

Resources for Reducing Plastic

Area Stores

If you prefer shopping at a physical retail location, Portland has several options to help transition into a reduced-waste, plastic-free lifestyle:

Utility Zero Waste / Portland's Refill Shop (East Burnside, PDX) <https://utilityzerowaste.com>

Replenish Refill Shop (SE 13th, PDX) www.replenishrefillshop.com

Simple Sundries (SE 135th, PDX) <https://simplesundries.life>

Replenish (NW 24th Place, PDX)

Mama & Hapa's Zero Waste Shop (SE Stark, PDX) www.mamahapa.com

Porter Lee's (does pop-ups at various locations) www.porterlees.com

These shops offer a variety of products and services, with everything from reusable "paper" towels and toilet paper to brushes, soaps, diapers, thoughtfully packaged cleaning products, vegan options, and much more.

Online Shopping

EcoRoots.us

<https://zerowastestore.com>

<https://earthhero.com>

<https://lifewithoutplastic.com>

<https://www.plaineproducts.com>

Grove Collaborative <https://www.grove.co>

Nothin' But Nature: <https://shop-nbn.square.site/> (owned by a helpful college student in Las Vegas)

Research / Education

<https://ourworldindata.org/plastic-pollution>

<https://www.freetheocean.com>

<https://rivercleaning.com/2021/01/plasticenta-are-we-born-with-plastic-in-our-bodies/>

Oregon State University offers a Recycling 101 Certification Class online for \$35 that takes approximately 12-15 hours to complete. Find it at <https://workspace.oregonstate.edu/course/recycling-101>.