nifty Notters	Fellowship Hall			
Sunday, June					
8:30 am	Worship with Communion and Baptism	Sanctuary and Livestreamed			
9:30 am	Grafwallner Anniversary Celebration	Narthex			
10:00 am	Congregational Ministry Forum				
10:30 am	Virtual Coffee Time				
11:00 am	Portland Taiwan Worship	•			
11:00 am	Worship with Communion and Presentation of Senior Quilts				
12:00 pm	Virtual Coffee Time	via Zoom			



# Worship at St. Andrew or Connect to Virtual Worship



YouTube 8:30 am: Worship in the Sanctuary or watch the livestream of worship on YouTube. The link will be sent to you via email and the church app. Use the same link to see a recording of the service anytime after the livestream ends.



11:00 am: Worship in the Sanctuary or participate in worship via Zoom. The link will be sent to you via email and the