St. Andrew Weekly News

March 6, 2022

St. Andrew Lutheran Church 12405 SW Butner Road, Beaverton, OR 97005 www.standrewlutheran.com; 503-646-0629

Worship Services: Sunday, 8:30 am Sunday, 11:00 am

The First Sunday of Lent

One of the five practices suggested in the Lenten Devotional St. Andrew is sharing with our faith community for the First Week of Lent suggests five things to give up:

> Complaining, Consuming, Worrying, Negative Self-Talk, Comparing Yourself to Others

Notice that there's no mention of the pleasures people have traditionally denied themselves - beer, coffee, sweets, or meat on Fridays. Instead, the devotional offers a fresh look at this holy time of reflection and repentance and suggests ways to incorporate ritual into our daily lives in order to draw closer to God.

Check out the weekly practices suggested for Lent on our website (https://standrewlutheran.com/a-lenten-devotional-for-2022/) or pick up one of the devotional booklets available in the Narthex.

Adult Education Classes

A new Adult Education term begins this Sunday, March 6.



Paul Navarre will look at Christian shifts in beliefs that have caused division within Christianity in a class called From Abraham to the ELCA." Join him in Fellowship $\overline{Q}_{\tilde{S}}^{\tilde{S}}$ Hall at 10:00 am this Sunday, March 6, as he begins exploring the many divisions believers in God have adopted through the years - Christians and Jews, Protestants

and Catholics, Lutherans and Calvinists, and even the several different types of Lutherans.



At the same time, Pastor Mark will teach his class, "Preparing to Die," in the Chapel. He will offer "practical advice and spiritual insight grounded in our faith tradition." As uncomfortable as most of us are in considering our own deaths, we will all make that jour-

ney into the unknown. Preparing for it by planning a memorial service, deciding where and how to be buried, and anticipating resurrected life may make the process easier.

Celebrating Women in March

We are celebrating women during the month of March! As part of that celebration both the American Guild of Organists (AGO) and the Association of Lutheran Church Musicians have asked musicians to use music written by women organists for worship on March 6. This Sunday's prelude and postlude were composed by women organists.

The composer of the prelude, Marilyn Biery, holds the AAGO certification from the AGO and is an ASCAPlus award winner. She was a 1982 finalist in the National Open Competition in Organ Playing, sponsored by the American Guild of Organists. Marilyn has served as Director of Music Ministries at The First Church of Christ in Hartford, Connecticut, Associate Director of Music at the Cathedral of Saint Paul in Saint Paul, Minnesota, and most recently Minister of Music at Metropolitan United Methodist Church, Detroit, Michigan.

The composer of the postlude, Dr. Kristina Langlais, has been the Director of Music and Worship at Westwood Lutheran Church in St. Louis Park, Minnesota, since 2000, and Organist there since 1993. She administers an extensive choral and instrumental music program within the context of liturgical worship.

Turning toward God's Abundance in Lent



Following St. Andrew's tradition of asking members to share brief meditations as part of Wednesday Evening Prayer Lenten Services, this year's speakers will focus on five attributes of God (see below) and share their experiences of God's abundance:

March 9: India Jensen Kerr, Faithfulness March 16: Ruth Nickodemus, Mercy March 23: Cindy Stadel, Compassion March 30: Randy Schutt, Forgiveness

April 6: Mary Smith, Love

Wednesday Evening Prayer will be held at 7:00 pm in-person in the Sanctuary, as well as via Zoom.

Centering Prayer During Lent

Lent is a time of contemplation and renewal. One way to observe Lent is to add a spiritual practice to your life, such as Centering Prayer.

Following the close of Wednesday evening Centering worship on March 9, 16, 23, 30, and April 6, there will be an opportunity to participate in Centering Prayer in the Chapel. We will begin with a prayer and then enter into a 20-minute Centering Prayer time. We will then close with



Mary Smith and Ginny Link will lead the opening and closing prayers. All are welcome.

Thrivent Choice Dollars

The calendar has turned to March, the last month to designate 2021 Thrivent Choice Dollars. Thrivent members may recognize this opportunity to help fund ministries at St. Andrew. Over the past few years, St. Andrew has received Choice Dollars which have been directed to Prayer Shawl Ministry, Nifty Notters, Youth Ministry, and the St. Andrew Foundation. This summer, we will review our program selections and decide where to allocate future Thrivent Choice dollars.

Right now is the time to check your Thrivent Choice Dollars, which can be found on the Thrivent website. If you have Choice Dollars available, you have until March 31 to designate them. It's easy to click your choice. If you prefer to indicate your selection by phone, call Thrivent at 503-410-7550.

Each One Reach One

On the first Tuesday i.e., April 5 and May 3 @ 7:00 pm CST, you are invited to hear from the Deaconess Community of the ELCA as individuals share their stories – that is, their plight and insight in their fight with interlocking injustices: systemic racism, systemic poverty, the war economy, ecological devastation, and the distorted moral narrative of religious nationalism. Grounded in scripture and sharing in song, we will also ask what more we can do together – as a community, partners, and individuals – as the impact of our community's stories becomes a part of our story.

Come and hear our stories - shared by Sisters, candidates, and partners.

Tuesday, April 5 @ 7:00 pm CST is the next gathering. Bring a friend and hear more stories from the Deaconess Community. Learn how these stories connect with the Poor People's Campaign – a National Call for Moral Revival: We Are A Moral Fusion Movement.

Together we can be and build this movement to <u>end</u> the interlocking injustices: it starts with <u>EACH ONE of us REACHing out to ONE</u> as we work for justice and the flourishing of God's creation.

Come and hear our stories via Zoom (they will also be recorded). Contact Sr. Noreen Stevens with questions, Noreen.stevens@elca.org.

https://zoom.us/j/6328274562?

pwd=9GvtAmBNxpM

Meeting ID: 632 827 4562 Password: 181114 One tap mobile

+13126266799, 6328274562# US (Chicago) +16468769923, 6328274562# US (New York)



Preparing for Next Sunday Second Sunday of Lent March 13, 2022



Reading: Genesis 15:1-12, 17-18 Psalm 27 Gospel: Luke 13:31-35

Mental Wellness Survey

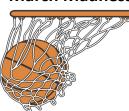
As the stresses and isolation from the past couple of years have continued to impact both individuals and families, a Caring Ministries Team at St. Andrew has been brainstorming about the congregation's needs for mental wellness support and how the church might respond. Now they'd like input from the congregation.

Please go to to fill out their "Mental Wellness, You, and the Church" survey. Responses are confidential.

If you'd like additional information or would like to share more than the form allows, please contact Parish Chaplain India Jensen Kerr at 503-646-0629, ext. 211, or send an email to

india@standrewlutheran.com.

March Madness is Here!



March is upon us once again, which means the St. Andrew Bracket Challenge is back for another year of fun, family-friendly competition! This year, the selection committee will set the NCAA men's basketball tournament bracket on Sunday, March 13. Once that happens, it will be our turn to fill out our brackets **before round one games begin on Thursday, March 17.** The odds of picking a perfect bracket are approximately 1 in 9.2 QUINTIL-

LION, but we don't need to be perfect to win—whoever's bracket scores the most points (calculated by ESPN's automatic scoring system) will win a \$100 gift certificate to Nike, plus bragging rights until next March! In the past we have had 75+ entries from our church, as anyone can fill out a bracket (kids might need a little help). Here are some specific instructions on how to get signed up:

Download the ESPN Tournament Challenge App on your phone or tablet, or Google "ESPN Tournament Challenge" and click the top link. Sign in, or create a new ESPN account if you do not yet have one. Select "Create a Bracket/Entry." If you do this prior to March 13, you will need to wait until the bracket is released to fill it out. Even if the bracket is not yet filled out, you can still get entered into the St. Andrew Group. First, rename your bracket with your first and last name included in the title. To do this in the app, click the three dots next to the bracket title and select "rename." To do this on a computer, click your bracket name, then select the gear icon next to the bracket title. Finally, enter your bracket into the **StAndrewLutheran2022** group. On either the app or a computer, select "Create or Join a Group" next to your bracket. Use the search feature and type the group title exactly: **StAndrewLutheran2022**. Click the group, then select "join." You're in!

If you have questions or need help getting signed up, send me an email at kvogt@standrewlutheran.com. Good luck!

CLIMATE CORNER: Join the Beaverton Climate Challenge

This is from <u>Every Day Is Recycling Day 2021</u>, which was published by the city of Beaverton last year:

"Taking action to help the climate may seem daunting at times – that's why we've developed the Beaverton Climate Challenge. This program is full of actions you can take in everyday life that can have a real and positive impact on climate change, our environment and human health. With over 70 actions there's something for everyone ranging from quick and easy to the challenging and complex.



- Sign up and complete your home profile. This creates a more personalized adventure.
- Select your actions. Make it fun by involving the entire family. Explore actions together and pick those that make sense for your family and lifestyle. Try one or two more challenging actions to really stretch your impact.
- Take it to the next level by joining a community group, a team, or creating your own with your friends.

I signed up, and they really do have a lot of good ideas! There are 6 categories: Be Energy Smart, Easy Actions, Renter Friendly, Shift Your Ride, The Big Actions, and Be Water Wise. You can do as many or as few as you choose, but I hope you will sign up! Do so at sustainablebeaverton.com.

Liz Hardy, Earth Care Team

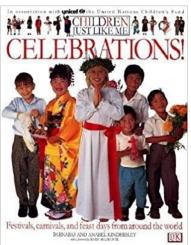
Earth Camp 2022!

This summer, St. Andrew will be hosting our second ever Earth Camp from June 27 to July 1. This year's theme is "All Things Bright and Beautiful." Running from 9:00 am to 3:00 pm and open to kids going into grades 1-6, campers will spend each day rotating through stations of music, crafts, games, earth stories, earth discovery, eco-challenges, and earth care, all of which are designed to teach campers to love the earth and everything in it just

This year's Earth Camp costs only \$50 per student for the whole week, and scholarships will be available based on need. The community of St. Andrew and those who attended Earth Camp last year will be offered the opportunity for advanced registration beginning on Friday, March 18, before registration is opened to the general public on April 1. We will be capping registration at 35 campers this year, so you will want to be ready to claim your spot as soon as it opens up. You will receive an email with a registration link when advanced registration opens, and registration will be accessible via the church website starting April 1.

Earth Camp is our flagship summer children's program at St. Andrew, and it takes a village to do it well! We are currently building up this year's Earth Camp team and while we have most key leadership positions filled, we need lots of help in support roles. If you would like to volunteer for Earth Camp 2022, contact Kyler at kvogt@standrewlutheran.com. We are looking forward to another excellent year of Earth Camp!

How Kids See the World's Celebrations



Children Just Like Me: Celebrations! by Barnabas and Anabel Kindersley is about real celebrations and real kids-and it's terrific. Why do I say that? Well, because all these various celebrations from all over the world, listed in the relative order they come on a Georgian calendar or on a lunar year, are told about in good detail, so you feel like you could be in the midst of the celebration yourself.

We meet each child, who tells us what's to like and not like about a particular celebration

in their country. They explain what part they get to play in any particular celebration, what clothes they wear, and the reasons for the celebration in the first place.

Not only that, but we often see where these children live and can guess at how prosperous their parents are. And as I said, these are real kids. If you look, you will see many with no shoes, some with holes in their stockings, a bad cut on one knee, bandaids, braces, and missing teeth. Some of them wear torn clothes and some don't know when their birthday is.

But the greatest thing about *Celebrations* is that all these kids seem happy and they all look wonderful, and that itself is worthy of a celebration!

> Pam Farr Adult Librarian

Table Talk: The Final Act of Living

A Conversation with Barbara Karnes Tuesday, March 29, 7:00-8:00 pm via Zoom

Gathered around the table in his home, Martin Luther talked freely and openly with his colleagues and students about matters of faith, theology, and varied aspects of daily life. In an effort to cultivate this kind of spirited discussion we have a tradition at St. Andrew of gathering for Table Talks. Pastor Brocker invites you to participate in the next Table Talk via Zoom on Tuesday, March 29, 7:00-8:00 pm.



Our guest will be Barbara Karnes, RN. She is a hospice pioneer and an award-winning end-of-life educator. In 2015 she received the International Humanitarian Woman of the Year Award. Her booklet "Gone from My Sight: The Dying Experience" has been called "The Hospice Blue Book." Copies are available for free in the Narthex at church.

I have read her book The Final Act of Living: Reflections of a Longtime Hospice Nurse. In this book she seeks to ease fear and correct misinformation about dying and death. Barbara lives in Vancouver, Washington. We are blessed to have her willing to meet with us via Zoom for a question and answer time about "the final act of living."

Pastor Mark Brocker

The Power of a Graphic Novel



New Kid, by Jerry Craft has been much-loved by users of our Children's Library. As a matter of fact, we had it so long and it was checked out so often that the original fell apart – so now there is a new hardback edition on the shelves. But I was curious to read a book that fell apart through use.

New Kid is a graphic novel about a light brown kid from not quite the right part of town, going to a new middle school in a much nicer area where most kids are white, and he knows no one. His troubles and trials are very well put and aided greatly in the explaining by the pictures. With the visuals always in front of you, it's hard to forget what color everyone is, and you can see how each individual feels.

I'm not necessarily a fan of the graphic novel, but it has several advantages. It's easy to understand, being pictures it reads real fast, and it's amazing how quickly, by pictures, you come to know the characters. I recommend this book as an aid in understanding the problems of today-at least some of them. I say that because some of his problems I still don't understand-not sure if I'm too "white" to see it or not brown enough. It could be it's just not expressed well enough in the book-except I doubt that. Read it, and see what you think.

Pam Farr Adult Librarian



Responding to Putin's Invasion of Ukraine

People outside Ukraine's borders have watched in horror as President Vladimir Putin has ordered a deadly invasion of the independent nation of Ukraine. In ten days, more than a million people, mostly women and children, have fled Ukraine for safety in Poland, Moldova, Romania, or some other welcoming country. Millions more Ukrainians have willingly picked up arms, fashioned Molotov cocktails, and determined that they will resist however they are able. This is the classic David & Goliath story.

Fortunately, ways to help exist—especially through religious organizations such as Lutheran Disaster Relief. We can help. Read the following articles for ways to make a difference.

Relief through Luther Disaster Response Fund

Major humanitarian concerns face both internally displaced people and refugees from Ukraine. Many of those fleeing their homes need shelter and such basic necessities as food, water and toiletries. Care for people also includes pastoral and psychological support to address the trauma they've endured.

Lutheran Disaster Response is accompanying our companion churches in Ukraine, Hungary, Poland and Slovakia, as well as such ecumenical partners as the Lutheran World Federation and Church World Service, in their humanitarian responses to the crisis. These partners provide refugees with immediate support and supplies such as food, blankets, water, and hygiene kits. Presiding Bishop Elizabeth Eaton has joined other religious leaders worldwide in issuing an interfaith call for peace in the region.

Your gifts will support Ukrainians and others. Gifts to "Eastern Europe Crisis Response" will be used in full (100%) to assist those affected by the crisis in Ukraine and neighboring countries.

Please join us in abundant prayers for all people suffering loss and devastation in Ukraine and Eastern Europe.

In Christ's service, The Rev. Daniel Rift

ELCA World Hunger & Lutheran Disaster Response Fund

Help Jews of Ukraine on the Ground

I got this message from my next-door neighbor who is a Ukrainian Jew, and want to share it with St. Andrew people.

Dear Neighbors, I am sure you have all heard of what is unfolding in Ukraine right now. I was on a Zoom call yesterday where a rabbi currently in Ukraine talked about the situation. It turns out there are quite a few American rabbis and their families throughout Ukraine who have decided not to flee with their American passports but stay and help their communities. The word is that pretty much all of the foreign aid organizations have departed Ukraine on Wednesday eve of last week. These rabbis' families often have 6 - 12 children each, but they have all elected to stay and help for as long as they can.

A fund has been put together for them https://jewsofukraine.com/— thankfully, in the 21st century, one can pay at a store with a card; hence all the money donated goes directly to them. These rabbis mainly help the elderly, disabled, sick, and others who for one reason or another cannot leave their apartments to do their own grocery or pharmacy shopping or hide in a shelter.

Food is being rationed in Ukraine right now: one loaf of bread per person. These rabbis have to use the trust they've established to buy food

wholesale to serve those in need. Apparently, buying wholesale is a lot more expensive per item, because store owners are doing these rabbis a favor

If you have been wondering how to help, these people are right there right now needing financial support to help their local communities while the rest of the world is pondering. Here's their donation site again:

https://jewsofukraine.com/

Liz Hardy

Prioritize Peace and the Planet



In his first State of the Union Address, President Biden spoke forcefully for unity against the Russian invasion of Ukraine, and called on Congress to deliver on climate. Vladimir Putin's invasion of Ukraine is further proof that America must move to a clean energy econo-

my that will lower costs, protect our national security, and secure our energy independence.

Call the White House and join huge numbers of people of faith and conscience in making the point that we can't wait for bold investments in climate, jobs, and justice!

Dial 866-416-3446 to talk to an operator from our campaign who will give you a sample message and then connect you. If you want to call the White House directly, the comment line is 202-456-1111.

As people of faith and conscience, we are advocates of peace and a safe and habitable climate for all. Now it is more clear than ever that clean energy and a more peaceful world go hand in hand.

Susan Stephenson
Executive Director



Nood of Prayors

In Need of Prayers				
NAME	PRAYERS FOR	CONTACT		
Family and friends of Phyllis Morris	Peace and God's comfort at her death	Staff		
Family and friends of Malcolm Snider (nephew)	Peace and God's comfort at his death	Mary Ann Snider		
Family and friends of Sheila Semmens (niece)	Peace and God's comfort at her sudden death	Judy Heidinger		
All the Heidinger families	Comfort in the wake of several deaths over the past 15 months	Judy Heidinger		
Tim Cahlander (brother)	Comfort and peace of mind	Sue Cahlander		
Kimberly Cahlander (niece)	Emotional and physical healing	Sue Cahlander		
Joyce Bianucci (sister)	Comfort and discernment	Judy Scholz		
Tandy Brooks	Peace and healing	India Jensen Kerr		
Joe Calhoun	Successful surgery (March 8) and healing	Allison Katsufrakis		
Mary Brown	Successful surgery (March 9) and recovery	Bob and Mary Brown		
Amy Fiegenbaum	Correct diagnosis and effective treatment	India Jensen Kerr		
Janet Vorvick	Healing of relationships	India Jensen Kerr		
People of Ukraine and all those impacted by war	Protection, justice, and ultimately peace	Staff		
Bishop Laurie Larson Caesar Oregon Synod and Staff	Strength and wisdom	Staff		
Refugees and immigrants	Acceptance, safety, and just treatment	Staff		
Military personnel, especially Justina Hailey Hope Brocker, Evan Dahlquist, Dawson Dethlefs, Neil Fiegenbaum, and Jerami Reyna	Courage and protection	Staff		
First Immanuel Lutheran Church (Portland, OR) Messiah Lutheran Church (Portland, OR)	Serving with us in the Oregon Synod	Staff		
Masjid Abu Bakr (Portland)	Blessings on our interfaith partners	Staff		
Individual friends and loved ones in need of prayer	Whatever they most need: say their names	Staff		

If you know someone in need of prayers, please contact the church office by phone at 503-646-0629 or e-mail office@standrewlutheran.com Tuesday-Friday, prayerchain@standrewlutheran.com Saturday-Monday.

in your heart or aloud

If you know anyone from St. Andrew who needs a Eucharistic minister or would benefit from a monthly visit or phone call, please contact India Jensen Kerr at india@standrewlutheran.com or 503-860-5377.

Lenten Food Drive

Don't let hunger haunt anvone in our neighborhood. This year's Lenten Food Drive at St. Andrew will run through the week of April 17 (Easter Sunday). Each pound of nonperishable food donated will count as one pound, while each dollar of cash will equate to three pounds of food. Please designate your cash donations to the Food Drive. If giving through the church website, select the drop-down option "Food Bank."



The Service Committee has set an ambitious goal of 12,000 pounds (that's six tons of food or

Your St. Andrew Staff

Lead Pastor, Mark Brocker brockerms@standrewlutheran.com Parish Chaplain, India Jensen Kerrindia@standrewlutheran.com Min. of Music & Media, Allison Katsufrakis......allisonk@standrewlutheran.com Parish Musician & Deacon Susan Reiser srwerner.reiser@standrewlutheran.com Children & Youth Minister, Kyler Vogt.....kvogt@standrewlutheran.com Seminarian, Karen Klingelhafer......kakling@sbcglobal.net Parish Manager, Carol Harker charker@standrewlutheran.com Office Assistant, Johanna Land office@standrewlutheran.com Children's Ministry Host, Donna Brocker503-502-6156

\$4,000, or some combination of cash and gifts in kind). We can do this! Let's get started and share what we can.

Altar Guild Volunteers Needed

The Altar Guild is in great need of a few new volunteers to help prepare the altar for worship each week. Those fulfilling this crucial worship leadership role do all their work behind the scenes, so if you're not a fan of the spotlight, this might be a great fit for you. If enough people step forward, volunteers will only need to serve once a month or even less.

Altar Guild members set out the bread and wine for communion, as well as making a few other preparations for worship services. All training is provided.

Please speak to Pastor Brocker, Susan Reiser, or Allison Katsufrakis if you are interested in volunteering.

Highlights for the Week at St. Andrew Lutheran Church

Sunday, Mar	rch 6		
8:30 am		Sanctuary and Livestreamed	
10:00 am		Fellowship Hall	
10:00 am			
10:00 am			
10:00 am		In person and via Zoom	
10:00 am	High School Youth Group	Youth Room	
10:30 am	,	via Zoom	
11:00 am	Worship with Communion (masks required)	Sanctuary and via Zoom	
12:00 pm		participate via Zoom	
Monday, Ma	rch 7		
6:00 pm	Scout Troop 618 Meeting	Fellowship Hall, St. Andrew Room	
Tuesday, Ma	rch 8		
7:00 am		Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)	
7:00 am	Sunrise Women	Elmer's Restaurant on 158 th (1250 NW Waterhouse Ave)	
9:00 am	Facility Management Team Meeting	St. Andrew Room	
10:00 am	Tai Chi	Fellowship Hall	
1:00 pm	Lydia Circle	St. Andrew Room	
1:30 pm	Service Committee	St. Andrew Room	
7:00 pm	Finance Team Meeting	via Zoom	
Wednesday,	March 9—Weekly News submissions due by 4:00 pm		
10:00 am	Reopening Team Meeting	Library	
12:30 pm	Bonhoeffer Seminar	via Zoom	
6:00 pm	Sanctuary Team Meeting	Library	
6:30 pm		Sanctuary	
6:45 pm	Informal Gathering Time	via Zoom	
7:00 pm	Wednesday Evening Prayer	Sanctuary	
7:30 pm	<i>o</i> ,	Chapel	
7:30 pm		via Zoom	
8:00 pm	•	Sanctuary	
Thursday, March 10			
9:30 am	·		
12:00 pm	, -		
2:00 pm	S S	via Zoom	
5:30 pm		via Zoom	
6:00 pm	S .	St. Andrew Room	
7:00 pm	<u> </u>	via Zoom	
Friday, Marc		Fallennekia Hall	
10:00 am		Fellowship Hall	
Saturday, Ma			
Sunday, Mar		Canatuary and Livertreamed	
8:30 am 10:00 am		Sanctuary and Livestreamed	
10:00 am		Fellowship Hall	
10:00 am 10:00 am	· -		
10:00 am			
10:00 am			
10:00 am	· ·		
10.50 am			
12:00 pm	•	participate via Zoom	
12.00 pm	virtual Collectiffic	participate via 200111	

Worship at St. Andrew or Connect to Virtual Worship

8:30 am: Worship in the Sanctuary Or watch the livestream of worship on YouTube. The link will be sent to you via email and the church app.



- The same link will bring you to the recording of the service to watch anytime after the livestream ends.
- YouTube •An audio recording of the 8:30 am service will be available Sunday afternoon by simply dialing 503-643-9416.



<u>11:00 am</u>: Worship in the Sanctuary or participate in worship via Zoom. *The link will be sent to you via email and the church app.*