St. Andrew Weekly News

May 15, 2022

St. Andrew Lutheran Church 12405 SW Butner Road, Beaverton, OR 97005 www.standrewlutheran.com; 503-646-0629

Worship Services: Sunday, 8:30 am Sunday, 11:00 am

A Home for All A Hope for All A Future for All



The Horizon Team Listening event, which will be held this Sunday, May 15, at 11:00 am is an opportunity for the people of St. Andrew to share their hopes and dreams for our future. Unlike other congregation communication events, the Horizon Team will not have proposals to consider, and participants will not be making any decisions. Instead, this will be a time for us to open ourselves to the Holy Spirit as we consider where we are going.

Please reflect and pray as you contemplate these questions. What are things that St. Andrew...

- Does well and should continue, adapt, and strengthen...?
- *Needs to let go, grieve, and move on from...?*
- Could imagine as new, plan for, and make happen...?

All are welcome, even if you have yet to sign-up. We will have childcare and activities for children during this time. Let us all gather in Fellowship Hall at 11:00 am to create St. Andrew's vision of a Future for All.

> LuAnn Staul for the Horizon Team

Last Call for Annual Reports

Thanks to all ministry leaders who have already submitted their summations of their teams' priorities and highlights from the past year. If you haven't yet done so and would like to share highlights of your ministry's year with the congregation, please submit your annual report no later than Sunday, May 15 to Parish Manager Carol Harker (email charker@standrewlutheran.com).

Also, please mark your calendars for the Annual Meeting of the Congregation scheduled for Tuesday, June 14, at 6:30 pm. This year we will return to Fellowship Hall for an in-person meeting, while continuing to offer an online option. Details to come.

Adult Education Easter Season Offering

The Minor Prophets: Voices of Truth in Troubled Times



Pastor Mark will conclude his class on the minor prophets on Sunday, May 22, when he once more asks the question, "In periods of conflict, how do we discern who is telling us the truth?" Join him in Fellowship Hall

at 10:00 am. Pastor Mark will look to Amos and Jonah to reveal how they were able to amplify their voices to share important truths relevant to their time. Do their prophetic words hold meaning for us today?

Earth Camp Update

We are less than 60 days away from our second summer Earth Camp! Registration for the camp is completely filled, which means we'll have 35 campers for the second straight





year. There is a waitlist for the camp, so those who have not yet registered can still get their name on the list in case spots open up over the next couple of months.

While we have a full group of campers, we do not yet have a full group of volunteers. We still need guides (both youth and adults) to lead the groups of campers throughout the day. The more guides we get, the easier the job will be—It's always good to have a low camper-to-leader ratio. We could also use a couple of fun folks that would like to help with art or games. Contact Kyler at kvogt@standrewlutheran.com to sign up!

Table Talks: Mental Health and the Church:



Reframing Sin and Mental Illness Thursday, May 26, 7:00-8:00 pm, via Zoom

Gathered around the table in his home, Martin Luther talked freely and openly with his colleagues and students about matters of faith, theology, and varied aspects of daily life. In an effort to cultivate this kind of spirited discus-

sion, we have a tradition at St. Andrew of gathering for Table Talks. Pastor Brocker invites you to participate in the next Table Talk via Zoom on Thursday, May 26, 7:00-8:00 pm.

In "Mental Health and the Church: Reframing Sin and Mental Illness" (Living Lutheran, March 2022), Emmy Kegler asserts that "we would be wary of someone who encouraged their diabetic parent to give up the medications and the diet changes and to cast their insulin needs on Christ alone." Despite this wariness Kegler wonders why faith often "persists as a prescription for mental illness even when we have stepped back from offering it for physical ailments." Kegler, who herself suffers from mental illness, asks the question: "What if the church taught that toxic positivity and denying medical attention to those in [mental] distress was a sin?" In this Table Talk we will address this question and other questions and concerns people have about faith and mental health. How are we as people of faith to approach mental health? To prepare for our conversation you encouraged to read Kegler's brief article available in the March issue or at this

https://tinyurl.com/3v8w722p.

Welcome Sunday

WELCOME SUNDAY is June 12 at St. Andrew and we look forward to welcoming new members that day. If you are interested in becoming a member of St. Andrew, please contact Pastor Mark Brocker or Chaplain India Jensen Kerr.

Council Nominating Committee: Dwight Jerde

Dear Members of St. Andrew,

At our upcoming annual meeting in June, the congregational council will put forward a list of candidates to replace council members whose terms are expiring. The 2022 nominating committee, (Liz Hardy, Dwight Jerde, Rachel Roberts, Jan Smith, & Cindy Stadel) are currently recruiting members of the congregation for these positions. Each year the terms of four council members expire. This year, the nominating committee must also recruit someone to fill the remaining two years for a member of the council who unfortunately needed to resign for personal and family reasons.

I have served on council now for five years. I am finishing the second year of my second threeyear term. I was asked many times to consider serving prior to agreeing to be nominated in 2018. I would like to share that these past 5 years have been full of spiritual growth and personal satisfaction. As Christians we are called to share our time, talents, and possessions. What greater way to share your time and talents than to help guide the overall mission of St. Andrew Lutheran Church. As a council member, you come to a greater understanding of not only what we do to fulfill our calling as a Christian organization, you also learn the underpinnings, and connections to the greater community through our calling as a congregation.

My service on the St. Andrew congregational council has strengthened my spiritual practice in ways I could have never imagined. I ask that any member of St. Andrew who has not served on the council to thoughtfully and prayerfully consider giving of their time and talents in this manner.

If you would like more information about what the position description of "Council Member" is, don't hesitate to contact a member of the 2022 nominating committee.

Liz Hardy (lizchrishardy@comcast.net)
Dwight Jerde (ddjerde@gmail.com)
Rachel Roberts (rachelmaythomas@gmail.com)
Jan Smith (jansmith59@earthlink.net)
Cindy Stadel (cstadel@havanet.com)

Preparing for Next Sunday

May 22, 2022

Reading: Acts 16:9-15 Psalm 67 Gospel: John 14:23-29

Nifty Notters

On two Saturdays each month, the Nifty Notters gather to make quilts for people in need here in our area and around the world, as well as to celebrate new St. Andrew babies. Why are quilts the center of such a longstanding ministry?



A quilt can cover a bed, of course, but it can also become

- a baby carrier, tied around a mother's back;
- a market display, spread on the ground and piled with produce or crafts;
- a sack for transporting those goods to market;
- a shade from the sun;
- ♦ a shawl; and most importantly –
- a constant reminder that someonecares and wants to express God's love for all.

You're invited to join the Nifty Notters on <u>Saturday, May 21</u>, from 9:00 am to 2:30 pm to help work on quilts for Lutheran World Relief, NW Children's Outreach, and new St. Andrew babies. Bring a lunch to Fellowship Hall and stay for all or part of the time. All supplies are provided and no experience is needed. There are also projects that can be done at home. If you have questions, please contact Mary Brown at 503-439-3917 or 503-297-1841.

A Happy Ending



The unfortunate incident in the parking lot, when thieves destroyed one of St. Andrew's handrails as they attempted to flee from police, has concluded with unexpected generosity. Wishart Welding and Fabrication, the original contractor that made all our exterior railings, was contacted to do the repair work. The first reply we received was no, the company had way more work

than it could handle at this time. A few days later, though, the owner of the company, Tom Wishart, saw our request and decided he could squeeze us in between jobs. He came out to do the measurements and was so pleased to see all of the previous work his company had done some 10 years ago that he decided he would do the job for free. He wanted any insurance money received to be "put in the plate."

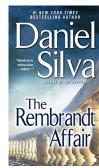
He and another company who installs steel items, showed up a week ago Wednesday and quickly had the job done. When Wishart discovered damage to a gate into the play area, the result of an earlier attempted theft, his generosity continued. He happily stabilized a loose post and replaced missing hardware. His company had not even made that fence, but he and the crew didn't hesitate to make the repairs. Our maintenance team, also on site that day, were happy to have the three guys join them for coffee and donuts.

We are extremely thankful to Tom and his company for their gracious benevolence. There are many good-hearted people still around, and Tom is certainly one of them.

Rick LeRoy Facilities Team

New Fiction in the Adult Library

In the Midst of Winter, by Isabel Allende
A Clearing in the Wild, by Jane Kirkpatrick
A Mending at the Edge, by Jane Kirkpatrick
The Brutal Telling, by Louise Penny
Bury Your Dead, by Louise Penny
Moonflower Murders, by Anthony Horowitz
The Judge's List, by John Grisham
The Racketeer, by John Grisham
In the Woods, by Tana French
The Rembrandt Affair, by Daniel Silva
Dead or Alive, by Tom Clancy





CLIMATE CORNER:

Meatless Breakfast & Lunch (from Earth911)



Going cold turkey to eliminate anything is tough. Try this strategy to cut back on meat consumption and reduce food waste. It's good for the planet!

Cutting meat from your diet and replacing it with plant-based protein is the most impactful change you can make for the planet. But going cold turkey is hard for most people, and often results in backsliding.

Meat consumption accounts for up to 14% of household greenhouse gas emissions. And food waste contributes even more to greenhouse gas emissions—Americans waste about 400 pounds of food each year. Following is a strategy that allows occasional meat consumption for breakfast or lunch if there is leftover meat-based food from a previous dinner.

Try to skip meat at breakfast and lunch. Instead of breakfasts that include sausage patties or bacon, shift to nut breads to get protein. A variety of vegan and fish-based meals provide plenty of alternatives to meat. Or if you must have meat, and there is leftover chicken curry from the previous evening's dinner, eat that to ensure that you do not contribute to the 40% of food that is wasted due to spoilage.

Author Jonathan Safran Foer recommends a similar approach in his 2019 book, We Are the Weather: Saving the Planet Begins at Breakfast. Foer correctly argues that humans cannot make the transition to a net-zero lifestyle without switching to a plant-based diet for most of our meals. Foer writes that according to Worldwatch Institute's estimates, 51% of greenhouse gas emissions come from livestock annually, "more than all cars, planes, buildings, power plants, and industry combined."

The simple change to plant-based breakfast and lunch and eating all leftovers can lower your greenhouse gas footprint by approximately 40% to 50%. By allowing yourself 1 or 2 meat-based leftover lunches a week, your family can eliminate up to 182 pounds of food waste annually.

Here are the "rules" of the meatless breakfast and lunch plan. Try it out and make changes to fit your life and locality.

- Breakfast: Avoid meat and meat-fat-based foods, including anything cooked using grease.
- Lunch: Opt for vegetarian meals, such as lunches made with lentils, beans, or tofu. Try to use alternatives to eggs and dairy, too. If you have leftover meat-based dinner to reheat, allow yourself up to two meat lunches a week using leftovers.
- Dinner: Enjoy some meat if you want. Try switching from beef to lower-carbon chicken to reduce the CO₂ footprint of your meals by an average of 54%. If you find yourself making too much food, revisit how you plan your shopping so that you don't have leftovers. Remember, if you are eating more than two meat-based lunches a week, that's cheating.

After you start to manage your daily meat consumption, aim to reduce the frequency of leftover meat lunches. But don't punish yourself for falling short of perfection. With this plan, at least you are eliminating food waste when you do eat meat during the day.

*Liz Hardy*Earth Care Team

The Great Emergence:

How Christianity Is Changing and Why, by Phyllis Tickle



This gal really knows her stuff! I was just looking for something to read over breakfast and her chapter, "The Century of Emergence: Einstein, the automobile, and the marginalization of Grandma," caught my eye, so I started in there. That is sorta my era, and I watched—but never thought about—all the things she brings up, all the things that have effectively caused religion as I knew it to change and shift.

The beginnings of Pentecostalism at Azusa Street, starting as it did in the Black community, saying "in Christ we are all one body," the very liveliness of the services, and then the auto rolling onto the scene. Suddenly people could go places, skip church, chose a different one than the one just down the road.

All of this altered how we "did" church and what we thought about it. Men walking on the moon, a rise in prosperity, more and more mechanization.... The author brings up and digs through so many things you might not have thought of as having an effect on church. Things that caused the church to divide into more groups, come back together in new and varied groups, and then considerwhere it might go next.

I may not have described it very well, but Phyllis Tickle is a smart cookie and *The Great Emergence* is well worth the read. I know I read on 'til the end.

Pam Farr Adult Librarian

A Day with Dietrich Bonhoeffer—

Evangelical Pastor, Nazi Resister, Faithful Witness On <u>Saturday, June 11, 2022</u>, Pastor Terry Moe will be leading a daylong retreat for Shalom at the Monastery, the Benedictine Sisters' retreat center in Mt. Angel.

The retreat will offer an overview of Bonhoeffer's life and thought through short passages from some of his key writings at various turning points in his life



Outline for the Day

Session One: Bonhoeffer's Life and Times, 1906-1945 Session Two: America: Union Seminary/Abyssinian Baptist, 1930 Session Three: Finkenwald Seminary/Life Together, 1935-1937 Session Four: Conspiracy and Imprisonment, 1940-1945 Session Five: Bonhoeffer for Our Times, 2022 ff.

Goals:

- 1. To dwell on a few of Bonhoeffer's writings at various points in his life
- 2. To deepen appreciation for his thought and action in extraordinary times.
- 3. To consider his spirituality for ourselves in our times.

The \$65 fee for the seminar, which runs 9:00 am-4:00 pm, includes lunch. Scholarships are also available. To register, call the Benedictine Sisters at 503-845-2556 or send a check payable to the Benedictine Sisters of Mt. Angel, Attn: Sr. Dorothy Jean Beyer, and mail to 840 S Main St, Mt. Angel, OR 97362.

Highlights from the Finance Team as of April 30, 2022

Fiscal Year 2021-2022, Report Date 5/10/2022

Thank you for your continued support for the ministries of St Andrew M&M Giving is 90% of FYTD budget and 98% of monthly budget Expenses are 88% of FYTD budget

Monthly Attendance & Giving							
Date	In Person	YouTube	Zoom / Call In	Total Service Attendance	M&M Fund Monthly Total (Regular + Electronic)	Mortgage Fund Offering	
Sunday Average	152	105	27	284			
Monthly Total	607	418	108	1133	\$ 54,092	\$ 12,278	

To Meet Budget \$

55,342 \$ 12,732

3 Main Funds: Current Status										
Ministry & Mission (M&M) Fund (AKA "Operating Budget")		FYTD Budget		Actual			The M & M Fund supports the			
				FYTD \$		% of FYTD Budget		general operations of the church, including worship, education, and		
Giving FY 2021-2022	\$	553,833	\$	499,904		90%	office supplies; property maintenance; synod benevolence			
Expenses FY 2021-2022	\$	566,015	\$	497,008		88%	staff; and utilities.			
Mortgage Fund		O Actual iving		TD Actual Expense	Ва	llance on Hand	Mortgage Principal Balance Monthly Mor			
FY 2021-2022	\$	216,254	\$	127,320	\$	76,959	\$	563,180	\$	12,732
FYTD Principal Only Payments			\$	84,705	The Mortgage Fund holds contributions designated to pay mortgage.					
Designated Funds	FYTD Actual Giving		FYTD Actual Expense		Balance on Hand		Designated Funds support many			
Total Designated Funds					\$	106,090	different ministries such as Local Benevolence, Community Garden, WELCA, Refugee, Racial Justice, etc.			
PIPE Fund †	\$	4,511	\$	184	\$	33,443				
Lenten Food Drive	\$	6,512	-		\$	6,512				
ECE loan balance from Designated	\$1	,272								

[†] Includes \$9,900 for Wetlands Improvements

YTD figures represent Fiscal Year starting 7/1/2021

FINANCE TEAM:

Treasurers: Gretchen Bancroft, Joel Johnson, Linda Sah Olshausen Financial Secretaries: Brian Cheney (Finance Team Chair), Tammy Piscatelli

St Andrew Foundation Treasurer: Luis Falucho

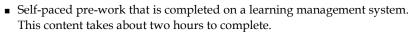
In Need of Prayers...

In Need of Prayers			
NAME	PRAYERS FOR	CONTACT	
Family and friends of Milana Li, Beaverton middle school student	God's comfort at her death by homicide	Staff	
Family and friends of Palestinian Christian Sharene Abu Akleb	God's comfort at her death by the hands of an Israeli sniper	Gary Grafwallner	
Madeleine (granddaughter)	Thanksgiving for her release from the hospital and continued strength and healing	Mary Smith	
Gerald Jensen (father)	Healing and recovery	India Jensen Kerr	
Sheila (friend)	Comfort and healing	India Jensen Kerr	
Mary Smith	Comfort and healing from COVID	Mary Smith	
Lloyd Meyer	Success in launching a Sunday Bible study on his farm	Lloyd Meyer	
Oregon Synod Assembly	Blessings on their deliberations	Staff	
The Horizon Process	Courage and creativity as we look ahead	Staff	
People of Ukraine and all those impacted by war	Protection, justice, and ultimately peace	Staff	
Those confined to their homes	Assurance of God's Presence	Staff	
	rnes, Dave Bumgardner, Jean Fredrickson, Tara Harper, re, Helen Rogers, Dave & Sharon Roth, Margie Schindele		
All who are imprisoned	Peace and strength	Staff	
Ecumenical Ministries of Oregon Holy Trinity Catholic Church	Blessings on their work	Staff	
St. Mark's Lutheran Church (Portland, OR) St. Paul Lutheran Church (Portland, OR)	Serving with us in the Oregon Synod	Staff	
Beit Haverim (Lake Oswego)	Blessings on our interfaith partners	Staff	
Individual friends and loved ones in need of prayer	Whatever they most need: say their names in your heart or aloud	Staff	
If you know someone in ne	ed of prayers, please contact the church office by phone at 50	03-646-0629	

or e-mail office@standrewlutheran.com Tuesday-Friday, prayerchain@standrewlutheran.com Saturday-Monday.

Free Training in Mental Health First Aid

Cascadia Behavioral Healthcare is offering free Zoom training to learn how to identify, understand, and respond to signs of mental illnesses and substance use disorders. The training will take place in two parts:



■ Live training via Zoom on Saturday, May 21, from 9:00 am-4:30 pm.

Further instructions and a link to access the pre-work will be sent to registrants about a week prior to the course. Zoom link will be provided following completion of the pre-work.

This training is completely FREE of cost! Register here.

Your St. Andrew Staff

Lead Pastor, Mark Brocker brockerms@standrewlutheran.com Parish Chaplain, India Jensen Kerr india@standrewlutheran.com Deacon Susan Reiser, Parish Musician and Interim Minister of Music srwerner.reiser@standrewlutheran.com Children & Youth Minister, Kyler Vogt kvogt@standrewlutheran.com Seminarian, Karen Klingelhafer kakling@sbcglobal.net Parish Manager, Carol Harker charker@standrewlutheran.com Office Assistant, Johanna Land office@standrewlutheran.com Housekeeper, Carol Hogan 503-646-0629 Evening Facility Manager, Scott Taylor 503-646-0629 Children's Ministry Host, Donna Brocker 503-502-6156 Parish Nurses, Diane Reiner 503-201-4222 Tira Nesset 503-866-5099

Horizon Event Online

St. Andrew's Horizon Team is aiming for maximum participation in its listening event this <u>Sunday, May</u> <u>15</u>, beginning at 11:00 am. For those who prefer to participate via Zoom, please use the connection information below. <u>Join the meeting as early as 10:45 am</u> to be sure you're properly connected with video and audio in time for the gathering.

Join Zoom Meeting

https://tinyurl.com/y8y7mc8v

Meeting ID: 816 5948 3469

Passcode: 405906

One tap mobile:

Tacoma

+12532158782,,

81659483469#,,,,*405906# US

Houston

+13462487799,,

81659483469#,,,,*405906# US



Highlights for the Week at St. Andrew Lutheran Church

Sunday, Ma	<i>y</i> 15	
9:30 am	ONE WORSHIP SERVICE: Worship with Communion	Sanctuary and Livestreamed
9:30 am	Taiwan Lutheran Church Bible Study	Library
11:00 am	Horizon Team Listening Event	Fellowship Hall and via Zoom
11:00 am	Portland Taiwan Worship	Chapel
Monday, Ma	y 16	
Tuesday, Ma		
7:00 am	Men's Gathering and Bible Study	
7:00 am	Sunrise Women	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)
10:00 am	Tai Chi	Fellowship Hall
10:00 am	Worship Planners Meeting	Library
12:00 pm	Bridge Group	Fellowship Hall
6:30 pm	BSA Troop 198 Meeting	
Wednesday	May 18—Weekly News submissions due by 4:00 pm	
10:00 am	Yoga	Fellowship Hall
Thursday, M	ay 19	
9:30 am	Seekers of the Heart of God Bible Study	St. Andrew Room
12:00 pm	Team Ministry Meeting	Chapel / Library
7:00 pm	Congregational Council Meeting	St. Andrew Room and via Zoom
Friday, May	20	
10:00 am	Tai Chi	Fellowship Hall
Saturday, M	ay 21	
9:00 am	Nifty Notters	Fellowship Hall
Sunday, Ma	/ 22	
8:30 am	Worship with Communion	Sanctuary and Livestreamed
10:00 am	Adult Ed: The Minor Prophets: Voices of Truth in Troubled Times	Fellowship Hall
10:00 am	Children's Ministry	
10:00 am	Confirmation	In person and via Zoom
10:00 am	High School Youth Group	Youth Room
10:00 am	Curriculum Planning / Earth Camp	St. Andrew Room
10:30 am	Virtual Coffee Time	via Zoom
11:00 am	Portland Taiwan Worship	Chapel
11:00 am	Worship with Communion	Sanctuary and via Zoom
12:00 pm	Virtual Coffee Time	via Zoom



Worship at St. Andrew or Connect to Virtual Worship



8:30 am: Worship in the Sanctuary or watch the livestream of worship on YouTube. The link will be sent to you via YouTube 8:30 am: Worsnip in the Sanctuary of Watch the Investicant of the Service anytime after the livestream ends.



11:00 am: Worship in the Sanctuary or participate in worship via Zoom. The link will be sent to you via email and the

To participate via Zoom you can use a computer, smartphone, tablet, or a telephone.